

Grand Prix Lublina 2016/2017 – Kategoria K14

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------|---------------------------|--------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 1 | SKOWRONEK WERONIKA | | UŚCIMÓW | 1997 | K14 | | 1994 | 1986 | 1996 | 1988 | 996 | 999 | 9959 |
| 2 | TCHOREK GABRYSLA | | LUBLIN | 2000 | K14 | | 1984 | 1982 | 1994 | 1992 | | 995 | 8947 |
| 3 | GÓRNA NATALIA | Aktywne Borki | BORKI | 2000 | K14 | | 1986 | 1984 | 1990 | 1982 | | | 7942 |
| 4 | WAŚKOWICZ GABRIELA | | LUBLIN | 1998 | K14 | | 1982 | 1980 | | 1986 | 992 | 992 | 7932 |
| 5 | ZYCH MAGDALENA | AZS UMCS Lublin | LUBLIN | 1998 | K14 | | | 2000 | 2000 | 2000 | | | 6000 |
| 6 | DZIADUCH WERONIKA | AZS UMCS Lublin | LUBLIN | 1999 | K14 | | 2000 | 1998 | 1998 | | | | 5996 |
| 7 | BRYŁA SYLWIA | | LUBLIN | 1998 | K14 | | 1990 | 1988 | | | 997 | 997 | 5972 |
| 8 | PLASŁO NATALIA | | JAROSŁAW | 1997 | K14 | | 1974 | 1978 | | 1978 | | | 5930 |
| 9 | SIWIEC AGATA | | KRASNYSIASTW | 1997 | K14 | | 1996 | | | 1998 | | 1000 | 4994 |
| 10 | JÓZWIAK OLGA | | LUBLIN | 1999 | K14 | | 1998 | 1996 | | | | | 3994 |
| 11 | MOCARSKA DOROTA | Vege Runners | LUBLIN | 2000 | K14 | | | | | 1990 | | 998 | 2988 |
| 12 | BUCZKOWSKA ALEKSANDRA | | DOMINÓW | 2000 | K14 | | | | 1992 | | | 995 | 2987 |
| 13 | BIJAK MICHALINA | | NIEMCE | 1997 | K14 | | | 1990 | | | 995 | | 2985 |
| 14 | OCHNIO EMILIA | | LUBLIN | 1997 | K14 | | | | | 1984 | | 993 | 2977 |
| 15 | SŁOBODA AGNIESZKA | | LUBLIN | 1997 | K14 | | | | | 1980 | | 985 | 2965 |
| 16 | JAWOROWSKA AGNIESZKA | | PIASKI | 1997 | K14 | | | | | 1996 | | | 1996 |
| 17 | DRZYZGA ROMA | | MIELEC | 1997 | K14 | | | 1994 | | | | | 1994 |
| 18 | WRZOS JOANNA | | MICHÓW | 1999 | K14 | | | | | 1994 | | | 1994 |
| 19 | GOSPODAREK EMILIA | | LUBLIN | 1999 | K14 | | 1992 | | | | | | 1992 |
| 20 | LIGĘZA PAULINA | | OSTRÓWEK | 1999 | K14 | | | 1992 | | | | | 1992 |
| 21 | KUŚMIERCZUK MAŁGORZATA | UMCS EKONOMIA | LUBLIN | 1998 | K14 | | | | 1988 | | | | 1988 |
| 22 | MICHÓŃ WERONIKA | | ZOFIAN | 1997 | K14 | | 1988 | | | | | | 1988 |
| 23 | GIEROBA AGATA | | LUBLIN | 1997 | K14 | | | | | | 994 | 991 | 1985 |
| 24 | KRAKOWSKA MONIKA | | LUBLIN | 2001 | K14 | | | | | | 993 | 991 | 1984 |
| 25 | RAKOWSKA MARGARETA | | STARACHOWICE | 1997 | K14 | | 1980 | | | | | | 1980 |
| 26 | GRZYWACZ KAROLINA | Aktywne Borki | STARA WIEŚ | 2000 | K14 | | 1978 | | | | | | 1978 |
| 27 | MATYKA WIKTORIA | Aktywne Borki | BORKI | 2000 | K14 | | 1976 | | | | | | 1976 |
| 28 | PYZA EWA | | LUBLIN | 2002 | K14 | | | | | | | 1000 | 1000 |
| 29 | SEKUŁA MAGDALENA | AZS UMCS LUBLIN | FRANCISZKÓW | 1997 | K14 | | | | | 1000 | | | 1000 |
| 30 | ZYCH NATALIA | UKS 51 Lublin | LUBLIN | 2001 | K14 | | | | | 999 | | | 999 |
| 31 | BUGAŁA MARTYNA | | LUBLIN | 2002 | K14 | | | | | 998 | | | 998 |
| 32 | SOKOŁOWSKA AGATA | | LUBLIN | 1997 | K14 | | | | | | 998 | | 998 |
| 33 | PAJĄK AGNIESZKA | | GŁOWACZÓW | 1997 | K14 | | | | | | 997 | | 997 |
| 34 | BEDNARCZYK PATRYCJA | | TCZÓW | 1997 | K14 | | | | | | 996 | | 996 |
| 35 | TERESZCZUK ALEKSANDRA | | WARSZAWA | 1997 | K14 | | | | | | 994 | | 994 |
| 36 | NALEPA KAROLINA | | LUBLIN | 2003 | K14 | | | | | | 993 | | 993 |
| 37 | ZIELIŃSKA WIKTORIA | | LUBLIN | 2002 | K14 | | | | | | 992 | | 992 |
| 38 | GALIŃSKA JOLANTA | V LO Lublin | LUBLIN | 1999 | K14 | | | | | | 990 | | 990 |
| 39 | KORZEC IWONA | AZS Politechnika Lubelska | LUBLIN | 1997 | K14 | | | | | | 989 | | 989 |
| 40 | SADOWSKA ALICJA | | LUBLIN | 2001 | K14 | | | | | | 989 | | 989 |
| 41 | MARTNA OLA | Martyna Team | LUBLIN | 2003 | K14 | | | | | | 988 | | 988 |
| 42 | TKACZYK PATRYCJA | | LUBLIN | 1998 | K14 | | | | | | 988 | | 988 |
| 43 | BIŃCZYK JOLANTA | | ŚWIDNIK | 1997 | K14 | | | | | | 987 | | 987 |
| 44 | ZAWADZKA KINGA | Vege Runners | LUBLIN | 1997 | K14 | | | | | | 986 | | 986 |
| 45 | OPIELAK WIKTORIA | | LUBLIN | 2003 | K14 | | | | | | 984 | | 984 |

Grand Prix Lublina 2016/2017 – Kategoria K20

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|------|-----------------------|----------------------------------|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|------|
| 1 | KŁODA MAGDA | sklep biegacza | LUBLIN | 1987 | K 20 | 4000 | 2000 | 2000 | 2000 | 1972 | 999 | 1000 | 13971 | |
| 2 | ŚCIUBA ANETA | | LUBLIN | 1987 | K 20 | 3984 | 1992 | 1986 | 1990 | 1988 | 993 | 999 | 13932 | |
| 3 | ZARZECZNA OLGA | HUSARIA RACE TEAM | LUBLIN | 1987 | K 20 | 3992 | 1994 | 1988 | 1984 | 1982 | 994 | 994 | 13928 | |
| 4 | FIJAŁKOWSKA BEATA | | LUBLIN | 1989 | K 20 | 3972 | 1914 | 1932 | 1946 | 1974 | 979 | 998 | 13715 | |
| 5 | NIEZBECKA MARIOLA | | OPOLE LUBELSKIE | 1991 | K 20 | 3940 | 1956 | 1954 | 1910 | 1902 | 985 | 993 | 13640 | |
| 6 | CZERNIEC ALEKSANDRA | | JASTKÓW | 1989 | K 20 | 3948 | 1926 | 1950 | 1960 | 1958 | | 986 | 12728 | |
| 7 | SZPONAR KAROLINA | | LUBLIN | 1991 | K 20 | 3952 | 1896 | 1880 | 1928 | 1900 | 970 | | 12526 | |
| 8 | LUTAK AGNIESZKA | UM Lublin | STRZYŻÓW | 1991 | K 20 | 3968 | 1972 | 1944 | 1952 | 1938 | | | 11774 | |
| 9 | SKÓRSKA EMILIA | | LUBLIN | 1990 | K 20 | 3960 | 1928 | 1884 | 1920 | 1896 | | | 11588 | |
| 10 | KLOC MARTA | Perfect Runner Lublin | URSZULIN | 1991 | K 20 | | 1998 | 1994 | 1996 | 1992 | 997 | 997 | 9974 | |
| 11 | BURY SYLWIA | | KRZCZONÓW | 1990 | K 20 | 3976 | 1982 | | 1970 | 1970 | | | 9898 | |
| 12 | PODSIADŁA KATARZYNA | | LUBARTÓW | 1992 | K 20 | | 1976 | 1980 | 1976 | 1976 | 992 | 993 | 9893 | |
| 13 | RYBIŃSKA ANNA | I LOVE PROSTY | LUBLIN | 1989 | K 20 | | 1954 | 1968 | 1962 | 1964 | 984 | 989 | 9821 | |
| 14 | KRAWCZYK KATARZYNA | | LUBLIN | 1987 | K 20 | | 1944 | 1966 | 1972 | 1932 | 989 | 996 | 9799 | |
| 15 | LENART-KŁOŚ KATARZYNA | PKO Bank Polski | LUBLIN | 1987 | K 20 | | 1908 | 1960 | 1964 | 1966 | 981 | 988 | 9767 | |
| 16 | BUDA MARZENA | Białka Triathlon 2017 | WOJCIECHÓW | 1992 | K 20 | 3944 | 1934 | 1942 | | 1942 | | | 9762 | |
| 17 | GAŁUS ANGELIKA | NFZ Lublin | LUBLIN | 1990 | K 20 | | 1906 | 1898 | 1932 | 1842 | 983 | 983 | 9544 | |
| 18 | TELEON MARLENA | Lubelska Grupa Triathlonu | LUBLIN | 1988 | K 20 | | 1860 | 1904 | 1894 | 1898 | 972 | 984 | 9512 | |
| 19 | JÓZWIK KAROLINA | | PRZYPISÓWKA | 1993 | K 20 | | 1850 | 1862 | 1922 | 1882 | 966 | 977 | 9459 | |
| 20 | NAPIÓRKOWSKA BEATA | Magellan S.A. | PONIATOWA | 1987 | K 20 | | 1848 | 1846 | 1826 | 1828 | 963 | 954 | 9265 | |
| 21 | KOŁODZIEJAK JOANNA | | LUBLIN | 1987 | K 20 | | 1814 | 1820 | 1812 | 1812 | 958 | 970 | 9186 | |
| 22 | MURAT MONIKA | UMCS Biega | LUBLIN | 1991 | K 20 | | 1824 | 1844 | 1818 | 1796 | 956 | 946 | 9184 | |
| 23 | ŻAKIEWICZ ANNA | MOBICA RUNNERS | LUBLIN | 1991 | K 20 | | 1796 | 1834 | 1828 | 1756 | 950 | 938 | 9102 | |
| 24 | WIDOMSKA DAGMARA | | LUBLIN | 1988 | K 20 | | 1770 | 1796 | 1798 | 1728 | 943 | 936 | 8971 | |
| 25 | GRELA KATARZYNA | ABY DO PRZODU | LUBLIN | 1993 | K 20 | | 1786 | 1784 | 1800 | 1712 | 938 | 933 | 8953 | |
| 26 | KOWALSKA AGNIESZKA | ŚWIDNIK TRIATHLON TEAM | ŚWIDNIK | 1990 | K 20 | | 1988 | 1982 | 1986 | 1986 | 991 | | 8933 | |
| 27 | SEREWA PAULINA | Robimy dzisiaj co? | LUBLIN | 1993 | K 20 | | 1752 | 1774 | 1788 | 1714 | 931 | 930 | 8889 | |
| 28 | HOLC KATARZYNA | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1991 | K 20 | | 1974 | 1970 | 1980 | 1956 | | 991 | 8871 | |
| 29 | MALINOWSKA JUSTYNA | UMCS BIEGA | LUBLIN | 1989 | K 20 | | 1816 | 1850 | 1884 | 1872 | 969 | | 8391 | |
| 30 | ROSIŃSKA MAŁGORZATA | Sklep Biegacza TEAM | LUBLIN | 1987 | K 20 | | 1844 | 1858 | 1860 | 1780 | 962 | | 8304 | |
| 31 | SZATKOWSKA ALEKSANDRA | Get Gym | KRAŚNIK | 1988 | K 20 | | 1756 | 1814 | 1878 | 1816 | | 965 | 8229 | |
| 32 | NOWICKA OLGA | | NASUTÓW | 1987 | K 20 | | 1784 | 1798 | 1834 | 1784 | | 937 | 8137 | |
| 33 | PARUCH AGNIESZKA | | LUBLIN | 1995 | K 20 | | 1774 | 1782 | 1792 | 1734 | 937 | | 8019 | |
| 34 | KACUGA KINGA | | BAŁTÓW | 1990 | K 20 | | | 1996 | 1998 | 1996 | 998 | 999 | 999 | 7987 |
| 35 | WÓJTOWICZ MAGDALENA | | LUBLIN | 1990 | K 20 | 3980 | 1990 | | | 1980 | | | 7950 | |
| 36 | CISEK KAROLINA | JGB Sokół | JAROSŁAW | 1994 | K 20 | | 1970 | 1984 | 1988 | 1978 | | | 7920 | |
| 37 | WOJTAŚ MAŁGORZATA | | LUBLIN | 1988 | K 20 | 3964 | | 1974 | 1974 | | | | 7912 | |
| 38 | GRELA MONIKA | | LUBLIN | 1989 | K 20 | | 1962 | 1964 | 1956 | 1952 | | | 7834 | |
| 39 | MALINOWSKA IZABELA | Chełmska Grupa Triathlonu | KRAŚNICZYN | 1988 | K 20 | | 1960 | 1958 | 1958 | 1954 | | | 7830 | |
| 40 | SZCZĘSNA ADRIANNA | | LUBLIN | 1994 | K 20 | | 1938 | 1908 | 1966 | 1946 | | | 7758 | |
| 41 | GROSIAK MAGDALENA | | ŚWIDNIK | 1994 | K 20 | | 1932 | 1948 | 1912 | 1910 | | | 7702 | |
| 42 | KOZIK IZA | | LUBLIN | 1987 | K 20 | | 1946 | 1920 | 1934 | 1874 | | | 7674 | |
| 43 | GÓRECKA ANNA | | KAZIMIERZ DOLNY | 1991 | K 20 | | | 1892 | 1914 | 1884 | 977 | 980 | 980 | 7647 |
| 44 | BAKA MAGDALENA | Go Sport Lublin | LUBLIN | 1987 | K 20 | | 1916 | 1906 | 1938 | 1886 | | | 7646 | |
| 45 | MAKOSZ MAŁGORZATA | Aktywne Borki | RADZYŃ PODLASKI | 1987 | K 20 | | 1920 | 1928 | 1892 | 1850 | | | 7590 | |
| 46 | SUGIER MARTA | GETGYM | LUBLIN | 1987 | K 20 | | 1924 | 1902 | 1902 | 1858 | | | 7586 | |
| 47 | BOCHEN KATARZYNA | | LUBLIN | 1992 | K 20 | | | 1864 | 1888 | 1868 | 964 | 992 | 992 | 7576 |
| 48 | KUCIA-OCHAL MAGDALENA | | LUBLIN | 1988 | K 20 | | | 1878 | 1904 | 1854 | 967 | 965 | 965 | 7568 |
| 49 | NAGOWSKA EWA | Vege Runners | KRASNÝSTAW | 1994 | K 20 | | 1950 | 1882 | 1852 | 1876 | | | 7560 | |
| 50 | GOLIS MAGDALENA | | RYKI | 1988 | K 20 | | 1838 | 1930 | 1926 | 1830 | | | 7524 | |
| 51 | CZERNIAK ANNA | Vege Runners / Krasnystaw Biega | KRASNÝSTAW | 1991 | K 20 | | 1964 | 1886 | 1862 | 1740 | | | 7452 | |
| 52 | PIETRZYK ALEKSANDRA | | LUBLIN | 1990 | K 20 | | 1870 | 1848 | 1890 | 1832 | | | 7440 | |
| 53 | BIENIAS MARIOLA | Łyżwo & Milord Kąpany | LUBLIN | 1988 | K 20 | | 1882 | 1888 | 1844 | 1820 | | | 7434 | |
| 54 | WOŚKO MARLENA | GetGym | KRAŚNIK | 1988 | K 20 | | 1810 | 1842 | 1886 | 1844 | | | 7382 | |
| 55 | PACUŁA MARIA | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1990 | K 20 | | 1862 | 1838 | 1832 | 1846 | | | 7378 | |
| 56 | GĄGAŁA AGATA | Chełm Biega | CHEŁM | 1987 | K 20 | | 1840 | 1868 | 1846 | 1822 | | | 7376 | |

Grand Prix Lublina 2016/2017 – Kategoria K20

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|------|-----------------------------|--------------------------------|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | DĘBIŃSKA AGNIESZKA | Vege Runners | BEŁŻYCE | 1987 | K 20 | | 1892 | 1854 | 1840 | 1786 | | | 7372 |
| 58 | WALCZAK KAMILA | | LUBLIN | 1989 | K 20 | | 1822 | 1816 | 1794 | 971 | 966 | | 7369 |
| 59 | PUTOWSKA KATARZYNA | MOTYCZ BIEGA | MOTYCZ | 1995 | K 20 | | 1842 | 1836 | 1830 | 1792 | | | 7300 |
| 60 | MAJEWSKA DOROTA | Get Gym | LUBLIN | 1988 | K 20 | | 1846 | 1802 | 1810 | 1762 | | | 7220 |
| 61 | NOGAJ MARTA | Strefa Piękna - Lublin | LUBLIN | 1991 | K 20 | | 1790 | 1786 | 1804 | 1834 | | | 7214 |
| 62 | WARCHOŁ KATARZYNA | ZiemoFit-Motivation 24 | LUBLIN | 1989 | K 20 | | 1760 | 1804 | | 1730 | 949 | 961 | 7204 |
| 63 | KRZYŻANEK MONIKA | | CHODEL | 1989 | K 20 | | 1804 | 1822 | 1814 | 1732 | | | 7172 |
| 64 | NOWAK BEATA | | DUKLA | 1989 | K 20 | | 1768 | 1800 | 1838 | 1744 | | | 7150 |
| 65 | KOPAŃSKA KINGA | | JAROSŁAW | 1996 | K 20 | | 1778 | 1806 | 1822 | 1736 | | | 7142 |
| 66 | SOSNOWSKA PAULINA | | LUBLIN | 1995 | K 20 | | 1762 | 1794 | 1802 | 1752 | | | 7110 |
| 67 | ZYGO KAROLINA | | LUBLIN | 1996 | K 20 | | 1996 | 1992 | 1994 | | 996 | | 6978 |
| 68 | DOBROWOLSKA SYLWIA | | LUBLIN | 1995 | K 20 | 3956 | | 1962 | | | 988 | | 6906 |
| 69 | PRĘDKIEWICZ KATARZYNA | | STAROŚCIN | 1992 | K 20 | | | 1940 | 1942 | 1936 | | 985 | 6803 |
| 70 | OCHMAŃSKA KINGA | | KRZYWDŁA | 1996 | K20 | 3924 | | | | 1770 | | 952 | 6646 |
| 71 | ŻUK WIKTORIA | NBD LUBLIN | LUBLIN | 1995 | K 20 | | | 1826 | 1816 | 1824 | | 983 | 6449 |
| 72 | JAKUBIEC MAGDA | Sklep Biegacza | LUBLIN | 1988 | K 20 | | | 1828 | 1850 | 1742 | | 950 | 6370 |
| 73 | IWANIUK-MROCZEK KATARZYNA | Centrum Medyczne Orto-Optymist | LUBARTÓW | 1990 | K 20 | | 1984 | | 1982 | 1962 | | | 5928 |
| 74 | OLESZCZUK KATARZYNA | | CHEŁM | 1990 | K20 | 3936 | | | | 1940 | | | 5876 |
| 75 | LIŚKIEWICZ ALEKSANDRA | Vege Runners | KRASNYSTAW | 1993 | K 20 | | 1952 | 1972 | 1950 | | | | 5874 |
| 76 | SZEWczyk Małgorzata | | LUBLIN | 1988 | K 20 | | 1958 | 1946 | | 1922 | | | 5826 |
| 77 | WOŁOSZYN-KARDAS KATARZYNA | Kraśnik Biega | LUBLIN | 1989 | K 20 | | | 1934 | 1968 | 1912 | | | 5814 |
| 78 | NALEWAJKO IZABELA | | BEŁŻYCE | 1993 | K 20 | | 1912 | 1938 | 1954 | | | | 5804 |
| 79 | ŚCIOCH ANNA | Skarpark | LUBLIN | 1992 | K20 | 3928 | | | 1856 | | | | 5784 |
| 80 | TRYKACZ ANNA | | LUBLIN | 1991 | K20 | 3932 | | | | 1810 | | | 5742 |
| 81 | ZYCHMAN OFELIA | | LUBLIN | 1993 | K 20 | | 1872 | 1924 | 1930 | | | | 5726 |
| 82 | PIECH DOROTA | Sklep Biegacza Lublin Team | GÓRY | 1991 | K 20 | | 1878 | 1910 | 1936 | | | | 5724 |
| 83 | KRYŃSKA MAGDALENA | | LUBLIN | 1991 | K 20 | | 1900 | 1916 | 1906 | | | | 5722 |
| 84 | NOWAK ALEKSANDRA | | ŚWIDNIK | 1991 | K 20 | | 1890 | 1912 | | 1894 | | | 5696 |
| 85 | BAJDAK IWONA | | LUBLIN | 1989 | K 20 | | 1894 | 1890 | | 1904 | | | 5688 |
| 86 | SKORUPA PAULINA | Kraśnik Biega | KRAŚNIK | 1995 | K 20 | | 1874 | 1876 | 1916 | | | | 5666 |
| 87 | MARKUT ELIZA | INTROGRAF LUBLIN S.A. | LUBLIN | 1987 | K 20 | | | 1830 | 1900 | 1924 | | | 5654 |
| 88 | ŻAK Małgorzata | PKO Bank Polski | ŚWIDNIK | 1990 | K 20 | | | | 1842 | 1856 | 957 | 959 | 5614 |
| 89 | JANIEC ALEKSANDRA | | LUBLIN | 1994 | K 20 | | 1832 | 1818 | 1848 | | | | 5498 |
| 90 | GÓRNIAK SYLWIA | WildCats | JABŁONNA | 1989 | K 20 | | 1818 | 1856 | 1796 | | | | 5470 |
| 91 | WÓJCIK AGNIESZKA | | BRZEZNICA BYCHAWSKA | 1991 | K 20 | | | 1780 | | 1746 | 934 | 962 | 5422 |
| 92 | SOKOŁOWSKA KINGA | - | ČMIŁÓW | 1996 | K 20 | | 1820 | 1832 | | 1766 | | | 5418 |
| 93 | HOMROWSKA HANNA | Gonię Piotra :) | LUBLIN | 1992 | K 20 | | 1758 | 1776 | | | 940 | 925 | 5399 |
| 94 | PIETRZAK Małgorzata | Biegające Czuby | LUBLIN | 1989 | K 20 | | 1776 | 1792 | 1794 | | | | 5362 |
| 95 | KOSTRZEWIA JOANNA | Perfect Runner | LUBLIN | 1990 | K 20 | | 1764 | 1778 | | 1782 | | | 5324 |
| 96 | WÓJCICKA MAGDALENA | AZS UP Lublin | LUBARTÓW | 1994 | K 20 | | | | 1992 | 1994 | 995 | | 4981 |
| 97 | KOCHANIEC-MATUSZAK KAROLINA | Lubelska Grupa Triathlonu | LUBLIN | 1988 | K 20 | | 1986 | 1978 | | | 990 | | 4954 |
| 98 | MALISZEWSKA JUSTYNA | | LUBLIN | 1993 | K20 | | | | 1978 | 1984 | | 990 | 4952 |
| 99 | DŁUGOSZ-STĘPNIAK AGNIESZKA | | LUBLIN | 1988 | K 20 | | 1942 | 1956 | | | 986 | | 4884 |
| 100 | BOBEL MONIKA | | LUBLIN | 1992 | K 20 | | | 1936 | | 1944 | | 991 | 4871 |
| 101 | GDAK Małgorzata | | LUBLIN | 1995 | K 20 | | | | 1864 | 1928 | 982 | | 4774 |
| 102 | SMOK MAGDALENA | | LUBLIN | 1990 | K 20 | | 1888 | | | 1892 | | 962 | 4742 |
| 103 | KOZYRA MARTA | Arcus SI | ŚWIDNIK | 1987 | K 20 | | | 1840 | 1908 | | | 967 | 4715 |
| 104 | KOWALSKA KAMILA | Fanclub ZADYSZKA | RADOSZYCE | 1987 | K 20 | | 1868 | | 1880 | | | 956 | 4704 |
| 105 | SZMYGIN KATARZYNA | | LUBLIN | 1991 | K20 | | | | 1836 | 1848 | | 981 | 4665 |
| 106 | TYMBEL RENATA | | LUBLIN | 1990 | K 20 | | 1864 | 1852 | | | | 949 | 4665 |
| 107 | PODSTAWKA KINGA | | LUBLIN | 1994 | K 20 | | 1802 | 1870 | | | 975 | | 4647 |
| 108 | LIPNICKA MAGDALENA | | LUBLIN | 1987 | K 20 | | 1794 | 1812 | | | 955 | | 4561 |
| 109 | WIKIERA ALA | Multimedia Runners | BARANÓW | 1988 | K20 | | | | 1790 | 1738 | | 933 | 4461 |
| 110 | SHAPOVALOVA MARYNA | KIEV | Kuzinteam | 1989 | K20 | 3996 | | | | | | | 3996 |
| 111 | KWASEK AGNIESZKA | SAMBORZEC | Witar Tarnobrzeg | 1989 | K20 | 3988 | | | | | | | 3988 |
| 112 | SZUBA JUSTYNA | Stokrotka Team | LUBLIN | 1987 | K 20 | | 1968 | 1976 | | | | | 3944 |

Grand Prix Lublina 2016/2017 – Kategoria K20

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|------|------------------------------|---------------------------------------|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | SABAT SYLWIA | Sklep Biegacza Lublin | LUBLIN | 1991 | K 20 | | 1936 | 1926 | | | | | 3862 |
| 114 | KOŁOWERZO MARTYNA | | LUBLIN | 1996 | K20 | | | | 1918 | 1906 | | | 3824 |
| 115 | WASIK KORNELIA | | KŁOCZEW | 1992 | K 20 | | 1902 | | 1896 | | | | 3798 |
| 116 | ZAWIŚLAK KATARZYNA | | LUBLIN | 1992 | K20 | | | | 1898 | 1880 | | | 3778 |
| 117 | STEĆKO MALINA | | LUBLIN | 1992 | K 20 | | 1876 | 1894 | | | | | 3770 |
| 118 | CZUJ ALEKSANDRA | | LUBLIN | 1996 | K20 | | | | 1882 | 1864 | | | 3746 |
| 119 | BECHTA KATARZYNA | | LUBLIN | 1993 | K 20 | | | | | 1802 | 954 | 982 | 3738 |
| 120 | PRUŚ IWONA | Koszrew Team | KRZCZONÓW | 1994 | K20 | | | | 1870 | 1866 | | | 3736 |
| 121 | MAZUR-KLUCH EWELENA | | FAJSŁAWICE | 1987 | K 20 | | 1880 | | | | 1826 | | 3706 |
| 122 | BARA EWELENA | | LUBLIN | 1987 | K 20 | | | 1810 | | | 952 | 940 | 3702 |
| 123 | RZĄŻEWSKA ALEKSANDRA | „Pół człowiek - pół matka” | LUBLIN | 1991 | K20 | | | | 1876 | 1814 | | | 3690 |
| 124 | BABCZYŃSKA KATARZYNA | Stokrotka | LUBLIN | 1988 | K 20 | | | 1874 | | 1804 | | | 3678 |
| 125 | AUGUSTYNIAK AGNIESZKA | | LUBLIN | 1992 | K20 | | | | 1808 | 1860 | | | 3668 |
| 126 | BURZYKOWSKA JUSTYNA | Mobica Runners | LUBLIN | 1988 | K 20 | | | | | 1764 | 942 | 955 | 3661 |
| 127 | ZĘGOTA IZABELA | Robimy dzisiaj co?! | 76 | 1991 | K 20 | | 1806 | | 1854 | | | | 3660 |
| 128 | MAŁEK AGNIESZKA | | LUBLIN | 1988 | K20 | | | | 1874 | 1774 | | | 3648 |
| 129 | SKRZYŃSKA KAROLINA | | KRAŚNIK | 1994 | K 20 | | 1852 | | | | 1772 | | 3624 |
| 130 | SKWARA MAGDA | GetGym | LUBLIN | 1993 | K 20 | | 1798 | | 1820 | | | | 3618 |
| 131 | RZĘDZICKA JUSTYNA | biegający Świdnik | ŚWIDNIK | 1987 | K 20 | | | 1824 | | 1790 | | | 3614 |
| 132 | GÓRSKA-MEŁGWA JOANNA | | TURKA | 1989 | K 20 | | 1854 | | | | 1750 | | 3604 |
| 133 | SARZYŃSKA ANETA | | TRZYDNIK DUŻY | 1987 | K 20 | | 1836 | | | | 1760 | | 3596 |
| 134 | ZABIELSKA MAGDALENA | UP AZS Lublin | CZĘSTOCHOWA | 1994 | K 20 | | | 1790 | | 1754 | | | 3544 |
| 135 | KRUSZKA EWA | | LUBLIN | 1992 | K 20 | | 1766 | | | | 1720 | | 3486 |
| 136 | PAWŁOWSKA PAULINA | AZS umcs Lublin | SIEDLCE | 1995 | K 20 | | | | | 1998 | 1000 | | 2998 |
| 137 | KORZENIOWSKA KAROLINA | AZS KUL | MOTYCZ | 1991 | K 20 | | 1990 | | | | | 998 | 2988 |
| 138 | KOBRYŃSKA MAGDALENA | KU AZS UP Lublin | LUDWINÓW | 1995 | K20 | | | | | 1968 | | 995 | 2963 |
| 139 | GORECKA ALEKSANDRA | | MARKUSZÓW | 1996 | K20 | | | | | 1950 | | 997 | 2947 |
| 140 | NIEDZIAŁEK KATARZYNA | Biegający Świdnik | ŚWIDNIK | 1991 | K20 | | | | 1948 | | | 973 | 2921 |
| 141 | SIEWIELEC MONIKA | | JASTKÓW | 1990 | K20 | | | | 1924 | | | 990 | 2914 |
| 142 | MARCINKOWSKA MARTYNA | | LUBLIN | 1993 | K 20 | | 1918 | | | | 987 | | 2905 |
| 143 | MIZIOŁEK NATALIA | | SPICZYN | 1991 | K20 | | | | 1920 | | | 977 | 2897 |
| 144 | ZIELIŃSKA MARLENA | Biegający Świdnik | KREPIEC | 1990 | K20 | | | 1872 | | | | 988 | 2860 |
| 145 | JANICKA WIKTORIA | KU AZS UP Lublin | LUBLIN | 1995 | K20 | | | | 1870 | | | 982 | 2852 |
| 146 | TARASIŃSKA JOANNA | | LUBLIN | 1993 | K20 | | | | 1862 | | | 980 | 2842 |
| 147 | WOJCIESZYN EWA | | LUBLIN | 1987 | K 20 | | | 1866 | | | 974 | | 2840 |
| 148 | GRABOWSKA KLAUDIA | www.wychowawcy.pl | PARCZEW | 1992 | K 20 | | 1856 | | | | 965 | | 2821 |
| 149 | SKÓRA MILENA | AZS UP LUBLIN | LUBLIN | 1995 | K20 | | | | 1836 | | | 974 | 2810 |
| 150 | GORAL AGATA | dziecięta | LUBLIN | 1992 | K 20 | | 1860 | | | | 947 | | 2807 |
| 151 | KOT NATALIA | | PUCHACZÓW | 1989 | K20 | | | | 1806 | | | 975 | 2781 |
| 152 | WALCZAK MONIKA | | BEŁŻYCE | 1990 | K 20 | | | | 1806 | | | 951 | 2757 |
| 153 | WOJCIECHOWSKA AGATA | CHEŁM BIEGA / TSL | CHEŁM | 1990 | K 20 | | 1788 | | | | | 958 | 2746 |
| 154 | KUC KLAUDIA | | KOŃSKOWOLA | 1987 | K 20 | | 1754 | | | | 944 | | 2698 |
| 155 | JĘDREJ SYLWIA | BEŁŻYCE I OKOLICE BIEGAJĄ | WOJCIECHÓW | 1992 | K20 | | | | 1724 | | | 931 | 2655 |
| 156 | ROGINSKI MELISSA | | BYDGOSZCZ | 1990 | K 20 | | | | 1718 | 929 | | | 2647 |
| 157 | SABA MAŁGORZATA | | LUBLIN | 1993 | K20 | | | | 1710 | | | 923 | 2633 |
| 158 | STASIEWICZ MARIOLA | KU AZS PSW BIAŁA PODLASKA/MKS ŻAK BP | MIEDZYRZEC PODLASKI | 1993 | K 20 | | | | 2000 | | | | 2000 |
| 159 | JACNIAK EWA | AZS UMCS LUBLIN | LUBLIN | 1990 | K 20 | | 1998 | | | | | | 1998 |
| 160 | MAŚŁOCH PATRYCJA | SKB Kraśnik | WILKOŁĄZ PIERWSZY | 1992 | K20 | | | | 1990 | | | | 1990 |
| 161 | WSZOŁA KATARZYNA | KB Wyszków | WARSZAWA | 1988 | K 20 | | 1980 | | | | | | 1980 |
| 162 | LITWIN KATARZYNA | Chełm Biega/Chełmska Grupa Triathlonu | CHEŁM | 1990 | K 20 | | 1978 | | | | | | 1978 |
| 163 | GIEJDA EWELENA | | OPOLE LUBELSKIE | 1988 | K 20 | | | | | | 980 | 986 | 1966 |
| 164 | WIATR ANETA | www.RowerowyLublin.org | LUBLIN | 1990 | K 20 | | 1966 | | | | | | 1966 |
| 165 | MACIEJEWSKA-LITWIN KATARZYNA | Chełm Biega | CHEŁM | 1990 | K20 | | | | 1960 | | | | 1960 |
| 166 | NOWAK LUDMIŁA | | LUBLIN | 1990 | K 20 | | 1952 | | | | | | 1952 |
| 167 | FALKOWICZ KATARZYNA | Banda Grudnia/ WW Team | LUBLIN | 1987 | K20 | | | | 1948 | | | | 1948 |
| 168 | SIEWIELEC PAULINA | | LUBLIN | 1996 | K 20 | | 1948 | | | | | | 1948 |

Grand Prix Lublina 2016/2017 – Kategoria K20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------|--------------------------------------|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | PŁATEK MARTA | | JANÓW LUBELSKI | 1993 | K20 | | | | 1944 | | | | 1944 |
| 170 | PLESKOT ANNA | | LEOPOLDÓW | 1988 | K 20 | | 1940 | | | | | | 1940 |
| 171 | STARÓNSKA DOROTA | Stalowowolski Klub Biegacza | STALOWA WOLA | 1987 | K20 | | | | 1940 | | | | 1940 |
| 172 | ZIĘBA ANNA | | LUBLIN | 1993 | K20 | | | | 1934 | | | | 1934 |
| 173 | GRZESZCZYK KAROLINA | PAZERNI NA SPORT | LIPSKO | 1988 | K20 | | | | 1930 | | | | 1930 |
| 174 | MASIUKIEWICZ DIANA | | ORCHÓWEK | 1991 | K 20 | | 1930 | | | | | | 1930 |
| 175 | PRZYBYLSKA MARTA | pozytywnie aktywni | URSZULIN | 1991 | K20 | | | | 1926 | | | | 1926 |
| 176 | SZAFRAN SYLWIA | | ŁAZISKA | 1987 | K 20 | | | | | 960 | 963 | | 1923 |
| 177 | KUREK LENA | | GORZKÓW | 1988 | K 20 | | | 1922 | | | | | 1922 |
| 178 | NOWAK LUDMIŁA | | LUBLIN | 1990 | K 20 | | 1922 | | | | | | 1922 |
| 179 | KOMOREK ALICJA | INTROGRAF LUBLIN S.A. | LUBLIN | 1988 | K20 | | | | 1918 | | | | 1918 |
| 180 | PLIŻGA OKTAWIA | | PIOTRÓW PIERWSZY | 1989 | K 20 | | 1918 | | | | | | 1918 |
| 181 | GĘBUSIA MILENA | SII POWER PEOPLE | OSTROWIEC ŚWIĘTOKRZYSKI | 1992 | K20 | | | | 1916 | | | | 1916 |
| 182 | ORAWIEC ANNA | AZS UP Lublin | LIPNICA WIELKA | 1995 | K20 | | | | 1914 | | | | 1914 |
| 183 | ROGALA KAROLINA | | LUBLIN | 1990 | K 20 | | | | | | | | 1914 |
| 184 | PIETRAS JOWITA | WW Team | MIELEC | 1989 | K 20 | | 1910 | | | | | | 1910 |
| 185 | WRZOS MAGDALENA | | LUBLIN | 1989 | K20 | | | | 1908 | | | | 1908 |
| 186 | PIETRAS ORESTA | | MIELEC | 1989 | K 20 | | 1904 | | | | | | 1904 |
| 187 | SOKALSKA-PIZUN ROKSANA | Rozbiegany Zamość | ZAMOŚĆ | 1989 | K 20 | | | 1900 | | | | | 1900 |
| 188 | BARTYLAK ALEKSANDRA | | CHEŁM | 1994 | K 20 | | 1898 | | | | | | 1898 |
| 189 | STRZESZEWSKA KATARZYNA | WildCats | LUBLIN | 1995 | K 20 | | | 1896 | | | | | 1896 |
| 190 | BOCHNAK JUSTYNA | UKS AZYMUT SIEDLISKA / AZS UP LUBLIN | LUBLIN | 1993 | K20 | | | | 1890 | | | | 1890 |
| 191 | WINIARSKA AGNIESZKA | | BEŁŻYCE | 1995 | K20 | | | | 1888 | | | | 1888 |
| 192 | ŁYSZCZYK JOANNA | | LUBLIN | 1990 | K 20 | | | | | 939 | 948 | | 1887 |
| 193 | CZERNIAK EWA | Lama Team | KRASNYSTAW | 1993 | K 20 | | 1886 | | | | | | 1886 |
| 194 | KOZIOŁ IGA | | NIEMCE | 1996 | K 20 | | 1884 | | | | | | 1884 |
| 195 | KULA JOANNA | KEJM Cieciejów | LUBLIN | 1991 | K20 | | | | 1878 | | | | 1878 |
| 196 | CIEŚLIKOWSKA JOANNA | | LUBLIN | 1994 | K 20 | | 1872 | | | | | | 1872 |
| 197 | CIASTEK ALEKSANDRA | | KRAŚNIK | 1995 | K20 | | | | 1868 | | | | 1868 |
| 198 | KRÓLIKOWSKA KATARZYNA | | LUBLIN | 1991 | K 20 | | 1866 | | | | | | 1866 |
| 199 | SULIMA ALICJA | | CHEŁM | 1994 | K 20 | | | 1866 | | | | | 1866 |
| 200 | BŁASZCZAK EWA | | ŁĘCZNA | 1987 | K20 | | | | 1858 | | | | 1858 |
| 201 | MATYS SYLWIA | | LUBLIN | 1992 | K 20 | | 1858 | | | | | | 1858 |
| 202 | KLISZCZ KAMILA | | ZAMOŚĆ | 1988 | K20 | | | | 1852 | | | | 1852 |
| 203 | KIEŁTYKA AGNIESZKA | | RYKI | 1988 | K20 | | | | 1840 | | | | 1840 |
| 204 | TESLUK KATARZYNA | Ratowniki.UMLub.2015 | LUBLIN | 1996 | K20 | | | | 1838 | | | | 1838 |
| 205 | MATACZ MONIKA | | STRZYŻEWICE | 1989 | K 20 | | 1834 | | | | | | 1834 |
| 206 | KRÓŁ ALEKSANDRA | | KOŃSKOWOLA | 1991 | K 20 | | 1830 | | | | | | 1830 |
| 207 | BORYGA KAROLINA | | LUBLIN | 1990 | K 20 | | 1828 | | | | | | 1828 |
| 208 | LIS ALICJA | | LUBLIN | 1992 | K 20 | | 1826 | | | | | | 1826 |
| 209 | BARTNIK DOMINIKA | | LUBLIN | 1991 | K20 | | | | 1824 | | | | 1824 |
| 210 | NITA KLAUDIA | BPB Garbatka | GARBATKA | 1992 | K20 | | | | 1818 | | | | 1818 |
| 211 | KISZKA IWONA | | JANÓW LUBELSKI | 1994 | K 20 | | 1812 | | | | | | 1812 |
| 212 | G?RNIAK SYLWIA | | JABŁONNA | 1989 | K20 | | | | 1808 | | | | 1808 |
| 213 | KOŚCIUK ANNA | | CHEŁM | 1988 | K 20 | | | 1808 | | | | | 1808 |
| 214 | STAŃKO KAROLINA | | JANÓW LUBELSKI | 1994 | K 20 | | 1808 | | | | | | 1808 |
| 215 | KRÓLIK MARLENA | | LUBLIN | 1991 | K 20 | | 1800 | | | | | | 1800 |
| 216 | ROSOŁOWSKA AGATA | Husaria Race Team | LUBLIN | 1993 | K20 | | | | 1800 | | | | 1800 |
| 217 | KRĘGLICKA PAULINA | BEŁŻYCE I OKOLICE BIEGAJĄ | BEŁŻYCE | 1995 | K20 | | | | 1798 | | | | 1798 |
| 218 | DYŚ AGNIESZKA | Insane Runners // BiegūSiem | LUBLIN | 1987 | K 20 | | 1792 | | | | | | 1792 |
| 219 | CZAPKOWSKA PAULINA | | LUBLIN | 1992 | K20 | | | | 1788 | | | | 1788 |
| 220 | CZARNOTA ALEKSANDRA | | LUBLIN | 1993 | K 20 | | | 1788 | | | | | 1788 |
| 221 | KOSAKOWSKA PAULINA | Sklep Biegacza Lublin | LUBLIN | 1987 | K 20 | | 1782 | | | | | | 1782 |
| 222 | CHAWRYŁO BARBARA | | 22 | 1992 | K 20 | | 1780 | | | | | | 1780 |
| 223 | SUROWIEC ELIZA | LKS MILANÓW | MILANÓW | 1994 | K20 | | | | 1778 | | | | 1778 |
| 224 | PYZIK KAMILA | | ŁAGÓW | 1993 | K20 | | | | 1776 | | | | 1776 |

Grand Prix Lublina 2016/2017 – Kategoria K20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------|---------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 225 | ŻMIJSKA KINGA | | CHEŁM | 1994 | K 20 | | 1772 | | | | | | 1772 |
| 226 | SOŁDEK GABRIELA | | PONIATOWA | 1991 | K20 | | | | | | 1768 | | 1768 |
| 227 | AUGUSTYNIAK KATARZYNA | | LUBLIN | 1992 | K20 | | | | | | 1758 | | 1758 |
| 228 | BOROWIEC MARTA | | LUBLIN | 1988 | K20 | | | | | | 1748 | | 1748 |
| 229 | PIOTROWICZ NATALIA | | LUBLIN | 1996 | K20 | | | | | | 1726 | | 1726 |
| 230 | MIROŃ JOANNA | | LUBLIN | 1993 | K20 | | | | | | 1722 | | 1722 |
| 231 | BUSTIN KATELYN | | ŁODZ | 1993 | K20 | | | | | | 1716 | | 1716 |
| 232 | PODZIMSKA MONIKA | | LUBLIN | 1993 | K20 | | | | | | 995 | | 995 |
| 233 | KOZAK ANNA | | LUBLIN | 1993 | K20 | | | | | | 994 | | 994 |
| 234 | JAKUBIAK IWONA | | OPOLE LUBELSKIE | 1989 | K20 | | | | | | 989 | | 989 |
| 235 | TARNOWSKA EWA | | LUBLIN | 1992 | K20 | | | | | | 987 | | 987 |
| 236 | KAŹMIERSKA PAULINA | | NOWA WIEŚ | 1993 | K20 | | | | | | 981 | | 981 |
| 237 | STACHAL JUSTYNA | | LUBLIN | 1993 | K20 | | | | | | 979 | | 979 |
| 238 | KALICKA ASIA | Bełżyce i Okolice Biegają | BEŁŻYCE | 1987 | K20 | | | | | | 978 | | 978 |
| 239 | NOWOSAD MONIKA | Chełm biega | CHEŁM | 1987 | K20 | | | | | | 978 | | 978 |
| 240 | ROZWĄŁKA MONIKA | | REJOWIEC FABRYCZNY | 1992 | K 20 | | | | | | 978 | | 978 |
| 241 | NOWICKA PAULINA | | LUBLIN | 1988 | K20 | | | | | | 976 | | 976 |
| 242 | PODSTAWKA ILONA | | CZARNA | 1991 | K 20 | | | | | | 976 | | 976 |
| 243 | ŻEBROWSKA ANNA | | WARSZAWA | 1987 | K20 | | | | | | 976 | | 976 |
| 244 | ROMANEK MARIA | FTF | LUBLIN | 1987 | K20 | | | | | | 974 | | 974 |
| 245 | GÓRSKA NATALIA | | LUBLIN | 1996 | K 20 | | | | | | 973 | | 973 |
| 246 | NAZARUK ANNA | | TURKA | 1987 | K20 | | | | | | 973 | | 973 |
| 247 | KUCHARCZYK ANNA | UMCS Biega | LUBLIN | 1996 | K20 | | | | | | 972 | | 972 |
| 248 | WRÓBLEWSKA JOANNA | FEEL THE FREEDOM | LUBLIN | 1990 | K20 | | | | | | 972 | | 972 |
| 249 | GÓRAL MAŁGORZATA | | LUBLIN | 1991 | K20 | | | | | | 971 | | 971 |
| 250 | UFNIARZ ALEKSANDRA | 1995 | KRAŚNIK | 1995 | K20 | | | | | | 971 | | 971 |
| 251 | KOŚMICKA MAGDALENA | | KOŁBIEL | 1996 | K20 | | | | | | 970 | | 970 |
| 252 | LEWCZYK MARTA | | LUBLIN | 1989 | K20 | | | | | | 969 | | 969 |
| 253 | CHWEDOROWICZ MONIKA | | LUBLIN | 1992 | K 20 | | | | | | 968 | | 968 |
| 254 | MARSZAŁKIEWICZ KATARZYNA | | WŁODAWA | 1988 | K20 | | | | | | 968 | | 968 |
| 255 | MAKAR EWELINA | | LUBLIN | 1996 | K20 | | | | | | 964 | | 964 |
| 256 | SURACKA EDYTA | GetGym Krasnik | KRASNIK | 1989 | K20 | | | | | | 964 | | 964 |
| 257 | GÓRNIAK MARTA | | BEŁŻYCE | 1987 | K 20 | | | | | | 961 | | 961 |
| 258 | RZOŃCA PAULINA | | LUBLIN | 1989 | K20 | | | | | | 961 | | 961 |
| 259 | SURAJ MAGDALENA | | LUBLIN | 1990 | K20 | | | | | | 960 | | 960 |
| 260 | REDAS MONIKA | | LUBLIN | 1987 | K 20 | | | | | | 959 | | 959 |
| 261 | SZMIT ANNA | | ŁABUNIE | 1992 | K20 | | | | | | 959 | | 959 |
| 262 | MANDZIUK ANETA | | ZAMOŚĆ | 1994 | K20 | | | | | | 958 | | 958 |
| 263 | KRAWCZUK PAULINA | Uniwersytet Przyrodniczy | KĘPKI | 1995 | K20 | | | | | | 957 | | 957 |
| 264 | KRZEWICKA-ROMANIUK EWA | | LUBLIN | 1991 | K20 | | | | | | 957 | | 957 |
| 265 | SERAFIN KATARZYNA | | LUBLIN | 1992 | K20 | | | | | | 956 | | 956 |
| 266 | KUCZMARA ANTONINA | biegająca rodzina | LUBLIN | 1995 | K20 | | | | | | 954 | | 954 |
| 267 | DYLA ALICJA | | TURKA | 1995 | K 20 | | | | | | 953 | | 953 |
| 268 | ROZWADOWSKA MARTA | | STEŻYCA | 1988 | K20 | | | | | | 953 | | 953 |
| 269 | WRÓBEL KLAUDIA | Uniwersytet Przyrodniczy | NIEDŹWIADA | 1995 | K20 | | | | | | 953 | | 953 |
| 270 | ŁATKA PAULINA | | LUBLIN | 1994 | K20 | | | | | | 952 | | 952 |
| 271 | MAZUR MAŁGORZATA | | LUBLIN | 1993 | K20 | | | | | | 951 | | 951 |
| 272 | RYMORZ EWELINA | | USTROŃ | 1996 | K20 | | | | | | 951 | | 951 |
| 273 | BUGAŁA BEATA | | KONOPNICA | 1987 | K20 | | | | | | 949 | | 949 |
| 274 | BULCZAK PAULINA | KOTY | LUBLIN | 1989 | K 20 | | | | | | 948 | | 948 |
| 275 | MONASTYRSKA ANNA | Running Club Attyla | ZAMOŚĆ | 1987 | K20 | | | | | | 947 | | 947 |
| 276 | ZABŁOTNI ALEKSANDRA | | LUBLIN | 1993 | K20 | | | | | | 947 | | 947 |
| 277 | BUCIOR JOANNA | | JANÓW LUBELSKI | 1989 | K 20 | | | | | | 946 | | 946 |
| 278 | KAPŁAŃSKA NATALIA | Mobica Runners | LUBLIN | 1989 | K 20 | | | | | | 945 | | 945 |
| 279 | RYBKA AGNIESZKA | Asseco Active Team | LUBLIN | 1992 | K20 | | | | | | 945 | | 945 |
| 280 | ZABIELSKA MAGDALENA | | PÓŁKO | 1988 | K20 | | | | | | 945 | | 945 |

Grand Prix Lublina 2016/2017 – Kategoria K20

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------------|---------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | FURMANIK EWA | Krasnystaw Biega | ŚWIERZE GM. DOROHUSK | 1978 | K 30 | 3988 | 1998 | 1990 | 1998 | 1996 | 1000 | 1000 | 13970 |
| 2 | SALACHNA - NOWAK MAGDALENA | Biegam z ABS | LUBLIN | 1977 | K 30 | 3980 | 1988 | 1970 | 1994 | 1990 | 998 | 999 | 13919 |
| 3 | PAŁKA MAGDALENA | Pozytywnie Aktywni | URSZULIN | 1980 | K 30 | 3960 | 1982 | 1978 | 1954 | 1986 | 997 | 998 | 13855 |
| 4 | WARYCH JOANNA | Lubelska Grupa Triathlonu | LUBLIN | 1980 | K 30 | 3936 | 1906 | 1932 | 1958 | 1958 | 986 | 995 | 13671 |
| 5 | RAJSKA MAGDALENA | Wąwozowa | LUBLIN | 1984 | K 30 | 3924 | 1946 | 1940 | 1968 | 1910 | 989 | 991 | 13668 |
| 6 | BARCICKA KAROLINA | Run_Helpersi | LUBLIN | 1977 | K 30 | 3956 | 1912 | 1912 | 1960 | 1916 | 980 | 991 | 13627 |
| 7 | LATO KAROLINA | Lublin Biega | LUBLIN | 1984 | K30 | 3940 | 1910 | 1942 | 1888 | 1890 | 934 | 974 | 13478 |
| 8 | KARPIŃSKA AGNIESZKA | Lubelska Grupa Triathlonu | LUBLIN | 1977 | K 30 | 3900 | 1800 | 1788 | 1762 | 1746 | 961 | 942 | 12899 |
| 9 | OSTAPOWICZ JUSTYNA | | OPOLE LUBELSKIE | 1984 | K 30 | 3944 | 1968 | 1948 | 1966 | 1968 | | 995 | 12789 |
| 10 | STĘPKOWSKA BERTA | LSB/ Run_Helpers | LUBLIN | 1977 | K 30 | 3964 | 1966 | 1954 | 1970 | 1960 | | | 11814 |
| 11 | NALEWAJKO JOANNA | Bełżyce i okolice biegają | BEŁŻYCE | 1978 | K30 | 3932 | 1950 | 1928 | 1928 | 1950 | | | 11688 |
| 12 | WÓJCIK MAGDALENA | | MILEJÓW | 1984 | K 30 | 3968 | 1986 | 1982 | | 1992 | | | 9928 |
| 13 | PSUJA ANNA | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | 1985 | K30 | 3972 | | 1972 | 1990 | 1974 | | | 9908 |
| 14 | GOŁAWSKA JOANNA | Akademia-sportu.eu | LUBLIN | 1978 | K 30 | | 1944 | 1966 | 1992 | 1978 | 993 | 988 | 9861 |
| 15 | BRYŁA-CRUZ AGNIESZKA | | LUBLIN | 1981 | K30 | 3928 | | 1962 | 1980 | 1966 | | | 9836 |
| 16 | GŁUSZAK KATARZYNA | | LUBLIN | 1982 | K 30 | 3976 | 1920 | | 1986 | 1954 | | | 9836 |
| 17 | AUGUSTYNIAK PAULINA | Insane Runners | LUBLIN | 1986 | K30 | | 1942 | 1936 | 1920 | 1940 | 983 | 984 | 9705 |
| 18 | SZCZERBATKO JOANNA | SIOSTRY BIEGAJĄ | LUBLIN | 1977 | K 30 | | 1922 | 1924 | 1922 | 1878 | 982 | 978 | 9606 |
| 19 | SIEK ANNA | Biegam bo lubię | ŁOPIENNIK GÓRNY | 1986 | K30 | | 1914 | 1920 | 1878 | 1898 | 988 | 988 | 9586 |
| 20 | MUSZYŃSKA MAGDALENA | | LUBLIN | 1983 | K 30 | | 1956 | 1840 | 1912 | 1864 | 991 | 987 | 9550 |
| 21 | KORZENIOWSKA JOANNA | UMCS Biega | LUBLIN | 1984 | K 30 | | 1858 | 1892 | 1916 | 1922 | 975 | 981 | 9544 |
| 22 | WALCZAK IZABELA | WW Team | LUBLIN | 1984 | K 30 | | 1924 | 1810 | 1822 | 1728 | 977 | 952 | 9213 |
| 23 | ŻARNICKA ANNA | CROSSFIT Z16 | TURKA | 1983 | K 30 | | 1780 | 1820 | 1846 | 1794 | 951 | 966 | 9157 |
| 24 | PIOTROWSKA EDYTA | | LUBLIN | 1986 | K 30 | | 1798 | 1782 | 1808 | 1850 | 950 | 964 | 9152 |
| 25 | WHITE ASHLEY | | LUBLIN | 1981 | K 30 | 3904 | 1758 | | 1788 | 1702 | | | 9152 |
| 26 | KOWALSKA GABRIELA | Biegający Świdnik | ŚWIDNIK | 1984 | K30 | | 1742 | 1766 | 1850 | 1854 | 958 | 978 | 9148 |
| 27 | MADEJ JULIA | | LUBLIN | 1979 | K 30 | | 1802 | 1800 | 1834 | 1742 | 967 | 963 | 9108 |
| 28 | KWIATKOWSKA IZABELA | Lublin Biega | LUBLIN | 1980 | K 30 | | 1764 | 1748 | 1820 | 1830 | 959 | 973 | 9094 |
| 29 | DĄBROWSKA KATARZYNA | GETGYM | LUBLIN | 1984 | K30 | | 1810 | 1780 | 1814 | 1730 | 957 | 944 | 9035 |
| 30 | NIEZGODA ANNA | Lublin biega | LUBLIN | 1985 | K30 | | 1790 | 1774 | 1800 | 1698 | 962 | 943 | 8967 |
| 31 | JEŻEWSKA-MAZUR JULIA | | LUBLIN | 1983 | K 30 | | 1992 | 1974 | 1996 | 1994 | 999 | | 8955 |
| 32 | RORAT LENA | Chełm Biega | CHEŁM | 1982 | K 30 | | 1972 | 1958 | 1982 | 1952 | 992 | | 8856 |
| 33 | MALICKA KATARZYNA | PKO Bank Polski | LUBLIN | 1981 | K 30 | | 1952 | 1956 | 1930 | 1976 | | 994 | 8808 |
| 34 | GĘCA MAŁGORZATA | Umcs Biega | LUBLIN | 1978 | K 30 | | 1728 | 1718 | 1750 | 1658 | 933 | 925 | 8712 |
| 35 | KIEŁBASA SYLWIA | | LUBLIN | 1986 | K 30 | | 1884 | 1900 | 1934 | 1944 | | 990 | 8652 |
| 36 | DOBROWOLSKA KAROLINA | | URZĘDÓW | 1986 | K 30 | | 1882 | 1894 | 1898 | 1918 | 985 | | 8577 |
| 37 | RAZNATOWSKA ANASTAZJA | UMCS Biega | ŁĘCZNA | 1985 | K 30 | | 1908 | 1882 | 1896 | 1860 | | 959 | 8505 |
| 38 | BAŃCEROWSKA DOROTA | Strefa Piękna Lublin | LUBLIN | 1978 | K 30 | | 1874 | 1876 | 1890 | 1838 | 974 | | 8452 |
| 39 | ROSA MAGDALENA | Lublin Biega | LUBLIN | 1978 | K 30 | | 1872 | 1852 | 1840 | 1836 | | 976 | 8376 |
| 40 | OŽGA ANNA | toniemy | STRZYŻEWICE | 1977 | K 30 | | 1822 | 1816 | 1780 | 1988 | | 967 | 8373 |
| 41 | JAWOSZEK-MAZUREK JUSTYNA | | LUBLIN | 1984 | K 30 | | 1828 | 1838 | 1856 | 1844 | 965 | | 8331 |
| 42 | SOBIESZCZAŃSKA KATARZYNA | Lublin Biega | LUBLIN | 1981 | K30 | | 1832 | 1792 | 1824 | 1714 | | 953 | 8115 |
| 43 | ŚPIEKWA EDYTA | Bez pośpiechu | PRAWIEDNIKI | 1978 | K 30 | | 1744 | 1770 | 1812 | 1694 | 956 | | 7976 |
| 44 | BEDENAK-KISIEL JOANNA | | LUBLIN | 1985 | K 30 | | 1788 | 1764 | 1778 | 1682 | | 945 | 7957 |
| 45 | WÓJCIK RENATA | Biegam bo lubię to | LUBLIN | 1982 | K 30 | | 1990 | 1980 | 1978 | | 996 | 996 | 7940 |
| 46 | PASTUCHA MAŁGORZATA | Insane Runners | LUBLIN | 1979 | K 30 | | 1980 | 1968 | | 1980 | 994 | 994 | 7916 |
| 47 | BARCZAK SYLWIA | Perfect Runner Lublin | LUBLIN | 1984 | K 30 | | 1792 | 1732 | 1752 | 1680 | 945 | | 7901 |
| 48 | ŻUKIEWICZ-WÓJCIK MAGDALENA | Strefa Piękna-Lublin | LUBLIN | 1982 | K 30 | | 1762 | 1728 | 1770 | 1672 | | 913 | 7845 |
| 49 | CZARNACKA KAROLINA | | LUBLIN | 1984 | K 30 | | 1974 | 1926 | 1950 | 1972 | | | 7822 |
| 50 | KISIEL EDYTA | | LUBLIN | 1978 | K 30 | | 1730 | 1720 | 1748 | 1674 | | 923 | 7795 |
| 51 | STANISŁAWEK KINGA | Lubelska Grupa Triathlonu | LUBLIN | 1984 | K 30 | | 1984 | 1960 | 1942 | 1882 | | | 7768 |
| 52 | SZCZEPANIAK AGNIESZKA | | LUBARTÓW | 1978 | K 30 | | 1916 | 1930 | 1948 | 1948 | | | 7742 |
| 53 | MRÓZ ELŻBIETA | Chełmska Grupa Triathlonu | CHEŁM | 1978 | K 30 | | 1962 | 1946 | 1944 | 1888 | | | 7740 |
| 54 | MIDZIERSKA JOANNA | MARBELLA.BRAFITTING | TURKA | 1984 | K 30 | | 1936 | 1938 | 1946 | 1914 | | | 7734 |
| 55 | DRAZAGA WIOLETTA | Biegamy dzisiaj | WIERZBICA | 1981 | K 30 | | 1934 | 1918 | 1932 | 1934 | | | 7718 |
| 56 | WIDOMSKA-MACIEJEWSKA JOANNA | NAJWIĘKSZA ARMIA ŚWIATA | LUBLIN | 1982 | K30 | | | 1848 | 1952 | 1938 | 964 | 984 | 7686 |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------------|--|-------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | BOJARSKA KAROLINA | | LUBLIN | 1984 | K 30 | | 1926 | 1914 | | 1806 | 976 | 977 | 7599 |
| 58 | KOWALIK ANNA | UMCS Biega | ŁADA | 1984 | K 30 | | 1856 | 1908 | 1908 | 1886 | | | 7558 |
| 59 | OKRASA IWONA | Chełm biega | CHEŁM | 1981 | K 30 | | 1840 | 1868 | 1918 | 1930 | | | 7556 |
| 60 | GRABOWSKA IWONA | | DĘBLIN | 1983 | K 30 | | 1890 | 1870 | 1838 | 1896 | | | 7494 |
| 61 | WINIARSKA-BISZCZAN ANNA | BIEGAMY DZISIAJ | WIERZBICA-OSIEDLE | 1978 | K 30 | | 1886 | 1880 | 1900 | 1828 | | | 7494 |
| 62 | KURSA MAŁGORZATA | Biegający Świdnik | ŚWIDINK | 1985 | K 30 | | 1854 | 1886 | 1876 | 1872 | | | 7488 |
| 63 | GOŁOFIT ANETA | | LUBLIN | 1981 | K 30 | | 1904 | 1860 | 1862 | 1834 | | | 7460 |
| 64 | JABŁOŃSKA MONIKA | KRAŠNIK BIEGA | KRAŠNIK | 1981 | K 30 | | 1898 | 1844 | 1806 | 1906 | | | 7454 |
| 65 | BOROWIEC-RÓŻYCKA MAGDALENA | Biegający Świdnik | ŚWIDNIK | 1981 | K 30 | | 1818 | 1856 | 1882 | 1848 | | | 7404 |
| 66 | BUDNY ALEKSANDRA | Kraśnik Biega | HALINÓW | 1978 | K30 | | 1850 | 1830 | 1866 | 1856 | | | 7402 |
| 67 | GORZYK KATARZYNA | | LUBLIN | 1979 | K 30 | | 1880 | 1818 | | 1744 | 968 | 955 | 7365 |
| 68 | PIOTROWICZ MAGDALENA | CISOWIANKA TEAM PL | LUBLIN | 1986 | K 30 | | 1862 | 1866 | 1842 | 1774 | | | 7344 |
| 69 | KUK AGNIESZKA | DSS ORŁĘTA DĘBLIN | DĘBLIN | 1985 | K30 | | 1816 | 1826 | 1828 | 1832 | | | 7302 |
| 70 | NIECIECKA-LEGOCKA KATARZYNA | | LUBLIN | 1977 | K 30 | | 1870 | 1836 | 1832 | 1764 | | | 7302 |
| 71 | SZACÓŃ MARZENA | | LUBLIN | 1983 | K 30 | | 1782 | 1772 | 1830 | | 953 | 965 | 7302 |
| 72 | TURLEWICZ MAGDALENA | | LUBLIN | 1985 | K 30 | | 1812 | 1814 | 1858 | 1808 | | | 7292 |
| 73 | WINKLER IZABELA | - | LUBLIN | 1980 | K 30 | | 1808 | 1802 | 1854 | 1786 | | | 7250 |
| 74 | TARKOWSKA MONIKA | | LUBLIN | 1978 | K 30 | | 1766 | | 1804 | 1720 | 955 | 954 | 7199 |
| 75 | TIMOSZUK DAGMARA | biegusiem.pl | DĘBLIN | 1983 | K 30 | | 1834 | 1778 | 1746 | 1760 | | | 7118 |
| 76 | DYBKOWSKA MAGDALENA | | LUBLIN | 1978 | K 30 | | 1804 | 1750 | 1772 | 1788 | | | 7114 |
| 77 | WIDOMSKA ANNA | | LUBLIN | 1978 | K 30 | | 1794 | 1756 | 1826 | 1716 | | | 7092 |
| 78 | WOSZUK IWONA | | BEŁŻYCE | 1981 | K 30 | | 1820 | 1744 | 1784 | 1732 | | | 7080 |
| 79 | GILEWSKA AGNIESZKA | Forma Świdnik | LUBLIN | 1977 | K30 | | 1770 | 1776 | 1786 | 1734 | | | 7066 |
| 80 | SYROKA-PAWELEC IWONA | | LUBLIN | 1985 | K 30 | | 1786 | 1754 | 1794 | 1700 | | | 7034 |
| 81 | KUZIA KATARZYNA | THE FELLOWSHIP OF THE DRINK | LUBLIN | 1983 | K 30 | | 1752 | 1762 | 1766 | 1650 | | | 6930 |
| 82 | PALUCH KATARZYNA | | LUBLIN | 1986 | K 30 | | 1784 | 1724 | 1754 | 1652 | | | 6914 |
| 83 | MAJCHER BEATA | | LUBLIN | 1983 | K30 | | | 1952 | 1964 | 1926 | | 989 | 6831 |
| 84 | DUDA IWONA | Ruta Runners | LUBLIN | 1986 | K30 | 3912 | | | 1872 | | 979 | | 6763 |
| 85 | TKACZYK SYLWIA | | LUBLIN | 1978 | K30 | | | 1842 | 1886 | 1894 | | 986 | 6608 |
| 86 | KUDZIEWICZ ANNA | THE FELLOWSHIP OF THE DRINK | LUBLIN | 1985 | K 30 | | 1888 | 1834 | | 1892 | | 986 | 6600 |
| 87 | STOPYRA PAULINA | Lubelska Grupa Triathlonu | LUBLIN | 1986 | K30 | | | 1854 | 1870 | 1880 | 978 | | 6582 |
| 88 | BORDZOŁ JUSTYNA | | LUBARTÓW | 1981 | K30 | | | 1864 | 1910 | 1784 | 973 | | 6531 |
| 89 | KORNICKA DOROTA | Orange Polska | LUBLIN | 1983 | K 30 | | 1824 | 1862 | | 1852 | | 942 | 6480 |
| 90 | SZEWCZYK KATARZYNA | GETGYM | KRAŠNIK | 1977 | K 30 | | 1844 | 1832 | | 1812 | | 950 | 6438 |
| 91 | MAZURKIEWICZ JOLANTA | | BYCHAWA | 1984 | K30 | | | 1794 | 1860 | 1752 | | 958 | 6364 |
| 92 | WIERZBICKA MAGDALENA | | LUBLIN | 1984 | K 30 | | 1826 | | 1792 | 1778 | | 961 | 6357 |
| 93 | ZARZEKA AGNIESZKA | | GARBÓW | 1979 | K 30 | | 1746 | 1726 | 1914 | | 936 | | 6322 |
| 94 | HUMIN ANNA | Krasnystaw Biega | KRASNYSZTAW | 1986 | K 30 | | 2000 | 1994 | | 2000 | | | 5994 |
| 95 | LANGE BEATA | Biłgoraj Biega | BIŁGORAJ | 1977 | K30 | 3992 | | 1996 | | | | | 5988 |
| 96 | JENDREJ AGNIESZKA | Biegolajki | LUBLIN | 1986 | K30 | 3996 | | 1988 | | | | | 5984 |
| 97 | GARDYAS MONIKA | Husaria Racea Team Lublin | LUBLIN | 1981 | K 30 | | 1970 | | 1988 | 1984 | | | 5942 |
| 98 | HARATYNOWICZ JOANNA | Dunder Mifflin | LUBLIN | 1979 | K 30 | | 1976 | | 1984 | 1964 | | | 5924 |
| 99 | JASIŃSKA ANNA | BIEGAJĄCY ŚWIDNIK/BIEGNĘ, ŻEBY BARTEK... | ŚWIDNIK | 1985 | K 30 | | 1948 | 1896 | 1936 | | | | 5780 |
| 100 | MISZTAL AGNIESZKA | 1977 | LUBARTÓW | 1977 | K30 | | | 1904 | 1938 | 1920 | | | 5762 |
| 101 | PASIK MONIKA | | LUBLIN | 1985 | K 30 | | 1894 | 1922 | 1902 | | | | 5718 |
| 102 | BIELAK ANNA | PKO Bank Polski | LUBLIN | 1980 | K 30 | | 1938 | 1910 | | 1858 | | | 5706 |
| 103 | GAJAK ANNA | | LUBLIN | 1984 | K30 | | | 1858 | 1906 | 1902 | | | 5666 |
| 104 | ŁAGOWSKA BARBARA | BIEGAJĄCY ŚWIDNIK | FRANCISZKÓW | 1986 | K30 | | | 1878 | 1884 | 1868 | | | 5630 |
| 105 | SUROWIEC JUSTYNA | LKS MILANÓW | PARCZEW | 1978 | K30 | | | 1786 | 1894 | 1884 | | | 5564 |
| 106 | MONIAKOWSKA JOANNA | | KRASNYSZTAW | 1980 | K 30 | | 1848 | 1872 | | 1772 | | | 5492 |
| 107 | KRYGROWSKA ANNA | Grupa Biegowa Orleta Dęblin | DĘBLIN | 1979 | K 30 | | 1852 | 1822 | | 1768 | | | 5442 |
| 108 | PAJURO EWA | PIWNY LUBLIN | LUBLIN | 1985 | K 30 | | 1846 | | 1810 | 1740 | | | 5396 |
| 109 | KRUPA ALEKSANDRA | | ŁĘCZNA | 1985 | K30 | | | 1734 | | 1688 | 938 | 940 | 5300 |
| 110 | PIETRZYK RENATA | Biegający Świdnik | MEŁGIEW | 1986 | K30 | | | | 1758 | 1648 | 941 | 930 | 5277 |
| 111 | WYSOKIŃSKA MAGDALENA | Get Gym | LUBLIN | 1980 | K 30 | | 1806 | 1752 | | 1712 | | | 5270 |
| 112 | NAFALSKA MONIKA | Gabana Team 4 Live | CHEŁM | 1980 | K 30 | | 1754 | 1746 | 1756 | | | | 5256 |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------------|-----------------------------|------------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | NOWAK AGNIESZKA | | WARSZAWA | 1986 | K30 | | 1742 | 1768 | 1692 | | | | 5202 |
| 114 | WIDELSKA EWELINA | lubelskibiegacz.pl TEAM | BEŁŻYCE | 1983 | K30 | | 1902 | | 1970 | | 997 | | 4869 |
| 115 | DOBROWOLSKA AGNIESZKA | Ludzka Stonoga | KRAŚNIK | 1984 | K 30 | 1932 | | | 1932 | | 987 | | 4851 |
| 116 | BOT-BĄBOL LIDKA | | LUBARTÓW | 1984 | K30 | | 1790 | 1836 | | 966 | | | 4592 |
| 117 | SŁOMKA-MICHALAK KATARZYNA | Spiczyńskie Sprintery | SPICZYN | 1983 | K30 | | 1818 | | 1754 | | 961 | | 4533 |
| 118 | BACZEWSKA AGNIESZKA | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | 1978 | K30 | | 1764 | 1758 | | 962 | | | 4484 |
| 119 | PAWLIK ANNA | UMCS biega | LUBLIN | 1981 | K30 | 1730 | | 1704 | | 945 | | | 4379 |
| 120 | BOŻEK MAŁGORZATA | | LUBLIN | 1980 | K30 | | 1760 | 1664 | | 933 | | | 4357 |
| 121 | KRAWCZYK DAGMARA | | LUBLIN | 1978 | K 30 | 1740 | | | 1670 | | 909 | | 4319 |
| 122 | CZARNECKA LIDIA | BLIŻYN | STS Skarżysko-Kam. | 1985 | K30 | 4000 | | | | | | | 4000 |
| 123 | WASILEWSKA JOANNA | BIŁGORAJ | 8 | 1981 | K30 | | 2000 | 2000 | | | | | 4000 |
| 124 | MARTYNIUK MAGDALENA | fight gym | LUBLIN | 1983 | K 30 | 1996 | 1992 | | | | | | 3988 |
| 125 | PENKALA JAGODA | ARBROATH | Arbroath Footers | 1983 | K30 | 3984 | | | | | | | 3984 |
| 126 | WISZNIEWSKA HANIA | WIŚNIEW | | 1984 | K30 | 3952 | | | | | | | 3952 |
| 127 | DELĄG AGNIESZKA | LUBLIN | | 1983 | K30 | 3948 | | | | | | | 3948 |
| 128 | DOMAŃSKA-OKON AGATA | ŁĘCZNA | BYLE DO PRZODU | 1984 | K30 | 3920 | | | | | | | 3920 |
| 129 | GRUCHALSKA DOROTA | Kraśnicki Klub Morsów | KRAŚNIK | 1980 | K 30 | 1978 | | 1940 | | | | | 3918 |
| 130 | SKOWRON EWELINA | WARSZAWA | | 1986 | K30 | 3916 | | | | | | | 3916 |
| 131 | TKACZYK ANIA | | LUBLIN | 1986 | K 30 | 1964 | 1950 | | | | | | 3914 |
| 132 | WITNICKA MAGDALENA | CHEŁM BIEGA | CHEŁM | 1981 | K30 | | 1972 | 1942 | | | | | 3914 |
| 133 | ZACHARZYŃSKA KATARZYNA | LUBLIN | KB Orange Polska | 1985 | K30 | 3908 | | | | | | | 3908 |
| 134 | SKOREK AGNIESZKA | | LUBLIN | 1983 | K30 | | 1916 | | | 981 | 979 | | 3876 |
| 135 | GAJEWSKA ANNA | | LUBLIN | 1983 | K30 | | 1924 | 1946 | | | | | 3870 |
| 136 | MIERNICKA DOROTA | Sklep Biegacza Lublin Team | LUBLIN | 1984 | K30 | | 1906 | 1956 | | | | | 3862 |
| 137 | ŁOMNICKA IZABELA | STREFATRIATHLONU | KRAŚNIK | 1982 | K30 | 1930 | 1888 | | | | | | 3818 |
| 138 | SKRZAT DAGMARA | | LUBLIN | 1986 | K 30 | 1918 | 1898 | | | | | | 3816 |
| 139 | MATACZ ANETA | Strefa Triathlonu Kraśnik | KRAŚNIK | 1981 | K 30 | 1896 | 1890 | | | | | | 3786 |
| 140 | ŁUKASIK ANNA | | ŚWIDNIK | 1986 | K30 | | 1884 | | 1874 | | | | 3758 |
| 141 | ROKICKA LAURA | UMCS BIEGA | LUBLIN | 1981 | K30 | | 1874 | | 1866 | | | | 3740 |
| 142 | ZIEŃKOWSKA IZABELA | Lublin Biega | LUBLIN | 1986 | K30 | | 1846 | 1892 | | | | | 3738 |
| 143 | MALINOWSKA-SZACOŃ ELIZA | | LUBLIN | 1983 | K 30 | 1864 | 1850 | | | | | | 3714 |
| 144 | DWORZAŃSKA EWA | Zatkało kakało | LUBLIN | 1981 | K 30 | 1892 | | 1816 | | | | | 3708 |
| 145 | KRASOWICZ IWONA | | LUBLIN | 1977 | K 30 | 1860 | | 1798 | | | | | 3658 |
| 146 | SIKORSKA MONIKA | RedlipsRun | LUBLIN | 1984 | K 30 | 1838 | | | 1770 | | | | 3608 |
| 147 | WŁOSZCZAK-BOCIARN KARINA | | LUBLIN | 1978 | K30 | | | | 1706 | 944 | 940 | | 3590 |
| 148 | SZEWCZYK MAGDALENA | mistrzkierownicy.pl | LUBLIN | 1979 | K30 | | 1852 | 1736 | | | | | 3588 |
| 149 | WOJEWODA-BURACZYŃSKA KATARZYNA | | LUBLIN | 1982 | K30 | 1796 | | 1790 | | | | | 3586 |
| 150 | OŁSZEWSKA ANNA | Agram biega | SNOPKÓW | 1979 | K30 | | 1808 | 1774 | | | | | 3582 |
| 151 | KOŚCIAN BEATA | STONES 91 | PARCZEW | 1979 | K 30 | 1796 | 1768 | | | | | | 3564 |
| 152 | BZÓWKA MAGDALENA | | LUBLIN | 1981 | K30 | | | | 1660 | 947 | 929 | | 3536 |
| 153 | KOWALSKA AGATA | | LUBLIN | 1984 | K 30 | 1774 | 1760 | | | | | | 3534 |
| 154 | GLINKA MARTA | | JAKUBOWICE KONIŃSKIE KOLONIA | 1978 | K30 | | 1796 | 1722 | | | | | 3518 |
| 155 | BOREK EWA | borki2 | HRUBIESZÓW | 1979 | K 30 | 1736 | 1722 | | | | | | 3458 |
| 156 | PARFIN AGNIESZKA | | LUBLIN | 1986 | K30 | | 1776 | 1666 | | | | | 3442 |
| 157 | GOLEC-GRZYMEK ALEKSANDRA | | LUBLIN | 1979 | K 30 | 1772 | | 1654 | | | | | 3426 |
| 158 | BARTMIIŃSKA-ZIAREK MAGDALENA | Rumuny | LUBLIN | 1979 | K30 | 1736 | | 1662 | | | | | 3398 |
| 159 | LIPSKA BEATA | Power Girl | LUBLIN | 1980 | K30 | | 1744 | 1646 | | | | | 3390 |
| 160 | SIEMBIDA MAŁGORZATA | STAŁOWOWOLSKI KLUB BIEGACZA | ULANÓW | 1978 | K30 | 1998 | | | | 1000 | | | 2998 |
| 161 | BEREJOWSKA ANETA | | MEŁGIEW | 1983 | K30 | | | 1982 | | 996 | | | 2978 |
| 162 | GĄSZCZYK JOANNA | | LUBLIN | 1979 | K30 | 1976 | | | | 998 | | | 2974 |
| 163 | SKRZYPCKA DOMINIKA | LITPOLUKRBRIG | LUBLIN | 1984 | K 30 | 1960 | | | | 990 | | | 2950 |
| 164 | PATRZYLAS-JANCZAK SYLWIA | | KAMIONKA | 1978 | K30 | | 1962 | | | 985 | | | 2947 |
| 165 | FABIAŃSKA ANETA | | WARSZAWA | 1979 | K30 | | 1956 | 987 | | | | | 2943 |
| 166 | JATA MARTA | WW TEAM | LUBLIN | 1981 | K30 | | 1904 | | | 971 | | | 2875 |
| 167 | MAZUREK MALGORZATA | NKS ZRYW | LUBLIN | 1981 | K30 | | 1874 | | | 971 | | | 2845 |
| 168 | SOSNOWSKA AGNIESZKA | | LUBLIN | 1984 | K30 | | | 1870 | 971 | | | | 2841 |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------------|-----------------------------------|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | TRZNADEL JOANNA | Feel The Freedom | LUBLIN | 1980 | K30 | | | | | 1846 | | 981 | 2827 |
| 170 | SOLA ANETA | BEŁŻYCE I OKOLICE BIEGAJĄ | BEŁŻYCE | 1979 | K30 | | | | | 1820 | | 980 | 2800 |
| 171 | GRZEGORCZYK ANNA | UMCS biega | LUBLIN | 1978 | K30 | | 1828 | | | | | 970 | 2798 |
| 172 | OLEKSIK GOSIA | Multimedia Runners | JANOWIEC | 1984 | K30 | | | | | 1798 | | 963 | 2761 |
| 173 | KRÓLIKOWSKA AGATA | | LUBLIN | 1982 | K30 | | | | | 1804 | | 950 | 2754 |
| 174 | RAKOWSKA ANNA | Uczniowski Klub Sportowy Żegluj | LUBLIN | 1981 | K30 | | | | | 1782 | | 968 | 2750 |
| 175 | TOMCZYK DOROTA | | LUBLIN | 1984 | K30 | | | | | 1762 | | 965 | 2727 |
| 176 | MAMCARZ KATARZYNA | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1979 | K30 | | | | | 1750 | | 974 | 2724 |
| 177 | BYSTREK MALGORZATA | Biegający Świdnik | ŚWIDNIK | 1986 | K30 | | | 1782 | | | 939 | | 2721 |
| 178 | BAKALARZ BOGNA | Insane Runners | LUBLIN | 1979 | K30 | | | | | 1780 | | 939 | 2719 |
| 179 | SŁUPSKA EDYTA | | TURKA | 1984 | K30 | | | | | 1756 | | 956 | 2712 |
| 180 | LINDE MAGDALENA | :) | LUBLIN | 1985 | K30 | | | | | 1766 | | 935 | 2701 |
| 181 | CHMIEL-WIELEBA MALWINA | | ŚWIDNIK | 1985 | K 30 | 1748 | | | | | 946 | | 2694 |
| 182 | KOPERSKA MAŁGORZATA | | JEDLIŃSK | 1977 | K 30 | 1756 | | | | | | 936 | 2692 |
| 183 | TRAFISZ KATARZYNA | | LUBLIN | 1982 | K30 | | 1740 | | | | 949 | | 2689 |
| 184 | KUŽMICZ OLGA | | STARY UŚCIMÓW | 1985 | K30 | | | | | 1708 | | 975 | 2683 |
| 185 | BIRSKA IZA | ZEMBO | LUBLIN | 1977 | K 30 | 1738 | | | | | 940 | | 2678 |
| 186 | PEŁKA-GORZEL MAGDALENA | Biegający Świdnik | ŚWIDNIK | 1983 | K30 | | | | | 1696 | | 975 | 2671 |
| 187 | DUDZIK MAŁGORZATA | K.I.L. | KAMIONKA | 1983 | K30 | | | | | 1710 | | 946 | 2656 |
| 188 | MACIĄG AGNIESZKA | INTROGRAF LUBLIN S.A. | ŚWIDNIK | 1983 | K30 | | | | | 1726 | | 926 | 2652 |
| 189 | KUDEŁKO MAGDALENA | Pompateam | CHEŁM | 1983 | K30 | | | | | 1684 | | 948 | 2632 |
| 190 | ŻYSZKIEWICZ MAGDALENA | | LUBLIN | 1978 | K30 | | | | | 1686 | | 937 | 2623 |
| 191 | MARKOWSKA-PĘZIOŁ PAULINA | | KRAŚNIK | 1983 | K30 | | | | | 1668 | | 921 | 2589 |
| 192 | PAJDOSZ KATARZYNA | KB Biała Biega | BIAŁA PODLASKA | 1982 | K30 | | | | | 1998 | | | 1998 |
| 193 | DAWID-SAWICKA MONIKA | | WARSZAWA | 1977 | K 30 | 1994 | | | | | | | 1994 |
| 194 | KRAWCZAK PAULINA | Biegusiem.pl | DEBLIN | 1985 | K30 | | 1986 | | | | | | 1986 |
| 195 | NAGAŚ KATRZYNA | ZABIEGANI MIELEC | MIELEC | 1986 | K30 | | 1984 | | | | | | 1984 |
| 196 | KARDYKA ANETA | | ŚWIDNIK | 1977 | K30 | | | | | 1976 | | | 1976 |
| 197 | PIĘTA MARLENA | | OSTROWIEC ŚW | 1979 | K30 | | | | | 1974 | | | 1974 |
| 198 | CHRUŚCIEL BEATA | | MIEDZYRZEC PODLASKI | 1985 | K30 | | 1964 | | | | | | 1964 |
| 199 | BIELIŃSKA MONIKA | J@busko.pl Team | LUBLIN | 1985 | K30 | | | | | 1962 | | | 1962 |
| 200 | BOBROWSKA EWELINA | Crossfit Mokotów | WARSZAWA | 1977 | K 30 | 1958 | | | | | | | 1958 |
| 201 | KARCZMARSKA-BIELECKA EWELINA | Chełmska Grupa Triathlonu | CHEŁM | 1983 | K 30 | 1954 | | | | | | | 1954 |
| 202 | CHUSTECKA ANNA | NZOZ Wisznice | WISZNICE | 1981 | K30 | | 1944 | | | | | | 1944 |
| 203 | WAŁACHOWSKA MONIKA | | LUBLIN | 1979 | K 30 | 1940 | | | | | | | 1940 |
| 204 | SUWAŁA ANNA | BIEGUSIEM.PL | RADOM | 1982 | K30 | | | | | 1936 | | | 1936 |
| 205 | TKACZYK MAGDALENA | | LUBARTÓW | 1978 | K30 | | 1934 | | | | | | 1934 |
| 206 | GRUCHOŁA-KORNILUK KATARZYNA | | LUBLIN | 1985 | K 30 | 1928 | | | | | | | 1928 |
| 207 | GRUDZIĘŃ MONIKA | Komisariat VII Policji w Lublinie | LUBLIN | 1982 | K30 | | | | | 1928 | | | 1928 |
| 208 | DOBIES AGNIESZKA | KW Lublin | LUBLIN | 1982 | K30 | | | | | 1926 | | | 1926 |
| 209 | WIERZYŃSKA ANNA | Bełżycy i okolice biegają | BEŁŻYCE | 1979 | K30 | | | | | 1924 | | | 1924 |
| 210 | KOSIK EWELINA | | LUBLIN | 1986 | K30 | | | | | 1912 | | | 1912 |
| 211 | LAKOMY EDYTA | | LUBLIN | 1978 | K30 | | | | | 1908 | | | 1908 |
| 212 | BOREK JUSTYNA | | NIEDRZWICA DUŻA | 1979 | K30 | | | | | 1904 | | | 1904 |
| 213 | KOWAL MONIKA | | JANÓW LUBELSKI | 1981 | K 30 | 1902 | | | | | | | 1902 |
| 214 | GRZYWIŃSKA-MIERZEJEWSKA MONIKA | | LUBLIN | 1983 | K30 | | | | | 1900 | | | 1900 |
| 215 | JAKUBOWSKA AGATA | | ZEMBORZYCE DOLNE | 1986 | K 30 | 1900 | | | | | | | 1900 |
| 216 | STARÓNSKA ANNA | Stalowowolski Klub Biegacza | STALOWA WOLA | 1985 | K30 | | | | | 1880 | | | 1880 |
| 217 | ZARĘBA-PLISZKO AGNIESZKA | TRAVEL EXPERIENCE | LUBLIN | 1982 | K 30 | 1878 | | | | | | | 1878 |
| 218 | BUCZEK-KAŁAKUCKA SYLWIA | Gonię Męża | LUBLIN | 1977 | K30 | | | | | | 952 | 924 | 1876 |
| 219 | WÓJCIK PAULINA | | LUBLIN | 1986 | K 30 | 1876 | | | | | | | 1876 |
| 220 | WRZOS ALEKSANDRA | | LUBLIN | 1982 | K30 | | | | | 1876 | | | 1876 |
| 221 | KOSIARSKA-WALATEK MILENA | Herkules Łęczna | ŁĘDCZNA | 1981 | K 30 | 1868 | | | | | | | 1868 |
| 222 | SZYMAŃSKA MALWINA | | PRUSZKÓW | 1980 | K30 | | 1868 | | | | | | 1868 |
| 223 | DUDEK JAGODA | | LUBLIN | 1985 | K 30 | 1866 | | | | | | | 1866 |
| 224 | PRÓCHNIAK KINGA | | JASTKÓW | 1978 | K30 | | | | | | 937 | 929 | 1866 |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------------|----------------------------------|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 225 | SKALIŃSKA-KRÓLIK MAŁGORZATA | | ŚWIDNIK | 1977 | K30 | | | | 1864 | | | | 1864 |
| 226 | POSIEJ ANETA | | LUBLIN | 1980 | K30 | | | | 1862 | | | | 1862 |
| 227 | KORDOWSKA-WOCH KATARZYNA | | LUBLIN | 1982 | K30 | | | 1848 | | | | | 1848 |
| 228 | KLISZ AGNIESZKA | Husaria Race Team | LUBLIN | 1982 | K30 | | | 1844 | | | | | 1844 |
| 229 | ŁOBODA ANNA | | LUBLIN | 1982 | K30 | | | 1842 | | | | | 1842 |
| 230 | OLESZCZUK KASIA | Luźniutko Team | LUBLIN | 1986 | K 30 | 1842 | | | | | | | 1842 |
| 231 | BIELAK MARIA | | LUBLIN | 1981 | K30 | | | 1840 | | | | | 1840 |
| 232 | HRYNKIEWICZ-KUŚ KAMILA | | LUBLIN | 1979 | K 30 | 1836 | | | | | | | 1836 |
| 233 | TARAS MARTA | | KONOPNICA | 1983 | K 30 | 1830 | | | | | | | 1830 |
| 234 | STASIEWICZ ALICJA | Biały Triathlon 2017 | LUBLIN | 1985 | K30 | | | 1826 | | | | | 1826 |
| 235 | BLASZCZYK EWA | | WARSZAWA | 1980 | K30 | 1824 | | | | | | | 1824 |
| 236 | WOJDAT KATARZYNA | | LUBLIN | 1986 | K30 | | | 1824 | | | | | 1824 |
| 237 | ZDUNEK RENATA | | FRAMPOL | 1977 | K30 | | | 1822 | | | | | 1822 |
| 238 | KOŁODZIEJCZYK MARTA | Fizjo-Sport Maciej Kołodziejczyk | ŁĘCZNA | 1980 | K30 | | | 1818 | | | | | 1818 |
| 239 | BUDZIŃSKA-GRZESIUK KAROLINA | | ŁĘCZNA | 1982 | K30 | | | 1816 | | | | | 1816 |
| 240 | BOT LIDKA | | LUBARTÓW | 1984 | K30 | | | 1814 | | | | | 1814 |
| 241 | ZAMMEL-SOBÓL AGNIESZKA | Grupa Biegowa Orlęta Dęblin | DĘBLIN | 1985 | K 30 | 1814 | | | | | | | 1814 |
| 242 | ŁABĘDZKA KATARZYNA | biegusiem.pl | RYKI | 1981 | K30 | 1812 | | | | | | | 1812 |
| 243 | STECKA URSZULA | | RADZYN PODLASKI | 1982 | K30 | | | 1810 | | | | | 1810 |
| 244 | KOWALEWSKA KATARZYNA | | LUBLIN | 1982 | K30 | 1806 | | | | | | | 1806 |
| 245 | CHĘCKIEWICZ AGNIESZKA | | 26 | 1982 | K30 | 1804 | | | | | | | 1804 |
| 246 | BARANOWSKA AGATA | | LUBLIN | 1983 | K30 | | | 1802 | | | | | 1802 |
| 247 | BOROWIEC ALICJA | Biegający Świdnik | ŚWIDNIK | 1985 | K30 | | | 1802 | | | | | 1802 |
| 248 | KOTYŁA AGNIESZKA | | LUBLIN | 1982 | K30 | | | 1800 | | | | | 1800 |
| 249 | WOJEWODA EWA | | WARSZAWA | 1978 | K30 | 1798 | | | | | | | 1798 |
| 250 | STASZEWSKA MARTA | | LUBLIN | 1982 | K30 | | | 1796 | | | | | 1796 |
| 251 | CIUPA-SINGAMSHELLTY ANNA | Multimedia Runners | PUŁawy | 1984 | K30 | | | 1792 | | | | | 1792 |
| 252 | OLESIŃSKA OLGA | Pani | WARSZAWA | 1986 | K30 | | | 1790 | | | | | 1790 |
| 253 | NIEMIEC URSZULA | Ortoreh Team | WARSZAWA | 1985 | K30 | 1784 | | | | | | | 1784 |
| 254 | GRABARZ DOROTA | | LUBLIN | 1980 | K 30 | 1778 | | | | | | | 1778 |
| 255 | KINCEL AGATA | Kereza Team | LUBLIN | 1983 | K 30 | 1776 | | | | | | | 1776 |
| 256 | LEGĘZA MONIKA | | LUBLIN | 1980 | K30 | | | 1776 | | | | | 1776 |
| 257 | PRYGOŃ KATARZYNA | LUBELSKA GRUPA TRIATHLONU | LUBLIN | 1978 | K 30 | 1768 | | | | | | | 1768 |
| 258 | STASZEWSKA MARLENA | | WARSZAWA | 1982 | K30 | 1760 | | | | | | | 1760 |
| 259 | SZCZUREK MAGDALENA | | LUBLIN | 1984 | K30 | 1758 | | | | | | | 1758 |
| 260 | MOCHNIEJ ANNA | | LUBLIN | 1983 | K 30 | 1750 | | | | | | | 1750 |
| 261 | TARNOWSKA MONIKA | lejdis&dzentelmen | CHEŁM | 1980 | K30 | | | 1748 | | | | | 1748 |
| 262 | GOŚ ASIA | | LUBLIN | 1985 | K30 | 1738 | | | | | | | 1738 |
| 263 | ROJEK AGNIESZKA | | ŁĘCZNA | 1979 | K30 | | | 1738 | | | | | 1738 |
| 264 | ZABOREK-TRUBALSKA ANNA | | LUBLIN | 1980 | K 30 | 1734 | | | | | | | 1734 |
| 265 | KURENKO KASIA | Get Gym | LUBLIN | 1979 | K 30 | 1732 | | | | | | | 1732 |
| 266 | SKRĘTKOWSKA JOANNA | | LUBLIN | 1978 | K30 | | | 1724 | | | | | 1724 |
| 267 | STROJEK MARZENA | Biegam do minus sześciu | WILCZOPOLE | 1982 | K30 | | | 1718 | | | | | 1718 |
| 268 | MISZTAL MARZENA | | TRZYDNIK DUŻY | 1980 | K30 | | | 1690 | | | | | 1690 |
| 269 | TYBURCZY MAŁGORZATA | | RZESZÓW | 1979 | K30 | | | 1678 | | | | | 1678 |
| 270 | OSTROWSKA ALEKSANDRA | | LUBLIN | 1981 | K30 | | | 1676 | | | | | 1676 |
| 271 | SZYMANKOWSKA IWONA | | LUBLIN | 1978 | K30 | | | 1656 | | | | | 1656 |
| 272 | WILGUSIAK AGNIESZKA | CampiSportivi | LUBLIN | 1984 | K30 | | | 1644 | | | | | 1644 |
| 273 | GRĄCIAK-MAKOWSKA ANNA | Mobica | LUBLIN | 1985 | K30 | | | 995 | | | | | 995 |
| 274 | DYŚ MAŁGORZATA | Insane Runners | LUBLIN | 1979 | K30 | | | 993 | | | | | 993 |
| 275 | KAMIŃSKA ANGELIKA | Siostry biegają | WARSZAWA | 1979 | K30 | | | 992 | | | | | 992 |
| 276 | OKOŃ MAŁGORZATA | BORSUK UCIECKA | LUBLIN | 1977 | K30 | | | 989 | | | | | 989 |
| 277 | PROCNAL AGNIESZKA | | HRUBIESZÓW | 1982 | K30 | | | 984 | | | | | 984 |
| 278 | CIEKOT MARZENA | KondzikTeam | LUBLIN | 1980 | K30 | | | 983 | | | | | 983 |
| 279 | AGNIESZKA SOSNOWSKA | lubelskibiegacz.pl TEAM | LUBLIN | 1984 | K30 | | | 979 | | | | | 979 |
| 280 | FIGIELSKA WÓJCIK ALICJA | | ZELECHÓW | 1984 | K30 | | | 977 | | | | | 977 |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------------|--------------------------------|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 281 | WÓJCIK JUSTYNA | Run_helpers | LUBLIN | 1982 | K30 | | | | | | 976 | 976 | |
| 282 | CZUBACKA MAŁGORZATA | | LUBLIN | 1983 | K30 | | | | | | 972 | 972 | |
| 283 | PASTUSZAK EWA | Wolność endorfinom | ŁĘCZNA | 1980 | K30 | | | | | | 972 | 972 | |
| 284 | CISEK JUDYTA | BZ WBK RUNNERS TEAM | LUBLIN | 1986 | K30 | | | | | | 970 | 970 | |
| 285 | BILSKA-ZAJĄC EWA | | PUŁawy | 1984 | K30 | | | | | | 969 | 969 | |
| 286 | MAZUREK ANNA | Ania Biega | SPORNIAK | 1982 | K30 | | | | | | 969 | 969 | |
| 287 | MICHOWSKA ANNA EWA | GetGym | LUBLIN | 1982 | K30 | | | | | | 969 | 969 | |
| 288 | WINIARSKA MAŁGORZATA | | WIERZBICA | 1985 | K30 | | | | | | 968 | 968 | |
| 289 | PAWLAK ANETA | Szkoła Tańca Zamek A&Ł Pawlak | ŚWIDNIK | 1984 | K30 | | | | | | 967 | 967 | |
| 290 | NAJDA RENATA | BZ WBK Runners Team | 34 | 1984 | K30 | | | | | | 963 | 963 | |
| 291 | RAŚ MONIKA | Bełżyce i okolice biegają | BELŻYCE | 1980 | K30 | | | | | | 960 | 960 | |
| 292 | WÓJTOWICZ KATARZYNA | BZWBK RUNNERS TEAM | LUBLIN | 1982 | K30 | | | | | | 960 | 960 | |
| 293 | MAŁYNSKA-REJMAK EWELINA | | LUBLIN | 1984 | K30 | | | | | | 959 | 959 | |
| 294 | DĄBROWSKA ANNA | PKO BANK POLSKI | LUBLIN | 1978 | K30 | | | | | | 957 | 957 | |
| 295 | SUPRYNOWICZ-SZEMRO SYLWIA | | BISKUPICE | 1980 | K30 | | | | | | 956 | 956 | |
| 296 | PIETRZYK MARTA | | TRAWNIKI | 1985 | K30 | | | | | | 955 | 955 | |
| 297 | BIEŃ ALEKSANDRA | | OSTROWIEC ŚWIĘTOKRZYSKI | 1986 | K30 | | | | | | 954 | 954 | |
| 298 | PASZCZYK ANNA | | LUBLIN | 1981 | K30 | | | | | | 954 | 954 | |
| 299 | CZELEJ IWONA | Biegający świdnik | ŚWIDNIK | 1982 | K30 | | | | | | 953 | 953 | |
| 300 | SUŁOWSKA KINGA | GetGym | KRAŠNIK | 1985 | K30 | | | | | | 952 | 952 | |
| 301 | NIEWCZAS BARBARA | | LUBARTÓW | 1982 | K30 | | | | | | 951 | 951 | |
| 302 | SENETRA EMILIA | Agram Biega | MOTYCZ | 1979 | K30 | | | | | | 951 | 951 | |
| 303 | GOLONKA ANNA | | LUBLIN | 1982 | K30 | | | | | | 949 | 949 | |
| 304 | KOWALSKA MARTA | | LUBLIN | 1986 | K30 | | | | | | 948 | 948 | |
| 305 | SKOWROŃSKA MARTA | | LUBLIN | 1978 | K30 | | | | | | 948 | 948 | |
| 306 | ANULEWICZ KAROLINA | | LUBLIN | 1982 | K30 | | | | | | 947 | 947 | |
| 307 | DUDZIAK AGNIESZKA | | POKRÓWKA | 1978 | K30 | | | | | | 947 | 947 | |
| 308 | RAGANOWSKA ANGELIKA | | LUBLIN | 1986 | K30 | | | | | | 946 | 946 | |
| 309 | DOBOSZ KATARZYNA | | ŚWIDNIK | 1984 | K30 | | | | | | 943 | 943 | |
| 310 | GAJOS MONIKA | | KIJANY | 1977 | K30 | | | | | | 943 | 943 | |
| 311 | MAKUCH JOANNA | | ŚWIDNIK | 1986 | K30 | | | | | | 942 | 942 | |
| 312 | HANCZYN IZABELA | | LUBLIN | 1982 | K30 | | | | | | 939 | 939 | |
| 313 | MAZUREK MONIKA | | LUBLIN | 1982 | K30 | | | | | | 938 | 938 | |
| 314 | ZABOROWSKA- KORZEC JOANNA | FEEL THE FREEDOM | 1 | 1984 | K30 | | | | | | 938 | 938 | |
| 315 | BUDZYŃSKA EWELINA | BEŁŻYCE I OKOLICE BIEGAJĄ | BEŁŻYCE | 1982 | K30 | | | | | | 937 | 937 | |
| 316 | DOKTOR JUSTYNA | BEŁŻYCE I OKOLICE BIEGAJĄ | WIERZCHOWISKA GÓRNE | 1986 | K30 | | | | | | 936 | 936 | |
| 317 | GÓRSKA EMILIA | | LUBLIN | 1986 | K30 | | | | | | 935 | 935 | |
| 318 | RAKOWSKA EMINOWICZ MAŁGORZATA | | LUBLIN | 1977 | K30 | | | | | | 935 | 935 | |
| 319 | HERNAS ANETA | CENTRUM MEDYCZNE ORTO-OPTYMIST | LUBLIN | 1980 | K30 | | | | | | 934 | 934 | |
| 320 | KUZIUK BEATA | Kuziuk Team | LUBLIN | 1979 | K30 | | | | | | 934 | 934 | |
| 321 | GRABOWIECKA AGNIESZKA | | LUBLIN | 1981 | K30 | | | | | | 932 | 932 | |
| 322 | MARCINEK ANNA | 1980 | LUBLIN | 1980 | K30 | | | | | | 932 | 932 | |
| 323 | RUDNIK AGNIESZKA | biegam z mężem | LUBLIN | 1978 | K30 | | | | | | 932 | 932 | |
| 324 | KWIATKOWSKA KATARZYNA | UMCS BIEGA | LUBLIN | 1977 | K30 | | | | | | 931 | 931 | |
| 325 | OGORZAŁEK AGATA | | LUBLIN | 1983 | K30 | | | | | | 931 | 931 | |
| 326 | WOLIŃSKA MAŁGORZATA | SPICZYŃSKIE SPRINTERY | SPICZYN | 1980 | K30 | | | | | | 931 | 931 | |
| 327 | PIETRZAK-GERCHANT PAULINA | | MOTYCZ | 1986 | K30 | | | | | | 930 | 930 | |
| 328 | DUDEK KATARZYNA | | LUBLIN | 1982 | K30 | | | | | | 929 | 929 | |
| 329 | BIAŁOSZEWSKA ANNA | Biegający Świdnik | ŚWIDNIK | 1985 | K30 | | | | | | 928 | 928 | |
| 330 | PAWELEC JUSTYNA | | | 1983 | K30 | | | | | | 928 | 928 | |
| 331 | PRÓCHNIEWICZ IWONA | marcinprochniewicz.pl | LUBLIN | 1980 | K30 | | | | | | 928 | 928 | |
| 332 | KRUPA KATARZYNA | Stokrotka | MOTYCZ | 1986 | K30 | | | | | | 927 | 927 | |
| 333 | STACHOWICZ MONIKA | | SANDOMIERZ | 1985 | K30 | | | | | | 927 | 927 | |
| 334 | CZEŃCZYK KATARZYNA | | CIECIERZYN | 1980 | K30 | | | | | | 926 | 926 | |
| 335 | SZARZYŃSKA AGNIESZKA | Chełm biega | CHEŁM | 1981 | K30 | | | | | | 925 | 925 | |
| 336 | SZABAT KAROLINA | | LUBLIN | 1986 | K30 | | | | | | 923 | 923 | |

Grand Prix Lublina 2016/2017 – Kategoria K30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------------|-------------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------------|
| 337 | KORNIAK MAGDALENA | | LUBLIN | 1980 | K30 | | | | | | | 922 | 922 |
| 338 | SKWAREK MAGDA | | LUBLIN | 1985 | K30 | | | | | | | 921 | 921 |
| 339 | GAWROŃSKA ILONA | | CIECIERZYN | 1985 | K30 | | | | | | | 920 | 920 |
| 340 | POTOCKA ELIZA | | LUBLIN | 1984 | K30 | | | | | | | 919 | 919 |
| 341 | RHOMAWATI SHINTA | Tangerang Crazy Runners | PUŁawy | 1986 | K30 | | | | | | | 919 | 919 |
| 342 | RUSINIĄK AGNIESZKA | | LUBLIN | 1979 | K30 | | | | | | | 918 | 918 |
| 343 | JAGUŚ ANNA | | JASTKÓW | 1977 | K30 | | | | | | | 914 | 914 |
| 344 | WCISEŁ KINGA | Pędzące Strzały | LUBLIN | 1984 | K30 | | | | | | | 912 | 912 |
| 345 | JÓZWICKA MAGDALENA | Pędzące Strzały | PUŁawy | 1983 | K30 | | | | | | | 911 | 911 |
| 346 | DEMCZUK LILIANA | ENDORFINY | ŁĘCZNA | 1977 | K30 | | | | | | | 910 | 910 |
| 347 | WILGUSIAK AGNIESZKA | Feel the Freedom | LUBLIN | 1984 | K30 | | | | | | | 908 | 908 |

Grand Prix Lublina 2016/2017 – Kategoria K40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------------|--------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | PITURA ELIZA | LUBELSKA GRUPA TRIATHLONU | LUBLIN | 1976 | K 40 | 4000 | 1990 | 1988 | 1994 | 1998 | 995 | 999 | 13964 |
| 2 | TADASIEWICZ DOROTA | | PUŁAWY | 1975 | K 40 | 3988 | 1984 | 1994 | 1986 | 1996 | 992 | 995 | 13935 |
| 3 | HEJDUK MONIKA | UMCS BIEGA | LUBLIN | 1976 | K 40 | 3968 | 1966 | 1976 | 1978 | 1972 | | 995 | 12855 |
| 4 | TCHOREK ANNA | | LUBLIN | 1976 | K 40 | 3976 | 1948 | 1974 | 1974 | 1980 | | 994 | 12846 |
| 5 | KORNACKA MAGDALENA | Lubelska Grupa Triathlonu | LUBLIN | 1975 | K 40 | 3980 | 1978 | 1972 | 1968 | | 989 | 991 | 11878 |
| 6 | NIEZGODA AGATA | FEEL THE FREEDOM | LUBLIN | 1976 | K 40 | | 1996 | 1990 | 1990 | 1984 | 996 | 997 | 9953 |
| 7 | SEKUŁA JOANNA | Belfer Team Świdnik | FRANCISZKÓW | 1969 | K 40 | | 1968 | 1984 | 1988 | 1988 | 991 | 993 | 9912 |
| 8 | DUDEK BARBARA | Lusia Biega | LUBLIN | 1970 | K40 | 3972 | | 1956 | 1958 | 1970 | | | 9856 |
| 9 | WYSOCKA KATARZYNA | Kraśnik Biega | KRAŚNIK | 1974 | K 40 | | 1944 | 1952 | 1942 | 1964 | 987 | 986 | 9775 |
| 10 | PRZECH-FUS AGNIESZKA | Lubelska Grupa Triathlonu | LUBLIN | 1967 | K 40 | | 1932 | 1934 | 1906 | 1904 | 984 | 975 | 9635 |
| 11 | POLSKA BOŻENA | Lublin Biega | LUBLIN | 1968 | K40 | | 1900 | 1924 | 1922 | 1892 | 980 | 974 | 9592 |
| 12 | WALCZYŃSKA ANNA | | LUBLIN | 1974 | K 40 | | 1904 | 1926 | 1896 | 1894 | 976 | 977 | 9573 |
| 13 | POPIOŁEK JUSTYNA | Stokrotka | LUBLIN | 1972 | K40 | | 1906 | 1918 | 1900 | 1886 | 971 | 971 | 9552 |
| 14 | GORCZYCA DOROTA | lubelskibiegacz.pl TEAM | LUBLIN | 1974 | K 40 | | 1992 | 1996 | 1992 | 1992 | 994 | | 8966 |
| 15 | GAJOS ANNA | Lubelska Grupa Triathlonu | LUBLIN | 1974 | K 40 | | 1994 | 1992 | 1960 | 1986 | 993 | | 8925 |
| 16 | RUMIŃSKA ŻANETA | AŚ Lublin | BEŁŻYCE | 1975 | K 40 | | 1974 | 1978 | 1972 | 1978 | | 989 | 8891 |
| 17 | JURAŚ-KMIEĆ MARZENA | SKLEP BIEGACZA | LUBLIN | 1975 | K40 | | 1952 | 1946 | 1944 | 1938 | 986 | | 8766 |
| 18 | FRANKOWSKA DOROTA | | ŚWIDNIK | 1972 | K 40 | | 1946 | 1942 | 1936 | 1902 | | 982 | 8708 |
| 19 | KRÓLIKOWSKA KATARZYNA | CENTRUM MEDYCZNE ORTO-OPTYMIST | LUBLIN | 1970 | K 40 | | 1916 | 1932 | 1912 | 1896 | 978 | | 8634 |
| 20 | CZERNIAKIEWICZ BEATA | | JASTKÓW | 1975 | K 40 | | 1982 | 1986 | 1984 | 1976 | | | 7928 |
| 21 | HOŁUB MONIKA | SIOSTRY BIEGAJĄ | LUBLIN | 1971 | K 40 | | 1988 | 1982 | 1970 | | 990 | 988 | 7918 |
| 22 | KUDŁO AGNIESZKA | | LUBARTÓW | 1974 | K 40 | | 1936 | 1980 | 1982 | 1982 | | | 7880 |
| 23 | KUNIEWICZ EWA | | JAKUBOWICE KONIŃSKIE | 1976 | K40 | 3964 | | | 1962 | 1944 | | | 7870 |
| 24 | DĄBROWSKA BOŻENA | Krasnystaw Biega | KRASNYSТАW | 1976 | K 40 | | 1972 | 1968 | 1924 | 1962 | | | 7826 |
| 25 | PAŃCZUK-FIGURA IRMINA | UMCS Biega | PUŁAWY | 1976 | K 40 | | 1942 | 1958 | 1964 | 1946 | | | 7810 |
| 26 | STEPANIUK JOANNA | BIEGAMY DZISIAJ | WIERZBICA-OSIEDLE | 1972 | K 40 | | 1954 | 1954 | 1950 | 1942 | | | 7800 |
| 27 | ZWIERZ MAŁGORZATA | | LUBLIN | 1975 | K 40 | | 1918 | 1930 | 1916 | 1928 | | | 7692 |
| 28 | DESSAUER WIOLETTA | lubartowbiega.pl | LUBARTÓW | 1975 | K40 | | | 1998 | 2000 | 2000 | 1000 | | 6998 |
| 29 | GAJEK MAGDALENA | wieś tańczy i biega | LUBLIN | 1974 | K40 | | | 2000 | 1998 | 1990 | 1000 | | 6988 |
| 30 | JOŃSKA KATARZYNA | | MICHÓW | 1976 | K 40 | | 1950 | 1970 | | 1968 | 988 | | 6876 |
| 31 | STARZYŃSKA MARTA | Perfect Runner Lublin | LUBLIN | 1973 | K 40 | | 1928 | | 1952 | 1934 | | 983 | 6797 |
| 32 | MROCZEK MAGDALENA | UMCS biega | LUBLIN | 1974 | K40 | | | 1928 | 1918 | 1912 | | 982 | 6740 |
| 33 | ŻUK AGATA | | LUBLIN | 1976 | K40 | | | 1938 | 1908 | 1906 | | 984 | 6736 |
| 34 | DOBOSZ AGNIESZKA | | JAGODNE | 1976 | K 40 | | 1940 | 1966 | | 1966 | | | 5872 |
| 35 | JAKUBCZYK-LATAŁA AGNIESZKA | Biegający Świdnik | ŚWIDNIK | 1970 | K 40 | | 1960 | 1964 | 1930 | | | | 5854 |
| 36 | STOLA DOROTA | | KRAŚNIK | 1973 | K40 | | | 1948 | 1946 | 1960 | | | 5854 |
| 37 | KARWACKA ANETA | WOLNOŚĆ ENDORFINOM | ŁĘCZNA | 1976 | K40 | | | | 1914 | 1926 | 975 | 980 | 5795 |
| 38 | GŁOS ANNA | | LUBLIN | 1976 | K 40 | | 1938 | | 1932 | 1916 | | | 5786 |
| 39 | GUMIELA AGATA | ŻONA GUMI RUNNERA | LUBLIN | 1974 | K40 | | | | 1904 | 1900 | 983 | 976 | 5763 |
| 40 | SAWCZUK DOROTA | | LUBLIN | 1974 | K 40 | | | 1920 | 1898 | 1884 | | | 5702 |
| 41 | STACHYRA MAŁGORZATA | | | 1975 | K 40 | | 1964 | | | 1974 | | 996 | 4934 |
| 42 | ŻEBROWSKA JOLANTA | UMCS Biega | PUŁAWY | 1969 | K40 | | | | 1956 | 1948 | | 988 | 4892 |
| 43 | FOLTYN ULA | Wolność Endorfinom | LUDWIN | 1975 | K40 | | | | 1926 | 1958 | | 991 | 4875 |
| 44 | GALIŃSKA ANNA | TIRBUSZON | LUBLIN | 1975 | K 40 | | 1920 | | | 1954 | | 989 | 4863 |
| 45 | ZACHARKIEWICZ MAGDALENA | | LUBLIN | 1971 | K 40 | | 1908 | 1916 | | | 974 | | 4798 |
| 46 | CZARNECKA JOANNA | UMCS biega | JASTKÓW | 1972 | K40 | | | | 1894 | 1918 | | 981 | 4793 |
| 47 | SKRZYPEK ANNA | SZYDŁOWIEC | MAZOWSZE BIEGA | 1968 | K 40 | 3996 | | | | | | | 3996 |
| 48 | ANDRZEJEWSKA JOANNA | | LUBLIN | 1970 | K40 | | | | | 1994 | 998 | 1000 | 3992 |
| 49 | SZOT IWONA | WW TEAM | | 1971 | K40 | 3992 | | | | | | | |
| 50 | BACHMAN DOROTA | Pozytywnie Aktywni | URSZULIN | 1972 | K40 | 3984 | | | | | | | 3984 |
| 51 | SAMBORSKA MARIOLA | | ŚWIDNIK | 1971 | K40 | 3960 | | | | | | | 3960 |
| 52 | JAKUBCZAK IWONA | | LUBLIN | 1973 | K40 | 3956 | | | | | | | 3956 |
| 53 | GOŁĘBIOWSKA BARBARA | CHEŁM BIEGA | CHEŁM | 1972 | K 40 | | 1986 | 1962 | | | | | 3948 |
| 54 | CIEĆKO MAGDALENA | Zatkało Kakało | PRZEMYŚL | 1976 | K 40 | | 1980 | | 1948 | | | | 3928 |
| 55 | JAKUBIEC JUSTYNA | Lubelska Grupa Triathlonu | LUBLIN | 1971 | K40 | | | | 1966 | 1952 | | | 3918 |
| 56 | KOWALSKA PATRYCJA | | LUBLIN | 1972 | K 40 | | | | 1996 | 1922 | | | 3918 |

Grand Prix Lublina 2016/2017 – Kategoria K40

Grand Prix Lublina 2016/2017 – Kategoria K40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------------|--------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | ZAWADZKA MAGDALENA | Vege Runners | LUBLIN | 1969 | K40 | | | | | | 980 | 980 | |
| 114 | REDŽKO MAŁGORZATA | | LUBLIN | 1975 | K40 | | | | | | 979 | 979 | |
| 115 | PRUSZKOWSKA KATARZYNA | Chełm Biega | CHEŁM | 1976 | K40 | | | | | | 978 | 978 | |
| 116 | BOROWICZ MAGDALENA | | LUBLIN | 1976 | K40 | | | | | | 976 | 976 | |
| 117 | WÓJCIK ANNA | Pozytywnie Aktywni | URSZULIN | 1971 | K40 | | | | | | 975 | 975 | |
| 118 | KOZDRA JADWIGA | The Pallotti Team | LUBLIN | 1969 | K40 | | | | | | 973 | 973 | |
| 119 | KAZANOWSKA -FALBA VIOLETTA | | LUBLIN | 1973 | K40 | | | | | | 972 | 972 | |
| 120 | KUTRYN JUSTYNA | | WARSZAWA | 1967 | K40 | | | | | | 971 | 971 | |
| 121 | LEJMAN ANNA | | LUBLIN | 1974 | K40 | | | | | | 970 | 970 | |
| 122 | PRZYBYLSKA MARIA | Pozytywnie Aktywni | URSZULIN | 1967 | K40 | | | | | | 969 | 969 | |
| 123 | RYDZEWSKA-GIL KATARZYNA | BZWBK RUNNERS TEAM | LUBLIN | 1976 | K40 | | | | | | 969 | 969 | |
| 124 | TYM ANNA | | LUBLIN | 1970 | K40 | | | | | | 968 | 968 | |
| 125 | MIKOS AGNIESZKA | Oby do mety | LUBLIN | 1970 | K40 | | | | | | 966 | 966 | |

Grand Prix Lublina 2016/2017 – Kategoria K50

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------|---------------------------|----------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | BURY JADWIGA | | KRZCZONOW | 1960 | K50 | 3992 | 2000 | 1998 | 1996 | 2000 | | | 11986 |
| 2 | KRYSA HALINA | Bieganie z Orto-Optymist | LUBLIN | 1961 | K50 | 3988 | | 1994 | 1994 | 1994 | 1000 | 1000 | 11970 |
| 3 | KASPERKIEWICZ STANISŁAWA | | LUBLIN | 1965 | K50 | | 1994 | 1990 | 1986 | 1988 | | 999 | 8957 |
| 4 | MALEC BASIA | Lubelska Grupa Traithlonu | LUBLIN | 1963 | K 50 | | 1992 | | 1988 | 1984 | | 999 | 6963 |
| 5 | NOWAK GRAŻYNA | CHEŁM BIEGA | CHEŁM | 1964 | K 50 | | 1998 | 1992 | | 1996 | | | 5986 |
| 6 | ZYGO DOROTA | | BEŁŻYCE | 1966 | K50 | | | 1984 | 1982 | 1978 | | | 5944 |
| 7 | SZESZKO DOROTA | BYTOM | krs.tkkf.Jastrząb Ruda Śl. | 1962 | K50 | 4000 | | | | | | | 4000 |
| 8 | PAŁDZIOR IRENA | Chełm Biega | CHEŁM | 1959 | K50 | | | | 2000 | 1998 | | | 3998 |
| 9 | BALUK IWONA | CHEŁM | Borek-Chełm | 1963 | K50 | 3996 | | | | | | | 3996 |
| 10 | SZPYT TERESA | DSS Orlęta Dęblin | DĘBLIN | 1960 | K50 | | | 1996 | 1998 | | | | 3994 |
| 11 | DOMARADZKA MAŁGORZATA | BT WAGABUNDA | RZESZÓW | 1966 | K50 | | | 2000 | 1992 | | | | 3992 |
| 12 | NAJMAN KATARZYNA | | LUBLIN | 1966 | K 50 | | 1996 | | | | 1992 | | 3988 |
| 13 | WILCZYŃSKA DANUTA | Targ Bronowice | ĆMIŁÓW | 1963 | K50 | | | | | 1986 | 999 | 998 | 3983 |
| 14 | PŁASZCZEWSKA GRAŻYNA | Libella | LUBLIN | 1962 | K50 | | 1990 | 1988 | | | | | 3978 |
| 15 | ZIÓŁEK TERESA | Banda Grudnia | JACKÓW | 1960 | K50 | | | | 1984 | 1982 | | | 3966 |
| 16 | JĘDRYCZKOWSKA IWONA | Biała Biega | BIAŁA PODLASKA | 1962 | K50 | | | 1990 | | | | | 1990 |
| 17 | PTASZEK EWA | | BOGUCHWAŁA | 1959 | K50 | | | | | 1990 | | | 1990 |
| 18 | BRZOSTOWSKA GRAŻYNA | Saint Gobain Squad | LUBARTÓW | 1963 | K50 | | 1986 | | | | | | 1986 |
| 19 | KĘSKA EWA | | LUBLIN | 1960 | K50 | | | 1982 | | | | | 1982 |
| 20 | CHADAJ EWA | KB V-MAX ADAMÓW | ADAMÓW | 1963 | K50 | | | | | 1980 | | | 1980 |
| 21 | SMARŻ JOLANTA | Smarz Design Lab. | LUBLIN | 1963 | K50 | | | | | 1976 | | | 1976 |
| 22 | WEPA HANNA | | CHEŁM | 1959 | K50 | | | | | 1974 | | | 1974 |
| 23 | PYC JADWIGA | | LUBLIN | 1966 | K50 | | | | | 1972 | | | 1972 |
| 24 | WIERCHOŁA JOANNA | | LUBLIN | 1958 | K50 | | | | | | 997 | 997 | |
| 25 | PAZUR BARBARA | | LUBLIN | 1962 | K50 | | | | | | 996 | 996 | 996 |

Grand Prix Lublina 2016/2017 – Kategoria K60

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------------|--------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 1 | KASIERSKA EWA KATARZYNA | WKB META LUBLINIEC | POZNAŃ | 1948 | K60 | 4000 | | | | | | | 4000 |
| 2 | PAWŁOWSKA ELŻBIETA | Senior51Team | PUŁAWY | 1956 | K60 | | | 2000 | 2000 | | | | 4000 |
| 3 | LARYSA LABARTKAVA | Ultra | LVIV | 1949 | K60 | 3996 | | | | | | | 3996 |
| 4 | ŽMUREK MARIA | TAK SOBIE TRUCHTAM | PUCHACZÓW | 1952 | K60 | | | | 1998 | | 1000 | | 2998 |

Grand Prix Lublina 2016/2017 – Kategoria M14

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma | |
|------|---------------------|--------------------------------|-----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|------|
| 1 | GOLAS MICHAŁ | Goły Biega | DĄBROWICA | 1997 | M14 | 3996 | 1990 | 1990 | 1988 | 1984 | 993 | 997 | 13938 | |
| 2 | KAŽMIERCZAK ERYK | | RYKI | 1997 | M14 | 3988 | 1996 | 1986 | 1992 | 1986 | | | 11948 | |
| 3 | CHLASTAWA RAFAŁ | | LUBLIN | 1998 | M14 | | 1998 | 1998 | 1996 | 1996 | 997 | 1000 | 9985 | |
| 4 | SZYSZKOWSKI KRYSIAN | | DĘBOWA KŁODA | 1998 | M14 | | 1984 | 1964 | 1978 | 1956 | 982 | 992 | 9856 | |
| 5 | SADOWSKI MACIEJ | Mam nawyki mam wyniki | LUBLIN | 2000 | M14 | | 1966 | 1960 | 1970 | 1954 | 986 | 993 | 9829 | |
| 6 | FRĄK MARCIN | Zespół Niespokojnych Nóg | LUBLIN | 1999 | M14 | | 1958 | 1952 | 1954 | 1940 | 981 | 994 | 9779 | |
| 7 | PYTKA IREK | Biegaj z Gołą Pytką | LUBLIN | 1997 | M14 | | 1992 | 1992 | 1986 | 1982 | 996 | | 8948 | |
| 8 | WÓJTOWICZ TOMASZ | | LUBLIN | 1997 | M14 | 3976 | 1956 | | | 1958 | | | 7890 | |
| 9 | KUROWSKI MICHAŁ | | NIEDRZWICA DUŻA | 1997 | M14 | | 1974 | 1972 | 1972 | 1968 | | | 7886 | |
| 10 | KAWKA PIOTR | | LUBLIN | 1998 | M14 | | 1960 | 1944 | 1964 | 1942 | | | 7810 | |
| 11 | ZAGAJSKI TOMASZ | | LUBLIN | 1998 | M14 | | | 1942 | 1940 | 1936 | 979 | 989 | 7786 | |
| 12 | PSUJEK SEBASTIAN | | LUBLIN | 1998 | M14 | | 1968 | 1946 | 1948 | 1920 | | | 7782 | |
| 13 | KIEREPKA MIŁOSZ | | LUBLIN | 1999 | M14 | | 1954 | 1948 | 1950 | 1916 | | | 7768 | |
| 14 | MIKA ŁUKASZ | | LUBARTÓW | 1998 | M14 | | 1946 | 1950 | 1952 | 1918 | | | 7766 | |
| 15 | ŚWIDER BARTOSZ | | LUBLIN | 2000 | M14 | | | 1940 | 1944 | 1914 | 978 | 981 | 7757 | |
| 16 | FOLTYN DAWID | | LUDWIN | 2000 | M14 | | 1944 | 1938 | 1946 | 1926 | | | 7754 | |
| 17 | WIECZOREK KRYSIAN | | LUBLIN | 1998 | M14 | | 2000 | 2000 | 1998 | | 998 | | 6996 | |
| 18 | DOLECKI ŁUKASZ | Zs3 Kraśnik | WILKOŁAZ PIERWSZY | 2000 | M14 | | 1980 | 1990 | 1970 | | 995 | | 6935 | |
| 19 | SKIBA BARTŁOMIEJ | | ĆMIŁÓW | 1997 | M14 | 4000 | | | | 1988 | | | 5988 | |
| 20 | KOMENDARSKI JAKUB | | PONIATOWA | 1997 | M14 | 3992 | | | 1994 | | | | 5986 | |
| 21 | DUDKOWSKI SEBASTIAN | Dwa Karakany | BEŁŻYCE | 1997 | M14 | 3984 | 1978 | | | | | | 5962 | |
| 22 | POLACZEK PAWEŁ | | NIEDRZWICA DUŻA | 1997 | M14 | | 1986 | 1976 | 1960 | | | | 5922 | |
| 23 | JASZCZUK KRZYSZTOF | | WÓLKA ROKICKA KOLONIA | 1997 | M14 | | | 1978 | 1968 | 1966 | | | 5912 | |
| 24 | KAPUSTA DAWID | Psycho Runner | SZASTARKA | 1998 | M14 | | | 1966 | 1980 | 1962 | | | 5908 | |
| 25 | BARCICKI MATEUSZ | | LUBLIN | 2000 | M14 | | 1988 | 1996 | | | 995 | | 4979 | |
| 26 | KLIMIUK PAWEŁ | BR-BZ Wiski | KOMARÓWKA PODLASKA | 1998 | M14 | | | 1982 | 1984 | | | 998 | | 4964 |
| 27 | RYMANOWSKI PIOTR | | NAŁĘCZÓW | 1997 | M14 | | 1982 | 1974 | | | 990 | | 4946 | |
| 28 | KRUKAR ARYSTYDES | | LUBLIN | 1998 | M14 | | | | 1966 | 1980 | | | 4942 | |
| 29 | BUCZEK MATEUSZ | | PALIKIJE PIERWSZE | 2000 | M14 | | | | 1958 | 1972 | | | 4925 | |
| 30 | PACHUTA PATRYK | | KRASNYSTAW | 1998 | M14 | | | 1970 | 1962 | | | 989 | | 4921 |
| 31 | KARWOWSKI MATEUSZ | | LUBLIN | 2000 | M14 | | | | 1956 | 1928 | | | 4875 | |
| 32 | SIWIŃSKI PATRYK | | LUBLIN | 1998 | M14 | | | | 1942 | 1924 | | | 4858 | |
| 33 | GAJEWSKI ALEKSANDER | | LUBLIN | 1997 | M14 | 3980 | | | | | | | 3980 | |
| 34 | CIOCZEK ADRIAN | | LUBLIN | 1997 | M14 | | | | 1974 | 1974 | | | 3948 | |
| 35 | SZYMAJDY MATEUSZ | | KOŃSKOWOLA | 1998 | M14 | | | 1988 | | 1944 | | | 3932 | |
| 36 | GROSMAN JAN | UKS „Azymut” Gmina Zamość | ZAMOŚĆ | 1998 | M14 | | | | 1982 | 1948 | | | 3930 | |
| 37 | BŁASZCZAK WOJCIECH | Lubelskie Zrzeszenie Muay Thai | LUBLIN | 1997 | M14 | | | 1958 | | 1964 | | | 3922 | |
| 38 | LITMAN MICHAŁ | | LUBLIN | 1999 | M14 | | | 1968 | | 1952 | | | 3920 | |
| 39 | IŠTOK KAMIL | | LUBLIN | 1997 | M14 | | 1964 | | | 1934 | | | 3898 | |
| 40 | ŽUKIEWICZ KAMIL | Strefa Piękna-Lublin | LUBLIN | 1997 | M14 | | 1942 | 1934 | | | | | 3876 | |
| 41 | ZARZEKA ERYK | | GARBÓW | 2000 | M14 | | | 1936 | | | 975 | | 2911 | |
| 42 | HURKAŁA MATEUSZ | | TERESPOL | 1999 | M14 | | | | 2000 | | | | 2000 | |
| 43 | PIASECKI MICHAŁ | | LUBLIN | 1999 | M14 | | | | | 2000 | | | 2000 | |
| 44 | GRUDZIŃSKI ADAM | | LUBLIN | 1997 | M14 | | | | | | 999 | 1000 | 1999 | |
| 45 | HACZKUR CEZARY | KU AZS UMCS Lublin | WISZNICE | 1997 | M14 | | | | | 1998 | | | 1998 | |
| 46 | PAWELEC ALBERT | MKS Unia Hrubieszów | CZERNICZYN | 1998 | M14 | | 1994 | | | | | | 1994 | |
| 47 | SONIAK PIOTR | MKS Unia Hrubieszów | WERBKOWICE | 1998 | M14 | | | 1994 | | | | | 1994 | |
| 48 | WAWERSKI ERNEST | | KAMIONKA | 2001 | M14 | | | | 1994 | | | | 1994 | |
| 49 | KOLANO JAN | | LUBARTÓW | 2001 | M14 | | | | | | 994 | 999 | 1993 | |
| 50 | SHAMRYTSKYI IWAN | | LUBLIN | 1997 | M14 | | | | | 1992 | | | 1992 | |
| 51 | SKOWRONEK WOJCIECH | | UŚCIMÓW | 2001 | M14 | | | | | 1990 | | | 1990 | |
| 52 | GAŁAN MICHAŁ | Gimnazjum nr 16 Lublin | LUBLIN | 2002 | M14 | | | | | | 992 | 993 | 1985 | |
| 53 | ŁAZIUK TOMASZ | | MIĘDZYRZEC PODL. | 1998 | M14 | | 1984 | | | | | | 1984 | |
| 54 | BESZTAK HUBERT | Dwa Karakany | BEŁŻYCE | 1997 | M14 | | 1980 | | | | | | 1980 | |
| 55 | PĘKALA ADRIAN | | CZERNICZYN | 1999 | M14 | | | | 1978 | | | | 1978 | |
| 56 | GRZESZCZUK KONRAD | | LUBLIN | 1997 | M14 | | | | 1976 | | | | 1976 | |

Grand Prix Lublina 2016/2017 – Kategoria M14

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------------|--|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------------|
| 57 | GUZ PIOTR | | LUBARTÓW | 1997 | M14 | | | | 1976 | | | | 1976 |
| 58 | WÓJCIK DAMIAN | Herkules ZDZ Lublin | LUBLIN | 1998 | M14 | | 1976 | | | | | | 1976 |
| 59 | KRÓL PRZEMYSŁAW | | KOŃSKOWOLA | 1998 | M14 | | 1972 | | | | | | 1972 |
| 60 | CHAPUŁA RADOSŁAW | Herkules Łęczna - ZDZ Lublin | LUBLIN | 1998 | M14 | | 1970 | | | | | | 1970 |
| 61 | LEWKOWICZ KRYSZTIAN | | WÓLKA ROKICKA | 1997 | M14 | | | 1962 | | | | | 1962 |
| 62 | PASIERBOWICZ PAWEŁ | Herkules Łęczna - ZDZ Lublin | NIEDRZWICA DURZA | 1997 | M14 | | 1962 | | | | | | 1962 |
| 63 | WARDA HUBERT | Biegający Świdnik | ŚWIDNIK | 2000 | M14 | | | | | 1960 | | | 1960 |
| 64 | CHMIEL DAMIAN | WW Lublin Team | GODZISZÓW | 1997 | M14 | | | 1956 | | | | | 1956 |
| 65 | LIPERT PAWEŁ | | LUBARTÓW | 1998 | M14 | | | 1954 | | | | | 1954 |
| 66 | ŚWIERCZYŃSKI PATRYK | Herkules ZDZ Lublin | LUBLIN | 2000 | M14 | | 1952 | | | | | | 1952 |
| 67 | DUBIEL KRYSZTIAN | | KRASNYSTAW | 1999 | M14 | | | | | 1950 | | | 1950 |
| 68 | PAPLIŃSKI JAKUB | | MOTYCZ | 1998 | M14 | | 1950 | | | | | | 1950 |
| 69 | PIETRZYK ADRIAN | | MILEJÓW | 2000 | M14 | | 1948 | | | | | | 1948 |
| 70 | SYKUT PAWEŁ | | PUŁawy | 1998 | M14 | | | | | 1946 | | | 1946 |
| 71 | PLASŁO NATALIA | | JAROSŁAW | 1997 | M14 | | | | 1938 | | | | 1938 |
| 72 | SKOWRONEK JAN | | UŚCIMÓW | 1999 | M14 | | | | | 1938 | | | 1938 |
| 73 | MICHOTA MARCIN | UMCS EKONOMIA | WĄWOLNICA | 1997 | M14 | | | | 1936 | | | | 1936 |
| 74 | GROBELSKI ŁUKASZ | | LUBLIN | 1997 | M14 | | | | | 1932 | | | 1932 |
| 75 | KRUPA BARTOSZ | | LUBARTÓW | 1998 | M14 | | | | | 1930 | | | 1930 |
| 76 | STOLARZ MICHAŁ | | LUBLIN | 1999 | M14 | | | | | 1922 | | | 1922 |
| 77 | SIEKIERSKI MATEUSZ | | MOTYCZ | 1999 | M14 | | | | | 1912 | | | 1912 |
| 78 | PUCHAŁA KRYSZTIAN | | LUBLIN | 1999 | M14 | | | | | 1910 | | | 1910 |
| 79 | TOMASZEWSKI MACIEJ | JGB Sokół Jarosław/Resovia Rzeszów | WIDNA GÓRA/PAWŁOSIÓW | 1997 | M14 | | | | | | 1000 | | 1000 |
| 80 | BUCIOR ŁUKASZ | | ŚWIDNIK | 1998 | M14 | | | | | | | 996 | 996 |
| 81 | PRZYBYLSKI BARTŁOMIEJ | | URSZULIN | 2002 | M14 | | | | | | | 994 | 994 |
| 82 | ARASZKIEWICZ PIOTR | Goły Biega | LUBLIN | 1997 | M14 | | | | | | | 991 | 991 |
| 83 | KWIETNIEWSKI JAKUB | | TOMASZOWICE | 1997 | M14 | | | | | | | 991 | 991 |
| 84 | WARGACKI PAWEŁ | | LUBLIN | 1999 | M14 | | | | | | | 990 | 990 |
| 85 | ORŁOWSKI MAREK | | STALOWA WOLA | 1999 | M14 | | | | | | | 989 | 989 |
| 86 | STRĄCEŁ DAMIAN | | LUBLIN | 1997 | M14 | | | | | | | 988 | 988 |
| 87 | URBAŚ MATEUSZ | | | 1997 | M14 | | | | | | | 988 | 988 |
| 88 | LIPIŃSKI GRZEGORZ | | ŁĘCZNA | 2000 | M14 | | | | | | | 987 | 987 |
| 89 | MAMCARZ BARTŁOMIEJ | | LUBLIN | 2002 | M14 | | | | | | | 987 | 987 |
| 90 | OSTASZ JAKUB | | ULHÓWEK | 2002 | M14 | | | | | | | 986 | 986 |
| 91 | FLIEGER MICHAŁ | | LUBLIN | 1999 | M14 | | | | | | | 985 | 985 |
| 92 | PAWLIK PAWEŁ | | LUBLIN | 2003 | M14 | | | | | | | 985 | 985 |
| 93 | PRZEGON JAN | UKS Azymut Siedliska | ŁAPIGUZ | 2003 | M14 | | | | | | | 985 | 985 |
| 94 | GAJOS JAKUB | | KIJANY | 2001 | M14 | | | | | | | 984 | 984 |
| 95 | JACH MARCELI | | KRAŚNIK | 2002 | M14 | | | | | | | 984 | 984 |
| 96 | GILEWSKI SZCZEPAN | UKS azymut siedliska gmina Zamość | ZAMOŚĆ | 2003 | M14 | | | | | | | 983 | 983 |
| 97 | JASTRZĘBSKI KRZYSZTOF | | LUBLIN | 2001 | M14 | | | | | | | 983 | 983 |
| 98 | WALCZAK DOMINIK | | BEŁŻYCE | 2000 | M14 | | | | | | | 983 | 983 |
| 99 | KŁOS JAN | | TOMASZOWICE | 2001 | M14 | | | | | | | 982 | 982 |
| 100 | LI YEN-JUI | | LUBLIN | 1998 | M14 | | | | | | | 982 | 982 |
| 101 | CIECHAN DAMIAN | | LUBLIN | 1998 | M14 | | | | | | | 981 | 981 |
| 102 | NASTAJ OSKAR | | MICHÓW | 1997 | M14 | | | | | | | 980 | 980 |
| 103 | NAWRocki MATEUSZ | Lubelski Klub Karate Tradycyjnego | LUBLIN | 2001 | M14 | | | | | | | 980 | 980 |
| 104 | SAMPOLSKI MACIEJ | | | 1997 | M14 | | | | | | | 979 | 979 |
| 105 | CZORNIK WIKTOR | | | 1997 | M14 | | | | | | | 978 | 978 |
| 106 | ŁOSEK TOMASZ | LO Bohaterów Porytowego Wzgórza JanówLUB | JANÓW LUBELSKI | 1998 | M14 | | | | | | | 977 | 977 |
| 107 | WOLIŃSKI JAN | SPICZYŃSKIE SPRINTERY | SPICZYN | 2002 | M14 | | | | | | | 977 | 977 |
| 108 | KUCZMARA JAN | biegam z tatą | LUBLIN | 2002 | M14 | | | | | | | 976 | 976 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma | |
|------|-------------------------|---------------------------|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|------|
| 1 | CEBERAK BARTOSZ | challenge yourself | LUBARTÓW | 1988 | M20 | 4000 | 2000 | 1998 | 1998 | 2000 | 1000 | 997 | 13993 | |
| 2 | BEDNARZ CEZARY | Banda Grudnia | ŚWIDNIK | 1988 | M20 | 3992 | 1988 | 1994 | 1994 | 1992 | 998 | 996 | 13954 | |
| 3 | MATUSZAK MARIUSZ | Lubelska Grupa Triathlonu | LUBLIN | 1989 | M20 | 3832 | 1906 | 1920 | 1846 | 1846 | 975 | 974 | 13299 | |
| 4 | JABŁOŃSKI MAREK | PGB SPORTOWA PACZKA | NIEMCE | 1993 | M20 | 3816 | 1904 | 1846 | 1874 | 1808 | 962 | 973 | 13183 | |
| 5 | USS KAMIL | Bieganie Uzależnia | CYCÓW | 1991 | M20 | 3912 | 1924 | 1896 | 1584 | 1852 | 977 | 979 | 13124 | |
| 6 | LIPSKI WOJCIECH | Biegam bo lubię | LUBARTÓW | 1987 | M20 | 3660 | 1766 | 1814 | 1800 | 1830 | 954 | 966 | 12790 | |
| 7 | SURDACKI MATEUSZ | | NAŁĘCZÓW | 1987 | M20 | 3876 | 1868 | 1884 | 1880 | 1872 | 969 | | 12349 | |
| 8 | MACHNIKOWSKI BARTŁOMIEJ | BieguSiem | NAŁĘCZÓW | 1988 | M20 | 3800 | 1938 | 1882 | 1870 | 1892 | | 961 | 12343 | |
| 9 | JAKUBOWSKI PAWEŁ | | LUBLIN | 1990 | M20 | 3668 | 1680 | 1808 | 1604 | 1602 | 940 | 951 | 12253 | |
| 10 | OSIAK ARTUR | biegusiem | GOŁĄB | 1988 | M20 | 3720 | 1900 | 1870 | 1862 | 1622 | 947 | | 11921 | |
| 11 | BERDZIK KAROL | | LUBLIN | 1989 | M20 | 3984 | 1962 | 1954 | 1938 | 1954 | | | 11792 | |
| 12 | STASZAK ROBERT | Makondo Team | PIASKI | 1987 | M20 | 3628 | 1660 | 1554 | 1526 | 1530 | 918 | 915 | 11731 | |
| 13 | BIGORAJ MARCIN | Baran Cycling Team | LUBLIN | 1990 | M20 | 3936 | | 1950 | 1928 | 1924 | 986 | 973 | 11697 | |
| 14 | IWAN JACEK | ENDORŚWINKI | LUBARTÓW | 1988 | M20 | 3760 | 1728 | 1728 | 1726 | 1720 | 934 | | 11596 | |
| 15 | DZYR KONRAD | | PONIATOWA | 1991 | M20 | 3848 | 1880 | 1898 | 1898 | 1894 | | | 11418 | |
| 16 | NAZARUK PAWEŁ | | LUBLIN | 1987 | M20 | 3836 | 1870 | 1880 | 1840 | 1880 | | | 11306 | |
| 17 | ZAWIŚLAK MICHAŁ | | LUBLIN | 1990 | M20 | 3952 | 1784 | 1768 | 1884 | 1900 | | | 11288 | |
| 18 | DZIRBA TOMASZ | | NIEMCE | 1987 | M20 | 3840 | 1838 | | 1774 | 1814 | 966 | 970 | 11202 | |
| 19 | STRUMIDŁO MIKOŁAJ | Lublin biega | ULHÓWEK | 1993 | M20 | 3868 | | 1836 | 1764 | 1800 | 956 | 969 | 11193 | |
| 20 | SICZEK KAMIL | | LUBLIN | 1987 | M20 | 3728 | 1832 | 1858 | 1852 | 1750 | | | 11020 | |
| 21 | BRYK WOJCIECH | | LUBLIN | 1994 | M20 | 3656 | 1672 | 1570 | 1564 | 1440 | 924 | | 10826 | |
| 22 | WRÓBLEWSKI ROBERT | | LUBLIN | 1987 | M20 | 3944 | 1956 | 1970 | 1934 | | | 993 | 10797 | |
| 23 | HOŁOWIENIEC PIOTR | JustForFun | ROZWADÓWKA FOLWARK | 1990 | M20 | 3716 | 1786 | 1732 | 1836 | 1704 | | | 10774 | |
| 24 | RESZKA MAREK | Banda Grudnia | LUBLIN | 1987 | M20 | 3968 | 1930 | | 1932 | 1950 | | 981 | 10761 | |
| 25 | FALECKI RAFAŁ | Makondo Team | PIASKI | 1989 | M20 | 3896 | | 1946 | 1950 | 1948 | | 976 | 10716 | |
| 26 | WNĘK KRZYSZTOF | | LUBLIN | 1992 | M20 | 3856 | | 1890 | 1902 | 1860 | | 964 | 10472 | |
| 27 | GÓRNIAK PAWEŁ | Łyżio & Milord Kąpani | LUBLIN | 1993 | M20 | 3748 | 1636 | 1724 | 1640 | 1708 | | | 10456 | |
| 28 | OCHAL KRZYSZTOF | | LUBLIN | 1989 | M20 | 3872 | | 1822 | 1740 | 1822 | 949 | | 10205 | |
| 29 | BIENIAS KRZYSZTOF | Byle Do Mety | GARBATKA LETNISKO | 1991 | M20 | 3692 | | 1842 | 1778 | 1742 | 967 | | 10021 | |
| 30 | WYSOCKI PAWEŁ | lubelskibiegacz.pl TEAM | LUBLIN | 1989 | M20 | | 1996 | 1996 | 1996 | 1988 | 999 | 1000 | 9975 | |
| 31 | WYSOCKI PIOTR | | LUBLIN | 1989 | M20 | 3664 | 1850 | 1642 | 1850 | | | 957 | 9963 | |
| 32 | PORADA MARCIN | Run_Helpersi | JASIONKA | 1988 | M20 | 3980 | | 1972 | 1980 | | 991 | 996 | 9919 | |
| 33 | ŚLIWIŃSKI MATEUSZ | lubelskibiegacz.pl TEAM | LUBLIN | 1991 | M20 | | 1986 | 1978 | 1976 | 1974 | 995 | 997 | 9906 | |
| 34 | WOLAN MATEUSZ | | LUBLIN | 1993 | M20 | 3708 | | 1684 | 1794 | 1744 | | 962 | 9892 | |
| 35 | KIEREPKA KRYSTIAN | LUBELSKIBIEGACZ.PL TEAM | BISKUPICE | 1993 | M20 | | 1970 | 1974 | 1974 | 1970 | 988 | 995 | 9871 | |
| 36 | AUGUSTYNIAK ŁUKASZ | Biegający Świdnik | JACKÓW | 1992 | M20 | | 1982 | 1976 | 1960 | 1962 | 994 | 991 | 9865 | |
| 37 | WILGOS MAREK | UNIA HRUBIESZÓW | JAROSŁAWIEC/K.UCHAŃ | 1987 | M20 | 3976 | 1974 | | 1970 | 1922 | | | 9842 | |
| 38 | LANGNER DAMIAN | | LUBLIN | 1996 | M20 | | 1952 | 1958 | 1958 | 1934 | 985 | 990 | 9777 | |
| 39 | USIDUS PIOTR | Świdnik Triathlon Team | ŚWIDNIK | 1990 | M20 | 3904 | 1946 | 1938 | 1914 | | | | 9702 | |
| 40 | JÓŹWIAK ADRIAN | | LUBLIN | 1992 | M20 | | 1936 | 1928 | 1904 | 1896 | 984 | 974 | 9622 | |
| 41 | LEWARTOWSKI JACEK | | 21 | 1989 | M20 | 3644 | 1630 | 1656 | 1720 | | | 926 | 9576 | |
| 42 | MIROSŁAW DAWID | | BORZECZÓW | 1990 | M20 | | 1908 | 1932 | 1896 | 1932 | 894 | 991 | 9553 | |
| 43 | ANDRZEJCZUK KAROL | | LUBLIN | 1988 | M20 | | 1888 | 1926 | 1886 | 1868 | 974 | 967 | 9509 | |
| 44 | LENARD MICHAŁ | | SKARŻYSKO-KAMIENNA | 1992 | M20 | | 1854 | 1922 | 1858 | 1876 | 972 | 977 | 9459 | |
| 45 | PUTOWSKI ŁUKASZ | | MOTYCZ | 1989 | M20 | 3732 | 1902 | 1876 | 1768 | | | | 9278 | |
| 46 | KOTARSKI JAKUB | Chełm Biega | CYCÓW | 1991 | M20 | | 1892 | 1830 | 1710 | 1698 | 978 | 958 | 9066 | |
| 47 | POKORSKI RAFAŁ | Mobica Runners | LUBLIN | 1988 | M20 | | 1824 | 1806 | 1730 | 1788 | 958 | 954 | 9060 | |
| 48 | SZYSZKA PRZEMYSŁAW | | OSOWA KOLONIA | 1994 | M20 | | 1802 | 1820 | 1828 | 1680 | 960 | 950 | 9040 | |
| 49 | CYRANKIEWICZ PATRYK | | STRZYŻEWICE | 1991 | M20 | | 1744 | 1780 | 1822 | 1768 | 931 | 952 | 8997 | |
| 50 | DOMAŃSKI MACIEJ | StreetWorkoutSerokomla | ŁUKÓW | 1996 | M20 | 3648 | 1800 | | 1646 | 944 | 925 | | 8963 | |
| 51 | ORŁOWSKI MARIUSZ | | TURKA | 1991 | M20 | 3988 | | 1962 | | 1942 | | 994 | | 8886 |
| 52 | BIELAK MATEUSZ | | LUBLIN | 1988 | M20 | 3956 | | | 1944 | 1964 | | 987 | | 8851 |
| 53 | KRZYMOWSKI PIOTR | Stokrotka Team | LUBLIN | 1989 | M20 | | 1772 | 1730 | 1760 | 1660 | 953 | 960 | | 8835 |
| 54 | PRZEBIROWSKI KAROL | Husaria Race Team | FAJSŁAWICE | 1993 | M20 | | 1894 | 1948 | 1956 | 1956 | 985 | | 8739 | |
| 55 | CIEKLIŃSKI MICHAŁ | MALBORK PRAWIE BIEGA | MALBORK | 1993 | M20 | | 1702 | 1708 | 1782 | 1632 | 930 | 953 | | 8707 |
| 56 | LEGĘZA PATRYK | | CHODEŁ | 1996 | M20 | 3884 | | 1912 | 1890 | | 961 | | | 8647 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|------------------------------|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | WALKOWIAK PAWEŁ | AKTYWNE BORKI | WRZOSÓW | 1992 | M20 | | 1746 | 1754 | 1576 | 1642 | 942 | 937 | 8597 |
| 58 | KURANC MACIEK | ELSA Lublin | LUBLIN | 1995 | M20 | | 1628 | 1660 | 1654 | 1730 | 946 | 933 | 8551 |
| 59 | CZARNOTA BARTŁOMIEJ | | LUBLIN | 1992 | M20 | | 1592 | 1722 | 1624 | 1640 | 904 | 931 | 8413 |
| 60 | RUDZKI MICHAŁ | | ČMIŁÓW | 1990 | M20 | | 1764 | 1688 | 1626 | 1484 | 941 | 909 | 8412 |
| 61 | MIERZWIŃSKI PIOTR | Lubelski Klub Morsów | BEZWOLA | 1989 | M20 | | 1886 | 1810 | 1864 | 1816 | | 967 | 8343 |
| 62 | PAŚNIK MATEUSZ | | LUBLIN | 1994 | M20 | | 1718 | 1584 | 1560 | 1508 | 923 | 903 | 8196 |
| 63 | WIELEBA MARIUSZ | Janusze biegania | LUBLIN | 1989 | M20 | | 1622 | 1592 | 1594 | 1498 | 912 | 919 | 8137 |
| 64 | KOZYRA ARTUR | | WOLA LISOWSKA | 1993 | M20 | | 1798 | 1740 | 1814 | 1820 | | 957 | 8129 |
| 65 | KOZAK BARTOSZ | Lone Wolf | OPOLE LUBECKIE | 1994 | M20 | | 1606 | 1562 | 1518 | 1520 | 906 | 940 | 8052 |
| 66 | CHOŁDZIŃSKI KONRAD | | JABŁONNA | 1991 | M20 | | 1588 | 1596 | 1568 | 1472 | 907 | 913 | 8044 |
| 67 | PRUŚ PAWEŁ | | LUBLIN | 1990 | M20 | | 1828 | 1886 | 1742 | 1670 | 884 | | 8010 |
| 68 | KOZYRA PAWEŁ | Runnerpawcislaw | LUBLIN | 1996 | M20 | | 1980 | | 1984 | 1972 | 993 | 988 | 7917 |
| 69 | KULCZYCKI MARCIN | www.RozbiegamyBiznes.eu | LUBLIN | 1990 | M20 | | 1792 | 1610 | 1748 | 1790 | | 963 | 7903 |
| 70 | SKORUPSKI TOMASZ | | KONOPNICA | 1989 | M20 | | 1578 | 1534 | 1522 | 1424 | 901 | 918 | 7877 |
| 71 | PLUTA ŁUKASZ | FRASSATI FAJSŁAWICE | FAJSŁAWICE | 1990 | M20 | | 1966 | 1964 | 1964 | 1960 | | | 7854 |
| 72 | KUŚMIERZ KRZYSZTOF | 1995 | URZĘDÓW | 1995 | M20 | 3932 | 1940 | | | | 987 | 983 | 7842 |
| 73 | JURKOWSKI DARIUSZ | | LUBLIN | 1988 | M20 | | 1736 | 1760 | 1690 | 1692 | | 958 | 7836 |
| 74 | WESOŁOWSKI ŁUKASZ | | LUBLIN | 1990 | M20 | | 1964 | 1960 | 1966 | 1946 | | | 7836 |
| 75 | ŁYSZCZYK TOMASZ | Mobica Runners | LUBLIN | 1991 | M20 | | 1572 | 1528 | 1532 | 1384 | 887 | 892 | 7795 |
| 76 | WYBRANIEC ROBERT | | LUBLIN | 1988 | M20 | | 1720 | 1762 | 1694 | 1650 | | 947 | 7773 |
| 77 | BISEK PIOTR | | LUBLIN | 1987 | M20 | | 1958 | 1952 | 1920 | 1916 | | | 7746 |
| 78 | SKOCZYLAS ADRIAN | Cham Zawieźty | ŚWIDNIK | 1989 | M20 | 3916 | | 1906 | 1916 | | | | 7738 |
| 79 | KAWALA KONRAD | husaria race team | KALINOWKA | 1994 | M20 | | 1914 | 1940 | 1946 | 1902 | | | 7702 |
| 80 | BORUCH DARIUSZ | Cisowianka | NAŁĘCZÓW | 1989 | M20 | | 1878 | 1854 | 1524 | 1468 | 973 | | 7697 |
| 81 | LENART ARTUR | Intive | OSTROWIEC ŚWIĘTOKRZYSKI | 1990 | M20 | | 1810 | 1704 | 1684 | 1544 | 951 | | 7693 |
| 82 | GÓRNIAK BARTŁOMIEJ | GetGym | RADOMYŚL | 1990 | M20 | | 1740 | 1748 | 1622 | 1656 | | 922 | 7688 |
| 83 | KOZACZUK KONRAD | BRITENET | LUBLIN | 1991 | M20 | | 1690 | 1718 | 1718 | 1584 | | 945 | 7655 |
| 84 | DYRKACZ MAREK | 2Trees Team Slackline Lublin | LUBLIN | 1988 | M20 | 3900 | 1920 | | | 1828 | | | 7648 |
| 85 | GODZWON MATEUSZ | FB.COM/BIEGIEMZAMARZENAMI | PONIATOWA | 1991 | M20 | 3860 | | | 1894 | 1886 | | | 7640 |
| 86 | DĄBROWSKI JAKUB | | LUBLIN | 1992 | M20 | 3828 | 1896 | | | 1898 | | | 7622 |
| 87 | MAZURKIEWICZ ŁUKASZ | Wierciątki | BYCHAWA | 1993 | M20 | | 1882 | 1878 | 1854 | 1864 | | | 7478 |
| 88 | SŁAWIŃSKI ARKADIUSZ | | LUBLIN | 1990 | M20 | | 1692 | 1652 | 1644 | 1532 | | 893 | 7413 |
| 89 | PAWEŁCZAK KRZYSZTOF | | LUBLIN | 1987 | M20 | 3804 | | | 1818 | 1784 | | | 7406 |
| 90 | KUNA PRZEMYSŁAW | | DĘBINY | 1992 | M20 | | 1796 | 1918 | 1892 | 1762 | | | 7368 |
| 91 | DABROWSKI ALBERT | | LUBLIN | 1993 | M20 | | 1688 | 1586 | 1634 | 1518 | 936 | | 7362 |
| 92 | GOLUCH SYLWESTER | | LUBLIN | 1991 | M20 | | 1806 | 1794 | 1900 | 1856 | | | 7356 |
| 93 | PETRYK GRZEGORZ | Makondo Team | PIASKI | 1991 | M20 | | 1666 | 1564 | 1614 | 1564 | | 924 | 7332 |
| 94 | STAWECKI KAROL | Polska Marka S.C. | LUBLIN | 1996 | M20 | | 1846 | 1796 | 1876 | 1810 | | | 7328 |
| 95 | NOWAKOWSKI PRZEMYSŁAW | | LUBLIN | 1990 | M20 | | 1704 | 1578 | 1610 | 1478 | | 936 | 7306 |
| 96 | MUDA MATEUSZ | KRASNYSTAW BIEGA | BORUŃ | 1995 | M20 | | 1848 | 1744 | 1810 | 1792 | | | 7194 |
| 97 | ZIELONKA DANIEL | | KLEMENTOWICE | 1993 | M20 | | 1862 | 1826 | 1784 | 1654 | | | 7126 |
| 98 | MIĄC ADAM | | LUBLIN | 1994 | M20 | 3744 | | 1738 | 1556 | | | | 7038 |
| 99 | STASIAK ŁUKASZ | HUSARIA RACE TEAM | DĄBROWICA | 1993 | M20 | | 1844 | 1772 | 1724 | 1688 | | | 7028 |
| 100 | MAŁACHOWSKI MACIEJ | | TURKA | 1994 | M20 | | | 1676 | 1756 | 1766 | 927 | 896 | 7021 |
| 101 | NOWOGRODZKI GRZEGORZ | | LUBLIN | 1987 | M20 | | 1742 | 1734 | | 1610 | 939 | 942 | 6967 |
| 102 | TOMCZYK TOMASZ | Biegający Świdnik | ŚWIDNIK | 1987 | M20 | | 1568 | 1530 | 1536 | 1394 | | 900 | 6928 |
| 103 | WOLAN ŁUKASZ | | CHEŁM | 1990 | M20 | 3712 | | 1598 | | 1604 | | | 6914 |
| 104 | CICHACZ RAFAŁ | | LUBLIN | 1993 | M20 | | 1812 | 1758 | 1702 | 1612 | | | 6884 |
| 105 | MYDLAK TOMASZ | Agros Chełm/Chełm Biega | CHEŁM | 1994 | M20 | | 1864 | | 2000 | 1996 | | 999 | 6859 |
| 106 | PANCZENKO KAMIL | | LUBLIN | 1993 | M20 | | 1556 | 1514 | 1514 | 1380 | | 886 | 6850 |
| 107 | DROBEK KONRAD | | LUBLIN | 1988 | M20 | | 1724 | 1736 | 1696 | 1682 | | | 6838 |
| 108 | ŻAK PRZEMYSŁAW | | WOJCIECHÓW | 1993 | M20 | | 1694 | 1670 | 1808 | 1662 | | | 6834 |
| 109 | BAZELA JACEK | Orzeł Srebrzyszcze | CHEŁM | 1988 | M20 | | | 1942 | 1952 | 1936 | | 989 | 6819 |
| 110 | RORAT ARTUR | Chełm Biega | CHEŁM | 1990 | M20 | | 1656 | 1678 | 1734 | 1700 | | | 6768 |
| 111 | FIGURSKI ŁUKASZ | | LUBLIN | 1992 | M20 | | 1662 | 1668 | 1616 | | 922 | 896 | 6764 |
| 112 | GUT JAROSŁAW | Rozbiegane Kopytka | LUBLIN | 1988 | M20 | | | 1916 | 1930 | 1926 | | 992 | 6764 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma | |
|------|---------------------|---------------------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|------|
| 113 | PAŃCZYSZYN RADOSŁAW | Makondo Team | PIASKI | 1994 | M20 | | 1710 | 1566 | 1612 | | 937 | 939 | 6764 | |
| 114 | ANTOŃ MICHAŁ | | NIEDRZWICA DUŻA | 1994 | M20 | | 1632 | 1654 | 1650 | 1802 | | | 6738 | |
| 115 | DREWNIAK PAWEŁ | BDWB | ŚWIDNIK | 1988 | M20 | | 1916 | 1934 | 1882 | | 980 | | 6712 | |
| 116 | REJMAK SYLWESTER | CISOWIANKA TEAM.PL | NAŁĘCZÓW | 1990 | M20 | | 1696 | 1756 | 1656 | 1562 | | | 6670 | |
| 117 | KOPCZEWSKI MARCIN | Orlęta Deblib | DĘBLIN | 1989 | M20 | | 1750 | 1588 | 1752 | 1578 | | | 6668 | |
| 118 | PUTOWSKI PIOTR | Bulit Team | MOTYCZ | 1990 | M20 | | 1616 | 1644 | 1716 | 1652 | | | 6628 | |
| 119 | DANIŁKO MATEUSZ | BR-BZ Wiski | WISKI | 1993 | M20 | | | 1848 | 1878 | 1862 | | 985 | 922 | 6573 |
| 120 | FILA MICHAŁ | | LUBLIN | 1994 | M20 | | | 1600 | 1602 | 1542 | 895 | | | 6561 |
| 121 | SADURA MAREK | Biegniemy po ciastki | NIEMCE | 1987 | M20 | | 1758 | 1544 | 1692 | 1546 | | | 6540 | |
| 122 | PAWŁOCIK KRYSIAN | CISOWIANKA TEAM PL | DRZEWCE | 1993 | M20 | | 1890 | 1860 | | 1776 | 976 | | 6502 | |
| 123 | MAZUREK MATEUSZ | Mazi Biega | NIEDRZWICA DUŻA | 1989 | M20 | | | 1550 | 1538 | 1590 | 897 | 906 | | 6481 |
| 124 | REJKIEWICZ ROBERT | | LUBLIN | 1995 | M20 | | 1652 | 1542 | 1700 | 1576 | | | 6470 | |
| 125 | SZKLANNY MARCIN | KOMEDIANT EN TOUR | LUBACZÓW | 1992 | M20 | | 1808 | 1900 | | 1782 | 964 | | 6454 | |
| 126 | GOZDZICKI PIOTR | Czekam na Hanię :) | LUBLIN | 1992 | M20 | | 1558 | 1520 | 1578 | | 889 | 884 | 6429 | |
| 127 | GRZĘDA MICHAŁ | KRSP DĘBLIN TEAM | PUŁawy | 1987 | M20 | | 1658 | 1594 | 1646 | 1434 | | | 6332 | |
| 128 | MARCINEK MAREK | | CHEŁM | 1994 | M20 | | | 1824 | 1738 | 1756 | | 946 | | 6264 |
| 129 | SZYMASZEK LESZEK | | SUCHODOLEĆ | 1987 | M20 | | 1788 | 1818 | | 1648 | 950 | | 6204 | |
| 130 | MACHNICKI RAFAŁ | | RYKI | 1987 | M20 | | 1584 | 1556 | 1572 | 1450 | | | 6162 | |
| 131 | KRAWCZYK MACIEJ | | PUŁawy | 1988 | M20 | | 1570 | 1540 | 1574 | 1444 | | | 6128 | |
| 132 | SZADKOWSKI MATEUSZ | Łyżio&Milord Kapany | LUBLIN | 1990 | M20 | | 1576 | 1548 | 1544 | 1436 | | | 6104 | |
| 133 | PAWŁOWSKI TOMASZ | | LUBLIN | 1990 | M20 | | 1990 | 1988 | 1990 | | | | 5968 | |
| 134 | MARZEC WOJTEK | Jama Zła | LUBLIN | 1990 | M20 | | | 1982 | 1982 | 1978 | | | | 5942 |
| 135 | JADACH MICHAŁ | Sygnal Chodel | CHODEL | 1991 | M20 | | | 1986 | 1986 | 1968 | | | | 5940 |
| 136 | MAŁEK PIOTR | | NIEMCE | 1990 | M20 | 3972 | 1942 | | | | | | | 5914 |
| 137 | WALEROWICZ RAFAŁ | | SKARŻYSKO-KAMIENNA | 1991 | M20 | | 1972 | | 1948 | 1944 | | | | 5864 |
| 138 | OBEL MICHAŁ | Dwa Misie | LUBLIN | 1996 | M20 | | 1756 | 1650 | | 1540 | 910 | | | 5856 |
| 139 | SZEWCZYK DAMIAN | | KRASNYSTAW | 1988 | M20 | 3928 | | | 1922 | | | | | 5850 |
| 140 | KICKA MARCIN | | LUBLIN | 1987 | M20 | | 1714 | 1640 | 1562 | | 925 | | | 5841 |
| 141 | PŁECHA MICHAŁ | Sygnal Chodel / Sklep Biegacza Lublin | CHODEL | 1989 | M20 | | 1992 | 1992 | 1816 | | | | | 5800 |
| 142 | BEDNARZ JACEK | Baran Cycling Team | KRASNYSTAW | 1994 | M20 | | 1910 | 1936 | | 1928 | | | | 5774 |
| 143 | SAWA PIOTR | SKLEP BIEGACZA LUBLIN TEAM / WW TEAM | LUBLIN | 1994 | M20 | | | | 1940 | 1796 | 982 | 983 | | 5701 |
| 144 | WARSZAWA JAKUB | | LUBLIN | 1987 | M20 | | 1856 | 1902 | | 1908 | | | | 5666 |
| 145 | KNAP MATEUSZ | | LUBLIN | 1995 | M20 | | 1860 | 1852 | | | 970 | 955 | | 5637 |
| 146 | KUREK ADRIAN | | KRYNKA | 1989 | M20 | 3772 | | | | 1806 | | | | 5578 |
| 147 | DYŚ MICHAŁ | | LUBLIN | 1988 | M20 | | 1932 | 1850 | | 1718 | | | | 5500 |
| 148 | WRONA WOJTEK | | LUBLIN | 1988 | M20 | | | 1646 | 1968 | | 935 | 934 | | 5483 |
| 149 | FLIS TOMASZ | Sklep Biegacza Lublin | LUBLIN | 1990 | M20 | 3796 | | | 1680 | | | | | 5476 |
| 150 | BEDNARCYK REMIGIUSZ | CKB Lublin | LUBLIN | 1988 | M20 | | 1600 | | 1546 | 1418 | 908 | | | 5472 |
| 151 | GUZ BARTŁOMIEJ | | LUBLIN | 1988 | M20 | | | 1840 | 1856 | 1774 | | | | 5470 |
| 152 | WASZCZYŃSKI PAWEŁ | | SIENNICA NADOLNA | 1987 | M20 | | 1912 | | 1674 | 1818 | | | | 5404 |
| 153 | POCHKAI ANDRII | Cityfit | LUBLIN | 1987 | M20 | | 1820 | | | 1696 | 919 | 953 | | 5388 |
| 154 | WAKUŁA MARIUSZ | SABA TEAM | JABŁONNA DRUGA | 1987 | M20 | | | 1766 | 1776 | 1832 | | | | 5374 |
| 155 | WÓJCIK BARTŁOMIEJ | | ĆMIŁÓW | 1990 | M20 | 3736 | | 1636 | | | | | | 5372 |
| 156 | ŻELECHOWSKI TOMASZ | | ŚIDNIK | 1988 | M20 | | 1830 | 1726 | 1792 | | | | | 5348 |
| 157 | ZMYSŁOWSKI IGOR | Biała Triathlon 2017 | LUBLIN | 1989 | M20 | | 1712 | 1692 | | 1938 | | | | 5342 |
| 158 | POŻAROWSzczyk MAREK | ENDORŚWINKI | LUBARTÓW | 1987 | M20 | | | 1802 | 1802 | 1736 | | | | 5340 |
| 159 | KOWALSKI PAWEŁ | KS STRAŻAK | WOJCIECHÓW | 1989 | M20 | | 1698 | 1866 | | 1772 | | | | 5336 |
| 160 | DOBROWOLSKI MATEUSZ | | LUBLIN | 1992 | M20 | | | 1786 | 1770 | 1778 | | | | 5334 |
| 161 | KSIĄŻEK DAWID | Lublin Biega | LUBLIN | 1987 | M20 | 3808 | | | | 1526 | | | | 5334 |
| 162 | BISEK TOMASZ | | LUBLIN | 1988 | M20 | | | 1838 | 1788 | 1702 | | | | 5328 |
| 163 | SKRZYŃSKI EMIL | SII POWER PEOPLE | LUBLIN | 1990 | M20 | | 1804 | 1784 | 1732 | | | | | 5320 |
| 164 | WOLIŃSKI OSKAR | | LUBARTÓW | 1994 | M20 | | 1898 | 1776 | | 1638 | | | | 5312 |
| 165 | SABA KRYSIAN | BDOW WB/ LSB | LUBLIN | 1988 | M20 | | | 1518 | 1516 | 1382 | 886 | | | 5302 |
| 166 | IWANIAK MARIUSZ | | WOJCIECHÓW | 1989 | M20 | 1700 | 1698 | | | 963 | 923 | | | 5284 |
| 167 | LEZIAK WOJCIECH | | LUBLIN | 1989 | M20 | | 1782 | 1772 | 1716 | | | | | 5270 |
| 168 | BRZEZIŃSKI MATEUSZ | | WIERZCHOWINY | 1993 | M20 | 3696 | | | | 1528 | | | | 5224 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|----------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | KUTA ŁUKASZ | | LUBLIN | 1987 | M20 | | 1696 | 1804 | 1722 | | | | 5222 |
| 170 | STECIUK DAWID | | CZARNA | 1990 | M20 | | 1686 | | 1676 | 921 | 936 | | 5219 |
| 171 | BERNAT ARKADIUSZ | UMCS Biega | ŁUCKA KOLONIA | 1993 | M20 | | 1674 | 1812 | 1682 | | | | 5168 |
| 172 | WAC GRZEGORZ | Sklep Biegacza Lublin | LUBLIN | 1992 | M20 | | 1708 | 1700 | 1744 | | | | 5152 |
| 173 | KOULECHOV GUEORGUI | Defensivestree Boxing | LUBLIN | 1989 | M20 | 3680 | | | | 1452 | | | 5132 |
| 174 | SKÓRSKI ŁUKASZ | | KAMIEŃ | 1993 | M20 | | 1722 | 1742 | 1652 | | | | 5116 |
| 175 | PODSIADLIK PIOTR | Husaria Race Team | LUBLIN | 1991 | M20 | | 1826 | 1674 | | 1554 | | | 5054 |
| 176 | PIEJAK ŁUKASZ | | NIEDRZWICA KOŚCIELNA | 1992 | M20 | | 1762 | 1694 | | 1596 | | | 5052 |
| 177 | ŚLEDZICKI ŁUKASZ | Sianko Dla Grubaska | NIEDRZWICA DUŻA | 1993 | M20 | 3636 | | | | 1410 | | | 5046 |
| 178 | SOBIESIAK KONRAD | | LUBLIN | 1995 | M20 | | 1676 | 1616 | 1704 | | | | 4996 |
| 179 | BIAŁY MICHAŁ | SKB Kraśnik | KRAŚNIK | 1991 | M20 | | 1998 | | | 1998 | 999 | | 4995 |
| 180 | BRODACKI TOMASZ | | LUBLIN | 1987 | M20 | | 1734 | 1664 | | 1568 | | | 4966 |
| 181 | BADZIAK RADOSŁAW | | ŁĘCZNA | 1988 | M20 | | 1590 | 1716 | | 1658 | | | 4964 |
| 182 | KĘDRA MICHAŁ | Brzozowski Klub Biegacza | BRZOZÓW | 1995 | M20 | | | 1984 | 1978 | | 992 | | 4954 |
| 183 | SZAST PAWEŁ | | KIELCE | 1994 | M20 | | 1726 | 1666 | | 1538 | | | 4930 |
| 184 | KIELBASA ROBERT | Szkoła Pływania WODNIK | ŚWIDNIK | 1987 | M20 | | 1950 | | 1942 | | 989 | | 4881 |
| 185 | PECIAK PIOTR | Sklep Biegacza | LUBLIN | 1995 | M20 | | 1564 | 1522 | | | 885 | 907 | 4878 |
| 186 | KRZYŻANOWSKI WOJCIECH | | ŚWIDNIK | 1989 | M20 | | | | 1552 | 1534 | 892 | 897 | 4875 |
| 187 | KIEŁBASA DAMIAN | UKS Azymut Siedliska | ZAMOŚĆ | 1987 | M20 | | | | 1918 | 1920 | | 975 | 4813 |
| 188 | HAJBOS KAROL | AZS LBN | ROMASZKI | 1993 | M20 | | | | 1910 | 1914 | | 984 | 4808 |
| 189 | SEMENIUK ŁUKASZ | | BIAŁA PODLASKA | 1996 | M20 | | | 1924 | | 1910 | | 971 | 4805 |
| 190 | JEZIERSKI MARCIN | | LUBLIN | 1989 | M20 | | 1948 | | | 1882 | | 968 | 4798 |
| 191 | RÓŻNOWICZ MATEUSZ | UMCS Biega/Lublin Biega | LUBLIN | 1992 | M20 | | | 1526 | | 1426 | 890 | 929 | 4771 |
| 192 | IWAN DANIEL | | PONIATOWA | 1993 | M20 | | 1618 | 1664 | | 1464 | | | 4746 |
| 193 | OPOKA DAWID | lubelskibiegacz.pl Team | LUBLIN | 1988 | M20 | | | 1872 | 1890 | | | 979 | 4741 |
| 194 | ZIELONKA MARCIN | | PONIATOWA | 1993 | M20 | | | 1614 | 1662 | 1462 | | | 4738 |
| 195 | GRABCZUK PATRYK | | LUBLIN | 1989 | M20 | | | | 1838 | 1858 | | 982 | 4678 |
| 196 | SKOCZYLAS SZYMON | INTROGRAF LUBLIN S.A. | LUBARTÓW | 1990 | M20 | | 1638 | 1630 | | 1396 | | | 4664 |
| 197 | MRÓZ ŁUKASZ | | PIASKI | 1992 | M20 | 3676 | | | | | | 976 | 4652 |
| 198 | KRATIUK KAROL | rolek.energy | WŁODAWA | 1993 | M20 | | 1866 | | | 1850 | | 935 | 4651 |
| 199 | BABICZ KAROL | | LUBLIN | 1990 | M20 | | | 1580 | 1608 | 1458 | | | 4646 |
| 200 | SŁOMKA JACEK | | WÓLKA ROKICKA | 1988 | M20 | | 1868 | | | 1678 | 943 | | 4489 |
| 201 | KARCZMARZ MATEUSZ | AKTYWNE BORKI | STARO WIES | 1995 | M20 | | 1716 | 1714 | | | | | 948 |
| 202 | BIELECKI KONRAD | Włodawa Biega | WŁODAWA | 1992 | M20 | | | | 1714 | 1714 | | 945 | 4373 |
| 203 | PASIAK MATEUSZ | Fizjo-Sport Łęczna | ŁĘCZNA | 1996 | M20 | | 1816 | | | 1594 | | 963 | 4373 |
| 204 | GUZ JAKUB | | LUBLIN | 1988 | M20 | | | | 1796 | 1630 | | 946 | 4372 |
| 205 | MOCHOL BARTŁOMIEJ | Kraśnik Biega | STRÓŻA-KOLONIA | 1994 | M20 | | | 1672 | 1754 | | | 926 | 4352 |
| 206 | JURKOWSKI KRZYSZTOF | | LUBLIN | 1989 | M20 | | | | 1688 | 1712 | | 950 | 4350 |
| 207 | BANACH TOMASZ | PKO BP | CHEŁM | 1994 | M20 | | | | 1570 | 1838 | | 917 | 4325 |
| 208 | SZEWCZYK KRZYSZTOF | | LUBLIN | 1987 | M20 | | | 1682 | 1648 | | | 943 | 4273 |
| 209 | BEDNARCYK REMIGIUSZ | Heroes | LUBLIN | 1988 | M20 | | 1780 | 1546 | | | | | 893 |
| 210 | BAŁĘKOWSKI KRZYSZTOF | | LUBLIN | 1989 | M20 | | | 1632 | 1628 | | 920 | | 4180 |
| 211 | SKOCZYLAS ŁUKASZ | | ŚWIDNIK | 1987 | M20 | | 1732 | 1516 | | | 932 | | 4180 |
| 212 | POLSKI ADRIAN | Lubelska Grupa Triathlonu | LUBLIN | 1992 | M20 | | | 1620 | 1580 | | 928 | | 4128 |
| 213 | BRZOZOWSKI MARCIN | | LUBLIN | 1988 | M20 | | 1614 | | | 1552 | 933 | | 4099 |
| 214 | KULA MICHAŁ | KEJM Cieciejewo | LUBLIN | 1988 | M20 | | | 1572 | | 1592 | 917 | | 4081 |
| 215 | KOT DAWID | | MILEJÓW | 1992 | M20 | | 1612 | | | 1512 | 929 | | 4053 |
| 216 | LIPNICKI MARCIN | | LUBLIN | 1987 | M20 | | 1618 | 1532 | | | 899 | | 4049 |
| 217 | ZIELIŃSKI PAWEŁ | | ŚWIDNIK | 1987 | M20 | | | 1582 | 1540 | | | 899 | 4021 |
| 218 | ZIELIŃSKI PAWEŁ | | ŚWIDNIK | 1987 | M20 | | 1610 | | | 1506 | 900 | | 4016 |
| 219 | JEŻYŃSKI MICHAŁ | | LUBLIN | 1990 | M20 | | | | 1548 | 1522 | | 939 | 4009 |
| 220 | ZIELIŃSKI JAKUB | Biegne, żeby Bartek mógł biegać | KIELCE | 1994 | M20 | | 1590 | | | 1510 | 905 | | 4005 |
| 221 | JENDRYCH ARTUR | Biegający Świdnik | ŚWIDNIK | 1990 | M20 | 3996 | | | | | | | 3996 |
| 222 | BIAŁY PAWEŁ | SKB Kraśnik | KRAŚNIK | 1990 | M20 | | 1994 | | | 1986 | | | 3980 |
| 223 | KŁOCZEK SZYMON | uks azymut siedliska/PWSZ Zamość | ZAMOŚĆ | 1995 | M20 | | | | 1600 | 1466 | | 914 | 3980 |
| 224 | MISIUREK KRZYSIEK | | LUBLIN | 1988 | M20 | | | | | 1980 | 996 | 992 | 3968 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|--------------------------------|---------------------------------------|-----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 225 | ABRAHAMOWICZ JAKUB | | RYBNIK | 1988 | M20 | 3964 | | | | | | | 3964 |
| 226 | CZARNOBIL JANUSZ | | PUŁAWY | 1990 | M20 | 3960 | | | | | | | 3960 |
| 227 | KUCZEWSKI DANIEL | KB Biała Biega | BIAŁA PODLASKA | 1991 | M20 | 3948 | | | | | | | 3948 |
| 228 | NOWOSAD JAN | Sławinteam | LUBLIN | 1993 | M20 | 3940 | | | | | | | 3940 |
| 229 | SZADURA KRZYSZTOF | Krasnystaw Biega | ŁOPIEŃNIK DOLNY | 1995 | M20 | | 1960 | 1968 | | | | | 3928 |
| 230 | MICHALIK MARCIN | KP Poznań-Grunwald | POZNAŃ/TUSZÓW | 1987 | M20 | 3924 | | | | | | | 3924 |
| 231 | KAJKA KAROL | | LUBLIN | 1988 | M20 | 3920 | | | | | | | 3920 |
| 232 | ANTOŃCZAK DAMIAN | Krasnystaw Biega | ZÓŁKIEWKA | 1995 | M20 | | 1944 | | | 1966 | | | 3910 |
| 233 | MROCZEK ŁUKASZ | | RADOM | 1989 | M20 | 3908 | | | | | | | 3908 |
| 234 | SZULC ŁUKASZ | INTROGRAF LUBLIN S.A. | ŚWIDNIK | 1995 | M20 | | | 1568 | | 1408 | | 924 | 3900 |
| 235 | CZUBA KAROL | MaKaCzuMi | KRAKÓW | 1988 | M20 | 3892 | | | | | | | 3892 |
| 236 | PASIAK PRZEMYSŁAW | Fizjo-Sport Łęczna | ŁĘCZNA | 1987 | M20 | | 1566 | | | 1414 | | 909 | 3889 |
| 237 | MARTYKA ARTUR | Aktywny Lublin | 11 | 1993 | M20 | 3888 | | | | | | | 3888 |
| 238 | SIATECKI PAWEŁ | Paweł Siatecki | GARBÓW | 1992 | M20 | | | | 1954 | 1930 | | | 3884 |
| 239 | JĘDRUŚ JAKUB | Dzik Ligota | JASTRZĘBIE ZDRÓJ | 1991 | M20 | 3880 | | | | | | | 3880 |
| 240 | KOMAR MIKOŁAJ | | LUBLIN | 1996 | M20 | | 1984 | 1888 | | | | | 3872 |
| 241 | SZKARADEK PAWEŁ | 1 Batalion Zmechanizowany | NOWY SĄCZ | 1989 | M20 | | | 1956 | | 1912 | | | 3868 |
| 242 | SAWICKI KAMIL | | LUBLIN | 1989 | M20 | 3864 | | | | | | | 3864 |
| 243 | MIELNICZUK TOMASZ ARTUR MARCIN | Perfect Runner Team Lublin | HRUBIESZÓW | 1987 | M20 | | 1922 | | | | 965 | 975 | 3862 |
| 244 | KORGUL MARCIN | WUKS SP30 | LUBLIN | 1990 | M20 | 3852 | | | | | | | 3852 |
| 245 | WÓJCIK MARCIN | | ŁAPCZYCA | 1991 | M20 | 3844 | | | | | | | 3844 |
| 246 | MIKOWSKI MICHAŁ | UP AZS Lublin | HALINÓW | 1995 | M20 | | | 1524 | | 1404 | | 901 | 3829 |
| 247 | WALENCIK MICHAŁ | | KARCZMISKA PIERWSZE | 1992 | M20 | 3824 | | | | | | | 3824 |
| 248 | SĘK KRYSTIAN | | LUBLIN | 1988 | M20 | 3820 | | | | | | | 3820 |
| 249 | KOULECHOV KONSTANTIN | | LUBLIN | 1990 | M20 | 3812 | | | | | | | 3812 |
| 250 | DOMONIK BARTOSZ | | NASUTÓW | 1987 | M20 | | | | 1520 | 1388 | | 897 | 3805 |
| 251 | KRYWCZUK TOMASZ | Legia Warszawa | ŁOMAZY | 1995 | M20 | | 1876 | | 1926 | | | | 3802 |
| 252 | PLICHA ŁUKASZ | | LUBLIN | 1989 | M20 | 3792 | | | | | | | 3792 |
| 253 | OLESZEK BARTŁOMIEJ | | GORAJ | 1994 | M20 | 3788 | | | | | | | 3788 |
| 254 | POSTRACH MACIEJ | | JĘDRZEJÓW | 1988 | M20 | 3784 | | | | | | | 3784 |
| 255 | KOWALCZYK PIOTR | Cienie wiatru | PRUSZKÓW | 1987 | M20 | 3780 | | | | | | | 3780 |
| 256 | BĄBIK ADAM | Biegający Świdnik | ŚWIDNIK | 1987 | M20 | | | | 1906 | 1870 | | | 3776 |
| 257 | WRÓBEL MACIEJ | Grodziski Klub Biegacza | GRODZISK WIELKOPOLSKI | 1992 | M20 | 3776 | | | | | | | 3776 |
| 258 | KOWALEWSKI TOMASZ | | ŁOMAZY | 1992 | M20 | 3768 | | | | | | | 3768 |
| 259 | KADZISZEWSKI RADOSŁAW | TeamPOZnan | POZNAŃ | 1989 | M20 | 3764 | | | | | | | 3764 |
| 260 | MUZYKA PIOTR | Lubartów Biega | TARŁO KOLONIA | 1993 | M20 | 3756 | | | | | | | 3756 |
| 261 | KAPICA DOMINIKA | | GARBÓW | 1993 | M20 | 3752 | | | | | | | 3752 |
| 262 | FLEJMER RAJMUND | R8 Elite Fitness | LUBLIN | 1988 | M20 | | 1918 | 1832 | | | | | 3750 |
| 263 | BOGACZEWCZ DAWID | ENDORŚWINKI | KAMIONKA | 1989 | M20 | | | | 1860 | 1888 | | | 3748 |
| 264 | WINOGRODKI KRYSZTIAN | | HRUBIESZÓW | 1991 | M20 | 3740 | | | | | | | 3740 |
| 265 | ZYCH MATEUSZ | Bobowska Grupa Biegowa | WILCZYSKA | 1994 | M20 | | | 1874 | | 1866 | | | 3740 |
| 266 | LATO BARTOSZ | Niepokonani | LUBLIN | 1989 | M20 | | 1884 | | | | 1844 | | 3728 |
| 267 | BOŻYM ADAM | | ŚWIDNIK | 1994 | M20 | 3724 | | | | | | | 3724 |
| 268 | KĄDZIELEWSKI DAMIAN | Fundacja Studencka MŁODZI MŁODYM 4336 | ŚWIDNIK | 1993 | M20 | | 1858 | 1856 | | | | | 3714 |
| 269 | BIELECKI TOMASZ | | LUBLIN | 1987 | M20 | | | 1908 | | 1804 | | | 3712 |
| 270 | WÓJCIK BARTŁOMIEJ | | LUBLIN | 1991 | M20 | 3704 | | | | | | | 3704 |
| 271 | HADZIK TOMASZ | ChSBD w Ruchu | KOCHANOWICE | 1991 | M20 | 3700 | | | | | | | 3700 |
| 272 | ZLOT MICHAŁ | | KURÓW | 1993 | M20 | | | 1904 | 1790 | | | | 3694 |
| 273 | JOŠKO JACEK | KS Strażak | WOJCIECHÓW | 1991 | M20 | | | | 1844 | 1848 | | | 3692 |
| 274 | BIENIAS TOMASZ | Byle do mety | GARBATKA LETNISKO | 1990 | M20 | 3688 | | | | | | | 3688 |
| 275 | POSUNIAK KACPER | | RADOM | 1993 | M20 | | | 1834 | | 1854 | | | 3688 |
| 276 | TERLECKI MICHAŁ | | LUBLIN | 1991 | M20 | 3684 | | | | | | | 3684 |
| 277 | SKOMOROWSKI ROBERT | | STRZYŻEWICE | 1996 | M20 | | 1894 | 1786 | | | | | 3680 |
| 278 | DOBROZYŃSKI OLIWIER | | LUBLIN | 1996 | M20 | 3672 | | | | | | | 3672 |
| 279 | NIEDŹWIECKI PATRYK | AZS UP LUBLIN/ UKS AZYMUT | LUBLIN | 1993 | M20 | | | 1842 | 1824 | | | | 3666 |
| 280 | KŁOŚ ARTUR | PKO Bank Polski | LUBLIN | 1987 | M20 | | | | 1780 | 952 | 932 | | 3664 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|---------------------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 281 | KUNA HUBERT | | WŁODAWA | 1991 | M20 | 3652 | | | | | | | 3652 |
| 282 | ADAMCZYK DAWID | Snopowiązka Księzomierz | KSIEŻOMIERZ | 1988 | M20 | 3640 | | | | | | | 3640 |
| 283 | KĘSKA DAWID | | LUBLIN | 1995 | M20 | | 1842 | 1792 | | | | | 3634 |
| 284 | KAPŁAŃSKI JAN | | LUBLIN | 1987 | M20 | 3632 | | | | | | | 3632 |
| 285 | GŁOWACZ MICHAŁ | | LUBLIN | 1988 | M20 | | | | | 1740 | 902 | 986 | 3628 |
| 286 | KUCHARSKI MATEUSZ | | TELATYN | 1988 | M20 | 3624 | | | | | | | 3624 |
| 287 | JAMROZ PAWEŁ | www.miejscapolski.pl | LUBLIN | 1987 | M20 | 3620 | | | | | | | 3620 |
| 288 | LITWIN BARTOSZ | Chełm Biega/Chełmska Grupa Triathlonu | CHEŁM | 1988 | M20 | | 1928 | | | 1686 | | | 3614 |
| 289 | GOŹDZICKI ŁUKASZ | endorświnki | LUBARTÓW | 1987 | M20 | | 1768 | 1844 | | | | | 3612 |
| 290 | POLAKOWSKI FILIP | | LUBLIN | 1992 | M20 | | | | 1766 | 1842 | | | 3608 |
| 291 | SZCZYGIEŁ TOMASZ | | PRZYPISÓWKA | 1987 | M20 | | | | 1812 | 1794 | | | 3606 |
| 292 | ZABRATAŃSKI KAMIL | | KRZCZONÓW | 1990 | M20 | | | | 1848 | 1748 | | | 3596 |
| 293 | KULA SEBASTIAN | | LUBLIN | 1988 | M20 | | | | 1832 | 1754 | | | 3586 |
| 294 | SORY BARTEK | SII POWER PEOPLE | LUBLIN | 1988 | M20 | | | | | 1644 | 938 | 959 | 3541 |
| 295 | PIECHNIK MARCIN | DIE HARD | BYCHAWA | 1993 | M20 | | | 1662 | 1824 | | | | 3486 |
| 296 | WALASEK EMIL | Biegusiem.pl | RYKI | 1990 | M20 | | | 1774 | 1708 | | | | 3482 |
| 297 | JAGIEŁŁO DANIEL | CrossfitZ16 | LUBLIN | 1987 | M20 | | | | 1762 | 1694 | | | 3456 |
| 298 | NAWŁATYNA ADAM | | CHMIEL PIERWSZY | 1988 | M20 | | 1874 | 1560 | | | | | 3434 |
| 299 | BANASZCZYK KAMIL | | LUBLIN | 1989 | M20 | | | | 1712 | 1690 | | | 3402 |
| 300 | DEPTA MICHAŁ | CISOWIANKA TEAM PL | NAŁĘCZÓW | 1992 | M20 | | 1686 | 1710 | | | | | 3396 |
| 301 | WÓJCIK BARTŁOMIEJ | | LUBLIN | 1991 | M20 | | 1582 | 1764 | | | | | 3346 |
| 302 | NAKONIECZNY PAWEŁ | Anetka Team | LUBLIN | 1993 | M20 | | | | 1676 | 1666 | | | 3342 |
| 303 | WIDANKA TOMASZ | | STASZÓW | 1989 | M20 | | 1654 | 1658 | | | | | 3312 |
| 304 | WOŹNY MICHAŁ | | JABŁONNA MAJĄTEK | 1991 | M20 | | | | 1598 | 1710 | | | 3308 |
| 305 | ROKICKI MICHAŁ | | KRZCZONÓW | 1989 | M20 | | | | 1596 | 1706 | | | 3302 |
| 306 | BORUCH WOJCIECH | | ŚWIDNIK | 1996 | M20 | | | | 1566 | 1726 | | | 3292 |
| 307 | MRÓZ SYLWESTER | | LUBLIN | 1987 | M20 | | | | 1668 | 1618 | | | 3286 |
| 308 | SZCZYGIEŁ JAKUB | | KRYNKA | 1995 | M20 | | 1706 | | | 1560 | | | 3266 |
| 309 | WAROWNY JACEK | | TURZYSTWO | 1987 | M20 | | | 1626 | 1636 | | | | 3262 |
| 310 | BŁASZCZAK EDWIN | | MARYSIN | 1994 | M20 | | 1682 | | | | 1574 | | 3256 |
| 311 | WÓJCIK JACEK | | OPOLE LUBELSKIE | 1995 | M20 | | | 1648 | | 1608 | | | 3256 |
| 312 | PIOTROWSKI EMIL | CBL Banda | LUBLIN | 1987 | M20 | | | | 1670 | 1580 | | | 3250 |
| 313 | PUCHAŁA KAROL | | LUBLIN | 1994 | M20 | | | | 1866 | 1378 | | | 3244 |
| 314 | KOLASA ARKADIUSZ | | LUBLIN | 1989 | M20 | | | 1574 | 1632 | | | | 3206 |
| 315 | BOCIAN MICHAŁ | | DOROHUSK | 1989 | M20 | | | | 1672 | 1496 | | | 3168 |
| 316 | SMAGA JAN | ojciec i syn | BORZECHÓW | 1994 | M20 | | | | 1638 | 1504 | | | 3142 |
| 317 | GUZIK ADRIAN | guzikluzik | MALBORK | 1993 | M20 | | | | 1678 | 1456 | | | 3134 |
| 318 | MAZURKIEWICZ MARCIN | Mazi TEAM | BYCHAWA | 1987 | M20 | | 1646 | | | 1460 | | | 3106 |
| 319 | GRABOŃ MACIEJ | | RYKI | 1987 | M20 | | 1560 | 1538 | | | | | 3098 |
| 320 | MASTERNAK SEBASTIAN | | SANDOMIERZ | 1993 | M20 | | | 1604 | | 1490 | | | 3094 |
| 321 | DZIWISZ BARTŁOMIEJ | | KRASNYSIASTW | 1989 | M20 | | 1596 | | | 1470 | | | 3066 |
| 322 | BEDNARZ KONRAD | | LUBLIN | 1993 | M20 | | | | 1618 | 1428 | | | 3046 |
| 323 | DĄBROWSKI MAREK | Stokrotka Team | LUBLIN | 1989 | M20 | | 1624 | | | | 1422 | | 3046 |
| 324 | ŁOMICZ AXEL | | LUBLIN | 1991 | M20 | | | 1558 | | 1486 | | | 3044 |
| 325 | RACZYŃSKI PAWEŁ | SKB Kraśnik/Asics Frontrunner Polska | KRAŚNIK | 1990 | M20 | | | | | 1994 | | 995 | 2989 |
| 326 | KWIATKOWSKI DAWID | | LUBLIN | 1993 | M20 | | | | | 1984 | | 994 | 2978 |
| 327 | ZIĘBA PIOTR | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1987 | M20 | | 1954 | | | | | 998 | 2952 |
| 328 | OLSZEWSKI PAWEŁ | | DYS | 1989 | M20 | | | | 1936 | | | 988 | 2924 |
| 329 | ROZWALKA RAFAŁ | CHEŁM BIEGA | REJOWIEC FABRYCZNY | 1989 | M20 | | 1978 | | | | 911 | | 2889 |
| 330 | SULEK ADAM | | LUBLIN | 1993 | M20 | | | | 1908 | | | 980 | 2888 |
| 331 | SZYDŁOWSKI RAFAŁ | POWER TRAINING | LUBLIN | 1988 | M20 | | | | | 1904 | | 984 | 2888 |
| 332 | ADAMOWICZ SZYMON | | LUBLIN | 1993 | M20 | | | | 1884 | 968 | | | 2852 |
| 333 | CHOMA JAKUB | | MAJDAN LEŚNIOWSKI | 1994 | M20 | | 1872 | | | | | 959 | 2831 |
| 334 | FILA MICHAŁ | | LUBLIN | 1988 | M20 | | | | 1840 | | | 965 | 2805 |
| 335 | KOWALCZYK MARCIN | | LUBLIN | 1993 | M20 | | 1790 | | | | 971 | | 2761 |
| 336 | PODLEŚNY MARCIN | | KRASIENIN KOLONIA | 1992 | M20 | | 1798 | | | | 948 | | 2746 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma | |
|------|-----------------------|-------------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|------|
| 337 | KUZIEL JAKUB | Makondo | MAJDAN KOZIC DOLNYCH | 1987 | M20 | | | | | 1764 | 981 | | 2745 | |
| 338 | SZYMANEK ŁUKASZ | | TOMASZOWICE | 1995 | M20 | 1778 | | | | | 955 | | 2733 | |
| 339 | SZCZERBA JACEK | KS Perełka | LUBLIN | 1987 | M20 | 1776 | | | | | | 954 | 2730 | |
| 340 | ZIÓŁKOWSKI PRZEMYSŁAW | | GOŚCIERADÓW UKAZOWY | 1992 | M20 | | | | 1760 | | 956 | | 2716 | |
| 341 | NOWAK KAROL | niech tylko Nowak wyleczy kolano | LUBLIN | 1988 | M20 | | | 1698 | | | 968 | | 2666 | |
| 342 | HEJNO PRZEMYSŁAW | Mobica Runners | WÓLKA ABRAMOWICKA | 1988 | M20 | | 1702 | | | | 959 | | 2661 | |
| 343 | SPRAWKA KAMIL | | STRZYŻEWICE | 1991 | M20 | | | 1724 | | | 931 | | 2655 | |
| 344 | FALKOWSKI DAMIAN | | LUBLIN | 1988 | M20 | | | 1616 | | | 981 | | 2597 | |
| 345 | NAWRICKI ADAM | | STARY UŚCIMÓW | 1992 | M20 | 1612 | | | | | 938 | | 2550 | |
| 346 | BZOWSKI ANDRZEJ | | 21-010 | 1989 | M20 | 1634 | | | | | 909 | | 2543 | |
| 347 | ŚNIADÓWKA MATEUSZ | | LUBLIN | 1994 | M20 | 1624 | | | | | 916 | | 2540 | |
| 348 | KĘDZIERSKI PIOTR | Rower-Power | ŚWIDNIK | 1987 | M20 | | | | 1600 | | 929 | | 2529 | |
| 349 | PROKOP MATEUSZ | Kraśnik Biega | KRAŚNIK | 1988 | M20 | 1608 | | | | | 914 | | 2522 | |
| 350 | FILO WOJCIECH | Traktor Volley | LUBLIN | 1988 | M20 | | | | 1588 | | 930 | | 2518 | |
| 351 | URBAŚ ŁUKASZ | | DYS | 1994 | M20 | | | 1588 | | | 902 | | 2490 | |
| 352 | BRANICKI DAMIAN | Rower Power | ŚWIDNIK | 1987 | M20 | | | | 1558 | | 905 | | 2463 | |
| 353 | PAZUR KACPER | | LUBLIN | 1990 | M20 | | | | 1500 | | 957 | | 2457 | |
| 354 | BOGUSZ MACIEJ | | LUBLIN | 1988 | M20 | 1536 | | | | | 913 | | 2449 | |
| 355 | WARDA DOBROSŁAW | Makondo | MAJDAN KOZIC DOLNYCH | 1991 | M20 | | | | 1530 | | 914 | | 2444 | |
| 356 | MITULA GRZEGORZ | | LUBLIN | 1992 | M20 | | | | | 1474 | | 926 | | 2400 |
| 357 | ZAJĄC WOJCIECH | | BABIN | 1994 | M20 | | | | 1488 | | 907 | | 2395 | |
| 358 | BIELECKI RAFAŁ | | ŚWIDNIK | 1989 | M20 | | | | 1482 | | 910 | | 2392 | |
| 359 | PAWLAK ADAM | Pawlak Team | LUBLIN | 1987 | M20 | | | | 1438 | | 938 | | 2376 | |
| 360 | DANIŁKO KRZYSZTOF | | WISKI | 1991 | M20 | | | | 1442 | | 915 | | 2357 | |
| 361 | TOPYŁA RAFAŁ | BEŁŻYCE I OKOLICE BIEGAJĄ | BEŁŻYCE | 1994 | M20 | | | | 1432 | | 923 | | 2355 | |
| 362 | ROJEK KRZYSZTOF | | LUBLIN | 1987 | M20 | | | | 1430 | | 916 | | 2346 | |
| 363 | WEREMA ŁUKASZ | Lubelski Korpus Ekspedycyjny | MIĘDZYRZEC PODLASKI | 1990 | M20 | | | | 1406 | | 894 | | 2300 | |
| 364 | WOJCIECHOWSKI MICHAŁ | Witar Tarnobrzeg | TARNOBRZEG | 1988 | M20 | 2000 | | | | | | | 2000 | |
| 365 | BRĄGIEL KRZYSZTOF | Majugs Federation of Athletics Team | KĘDZIERZYN-KOŹLE | 1987 | M20 | | | 1992 | | | | | 1992 | |
| 366 | BELOWSKI MATEUSZ | | PUŁawy | 1991 | M20 | | | | 1990 | | | | 1990 | |
| 367 | KLUZIAK TOMASZ | Chemik Noxy Puławy | KARCZMISKA | 1995 | M20 | 1990 | | | | | | | 1990 | |
| 368 | KIJOWSKI ADRIAN | 1 Batalion Strzelców Podhalanskich | ŽABNO | 1993 | M20 | | | 1988 | | | | | 1988 | |
| 369 | WYSOCKI RAFAŁ | Siedlecki Klub Sportowy FENIKS | SIEDLCE | 1990 | M20 | | | | 1982 | | | | 1982 | |
| 370 | ŁUKASIK DAMIAN | | JANÓW LUBELSKI | 1988 | M20 | 1980 | | | | | | | 1980 | |
| 371 | MŁYNARZ KAMIL | SKB Kraśnik | ŁĘCZNOWOLA | 1990 | M20 | | | | 1976 | | | | 1976 | |
| 372 | ZIĘBA KRZYSZTOF | | LUBLIN | 1989 | M20 | 1976 | | | | | | | 1976 | |
| 373 | PRZECH MARCIN | Sklep Biegacza Lublin Team | LUBLIN | 1995 | M20 | | | 1972 | | | | | 1972 | |
| 374 | CZERNIAK ADRIAN | | LUBLIN | 1989 | M20 | 1968 | | | | | | | 1968 | |
| 375 | DZIĘGIELEWSKI MATEUSZ | Ortoreh Team | WARSZAWA | 1988 | M20 | 1966 | | | | | | | 1966 | |
| 376 | MACHAŁA KAMIL | Przeworska Grupa Biegowa | WÓLKA OGRODKOWA | 1991 | M20 | | | | 1962 | | | | 1962 | |
| 377 | KUBA DAMIAN | Lublin Biega | JANOWIEC | 1994 | M20 | | | | 1958 | | | | 1958 | |
| 378 | SAŁDAN GRZEGORZ | Perfect Runner Lublin | BUSZKOWICE | 1991 | M20 | | | | 1952 | | | | 1952 | |
| 379 | WOŹNIAK TOMASZ | | LUBARTÓW | 1991 | M20 | 1944 | | | | | | | 1944 | |
| 380 | GRUCA ŁUKASZ | Lubelska Grupa Triathlonu | LUBLIN | 1988 | M20 | | | | 1940 | | | | 1940 | |
| 381 | HAJKOWSKI WOJCIECH | | ŚWIDNIK | 1995 | M20 | 1934 | | | | | | | 1934 | |
| 382 | GRZEGORCZYK MARCIN | | ŚWIDNIK | 1988 | M20 | 1930 | | | | | | | 1930 | |
| 383 | CABOŃ PIOTR | | LUBLIN | 1989 | M20 | 1926 | | | | | | | 1926 | |
| 384 | STRUG ARTUR | Lubelska Grupa Triathlonu | LUBLIN | 1987 | M20 | | | 1924 | | | | | 1924 | |
| 385 | BEDNARCZYK JAKUB | | LUBARTÓW | 1988 | M20 | | | | 1918 | | | | 1918 | |
| 386 | KOGUCIUK GRZEGORZ | | LUBLIN | 1989 | M20 | 1914 | | | | | | | 1914 | |
| 387 | WARSZAWA KUBA | | LUBLIN | 1987 | M20 | | | 1912 | | | | | 1912 | |
| 388 | JUCHNIEWICZ ŁUKASZ | studiocreative.pl | LUBARTÓW | 1987 | M20 | 1910 | | | | | | | 1910 | |
| 389 | KURZEJEWSKI PIOTR | | BYCHAWA | 1989 | M20 | | | | 1906 | | | | 1906 | |
| 390 | BARAN KAMIL | BJJ | JAROSŁAW | 1989 | M20 | 1892 | | | | | | | 1892 | |
| 391 | PAWŁOWSKI BARTŁOMIEJ | | ŚWIDNIK | 1995 | M20 | | | 1888 | | | | | 1888 | |
| 392 | OZIMEK MARCIN | KS STRAŻAK | WOJCIECHÓW | 1991 | M20 | | | | 1878 | | | | 1878 | |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|------------------------------|------------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 393 | SMOLIŃSKI SEBASTIAN | AZS UMCS Lublin | LUBLIN | 1991 | M20 | | | | | 1874 | | | 1874 |
| 394 | JĘDRZEJEWICZ MARCIN | Jasne | LUBLIN | 1990 | M20 | | 1872 | | | | | | 1872 |
| 395 | GÓRSKI Rafał | Jama Zła Running Team | LUBLIN | 1990 | M20 | | | | 1868 | | | | 1868 |
| 396 | SYGACZ OLIWER | | KRAŚNIK | 1996 | M20 | | | 1864 | | | | | 1864 |
| 397 | ZAPALSKI PAWEŁ | | LUBLIN | 1992 | M20 | | | 1862 | | | | | 1862 |
| 398 | MISIAK PATRYK | | BISKUPICE | 1993 | M20 | | 1852 | | | | | | 1852 |
| 399 | DUŃKO JAKUB | Krasnystaw Biega | KRASNYSTAW | 1991 | M20 | | 1840 | | | | | | 1840 |
| 400 | JANKOWSKI MATEUSZ | Ks Żegłina Sieradz | LUBLIN | 1995 | M20 | | | | 1836 | | | | 1836 |
| 401 | KASPRZAK JAN | | LUBARTÓW | 1990 | M20 | | 1836 | | | | | | 1836 |
| 402 | KĘPOWICZ KAMIL | Kamil | NIEDRZWICA DUŻA | 1987 | M20 | | | | | 1834 | | | 1834 |
| 403 | LOTEK RADOSŁAW | | DRELÓW | 1996 | M20 | | | 1834 | | | | | 1834 |
| 404 | RASIAK ADAM | LITPOLUKRBRIG | LUBLIN | 1987 | M20 | | 1834 | | | | | | 1834 |
| 405 | REWERSKI MATEUSZ | | LUBLIN | 1994 | M20 | | | | 1830 | | | | 1830 |
| 406 | KOPYŚĆ SYLWESTER | 33 BLtr | LIPINY | 1987 | M20 | | | 1828 | | | | | 1828 |
| 407 | ŚWIĄTEK MATEUSZ | | LUBLIN | 1991 | M20 | | | | 1826 | | | | 1826 |
| 408 | TRZCIŃSKI PAWEŁ | | BYCHAWA | 1989 | M20 | | | | | 1826 | | | 1826 |
| 409 | KOZIOŁ MACIEJ | | NIEMCE | 1992 | M20 | | 1822 | | | | | | 1822 |
| 410 | STOCHMALSKI MARCIN | MKS Sygnal Chodel | CHODEL | 1991 | M20 | | | | 1820 | | | | 1820 |
| 411 | JÓŹWIAK ŁUKASZ | | LUBLIN | 1995 | M20 | | 1818 | | | | | | 1818 |
| 412 | DUCKI ŁUKASZ | Chemik Noxy Puławy | PUŁAWY | 1989 | M20 | | | 1816 | | | | | 1816 |
| 413 | KLUBIŃSKI MARIUSZ | | ZGIERZ | 1991 | M20 | | 1814 | | | | | | 1814 |
| 414 | SIECZKA KRZYSZTOF | Kraśnicki Klub Morsów | ANNOPOŁ | 1989 | M20 | | | | 1812 | | | | 1812 |
| 415 | GOŁDZICKI ŁUKASZ | ENDORŚWINKI | LUBARTÓW | 1987 | M20 | | | | 1806 | | | | 1806 |
| 416 | KRZEWSKI PAWEŁ | | PARCZEW | 1993 | M20 | | | 1804 | | | | | 1804 |
| 417 | BORECKI BARTŁOMIEJ | | ŚWIDNIK | 1987 | M20 | | | 1800 | | | | | 1800 |
| 418 | CIERNIAK JAROSŁAW | | LUBLIN | 1992 | M20 | | | | 1798 | | | | 1798 |
| 419 | ZIELIŃSKI PATRYK | | LUBLIN | 1988 | M20 | | | | 1798 | | | | 1798 |
| 420 | PIASECKI ROBERT | | LUBLIN | 1992 | M20 | | 1794 | | | | | | 1794 |
| 421 | CHLEBIO JAROSŁAW | | LUBLIN | 1995 | M20 | | 1790 | | | | | | 1790 |
| 422 | ŚWISTAK TOMASZ | | ČMIŁÓW | 1987 | M20 | | | 1788 | | | | | 1788 |
| 423 | SOBULSKI KAMIL | Pazerni Na Sport Lipsko | LIPSKO | 1989 | M20 | | | | 1786 | | | | 1786 |
| 424 | PYLAK KRZYSZTOF | WW Team | LUBLIN | 1991 | M20 | | 1782 | | | | | | 1782 |
| 425 | MACKIEWICZ KAMIL | Mam nawyki mam wyniki | CHEŁM | 1988 | M20 | | | | 1780 | | | | 1780 |
| 426 | ISKIERKO MARCIN | | LUBLIN | 1994 | M20 | | | 1778 | | | | | 1778 |
| 427 | KNIEJA PAWEŁ | | OPOLE LUBELSKIE | 1989 | M20 | | 1774 | | | | | | 1774 |
| 428 | SIMBORSKI PIOTR | | LUBLIN | 1991 | M20 | | 1770 | | | | | | 1770 |
| 429 | SZACÓŃ MACIEJ | HOOAH | 22 | 1991 | M20 | | | 1770 | | | | | 1770 |
| 430 | WILK MACIEJ | | LUBLIN | 1987 | M20 | | | | 1770 | | | | 1770 |
| 431 | BANCZEROWSKI BARTOSZ | Mobica Runners | OPOLE LUBELSKIE | 1990 | M20 | | | | | 882 | 885 | | 1767 |
| 432 | LECH JAKUB | | PALIKÓWKA | 1994 | M20 | | 1760 | | | | | | 1760 |
| 433 | RÓŻYŃSKI MACIEJ | MULTIMEDIA RUNNERS | PUŁAWY | 1990 | M20 | | | | 1758 | | | | 1758 |
| 434 | WITKOWSKI PIOTR | | TARNÓW | 1992 | M20 | | | | 1758 | | | | 1758 |
| 435 | SKRZAT KONRAD | Jaro Running_team | LUBLIN | 1988 | M20 | | 1754 | | | | | | 1754 |
| 436 | BRODACZEWSKI PIOTR | | MĘTÓW | 1994 | M20 | | | | 1752 | | | | 1752 |
| 437 | GLIWKA KAMIL | Biegusiem.pl | LEOPOLDÓW | 1989 | M20 | | | 1752 | | | | | 1752 |
| 438 | STANDYŁO ARKADIUSZ | | RZESZÓW | 1993 | M20 | | 1752 | | | | | | 1752 |
| 439 | JANISZ RAFAŁ | | TURKA | 1989 | M20 | | | | 1750 | | | | 1750 |
| 440 | SUGIER RAFAŁ | | LUBLIN | 1988 | M20 | | | 1750 | | | | | 1750 |
| 441 | SZAST KONRAD | | LUBLIN | 1991 | M20 | | 1748 | | | | | | 1748 |
| 442 | DĄBROWSKI ŁUKASZ | po secie na mecie | OSTROWIEC ŚWIĘTOKRZYSKI | 1988 | M20 | | | | 1746 | | | | 1746 |
| 443 | KRAWCZYŃSKI MACIEJ | Szkoła Pływania Wodnik | HRUBIESZÓW | 1987 | M20 | | | | 1746 | | | | 1746 |
| 444 | POLNICKI PRZEMYSŁAW | | JAKUBOWICE KONIŃSKIE-KOLONIA | 1993 | M20 | | 1746 | | | | | | 1746 |
| 445 | BŁASZCZYK MAREK | | NIEDRZWICA DUŻA | 1989 | M20 | | | | 1738 | | | | 1738 |
| 446 | JĘDRAS PIOTR | | LUBLIN | 1987 | M20 | | 1738 | | | | | | 1738 |
| 447 | MAJCHRZAK ŁUKASZ | Klub Morsa-Z Łabędziem być . | DEBLIN | 1991 | M20 | | | | 1736 | | | | 1736 |
| 448 | BOCHENKIEWICZ PAWEŁ | MULTIMEDIA RUNNERS | PUŁAWY | 1987 | M20 | | | | 1734 | | | | 1734 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|-----------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 449 | MARCHEWKA MATEUSZ | Pazerni na sport | LIPSKO | 1990 | M20 | | | | | 1732 | | | 1732 |
| 450 | ZIELIŃSKI GRZEGORZ | KW Lublin | LUBLIN | 1996 | M20 | | 1730 | | | | | | 1730 |
| 451 | MAJCHRZAK SYLWIUSZ | | KŁOMNICE | 1992 | M20 | | | | 1728 | | | | 1728 |
| 452 | MISIEK JAKUB | Makondo | MAJDAN KOZIC DOLNYCH | 1995 | M20 | | | 1728 | | | | | 1728 |
| 453 | SADOWNICZEK NORBERT | Makondo | MAJDAN KOZIC DOLNYCH | 1994 | M20 | | | 1722 | | | | | 1722 |
| 454 | BOCHEŃCZYK KAROL | | LUBLIN | 1994 | M20 | | 1720 | | | | | | 1720 |
| 455 | GÓRNIAK MARCIN | GetGym | RADOMYSŁ N/SANEM | 1994 | M20 | | 1712 | | | | | | 1712 |
| 456 | PRUCHNIAK WOJCIECH | | PUŁAWY | 1995 | M20 | | 1706 | | | | | | 1706 |
| 457 | ROMANOWSKI SERGIUSZ | MKS Sygnal Chodel | CHODEL | 1991 | M20 | | | 1706 | | | | | 1706 |
| 458 | MITURA ARKADIUSZ | Run Helpers | LUBLIN | 1991 | M20 | | 1690 | | | | | | 1690 |
| 459 | REWERSKI MICHAŁ | | LUBLIN | 1992 | M20 | | | 1686 | | | | | 1686 |
| 460 | CIECHAŃSKI Rafał | | LUBLIN | 1995 | M20 | | | 1684 | | | | | 1684 |
| 461 | CZERNIEJ Rafał | | DĘBLIN | 1988 | M20 | | 1684 | | | | | | 1684 |
| 462 | MAZIEJUK MAREK | AZS KUL | BIAŁA PODLASKA | 1993 | M20 | | 1680 | | | | | | 1680 |
| 463 | ŁABĘDZKI PRZEMYSŁAW | | LUBLIN | 1991 | M20 | | 1678 | | | | | | 1678 |
| 464 | CIASTUŁA KAMIL | | LUBLIN | 1993 | M20 | | | | 1674 | | | | 1674 |
| 465 | WOJNARSKI IRENEUSZ | | NEDEŻÓW | 1989 | M20 | | | | 1672 | | | | 1672 |
| 466 | WOLAK KRZYSIEK | | WOJCIECHÓW | 1990 | M20 | | 1670 | | | | | | 1670 |
| 467 | BANASZEK IGOR | Biegne Tylko Dla Koszulki (BTdK) | HRUBIESZÓW | 1991 | M20 | | | | 1668 | | | | 1668 |
| 468 | WÓJCIK NORBERT | Stokrotka | LUBLIN | 1989 | M20 | | 1668 | | | | | | 1668 |
| 469 | DOMAŃSKI MICHAŁ | | LUBARTÓW | 1989 | M20 | | | 1666 | | | | | 1666 |
| 470 | ROPIAK KAMIL | | LUBLIN | 1992 | M20 | | 1664 | | | | | | 1664 |
| 471 | WRZOS FABIAN | | MICHÓW | 1994 | M20 | | | | 1664 | | | | 1664 |
| 472 | BARANIECKI TOMASZ | EIneg.pl | LUBLIN | 1988 | M20 | | | 1660 | | | | | 1660 |
| 473 | LENARD WOJCIECH | | LUBLIN | 1989 | M20 | | | 1658 | | | | | 1658 |
| 474 | JĘDRZEJEWSKI ŁUKASZ | Skarpark | LUBLIN | 1989 | M20 | | 1650 | | | | | | 1650 |
| 475 | BACZEWSKI KAMIL | | LUBLIN | 1987 | M20 | | 1648 | | | | | | 1648 |
| 476 | BARTNIK SŁAWOMIR | | BATORZ | 1995 | M20 | | 1644 | | | | | | 1644 |
| 477 | STACHYRA MICHAŁ | Draco Kowala | PONIATOWA | 1990 | M20 | | | 1642 | | | | | 1642 |
| 478 | WŁODARCZYK PAWEŁ | ALFA SYSTEM | LUBLIN | 1987 | M20 | | 1642 | | | | | | 1642 |
| 479 | KNUREK JAKUB | | BESKO | 1993 | M20 | | 1640 | | | | | | 1640 |
| 480 | MEUS JAKUB | | LUBLIN | 1993 | M20 | | | 1638 | | | | | 1638 |
| 481 | HUNEK FILIP | ekipa | LUBLIN | 1996 | M20 | | | | 1636 | | | | 1636 |
| 482 | PUDŁO ŁUKASZ | | LUBLIN | 1989 | M20 | | | | 1634 | | | | 1634 |
| 483 | RÓŻYCKI PRZEMYSŁAW | | LUBLIN | 1991 | M20 | | 1634 | | | | | | 1634 |
| 484 | KRZYŻANOWSKI TOMASZ | | LUBLIN | 1992 | M20 | | | 1630 | | | | | 1630 |
| 485 | RAJEK DAMIAN | | LUBLIN | 1996 | M20 | | | | 1628 | | | | 1628 |
| 486 | WICZOŁEK ROBERT | | NAŁĘCZÓW | 1993 | M20 | | | 1628 | | | | | 1628 |
| 487 | GÓŹDŹ KAROL | ŻonaMiKazała | LUBLIN | 1987 | M20 | | 1626 | | | | | | 1626 |
| 488 | POTRZASAJ ŁUKASZ | pazerni na sport lipsko | LIPSKO | 1989 | M20 | | | | 1626 | | | | 1626 |
| 489 | KRÓL PRZEMYSŁAW | | KOŃSKOWOLA | 1988 | M20 | | | | 1624 | | | | 1624 |
| 490 | DOBRYŃSKI JAROSŁAW | LUKS Lubartów | BARANÓWKA | 1993 | M20 | | 1622 | | | | | | 1622 |
| 491 | BURDA PIOTR | | LUBACZÓW | 1994 | M20 | | | | 1620 | | | | 1620 |
| 492 | ŁUKSZA MAREK | ŁUKDAR | LUBLIN | 1988 | M20 | | | 1620 | | | | | 1620 |
| 493 | WAGNER ALBERT | | WILKOŁAZ PIERWSZY | 1995 | M20 | | 1620 | | | | | | 1620 |
| 494 | ŚLIMAK ŁUKASZ | | DUBIECKO | 1994 | M20 | | | | 1614 | | | | 1614 |
| 495 | KANCERZ PIOTR | Piotr Kancerz | GORZKÓW | 1988 | M20 | | 1608 | | | | | | 1608 |
| 496 | BAJKO ŁUKASZ | Zina Team | BIAŁA PODLASKA | 1991 | M20 | | 1606 | | | | | | 1606 |
| 497 | SKOCZYLAS ŁUKASZ | Cebulage Squad | ŚWIDNIK | 1987 | M20 | | | 1606 | | | | | 1606 |
| 498 | ZARYCHTA JAKUB | | LUBLIN | 1991 | M20 | | | | 1606 | | | | 1606 |
| 499 | KIJKO JAROSŁAW | | LUBLIN | 1989 | M20 | | 1604 | | | | | | 1604 |
| 500 | PAJĄK MICHAŁ | | ITŁA | 1992 | M20 | | | 1602 | | | | | 1602 |
| 501 | PIENIĄŻEK PATRYK | UMLUB | RZESZÓW | 1993 | M20 | | 1602 | | | | | | 1602 |
| 502 | STĘPIEŃ PRZEMYSŁAW | | LUBLIN | 1988 | M20 | | | | 1598 | | | | 1598 |
| 503 | TOMIŁO MICHAŁ | | GODZISZÓW | 1994 | M20 | | 1598 | | | | | | 1598 |
| 504 | KIEŁBASA Rafał | | CHEŁM | 1988 | M20 | | 1594 | | | | | | 1594 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|-------------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 505 | GAJEWSKI PAWEŁ | WOLNO ALE DO PRZODU | LUBLIN | 1988 | M20 | | | | 1592 | | | | 1592 |
| 506 | GRZYB ŁUKASZ | | LUBLIN | 1987 | M20 | | | | 1590 | | | | 1590 |
| 507 | GOŁOFIT ŁUKASZ | | LUBLIN | 1989 | M20 | | | | 1586 | | | | 1586 |
| 508 | IWANIAK MICHAŁ | | LUBLIN | 1995 | M20 | | | | 1586 | | | | 1586 |
| 509 | MITKOWSKI MARCIN | | LUBLIN | 1989 | M20 | 1586 | | | | | | | 1586 |
| 510 | KISIELEWSKI WOJCIECH | Wojciech Kisielewski | HRUBIESZÓW | 1988 | M20 | | | | 1582 | | | | 1582 |
| 511 | UGARENKO JUSTYNA | Nike Lublin Plaza | PNIÓWNO | 1991 | M20 | | | 1582 | | | | | 1582 |
| 512 | DMUCH PRZEMYSŁAW | IM-POSSIBLE TEAM | CHEŁM | 1990 | M20 | 1580 | | | | | | | 1580 |
| 513 | SOKOL TOMASZ | | LUBLIN | 1990 | M20 | | 1576 | | | | | | 1576 |
| 514 | KUREK WOJCIECH | Nike Lublin Plaza | ŁĘCZNA | 1995 | M20 | 1574 | | | | | | | 1574 |
| 515 | GRZEGORCZYK PAWEŁ | | LUBLIN | 1992 | M20 | | | | 1572 | | | | 1572 |
| 516 | KWOLEK KAMIL | | LUBLIN | 1991 | M20 | | | | 1570 | | | | 1570 |
| 517 | JAWOROWSKI RAFAŁ | | PIASKI | 1991 | M20 | | | | 1566 | | | | 1566 |
| 518 | JANIUK JAKUB | Crossfit Lublin | LUBLIN | 1995 | M20 | 1562 | | | | | | | 1562 |
| 519 | BŁAŻEJEWSKI JAKUB | | LUBLIN | 1994 | M20 | | | 1558 | | | | | 1558 |
| 520 | WIDZ ŁUKASZ | | RYKI | 1988 | M20 | | | 1556 | | | | | 1556 |
| 521 | SKOREK KAROL | | ŚWIDNIK | 1991 | M20 | | | 1554 | | | | | 1554 |
| 522 | BARSZCZ RADEK | The Underground Man | KAMIONKA | 1988 | M20 | | 1552 | | | | | | 1552 |
| 523 | KARWAT SŁAWOMIR | | LUBLIN | 1987 | M20 | | | 1550 | | | | | 1550 |
| 524 | ZANCHIRA IGOR | | LIPSKO | 1989 | M20 | | | 1550 | | | | | 1550 |
| 525 | KRZYŻANOWSKI JAROSŁAW | | LUBLIN | 1994 | M20 | | | 1548 | | | | | 1548 |
| 526 | ROMAŃSKI KRISTIAN | | LUBLIN | 1993 | M20 | | | 1542 | | | | | 1542 |
| 527 | PLEWIK MICHAŁ | Bełżycy i okolice biegają | STASIN | 1996 | M20 | | | 1536 | | | | | 1536 |
| 528 | ONISZCZUK ŁUKASZ | | LUBLIN | 1990 | M20 | | | 1534 | | | | | 1534 |
| 529 | PRZECH BARTOSZ | Deloitte Adventure Team | LUBLIN | 1991 | M20 | | | 1528 | | | | | 1528 |
| 530 | POPŁAWSKI MICHAŁ | KU AZS UP LUBLIN | PIETRASZKI | 1994 | M20 | | | 1524 | | | | | 1524 |
| 531 | PAWŁOWSKI MICHAŁ | | NAŁĘCZÓW | 1987 | M20 | | | 1516 | | | | | 1516 |
| 532 | ZGOLIŃSKI ZIEMOWIT | ZiemoFit Motivation 24 | MILEJÓW | 1993 | M20 | | | 1514 | | | | | 1514 |
| 533 | PIĘTAL LESZEK | | PRZEMYŚL | 1989 | M20 | | | 1502 | | | | | 1502 |
| 534 | WÓJCIK JAKUB | HERE | KIELCE | 1988 | M20 | | | 1494 | | | | | 1494 |
| 535 | KRÓL SZYMON | SNPTT Zakopane | ZAKOPANE | 1995 | M20 | | | 1492 | | | | | 1492 |
| 536 | MŁYNARCZYK BARTŁOMIEJ | | LUBLIN | 1987 | M20 | | | 1480 | | | | | 1480 |
| 537 | BANACH MATEUSZ | | DĘBOWA KŁODA | 1992 | M20 | | | 1476 | | | | | 1476 |
| 538 | MAGRYTA ARKADIUSZ | Arkadiusz Magryta | TURKA | 1993 | M20 | | | 1454 | | | | | 1454 |
| 539 | NESTER ERWIN | Makondo | MAJDAN KOZIC DOLNYCH | 1993 | M20 | | | 1448 | | | | | 1448 |
| 540 | BOREŃSKI GRZEGORZ | | LUBLIN | 1994 | M20 | | | 1446 | | | | | 1446 |
| 541 | KOKOSZ RAFAŁ | | KRAŚNIK | 1992 | M20 | | | 1420 | | | | | 1420 |
| 542 | KUFEL GRZEGORZ | Burger TV | LUBLIN | 1987 | M20 | | | 1416 | | | | | 1416 |
| 543 | PALUSZKIEWICZ MACIEJ | | LUBLIN | 1990 | M20 | | | 1412 | | | | | 1412 |
| 544 | OSTAS SEBASTIAN | | SIEDLCE | 1987 | M20 | | | 1402 | | | | | 1402 |
| 545 | JANIK KONRAD | | ZAKRZÓWEK | 1993 | M20 | | | 1400 | | | | | 1400 |
| 546 | DEKONDY PATRYK | | LUBLIN | 1994 | M20 | | | 1398 | | | | | 1398 |
| 547 | WIERZCHOWSKI PAWEŁ | | LUBLIN | 1995 | M20 | | | 1392 | | | | | 1392 |
| 548 | BINIĘDA MIKOŁAJ | PAZERNI NA SPORT LIPSKO | LIPSKO | 1989 | M20 | | | 1390 | | | | | 1390 |
| 549 | CALZADO MANUEL | | LUBLIN - 20-032 | 1991 | M20 | | | 1386 | | | | | 1386 |
| 550 | TROJANOWSKI SŁAWOMIR | | RZESZÓW | 1989 | M20 | | | 1376 | | | | | 1376 |
| 551 | STARZYŃSKI ANDRZEJ | Centrum Eksportu Klementynka | KLEMENTOWICE | 1990 | M20 | | | | | | 1000 | | 1000 |
| 552 | KIC DAMIAN | Resovia Rzeszów/Szafa Biegacza Team | UJKOWICE/PRZEMYŚL | 1996 | M20 | | | | | | 997 | | 997 |
| 553 | CYNGOT JACEK | UKS Olimp Kozienice | KOZIENICE | 1996 | M20 | | | | | | 990 | | 990 |
| 554 | CZARKOWSKI DAWID | | ŁĘCZNA | 1995 | M20 | | | | | | | 989 | 989 |
| 555 | DREWNIAK PAWEŁ | BDOWWB | ŚWIDNIK | 1988 | M20 | | | | | | 987 | | 987 |
| 556 | GUT MATEUSZ | Legia Warszawa Run Club | WARSZAWA | 1988 | M20 | | | | | | 983 | | 983 |
| 557 | ŻAK EMIL | | LUBLIN | 1990 | M20 | | | | | | 979 | | 979 |
| 558 | MIŚKIEWICZ ARKADIUSZ | | KOZIENICE | 1995 | M20 | | | | | | 977 | | 977 |
| 559 | DRÓZD PIOTR | | TOMASZOWICE | 1993 | M20 | | | | | | 972 | | 972 |
| 560 | KMIECIK PAWEŁ | Majsterzyca | JABŁONAW | 1988 | M20 | | | | | | 972 | | 972 |

Grand Prix Lublina 2016/2017 – Kategoria M20

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------------|--|-------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 561 | RADOWIECKI DAMIAN | Asseco Active Team | PARCZEW | 1993 | M20 | | | | | | 971 | 971 | |
| 562 | CZERNIEC DANIEL | | LUBLIN | 1994 | M20 | | | | | | 970 | 970 | |
| 563 | PASIAK WOJCIECH | ANGIO-REH Rehab. Naczyniowa i Lecznica | LUBLIN | 1990 | M20 | | | | | | 966 | 966 | |
| 564 | BAŃKOWSKI KAMIL | | LUBLIN | 1991 | M20 | | | | | | 965 | 965 | |
| 565 | MILIK MAREK | | LUBLIN | 1990 | M20 | | | | | | 962 | 962 | |
| 566 | WARCHOCKI JACEK | Asseco Active Team | LUBLIN | 1988 | M20 | | | | | | 960 | 960 | |
| 567 | MICHALSKI MATEUSZ | | GÓRA PUŁAWSKA | 1991 | M20 | | | | | | 952 | 952 | |
| 568 | KAPTUR JACEK | | ZAWICHOST | 1993 | M20 | | | | | | 949 | 949 | |
| 569 | PUKAS ADRIAN | Stowarzyszenie Sędziów Lubelszczyzny | KRASNYSTAW | 1995 | M20 | | | | | | 948 | 948 | |
| 570 | DEPTA MARCIN | MONIX | SKRZYNICE KOLONIA | 1989 | M20 | | | | | | 945 | 945 | |
| 571 | BUDZYŃSKI TOMEK | 1991 | SPICZYN | 1991 | M20 | | | | | | 944 | 944 | |
| 572 | KWAK WOJCIECH | | LUBLIN | 1992 | M20 | | | | | | 943 | 943 | |
| 573 | SZUBARTOWSKI PAWEŁ | Bełżyce i okolice biegają | BEŁŻYCE | 1992 | M20 | | | | | | 941 | 941 | |
| 574 | IWAN JACEK | ENDORŚWINKI | LUBARTÓW | 1988 | M20 | | | | | | 940 | 940 | |
| 575 | FORYŚ TOMASZ | SII POWER PEOPLE | LUBLIN | 1989 | M20 | | | | | | 934 | 934 | |
| 576 | PRUŽANIN GRZEGORZ | | LUBLIN | 1993 | M20 | | | | | | 932 | 932 | |
| 577 | KLEMPKA STANISŁAW | | MOTYCZ | 1996 | M20 | | | | | | 928 | 928 | |
| 578 | PIĘTAS ARTUR | SII POWER PEOPLE | LUBLIN | 1988 | M20 | | | | | | 928 | 928 | |
| 579 | JÓZWIAK MACIEJ | | | 1990 | M20 | | | | | | 927 | 927 | |
| 580 | KRZYSIAK MICHAŁ | Szczypiorek | LUBLIN | 1988 | M20 | | | | | | 921 | 921 | |
| 581 | GROCHULSKI MARCIN | | OPOCZNO | 1990 | M20 | | | | | | 920 | 920 | |
| 582 | GASIOROWSKI PAWEŁ | | ŁĘCZNA | 1988 | M20 | | | | | | 919 | 919 | |
| 583 | KONISZEWSKI MARCIN | | LUBLIN | 1988 | M20 | | | | | | 915 | 915 | |
| 584 | SZCZYGIEŁ MARCIN | Mobica Runners | LUBLIN | 1988 | M20 | | | | | | 913 | 913 | |
| 585 | CIĘSZCZYK MATEUSZ | | STRZYŻEWICE | 1991 | M20 | | | | | | 912 | 912 | |
| 586 | KORGA KAMIL | | LUBLIN | 1989 | M20 | | | | | | 912 | 912 | |
| 587 | BILSKI MICHAŁ | | STASZÓW | 1996 | M20 | | | | | | 911 | 911 | |
| 588 | KOWALCZYK MACIEJ | | | 1991 | M20 | | | | | | 910 | 910 | |
| 589 | GRONDZAL ANDRII | SII POWER PEOPLE | LUBLIN | 1993 | M20 | | | | | | 908 | 908 | |
| 590 | WALCZYŃSKI HUBERT | | LUBLIN | 1996 | M20 | | | | | | 908 | 908 | |
| 591 | DOMAŃSKI PIOTR | | ŁUKÓW | 1994 | M20 | | | | | | 906 | 906 | |
| 592 | CHOJAN TOMASZ | | ŚWIDNIK | 1987 | M20 | | | | | | 905 | 905 | |
| 593 | BUCZYŃSKI JAN | | ŁĘCZNA | 1988 | M20 | | | | | | 903 | 903 | |
| 594 | SZAJEWSKI MICHAŁ | Stokrotka | LUBLIN | 1989 | M20 | | | | | | 903 | 903 | |
| 595 | KOWALIK PATRYK | | 21-025 | 1994 | M20 | | | | | | 902 | 902 | |
| 596 | NAZARUK DAMIAN | lublin112.pl | LUBLIN | 1990 | M20 | | | | | | 901 | 901 | |
| 597 | WYSOGLĄD KONRAD | | LUBLIN | 1992 | M20 | | | | | | 900 | 900 | |
| 598 | NAKONIECZNY JACEK | SII POWER PEOPLE | WOJCIECHÓW | 1989 | M20 | | | | | | 899 | 899 | |
| 599 | BRONISZEWSKI TOMASZ | Mobica Runners | JANÓW LUBELSKI | 1990 | M20 | | | | | | 898 | 898 | |
| 600 | HALICZ PRZEMYSŁAW | | LUBLIN | 1990 | M20 | | | | | | 898 | 898 | |
| 601 | MAŃKO ADRIAN | Liga Amatorskich Klubów Piłkarskich | LUBLIN | 1988 | M20 | | | | | | 896 | 896 | |
| 602 | ORŁOWSKI GRZEGORZ | | LUBLIN | 1988 | M20 | | | | | | 895 | 895 | |
| 603 | KUCZYŃSKI JAKUB | | LUBLIN | 1990 | M20 | | | | | | 894 | 894 | |
| 604 | KOSYRA MIKOŁAJ | Albatrosy | LUBLIN | 1987 | M20 | | | | | | 893 | 893 | |
| 605 | BAJ KRZYSZTOF | | LUBLIN | 1987 | M20 | | | | | | 891 | 891 | |
| 606 | OŠKA PAWEŁ | | LUBLIN | 1987 | M20 | | | | | | 891 | 891 | |
| 607 | RUDKO PIOTR | RKSOP | LUBLIN | 1987 | M20 | | | | | | 891 | 891 | |
| 608 | KOPCZYK JAKUB | Mobica Runners | LUBLIN | 1992 | M20 | | | | | | 890 | 890 | |
| 609 | WILCZEK TOMASZ | | LUBLIN | 1990 | M20 | | | | | | 888 | 888 | |
| 610 | IWANEK TOMASZ | | LUBLIN | 1987 | M20 | | | | | | 887 | 887 | |
| 611 | PIETRAS PIOTR | Albatrosy | PONIATOWA | 1990 | M20 | | | | | | 883 | 883 | |
| 612 | CUSCHIERI DE' LORENZO DYLAN | Armed Forces of Malta (AFM) | LUBLIN | 1994 | M20 | | | | | | 882 | 882 | |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|---|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | GRUDZIĘŃ KAMIL | Banda Grudnia | LUBLIN | 1979 | M30 | 3972 | 1992 | 1996 | 1996 | 1990 | 1000 | 997 | 13943 |
| 2 | KRZYSZCZAK JAROMIR | Sklep Biegacza Lublin Team | LUBLIN | 1982 | M30 | 3980 | 1978 | 1982 | 1994 | 1998 | 995 | 995 | 13922 |
| 3 | POLAK KRZYSZTOF | MULTIMEDIA RUNNERS | PUŁAWY | 1978 | M30 | 3956 | 1988 | 1990 | 1988 | 1986 | 997 | 999 | 13904 |
| 4 | CZAJKA KAROL | Inkubator Przedsiębiorczości w Lublinie | KRĘPIEC | 1981 | M30 | 3944 | 1982 | 1984 | 1982 | 1988 | 990 | 994 | 13864 |
| 5 | MAZUREK PAWEŁ | ARCUS SI | LUBLIN | 1980 | M30 | 3964 | 1990 | 1820 | 1972 | 1946 | 996 | 991 | 13679 |
| 6 | KOCYBA GRZEGORZ | | LUBLIN | 1985 | M30 | 3876 | 1960 | 1940 | 1954 | 1954 | 987 | 987 | 13658 |
| 7 | SZELCHAUZ PAWEŁ | PKO Bank Polski | LUBLIN | 1984 | M30 | 3852 | 1942 | 1932 | 1938 | 1940 | 984 | 991 | 13579 |
| 8 | JEŻ JAROSŁAW | | NIEMCE | 1978 | M30 | 3884 | 1912 | 1888 | 1888 | 1912 | 965 | 967 | 13416 |
| 9 | ŁOŚ PIOTR | Turlam Się Team | LUBLIN | 1980 | M30 | 3720 | 1918 | 1906 | 1912 | 1908 | 968 | 978 | 13310 |
| 10 | ĆWIKŁA PAWEŁ | | LUBLIN | 1986 | M30 | 3804 | 1906 | 1894 | 1808 | 1886 | 976 | 971 | 13245 |
| 11 | KOCHAJ WOJCIECH | | LUBLIN | 1978 | M30 | 3736 | 1900 | 1884 | 1918 | 1852 | 961 | 988 | 13239 |
| 12 | GRAJ ARKADIUSZ | | ŚWIDNIK | 1986 | M30 | 3868 | 1804 | 1758 | 1846 | 1884 | 945 | 964 | 13069 |
| 13 | PRÓCHNIEWICZ MARCIN | marcinprochniewicz.pl | LUBLIN | 1981 | M30 | 3556 | 1876 | 1896 | 1884 | 1892 | 972 | 984 | 13060 |
| 14 | ORZEŁ MICHAŁ | ENTRE.PL Team | LUBLIN | 1981 | M30 | 3996 | 2000 | 2000 | 2000 | 2000 | | 1000 | 12996 |
| 15 | GRABOWSKI SEBASTIAN | Drużyna Mirmila | URZĘDÓW | 1981 | M30 | 3604 | 1890 | 1858 | 1774 | 1834 | 970 | 977 | 12907 |
| 16 | TARASIŃSKI PAWEŁ | | LUBLIN | 1979 | M30 | 3564 | 1768 | 1840 | 1876 | 1788 | 962 | 967 | 12765 |
| 17 | PAWLAK ŁUKASZ | Szkoła Tańca Zamek A&E Pawlak | ŚWIDNIK | 1980 | M30 | 3948 | 1974 | 1958 | 1936 | 1952 | | 993 | 12761 |
| 18 | ZATOŃSKI ZBIGNIEW | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1977 | M30 | 3776 | 1874 | 1578 | 1784 | 1752 | 949 | 956 | 12669 |
| 19 | STYŁA SEBASTIAN | | LUBLIN | 1980 | M30 | 3668 | 1676 | 1750 | 1760 | 1832 | 927 | 974 | 12587 |
| 20 | SAWA JAROSŁAW | Sklep Biegacza Lublin Team | LUBLIN | 1979 | M30 | 3440 | 1816 | 1716 | 1806 | 1826 | 958 | 965 | 12527 |
| 21 | MACIEJEWSKI PIOTR | Project Assist | LUBLIN | 1982 | M30 | 3940 | 1952 | 1934 | 1706 | 1938 | | 988 | 12458 |
| 22 | JANKOWSKI TOMASZ | | STALOWA WOLA | 1981 | M30 | 3656 | 1770 | 1756 | 1580 | 1794 | 939 | 944 | 12439 |
| 23 | KOBUS RADOSŁAW | | LUBLIN | 1980 | M30 | 3624 | 1760 | 1672 | 1608 | 1648 | 930 | 931 | 12173 |
| 24 | WIŚNIEWSKI WOJCIECH | | LUBLIN | 1985 | M30 | 3688 | 1836 | 1850 | 1860 | 1860 | 964 | | 12058 |
| 25 | WÓJCIK GRZEGORZ | EKO | ŚWIDNIK | 1984 | M30 | 3436 | 1682 | 1706 | 1502 | 1764 | 950 | 968 | 12008 |
| 26 | SOBOLEWSKI PAWEŁ | WOLE.TO | LUBLIN | 1985 | M30 | 3460 | 1740 | 1700 | 1648 | 1500 | 940 | 958 | 11946 |
| 27 | FURMAN PRZEMYSŁAW | Brooklyn wschodni | BARANÓW | 1985 | M30 | 3796 | 1832 | 1748 | 1730 | 1858 | | 976 | 11940 |
| 28 | WINIARCZYK EMIL | | LUBLIN | 1981 | M30 | 3676 | 1784 | 1814 | 1812 | 1866 | 982 | | 11934 |
| 29 | FLIS MARIUSZ | Mam nawyki, mam wyniki | TURKA | 1983 | M30 | 3488 | 1880 | 1818 | 1850 | 1902 | | 982 | 11920 |
| 30 | CZELEJ RAFAŁ | Biegający Świdnik | ŚWIDNIK | 1982 | M30 | 3856 | 1820 | 1518 | 1898 | 1904 | | 830 | 11826 |
| 31 | KĘPOWICZ MARCIN | | ŽABIA WOLA | 1978 | M30 | 3960 | 1972 | 1948 | 1922 | 1926 | | | 11728 |
| 32 | RUDNIK ARTUR | Klub Książki | GARBÓW | 1978 | M30 | 3636 | 1492 | 1582 | 1630 | 1590 | 855 | 933 | 11718 |
| 33 | KRZOSEK MICHAŁ | | LUBLIN | 1985 | M30 | 3816 | 1914 | 1912 | 1924 | 1162 | 983 | | 11711 |
| 34 | SKOWRONEK KRYSTIAN | giuseppe team | LUBLIN | 1985 | M30 | 3880 | 1928 | 1936 | 1934 | 1930 | | | 11608 |
| 35 | ŚCIBIOR ŁUKASZ | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | 3524 | 1574 | 1492 | 1606 | 1544 | 866 | 904 | 11510 |
| 36 | PIETRYKOWSKI KONRAD | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1980 | M30 | 3952 | 1954 | 1654 | 1946 | 1960 | | | 11466 |
| 37 | SPRAWKA MARCIN | Sklep Biegacza Lublin Team / WW Team | LUBLIN | 1985 | M30 | 3404 | 1778 | 1686 | 1840 | 1668 | | 955 | 11331 |
| 38 | ŚLUSARZ KRZYSZTOF | | LUBLIN | 1985 | M30 | 3508 | 1842 | 1910 | 1894 | | 973 | 975 | 11102 |
| 39 | KORZENIAK JACEK | | TURKA | 1980 | M30 | 3760 | 1830 | 1812 | 1720 | | 946 | 950 | 11018 |
| 40 | ZĄBEK ROBERT | | OPOLE LUBELSKIE | 1978 | M30 | 3784 | 1868 | 1796 | 1764 | 1786 | | | 10998 |
| 41 | PATKOWSKI JACEK | UMCS biega | LUBLIN | 1977 | M30 | 3728 | 1594 | 1498 | 1480 | 1688 | | 960 | 10948 |
| 42 | SIKORA MICHAŁ | | PUŁAWY | 1977 | M30 | 3808 | 1776 | 1802 | 1728 | 1810 | | | 10924 |
| 43 | ŻYTAR PAWEŁ | WW team | LUBLIN | 1985 | M30 | 3348 | 1690 | 1584 | 1686 | 1574 | | 926 | 10808 |
| 44 | RAJSKI KAROL | Wąwozowa | LUBLIN | 1981 | M30 | 3848 | 1908 | | 1956 | 1916 | | 992 | 10620 |
| 45 | ZIEMECKI PIOTR | Run_helpers | LUBLIN | 1980 | M30 | 3360 | 1364 | 1228 | 1388 | 1366 | 818 | 909 | 10433 |
| 46 | BOROWSKI IGOR | Makondo Team | PIASKI | 1985 | M30 | 3344 | 1330 | 1306 | 1280 | 1354 | 862 | 935 | 10411 |
| 47 | OSIŃSKI KUBA | www.kubaosinski.eu / MyLittleAntS | JAWIDZ | 1983 | M30 | 3452 | 1834 | 1694 | 1658 | 1730 | | | 10368 |
| 48 | CZAPLIŃSKI JAROSŁAW | Ratowniki.UM.Lub.2015 | LUBLIN | 1980 | M30 | 3592 | | 1564 | 1702 | 1662 | 885 | 955 | 10360 |
| 49 | GOLIAN SEBASTIAN | | LUBLIN | 1985 | M30 | 3664 | | 1764 | 1900 | 1896 | | 980 | 10204 |
| 50 | KRYSTJAŃCZUK KAROL | | LUDWIN | 1978 | M30 | 3520 | 1700 | 1614 | 1692 | 1660 | | | 10186 |
| 51 | KLIN MARIUSZ | Chełm biega | CHEŁM | 1979 | M30 | 3812 | | 1752 | 1782 | 1900 | 929 | | 10175 |
| 52 | LUBOWIECKI KONRAD | Biegający Świdnik | LUBLIN | 1983 | M30 | 3368 | 1744 | 1730 | 1634 | 1670 | | | 10146 |
| 53 | GORAJEK MICHAŁ | BPN | NOWY KRĘPIEC | 1980 | M30 | 3336 | 1630 | 1638 | 1662 | 1634 | | 9900 | |
| 54 | KAWIAK MAREK | Sklep Biegacza Lublin Team | LUBLIN | 1981 | M30 | 3986 | 1986 | 1956 | 1978 | 1980 | 991 | 990 | 9881 |
| 55 | STOMA KAROL | www.bonappetit.net.pl | LUBLIN | 1980 | M30 | 3968 | 1968 | 1972 | 1966 | 1982 | 993 | 996 | 9877 |
| 56 | GROCHMAL PAWEŁ | LUBELSKIBIEGACZ.TEAM | LUBLIN | 1977 | M30 | 3888 | 1888 | 1960 | 1980 | 1924 | 986 | 992 | 9730 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|---|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | BOGUNIECKI JAKUB | | LUBLIN | 1984 | M30 | 3516 | 1580 | 1528 | 1512 | 1578 | | | 9714 |
| 58 | ANTONIUK ARTUR | BARAN CYCLING TEAM | KRAŚNIK | 1980 | M30 | 3892 | | 1872 | 1834 | 1882 | | | 9480 |
| 59 | WÓJTOWICZ PAWEŁ | | LUBLIN | 1978 | M30 | 3316 | 1498 | 1438 | 1238 | 1120 | | 846 | 9456 |
| 60 | SŁAWEK JAROSŁAW | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | 3768 | 1910 | 1844 | | 1894 | | | 9416 |
| 61 | PIĄTEK PAWEŁ | | FIRLEJ | 1986 | M30 | | 1916 | 1900 | 1862 | 1780 | 969 | 984 | 9411 |
| 62 | ŁUSZCZAK KAMIL | DELTAszwadronSUPERcoolKOMANDOWilkówALFA | LUBLIN | 1983 | M30 | | 1892 | 1854 | 1832 | 1890 | 963 | 973 | 9404 |
| 63 | LECKI ŁUKASZ | | TURKA | 1980 | M30 | | 1872 | 1862 | 1886 | 1842 | 959 | 972 | 9393 |
| 64 | KOSSAK ŁUKASZ | | LUBLIN | 1979 | M30 | 3576 | 1720 | 1660 | | 1536 | 883 | | 9375 |
| 65 | ŻURAWSKI MICHAŁ | SKPB Lublin | LUBLIN | 1984 | M30 | | 1796 | 1816 | 1904 | 1906 | 951 | 985 | 9358 |
| 66 | PIJANOWSKI PAWEŁ | TONIEMY | STRZYŻEWICE | 1980 | M30 | 3692 | | 1788 | 1098 | 1686 | | 966 | 9230 |
| 67 | PAROL GRZEGORZ | Firlej Biega | FIRLEJ | 1985 | M30 | | 1856 | 1798 | 1842 | 1742 | 978 | 976 | 9192 |
| 68 | OSTAPOWICZ BARTEK | | OPOLE LUBELSKIE | 1981 | M30 | 3352 | 1280 | 1530 | 1620 | 1364 | | | 9146 |
| 69 | ZDUN GRZEGORZ | Team Dynsanios | LUBLIN | 1983 | M30 | | 1854 | 1740 | 1816 | 1790 | 943 | 959 | 9102 |
| 70 | KUŚMIERZAK PIOTR | Polsat biega | LUBLIN | 1983 | M30 | 3780 | 1722 | 1776 | 1804 | | | | 9082 |
| 71 | BADOWSKI KRZYSZTOF | ON I ON | LUBLIN | 1982 | M30 | 3388 | 1292 | 1274 | 1566 | 1548 | | | 9068 |
| 72 | WALCZAK RAFAŁ | BIIEGAJĄCY ŚWIDNIK | ŚWIDNIK | 1984 | M30 | 3372 | 1384 | 1418 | 1462 | 1432 | | | 9068 |
| 73 | MAJ SŁAWOMIR | Biegający Świdnik | ŚWIDNIK | 1978 | M30 | 3484 | 1894 | | 1830 | 1836 | | | 9044 |
| 74 | SŁUPSKI TOMASZ | DRYŻYNA CZARNEGO ALIBABY | LUBLIN | 1985 | M30 | | 1852 | 1766 | 1754 | 1736 | 944 | 960 | 9012 |
| 75 | KONDZIOŁA KRZYSZTOF | Perfect Runner Lublin | LUBLIN | 1983 | M30 | | 1846 | 1806 | 1766 | 1652 | 957 | 946 | 8973 |
| 76 | KARWOWSKI MAREK | | TCHÓRZEW-KOL. | 1977 | M30 | | 1634 | 1834 | 1770 | 1796 | 952 | 964 | 8950 |
| 77 | HANCZYN ADAM | | LUBLIN | 1985 | M30 | | 1792 | 1670 | 1756 | 1808 | 937 | 962 | 8925 |
| 78 | KOWALSKI ŁUKASZ | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1984 | M30 | 3936 | | | 1962 | 1976 | | | 997 |
| 79 | GRZEGORCZYK PAWEŁ | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1981 | M30 | | 1814 | 1760 | 1664 | 1738 | 941 | 928 | 8845 |
| 80 | JARGIŁO MARCIN | LJA BIEGA :) | JANÓW LUBELSKI | 1983 | M30 | | 1496 | 1828 | 1748 | 1844 | 948 | 971 | 8835 |
| 81 | GODZIŃSKI TOMASZ | SII POWER PEOPLE | LUBLIN | 1984 | M30 | 3472 | | 1724 | | 1724 | 921 | 945 | 8786 |
| 82 | SEGIT MICHAŁ | | LUBLIN | 1982 | M30 | 3560 | | | 1670 | 1702 | 894 | 939 | 8765 |
| 83 | FIGURA DARIUSZ | On i On | LUBLIN | 1986 | M30 | 3392 | 1288 | 1278 | 1412 | 1378 | | | 8748 |
| 84 | GIELZA DANIEL | Samaya | LUBLIN | 1983 | M30 | | 1840 | 1626 | 1694 | 1658 | 954 | 962 | 8734 |
| 85 | WIEDRO WOJCIECH | | LUBLIN | 1983 | M30 | | 1926 | 1938 | 1940 | 1936 | 986 | | 8726 |
| 86 | HARASIMIUK MAREK | WWW.ROWEROWYLUBLIN.ORG | LUBLIN | 1984 | M30 | | 1582 | 1702 | 1678 | 1748 | 912 | 951 | 8573 |
| 87 | WYSOCKI DANIEL | Kraśnik Biega | KRAŚNIK | 1977 | M30 | | 1648 | 1710 | 1674 | 1740 | 907 | 863 | 8542 |
| 88 | MOSKWA MARIUSZ | INTROGRAF LUBLIN S.A. | LUBLIN | 1983 | M30 | | 1866 | 1870 | 1892 | 1868 | | 974 | 8470 |
| 89 | BAŁK MARCIN | ZMIANA KLIMATU | LUBLIN | 1979 | M30 | | 1568 | 1590 | 1684 | 1732 | 902 | 947 | 8423 |
| 90 | BIELAK KRZYSZTOF | Run Venture | LUBLIN | 1980 | M30 | 3620 | 1394 | | 1282 | 1234 | | | 861 |
| 91 | MACHAJ WOJCIECH | Lubartów Biega | LUBARTÓW | 1979 | M30 | | 1668 | 1618 | 1626 | 1606 | 889 | 936 | 8343 |
| 92 | SUGIER TOMASZ | WW team | LUBLIN | 1986 | M30 | | 1752 | 1882 | 1822 | 1874 | | 979 | 8309 |
| 93 | GRABOWSKI SEBASTIAN | | LUBARTOW | 1979 | M30 | 3496 | 1532 | | 1680 | 1598 | | | 8306 |
| 94 | WIERZBICKA MARCIN | | LUBLIN | 1985 | M30 | 3448 | 1310 | 1246 | 1108 | 1136 | | | 8248 |
| 95 | GOŁĘBIOWSKI ALBERT | | LUBLIN | 1986 | M30 | | 1898 | 1886 | 1826 | 1626 | 977 | | 8213 |
| 96 | DUL MARCIN | LUBLIN BIEGA | LUBLIN | 1984 | M30 | | 1848 | 1786 | 1722 | 1814 | | 961 | 8131 |
| 97 | BEDNARSKI ANDRZEJ | | KRZCZONÓW | 1982 | M30 | 3424 | | 1536 | 1638 | 1530 | | | 8128 |
| 98 | GRABIAS PIOTR | MKS SYGNAŁ LUBLIN | LUBLIN | 1986 | M30 | | 1458 | 1568 | 1700 | 1604 | 891 | 906 | 8127 |
| 99 | TOPOROWSKI KAMIL | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | 1984 | M30 | | 1810 | 1842 | 1738 | 1778 | 947 | | 8115 |
| 100 | PĘDRAK TOMASZ | Kraśnik Biega | KRAŚNIK | 1984 | M30 | | 1788 | 1908 | 1920 | 1524 | 955 | | 8095 |
| 101 | ZARĘBSKI KONRAD | PKO Bank Polski | LUBLIN | 1981 | M30 | | 1694 | 1830 | 1752 | 1854 | 938 | | 8068 |
| 102 | WRONKOWICZ PAWEŁ | | LUBLIN | 1983 | M30 | 3320 | 1710 | 1468 | | 1566 | | | 8064 |
| 103 | MAJEWSKI SEBASTIAN | Odrobinę Blizżej Nieba | LUBLIN | 1984 | M30 | | 1818 | 1772 | 1732 | 1690 | | 954 | 7966 |
| 104 | ZIELNIK ARTUR | | LUBLIN | 1984 | M30 | | 1798 | 1792 | 1660 | 1782 | 934 | | 7966 |
| 105 | DYŚ PAWEŁ | Insane Runners | LUBLIN | 1983 | M30 | | 1994 | 1970 | | 1992 | 994 | 1000 | 7950 |
| 106 | PRZYBYSZ DAMIAN | | ŁASKARZEW | 1983 | M30 | | 1984 | 1988 | 1984 | 1994 | | | 7950 |
| 107 | KOWALCZYK KRZYSZTOF | RUN_HELPERSI | LUBLIN | 1981 | M30 | | 1708 | 1562 | 1270 | 1612 | 905 | 876 | 7933 |
| 108 | KARWAT ROBERT | | LUBARTÓW | 1984 | M30 | 1316 | 1620 | 1562 | 1552 | 932 | 944 | | 7926 |
| 109 | KOBYLARZ ADAM | Harder Better Faster | NOWOSIELEC | 1986 | M30 | | 1882 | 1890 | 1866 | 1314 | 967 | | 7919 |
| 110 | OSINA JAKUB | Biegający Świdnik | ŚWIDNIK | 1978 | M30 | 3968 | | 1944 | | 1962 | | | 7874 |
| 111 | PSZCZOŁA IRENEUSZ | | LUBLIN | 1981 | M30 | | 1432 | 1512 | 1494 | 1610 | 877 | 920 | 7845 |
| 112 | SOLAN ŁUKASZ | VAN Running Team | LUBLIN | 1983 | M30 | | 1790 | 1680 | 1668 | 1798 | 903 | | 7839 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|---------------------------------------|----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | PAJDOSZ RAFAŁ | KB Biała Biega | BIAŁA PODLASKA | 1977 | M30 | 3932 | 1950 | | | 1950 | | | 7832 |
| 114 | GAĆKOWSKI MICHAŁ | | NASUTÓW | 1979 | M30 | | 1620 | 1524 | 1430 | 1440 | 897 | 915 | 7826 |
| 115 | CZENCZYK MACIEJ | KS Cieciejewo | CIECIEJEWKO | 1979 | M30 | | 1658 | 1496 | 1398 | 1448 | 864 | 926 | 7790 |
| 116 | JĘDRZEJEWSKI PAWEŁ | Banda Grudnia | NAŁĘCZÓW | 1980 | M30 | | 1932 | 1950 | 1932 | 1948 | | | 7762 |
| 117 | GRODECKI MICHAŁ | | LUBLIN | 1985 | M30 | 3456 | 1352 | 1310 | | 1636 | | | 7754 |
| 118 | DUDZIC MIECZYSŁAW | | LUBLIN | 1977 | M30 | | 1670 | 1714 | 1778 | 1676 | 915 | | 7753 |
| 119 | ZDUN ARTUR | Team Dynsanios | LUBLIN | 1980 | M30 | | 1538 | 1402 | 1506 | 1492 | 899 | 910 | 7747 |
| 120 | MACIK IRENEUSZ | Pawtrans Holding sp. z o.o. | LUBLIN | 1977 | M30 | 3412 | 1502 | | 1366 | 1454 | | | 7734 |
| 121 | TOPOROWSKI MARIUSZ | | LUBLIN | 1983 | M30 | | 1704 | 1646 | 1698 | 1718 | 926 | | 7692 |
| 122 | SKRZYPczak PIOTR | Banda Grudnia | LUBLIN | 1978 | M30 | 3844 | | | 1916 | | | | 7676 |
| 123 | KUKIEŁKA BOGUSŁAW | | LUBLIN | 1978 | M30 | | 1862 | 1754 | 1546 | 1556 | | 938 | 7656 |
| 124 | RADZIKOWSKI SŁAWOMIR | | LUBLIN | 1986 | M30 | | 1542 | 1376 | 1488 | 1386 | 908 | 940 | 7640 |
| 125 | KOZAK MARCIN | Saint-Gobain Sqad | LUBARTÓW | 1979 | M30 | | 1702 | 1600 | 1704 | 1694 | | 937 | 7637 |
| 126 | KAMIŃSKI ŁUKASZ | LUBELSKIE STOWARZYSZENIE BIEGOWE | LUBLIN | 1982 | M30 | | 1652 | 1642 | 1266 | 1238 | 896 | 882 | 7576 |
| 127 | LITWINEK MAREK | WW TEAM | LUBARTÓW | 1980 | M30 | | 1230 | 1458 | 1596 | 1494 | 887 | 902 | 7567 |
| 128 | ZIÓŁEK ANDRZEJ | | LUBLIN | 1985 | M30 | | 1336 | 1532 | 1496 | 1452 | 871 | 879 | 7566 |
| 129 | POŁEĆ IRENEUSZ | Polska Marka | LUBLIN | 1986 | M30 | 3340 | | 1466 | 1420 | 1332 | | | 7558 |
| 130 | GOŁĘBIOWSKI ROMAN | GBUREK | LUBLIN | 1982 | M30 | 3328 | | 1594 | 1708 | | 918 | | 7548 |
| 131 | NAZARUK RAFAŁ | Uks15Lublin | LUBLIN | 1981 | M30 | | 1564 | 1422 | 1372 | 1400 | 884 | 886 | 7528 |
| 132 | SIEJKO ŁUKASZ | Mimochodek | LUBLIN | 1981 | M30 | 3820 | | | 1838 | 1862 | | | 7520 |
| 133 | ULMA MIROSŁAW | | LUBARTÓW | 1978 | M30 | | 1576 | 1668 | 1682 | 1682 | | 892 | 7500 |
| 134 | KOTUŁA JAROSŁAW | ORA Lublin/Sklep Biegacza Team | LUBLIN | 1986 | M30 | | 1806 | 1604 | 1636 | 1576 | 876 | | 7498 |
| 135 | WĘDA ŁUKAS NAPOLEONE | KB Biała Biega/UHP Siedlce/Studzianka | STUDZIANKA | 1982 | M30 | 3660 | | | 1906 | 1932 | | | 7498 |
| 136 | PYRA MAREK | Biegam z ABS | LUBLIN | 1984 | M30 | | 1494 | 1392 | 1384 | 1418 | 872 | 931 | 7491 |
| 137 | POŁUDNIUK RADOSŁAW | SII POWER PEOPLE | LUBLIN | 1983 | M30 | | | 1738 | 1926 | 1898 | 935 | 981 | 7478 |
| 138 | PYC PAWEŁ | | LUBLIN | 1979 | M30 | | 1516 | 1506 | 1286 | 1390 | 879 | 878 | 7455 |
| 139 | STĘPNIAK MICHAŁ | | LUBLIN | 1983 | M30 | | | 1780 | 1882 | 1872 | 933 | 983 | 7450 |
| 140 | WIŚNIEWSKI KRZYSZTOF | Kereza Team | LUBLIN | 1978 | M30 | 3716 | 1870 | | | 1848 | | | 7434 |
| 141 | KOWALSKI ŁUKASZ | - | ŻABIA WOLA | 1982 | M30 | | 1452 | 1370 | 1364 | 1462 | 869 | 896 | 7413 |
| 142 | JÓZWIK PAWEŁ | | LUBLIN | 1983 | M30 | | 1692 | 1616 | 1538 | 1614 | 901 | | 7361 |
| 143 | KLIMEK RADOSŁAW | Tarasy Melanżu | LUBLIN | 1980 | M30 | | 1548 | 1678 | 1652 | 1560 | 916 | | 7354 |
| 144 | SZKODA ROBERT | Biłgoraj Biega | BIŁGORAJ | 1985 | M30 | 3672 | | 1848 | 1818 | | | | 7338 |
| 145 | WÓJCIK ŁUKASZ | Szybciej nie dam rady | NIEMCE | 1984 | M30 | 3712 | | | 1792 | 1830 | | | 7334 |
| 146 | BYJOŚ MACIEJ | | PUŁawy | 1986 | M30 | 3764 | | 1794 | 1772 | | | | 7330 |
| 147 | HARATYNOWICZ TOMASZ | Biegam z ABS | LUBLIN | 1978 | M30 | | 1884 | 1852 | 1820 | 1770 | | | 7326 |
| 148 | PSZENNY MARCIN | | LUBLIN | 1984 | M30 | | 1476 | 1640 | 1610 | 1684 | 890 | | 7300 |
| 149 | JEDLEWSKI KRZYSZTOF | | LUBLIN | 1978 | M30 | 3304 | | 1472 | 1330 | 1138 | | | 7244 |
| 150 | SKIBA DANIEL | SENATORSKA! | PUCHACZÓW | 1984 | M30 | | 1688 | 1592 | 1486 | 1516 | 914 | | 7196 |
| 151 | KUSAL JACEK | Ruch na rzecz uwolnienia Endorfin | ŁĘCZNA | 1984 | M30 | | 1466 | 1360 | 1338 | 1292 | 842 | 873 | 7171 |
| 152 | BIDA MARCIN | krasnystaw biega | KRASNYSZTAW | 1982 | M30 | | 1780 | 1762 | 1828 | 1800 | | | 7170 |
| 153 | KUCHARZYK ADAM | amator | LUBLIN | 1986 | M30 | | 1528 | 1248 | 1318 | 1262 | 881 | 918 | 7155 |
| 154 | IGLICKI MARCIN | | ŁĘCZNA | 1981 | M30 | | 1450 | 1538 | 1582 | 1616 | | 947 | 7133 |
| 155 | PASZKOWSKI PAWEŁ | | ŚWIDNIK | 1985 | M30 | | 1360 | 1354 | 1492 | 1156 | 838 | 911 | 7111 |
| 156 | TRZASKOWSKI PAWEŁ | Victus Rębków | ŁASKARZEW | 1983 | M30 | | 1660 | 1746 | 1824 | 1876 | | | 7106 |
| 157 | MAKUCH KAMIL | CrossFit Z16 | ŚWIDNIK | 1986 | M30 | | 1530 | 1560 | 1504 | 1674 | 814 | | 7082 |
| 158 | BEDNARCZYK BARTŁOMIEJ | MATE MOUNTAINS | LUBARTÓW | 1986 | M30 | | 1794 | 1732 | 1800 | 1754 | | | 7080 |
| 159 | SADURSKI ROBERT | | LUBLIN | 1984 | M30 | | 1338 | 1428 | 1300 | 1240 | 859 | 895 | 7060 |
| 160 | HATAŁA DARIUSZ | | LUBLIN | 1983 | M30 | | 1552 | 1804 | 1864 | 1766 | | | 6986 |
| 161 | PAŁKA RAFAŁ | Pozytywnie Aktywni | URSZULIN | 1981 | M30 | | 1628 | 1726 | 1476 | 1340 | | 814 | 6984 |
| 162 | KIEREŚ MATEUSZ | Wąwozowa Team | LUBLIN | 1977 | M30 | | 1998 | 1994 | 1990 | | | 998 | 6980 |
| 163 | GOLEC IRENEUSZ | Vege Runners / Krasnystaw Biega | KRASNYSZTAW | 1985 | M30 | | 1588 | 1586 | 1852 | 1942 | | | 6968 |
| 164 | MAJCHER KRZYSZTOF | WW TEAM | LUBLIN | 1979 | M30 | | 1590 | 1880 | 1744 | 1734 | | | 6948 |
| 165 | DUDZIAK DARIUSZ | Chełm biega | CHEŁM | 1977 | M30 | | 1544 | 1462 | 1514 | 1508 | | 907 | 6935 |
| 166 | JUSIAK KONRAD | | LUBLIN | 1984 | M30 | | 1508 | 1464 | 1446 | 1602 | 893 | | 6913 |
| 167 | GRZESIUK MICHAŁ | Ogary Sprawiedliwości | ŁĘCZNA | 1977 | M30 | | 1680 | 1634 | 1746 | 1806 | | | 6866 |
| 168 | SERAFIN DAMIAN | Perfect Runner Lublin | DOŁHOBYCZÓW | 1978 | M30 | | 1966 | | 1930 | 1968 | 989 | | 6853 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|--|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | KRYK PAWEŁ | Arcus SI | LUBLIN | 1978 | M30 | | 1686 | 1630 | 1260 | 1344 | 922 | | 6842 |
| 170 | LIPSKI GRZEGORZ | | LUBLIN | 1983 | M30 | | 1736 | 1720 | 1530 | 1856 | | | 6842 |
| 171 | GAJEWSKI PIOTR | Run Helpersi | LUBLIN | 1980 | M30 | | 1480 | 1540 | 1350 | 1558 | 900 | | 6828 |
| 172 | BYSTREK PIOTR | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | | 1222 | 1744 | 1096 | 1092 | 813 | 855 | 6822 |
| 173 | PIETRZAK PIOTR | ARCUSSI | LUBLIN | 1980 | M30 | | 1748 | 1822 | 1434 | 1804 | | | 6808 |
| 174 | MISIUREK MIRON | OGARY SPRAWIEDLIWOŚCI | LUBLIN | 1979 | M30 | | 1562 | 1452 | 1340 | 1520 | | 912 | 6786 |
| 175 | KOSIŃSKI MARIUSZ | Lubelska Grupa Triathlonu | LUBLIN | 1985 | M30 | | 1268 | 1238 | 1236 | 1288 | 858 | 893 | 6781 |
| 176 | MATUSZKIEWICZ PAWEŁ | | LUBLIN | 1977 | M30 | | 1800 | 1688 | 1560 | 1698 | | | 6746 |
| 177 | JURASZEWSKI SŁAWOMIR | www.juraszewski.pl | LUBLIN | 1977 | M30 | | 1386 | 1416 | 1510 | 1466 | | 934 | 6712 |
| 178 | KOWALUK WOJTEK | SOS WIOSKI DZIECIĘCĘ | LUBLIN | 1981 | M30 | | 1524 | 1456 | 1390 | 1442 | | 895 | 6707 |
| 179 | STYRNIAK MARCIN | | NIEMCE | 1982 | M30 | | 1256 | 1244 | 1214 | 1200 | 833 | 943 | 6690 |
| 180 | SOBIESIAK SŁAWOMIR | lubelskibiegacz.pl team | LUBLIN | 1982 | M30 | | 1922 | 1878 | | 1914 | | 970 | 6684 |
| 181 | DADAS MARCIN | Chełm Biega | CHEŁM | 1977 | M30 | | 1824 | 1698 | 1666 | 1436 | | | 6624 |
| 182 | WIŚNIEWSKI MACIEJ | | LUBLIN | 1978 | M30 | 3464 | | | 1320 | 1820 | | | 6604 |
| 183 | KOWALIK PIOTR | | LUBLIN | 1982 | M30 | | 1754 | 1608 | 1716 | 1518 | | | 6596 |
| 184 | SOLEIKIN RENAT | | LUBLIN | 1986 | M30 | | 1706 | 1648 | 1604 | 1618 | | | 6576 |
| 185 | KAWULA SŁAWOMIR | KSC 1906 | LUBLIN | 1983 | M30 | | 1762 | 1734 | 1452 | 1622 | | | 6570 |
| 186 | WIDEŁ TOMEK | Makondo | MAJDAN KOZIC DOLNYCH | 1982 | M30 | 3284 | | | 1164 | 1194 | | 908 | 6550 |
| 187 | DUDEK GRZEGORZ | Lubelski Biegacz Team | LUBLIN | 1977 | M30 | | | 1874 | 1848 | 1846 | | 969 | 6537 |
| 188 | MAZIARZ DAMIAN | MAM NAWYKI, MAM WYNIKI | ŚWIDNIK | 1984 | M30 | | 1864 | 1856 | | 1864 | | 952 | 6536 |
| 189 | STRÓŻAK PAWEŁ | | LUBLIN | 1983 | M30 | | 1540 | 1430 | 1360 | 1302 | 904 | | 6536 |
| 190 | NIZIOŁEK ARKADIUSZ | Senatorska | PUCHACZÓW | 1983 | M30 | | 1732 | 1580 | 1618 | 1588 | | | 6518 |
| 191 | KALICKI PIOTR | ZK Opole Lubelskie | BEŁŻYCE | 1985 | M30 | | 1586 | 1622 | 1622 | 1680 | | | 6510 |
| 192 | DUDZIK MACIEJ | | LUBLIN | 1984 | M30 | | | 1876 | 1874 | 1802 | | 957 | 6509 |
| 193 | DOŁBA ARKADIUSZ | lubelskibiegacz.pl TEAM | LUBLIN | 1979 | M30 | | 1886 | | 1788 | 1840 | | 982 | 6496 |
| 194 | BIAŁOSZEWSKI PIOTR | Biegający Świdnik | ŚWIDNIK | 1984 | M30 | | 1170 | 1176 | 1250 | 1226 | 819 | 854 | 6495 |
| 195 | WENARSKI GRZEGORZ | | LUBLIN | 1982 | M30 | | 1200 | 1180 | 1210 | 1172 | 823 | 888 | 6473 |
| 196 | SIENIAWSKI DANIEL | KW Lublin | LUBLIN | 1979 | M30 | | 1646 | 1628 | 1594 | 1572 | | | 6440 |
| 197 | CELEJ DANIEL | Dss orleta Dęblin | 7 | 1983 | M30 | | 1746 | 1396 | 1534 | 1726 | | | 6402 |
| 198 | KULCZYCKI MICHAŁ | | LUBLIN | 1986 | M30 | | 1566 | | 1316 | 1666 | 898 | 953 | 6399 |
| 199 | GOLUCH GRZEGORZ | | LEOPOLDÓW | 1985 | M30 | | 1622 | 1602 | 1632 | 1532 | | | 6388 |
| 200 | GAIK JAROSŁAW | S7 | KALINÓWKA | 1980 | M30 | | 1712 | 1570 | 1528 | 1542 | | | 6352 |
| 201 | KAWALEC KAMIL | 7 Piwek Górnik Lublin | LUBLIN | 1982 | M30 | | 1522 | 1410 | 1450 | 1014 | | 935 | 6331 |
| 202 | CHYLIŃSKI MICHAŁ | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK/KALINÓWKA | 1986 | M30 | | 1828 | | 1768 | 1760 | 953 | | 6309 |
| 203 | KRAKIEWICZ ARKADIUSZ | Klub Wesołej Wiewiórki i Dużego Orzeszka | LUBLIN | 1985 | M30 | | 1878 | 1440 | 1516 | 1468 | | | 6302 |
| 204 | MAMCZARZ PATRYCJUSZ | Lubella | SNOPKÓW | 1979 | M30 | | 1714 | 1516 | 1442 | 1628 | | | 6300 |
| 205 | SOCHA MARCIN | www.lubartowbiega.pl | LUBARTÓW | 1980 | M30 | | 1656 | 1636 | 1400 | 1608 | | | 6300 |
| 206 | DRABIK KAROL | | LUBLIN | 1985 | M30 | | 1174 | 1138 | 1138 | 1086 | 824 | 859 | 6219 |
| 207 | BUKOWSKI SEBASTIAN | biegusiem.pl | RYKI | 1979 | M30 | | 1604 | 1544 | 1500 | 1570 | | | 6218 |
| 208 | TOMCZYK DAWID | | LUBLIN | 1977 | M30 | | 1176 | 1150 | 1110 | 1078 | 826 | 875 | 6215 |
| 209 | MAJ TOMASZ | Pharmaprofit | LUBLIN | 1980 | M30 | | 1578 | 1522 | 1438 | 1664 | | | 6202 |
| 210 | GONCIARZ MATEUSZ | | LUBLIN | 1982 | M30 | | 1412 | 1340 | 1234 | 1274 | | | 6130 |
| 211 | POTRZYSZCZ LUKASZ | Biegam z ABS | LUBLIN | 1980 | M30 | | 1534 | 1448 | 1342 | | 874 | 925 | 6123 |
| 212 | DOMAŃSKI BARTŁOMIEJ | Mam nawyki mam wyniki | LUBLIN | 1983 | M30 | | 1404 | 1576 | 1308 | | 924 | 909 | 6121 |
| 213 | KRZYSIAK GRZEGORZ | S7 Klub Sportowy | LUBLIN | 1986 | M30 | | 1608 | 1508 | 1522 | 1482 | | | 6120 |
| 214 | FRAŃCZUK ROBERT | | LUBLIN | 1985 | M30 | | 1358 | 1476 | 1518 | | 853 | 905 | 6110 |
| 215 | ŚWIDNIK DARIUSZ | Dario Team | LUBLIN | 1986 | M30 | | 1434 | 1504 | | 1408 | 861 | 899 | 6106 |
| 216 | KOWALCZYK ROBERT | | ŁĘCZNA | 1977 | M30 | | 1468 | 1502 | 1536 | 1582 | | | 6088 |
| 217 | CHUDEK MARCIN | UKS Skrzydła | LUBLIN | 1979 | M30 | | | 1674 | 1750 | 1746 | 917 | | 6087 |
| 218 | STEFANIAK PIOTR | | NASUTÓW | 1980 | M30 | | | 1460 | 1310 | 1546 | 837 | 913 | 6066 |
| 219 | PRZYCHODZEŃ PAWEŁ | Arcus si | LUBLIN | 1982 | M30 | | 1326 | 1454 | 1262 | 1144 | 870 | | 6056 |
| 220 | PAWĘZKA MIROSŁAW | Banda Grudnia | LUBLIN | 1980 | M30 | | | 1860 | 1374 | 1824 | | 980 | 6038 |
| 221 | GAŃSKI FILIP | Biegający Świdnik | ŚWIDNIK | 1986 | M30 | | 1436 | 1338 | 1352 | 1036 | 868 | | 6030 |
| 222 | WACIŃSKI JACEK | BBNL | LUBLIN | 1981 | M30 | | 1674 | 1520 | 1416 | 1394 | | | 6004 |
| 223 | ŚLIWIŃSKI PAWEŁ | SZATAN | ŚWIDNIK | 1981 | M30 | | | 1684 | 1688 | 1696 | 931 | | 5999 |
| 224 | SIATKA KRZESIMIR | | LUBLIN | 1985 | M30 | | | 1998 | 1998 | | 999 | 999 | 5994 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------|----------------------------|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 225 | KULIK ŁUKASZ | | LUBLIN | 1986 | M30 | 3296 | 1328 | | 1322 | | | | 5946 |
| 226 | WINKLER TOMEK | N.D.N.K. | LUBLIN | 1980 | M30 | | 1558 | 1490 | 1458 | 1434 | | | 5940 |
| 227 | ŻARNICKI KAMIL | Albatrosy | LUBLIN | 1986 | M30 | | 1208 | 1232 | 1264 | 1280 | | 941 | 5925 |
| 228 | PAKUŁA PAWEŁ | MKS Żak Biała Podlaska | WISZNICE | 1977 | M30 | | 1976 | 1966 | | 1974 | | | 5916 |
| 229 | GRABOWSKI GRZEGORZ | HARDKOROWE KOKSY | URZĘDÓW | 1982 | M30 | | | 1332 | 1568 | 1174 | 895 | 945 | 5914 |
| 230 | BOGUSZEWSKI MACIEJ | SAFARI/lubelskibiegacz.pl | LUBLIN | 1978 | M30 | 3276 | | 1366 | | 1252 | | | 5894 |
| 231 | BIELSKI KRZYSZTOF | Chełm Biega | CHEŁM | 1982 | M30 | | 1350 | 1500 | 1508 | 1512 | | | 5870 |
| 232 | KAPROŃ PRZEMYSŁAW | | LUBLIN | 1985 | M30 | | 1936 | 1964 | 1964 | | | | 5864 |
| 233 | DYGUŚ FILIP | TEAM 666 | LUBLIN | 1978 | M30 | | 1946 | 1952 | | | 985 | 979 | 5862 |
| 234 | SANIAWA PIOTR | | LUBLIN | 1983 | M30 | | 1938 | 1946 | | 1978 | | | 5862 |
| 235 | TYBUREK MICHAŁ | Biegający Świdnik | LUBLIN | 1979 | M30 | | 1956 | | 1942 | 1958 | | | 5856 |
| 236 | BEDNARCYK TOMASZ | Firlej biega | FIRLEJ | 1983 | M30 | | | 1356 | 1356 | 1358 | 848 | 930 | 5848 |
| 237 | ŚLEDŹ SŁAWEK | PERFECT RUNNER LUBLIN | LUBLIN | 1977 | M30 | | | 1918 | 1960 | | 979 | 989 | 5846 |
| 238 | RYBAK PRZEMEK | Atol Bike | PUŁawy | 1983 | M30 | 3920 | | 1924 | | | | | 5844 |
| 239 | KOWALCZYK BARTOSZ | | GARBÓW | 1977 | M30 | | | 1930 | 1968 | 1934 | | | 5832 |
| 240 | KICZYŃSKI RADOSŁAW | | ŚWIDNIK | 1985 | M30 | | 1276 | 1186 | 1212 | 1254 | | 869 | 5797 |
| 241 | MIKITA MARCIN | ZK Opole Lubelskie | OPOLE LUBELSKIE | 1984 | M30 | | 1570 | 1612 | 1274 | 1338 | | | 5794 |
| 242 | WRONOWSKI MARCIN | taekwon-do lubartów | LUBARTÓW | 1986 | M30 | 3824 | 1962 | | | | | | 5786 |
| 243 | PRZAĄDKA MICHAŁ | BIEGUSIEM.PL | LEOPOLDÓW | 1982 | M30 | | 1500 | 1436 | 1294 | 1538 | | | 5768 |
| 244 | MROCZEK LESZEK | Shrew Extreme Team | LUBLIN | 1984 | M30 | | 1322 | 1152 | 1178 | 1246 | 850 | | 5748 |
| 245 | PAWLÓS JAROSŁAW | Biegam z ABS | LUBLIN | 1981 | M30 | | 1438 | 1348 | 1524 | 1430 | | | 5740 |
| 246 | POPIOŁEK JACEK | biegusiem.pl | ŽELECHÓW | 1981 | M30 | | 1460 | 1558 | 1332 | 1384 | | | 5734 |
| 247 | RACZKOWSKI PAWEŁ | | LUBLIN | 1977 | M30 | | | 1914 | 1896 | 1922 | | | 5732 |
| 248 | GABRYEL MACIEJ | Biegam do minus sześciu :) | LUBLIN | 1979 | M30 | | 1372 | 1446 | 1392 | 1510 | | | 5720 |
| 249 | BODIO MATEUSZ | NOSG | KRASNYSTAW | 1982 | M30 | | 1596 | 1426 | 1306 | 1388 | | | 5716 |
| 250 | KIJEK ŁUKASZ | | LUBLIN | 1980 | M30 | 3792 | | | | 1880 | | | 5672 |
| 251 | WIĘCH ŁUKASZ | | LUBARTÓW | 1985 | M30 | | 1924 | 1892 | 1844 | | | | 5660 |
| 252 | REJAK MAREK | HelpGetFit | LUBLIN | 1977 | M30 | 3724 | | | | 1928 | | | 5652 |
| 253 | MAZUR SŁAWEK | Biegam do minus sześciu | LUBLIN | 1980 | M30 | | 1236 | 1270 | 1086 | 1206 | 835 | | 5633 |
| 254 | WIKIERA KAMIL | Multimedia Runners Puławy | BARANÓW | 1983 | M30 | | 1184 | 1166 | 1268 | 1102 | | 894 | 5614 |
| 255 | SZUBA MACIEJ | Perfect Grudzień | LUBLIN | 1983 | M30 | | 1964 | 1676 | | 1944 | | | 5584 |
| 256 | FERENC MARCIN | | ŚWIDNIK | 1977 | M30 | 3788 | | 1790 | | | | | 5578 |
| 257 | NOWAKOWSKI TOMASZ | Stokrotka | LUBLIN | 1982 | M30 | | 1638 | 1526 | 1532 | | | | 5564 |
| 258 | JAKUBOWSKI PIOTR | Chełm Biega | CHEŁM | 1978 | M30 | | 1342 | 1368 | 1444 | 1406 | | | 5560 |
| 259 | JANOWSKI PAWEŁ | | ŁĘCZNA | 1982 | M30 | | 1490 | 1408 | 1380 | 1276 | | | 5554 |
| 260 | WIDOMSKI JAROSŁAW | Undefined Team | LUBLIN | 1977 | M30 | | 1212 | 1210 | 1190 | 1106 | 827 | | 5545 |
| 261 | JEDZINIĄK PIOTR | Im-Possible Team | PUŁawy | 1978 | M30 | | 1858 | 1810 | 1868 | | | | 5536 |
| 262 | KAPKIN WOJCIECH | | CHEŁM | 1986 | M30 | | 1486 | 1386 | 1312 | 1350 | | | 5534 |
| 263 | ORYBKIEWICZ BARTŁOMIEJ | | LUBLIN | 1986 | M30 | 3608 | | 1926 | | | | | 5534 |
| 264 | FERENS ROBERT | | ŚWIDNIK | 1979 | M30 | | 1554 | | 1424 | 1620 | | 927 | 5525 |
| 265 | SZEWczyk BARTOSZ | mistrzkirownicy.pl | LUBLIN | 1982 | M30 | | 1198 | 1220 | 1188 | 1088 | 831 | | 5525 |
| 266 | BÓBSKI MICHAŁ | żelazne łdy | LUBLIN | 1986 | M30 | 3644 | | | | 1878 | | | 5522 |
| 267 | TUŁAJEW MICHAŁ | ODL | LUBLIN | 1978 | M30 | | 1246 | 1212 | 1090 | 1074 | | 880 | 5502 |
| 268 | KRAWCZYK PIOTR | NDNK | LUBLIN | 1979 | M30 | | 1416 | 1320 | 1456 | 1308 | | | 5500 |
| 269 | SARZYŃSKI PAWEŁ | | NIEDRZWICA DUŻA | 1985 | M30 | | 1844 | 1846 | 1796 | | | | 5486 |
| 270 | OLECH ŁUKASZ | Ludzka Stonoga | KRAŚNIK | 1982 | M30 | | | 1362 | 1558 | 1630 | | 923 | 5473 |
| 271 | DUDA RAFAŁ | Ruta Runners | LUBLIN | 1984 | M30 | 3364 | | | 1228 | | 878 | | 5470 |
| 272 | ZARZYCKI MICHAŁ | ma być zyciówka | LUBLIN | 1977 | M30 | 3744 | | | 1714 | | | | 5458 |
| 273 | GRĘDZIŃSKI RADEK | Arcus SI | LUBLIN | 1979 | M30 | | 1738 | | 1466 | 1362 | | 878 | 5444 |
| 274 | KOBIELARZ ADRIAN | lublinbiega.pl | LUBLIN | 1985 | M30 | | | 1722 | 1810 | | 942 | 963 | 5437 |
| 275 | ŁOBODA GRZEGORZ | | LUBLIN | 1981 | M30 | 3652 | | | | 1774 | | | 5426 |
| 276 | RUTKOWSKI DAREK | DSS ORLETA DĘBLIN | DĘBLIN | 1978 | M30 | | | 1770 | 1836 | 1816 | | | 5422 |
| 277 | MROCZKOWSKI MARIUSZ | | BIAŁA PODLASKA | 1985 | M30 | | 1446 | 1350 | 1304 | 1310 | | | 5410 |
| 278 | FILO RAFAŁ | | LUBLIN | 1980 | M30 | | 1224 | 1174 | 1094 | 1066 | 845 | | 5403 |
| 279 | ŻUKIEWICZ RAFAŁ | Strefa Piękna-Lublin | LUBLIN | 1986 | M30 | | 1178 | 1208 | 1422 | 1594 | | | 5402 |
| 280 | WYRWISZ DAMIAN | INTROGRAF LUBLIN S.A. | LUBLIN | 1977 | M30 | | 1526 | 1342 | 1292 | 1236 | | | 5396 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|--------------------------------------|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 281 | KUBINOWSKI MACIEJ | Uuuusers | LUBLIN | 1984 | M30 | | 1156 | 1182 | 1304 | 834 | 907 | 5383 | |
| 282 | ŚPIEWAK ARTUR | Bez pośpiechu | PRAWIEDNIKI | 1978 | M30 | 1158 | 1178 | 1124 | 1084 | 825 | 5369 | | |
| 283 | IWANICKI ŁUKASZ | LW.Bogdanka | LUBLIN | 1984 | M30 | 1826 | 1690 | | | 911 | 918 | 5345 | |
| 284 | KOPERWAS KONRAD | UMCS Biega | LUBLIN | 1981 | M30 | 1172 | 1128 | 1116 | 1056 | | 873 | 5345 | |
| 285 | ŻUKIEWICZ KONRAD | Strefa Piękna-Lublin | LUBLIN | 1977 | M30 | 1180 | 1126 | 1080 | 1026 | | 919 | 5331 | |
| 286 | ANYSZEK MARIUSZ | | DĘBLIN | 1980 | M30 | 1376 | 1400 | 1148 | 1368 | | 5292 | | |
| 287 | KUŚ MICHAŁ | | LUBLIN | 1985 | M30 | 1410 | 1302 | 1254 | 1326 | | 5292 | | |
| 288 | DOBROWOLSKI BARTŁOMIEJ | STREFATRIATHLONU LUDZKA STONOGA | KRAŠNIK | 1982 | M30 | 1772 | | | 1656 | 920 | 940 | 5288 | |
| 289 | SMYŁEK MICHAŁ | | LUBLIN | 1980 | M30 | 1812 | 1774 | | 1700 | | | 5286 | |
| 290 | SŁOTWINSKI PIOTR | zieloni | LUBLIN | 1980 | M30 | 1598 | 1404 | 1386 | | 882 | | 5270 | |
| 291 | KUŚMIERZAK ARTUR | MORSY LUBARTOWSKIE | LUBARTÓW | 1980 | M30 | 1510 | 1344 | 1248 | 1166 | | | 5268 | |
| 292 | SIEDUSZEWSKI TOMASZ | | LUBLIN | 1986 | M30 | 1644 | 1346 | 1194 | 1064 | | | 5248 | |
| 293 | JAKÓBCZYK ROBERT | | OPOLE LUBELSKIE | 1985 | M30 | 1426 | 1304 | 1230 | 1286 | | | 5246 | |
| 294 | NADULSKI GRZEGORZ | | ŚWIDNIK | 1983 | M30 | 1546 | 1442 | | 1396 | | 862 | 5246 | |
| 295 | KELER GRZEGORZ | Lublin Biega | LUBLIN | 1977 | M30 | | 1218 | 1200 | 1134 | 849 | 841 | 5242 | |
| 296 | SZYMENDERSKI ŁUKASZ | ARCUS SI | LUBLIN | 1977 | M30 | 1344 | 1336 | 1242 | 1312 | | | 5234 | |
| 297 | JĘDRUSZCZAK TOMASZ | | WOJSŁAWICE | 1981 | M30 | 1766 | 1712 | 1740 | | | | 5218 | |
| 298 | OLEJNICZAK LECH | Husaria Race Team | LUBLIN | 1981 | M30 | 1520 | 1352 | 1120 | 1222 | | | 5214 | |
| 299 | WÓJTOWICZ PIOTR | | ŁĘCZNA | 1985 | M30 | 3432 | 1756 | | | | | 5188 | |
| 300 | LESIAK JAKUB | LUBELSKIBIEGACZ.PL TEAM / ORP WICHER | LUBLIN | 1984 | M30 | | 1662 | | | 1654 | 919 | 946 | 5181 |
| 301 | DOBROWOLSKI MARCIN | | CHEŁM | 1981 | M30 | 3536 | | | 1640 | | | 5176 | |
| 302 | SKRZYPczak PIOTR | LPUBRIG | LUBLIN | 1983 | M30 | | 1782 | 1654 | 1708 | | | 5144 | |
| 303 | SKOWROŃSKI MACIEJ | | LUBLIN | 1978 | M30 | 1614 | | | 1758 | 1756 | | 5128 | |
| 304 | PALEJCZUK PIOTR | | LUBLIN | 1980 | M30 | 1186 | 1164 | | 1096 | 822 | 835 | 5103 | |
| 305 | HENIBORG MAREK | Dorohusk | DOROHUSK | 1980 | M30 | 1822 | | | 1742 | 1502 | | 5066 | |
| 306 | GRABOWSKI JAROSŁAW | | DĘBLIN | 1981 | M30 | 1346 | 1230 | 1160 | 1318 | | | 5054 | |
| 307 | JÓZEFOWICZ PIOTRUŚ | biegusiem.pl | RYKI | 1982 | M30 | | 1778 | 1718 | 1554 | | | 5050 | |
| 308 | MAKOWSKI SEBASTIAN | | LUBLIN | 1983 | M30 | 1302 | 1264 | 1216 | 1244 | | | 5026 | |
| 309 | RESZTAK KAMIL | | ŁĘCZNA | 1984 | M30 | 1556 | 1742 | 1724 | | | | 5022 | |
| 310 | SOSNOWSKI JAREK | lubelskibiegacz.pl TEAM | LUBLIN | 1984 | M30 | | 1514 | | | 1714 | 839 | 954 | 5021 |
| 311 | GÓRNY PRZEMEK | Aktywne Borki | BORKI | 1983 | M30 | 1428 | 1482 | 1076 | 1034 | | | 5020 | |
| 312 | PRACZ LESZEK | | LUBLIN | 1980 | M30 | 1242 | 1236 | 1276 | 1232 | | | 4986 | |
| 313 | MAJDANSKI ARTUR | | LUBLIN | 1985 | M30 | 1282 | 1184 | 1290 | 1224 | | | 4980 | |
| 314 | ŁABĘDZKI RAFAŁ | | CHEŁM | 1977 | M30 | 1470 | 1364 | 1240 | | | 883 | 4957 | |
| 315 | ZIMNICKI WOJCIECH | STALOWE ŁOSIE | RZESZÓW | 1983 | M30 | 1270 | 1276 | 1180 | 1228 | | | 4954 | |
| 316 | BRODA MICHAŁ | Sport Medical / HBKT | OSTROWIEC ŚWIĘTOKRZYSKI | 1982 | M30 | | 1708 | 1600 | 1640 | | | 4948 | |
| 317 | DROB MAREK | Banda Grudnia | LUBLIN | 1986 | M30 | | 1980 | 1974 | | | 992 | | 4946 |
| 318 | OSIŃSKI DARIUSZ | | BRZOSTÓWKA | 1983 | M30 | 3428 | 1514 | | | | | | 4942 |
| 319 | RYCAJ ARKADIUSZ | | ŚWIDNIK | 1979 | M30 | | 1348 | 1266 | 1158 | 1160 | | | 4932 |
| 320 | SZWAGIERCZAK PRZEMYSŁAW | | RUDKI | 1980 | M30 | | 1566 | 1650 | 1716 | | | | 4932 |
| 321 | BUCZKOWSKI PAWEŁ | Dziennik Wschodni | LUBLIN | 1981 | M30 | 1400 | | | 1314 | 1328 | | 887 | 4929 |
| 322 | KALINOWSKI ARTUR | Cisowianka | GARBÓW | 1983 | M30 | | | | 1950 | 1972 | | 996 | 4918 |
| 323 | CHRUŚCICKI ANDRZEJ | | LUBLIN | 1977 | M30 | 1718 | | | 1526 | 1672 | | | 4916 |
| 324 | POŽAK GRZEGORZ | Lubartów Biega | LUBARTÓW | 1980 | M30 | | | | 1958 | 1956 | | 990 | 4904 |
| 325 | JURKOWSKI LESZEK | FIBREX Team | LUBLIN | 1977 | M30 | 1306 | 1158 | 1166 | 1230 | | | | 4860 |
| 326 | KARDASZ JACEK | attyla running club | ZAMOŚĆ | 1980 | M30 | | 1554 | 1556 | | | 817 | 932 | 4859 |
| 327 | PIOTROWSKI ŁUKASZ | Lublin Biega / RUNFORFUN.COM.PL | LUBLIN | 1984 | M30 | | 1300 | 1334 | 1324 | | | 898 | 4856 |
| 328 | AUGUSTYNIAK ADAM | | LUBLIN | 1983 | M30 | 1488 | | | 1580 | 888 | 891 | | 4847 |
| 329 | STEC GRZEGORZ | UKS Olimpijczyk 23 | LUBLIN | 1977 | M30 | 1366 | 1260 | 1168 | 1046 | | | | 4840 |
| 330 | CZARNECKI PAWEŁ | BiegamzACL | LUBLIN | 1981 | M30 | | 1942 | 1908 | | | 988 | | 4838 |
| 331 | NIEDZIELA MARCIN | | SZCZEKARKÓW | 1982 | M30 | 1334 | 1322 | 1114 | 1068 | | | | 4838 |
| 332 | BRZOZOWSKI MIROSŁAW | | HRUBIESZÓW | 1979 | M30 | 1786 | 1588 | 1448 | | | | | 4822 |
| 333 | ANTOŃCZAK MAREK | Krasnystaw Biega | ZÓŁKIEWKA | 1982 | M30 | | | 1914 | 1920 | | 987 | | 4821 |
| 334 | SOBÓŁ KAMIL | DSS ORŁĘTA DĘBLIN | DĘBLIN | 1983 | M30 | 1716 | 1488 | 1602 | | | | | 4806 |
| 335 | LISZKA BŁAŻEJ | | PUŁawy | 1983 | M30 | 1252 | 1254 | 1136 | 1154 | | | | 4796 |
| 336 | TIMOSZUK ŁUKASZ | biegusiem.pl | DĘBLIN | 1986 | M30 | 1258 | 1206 | 1068 | 1250 | | | | 4782 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|------------------------------------|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 337 | BOREK TOMASZ | borki2 | HRUBIESZÓW | 1977 | M30 | | 1238 | 1216 | 1226 | 1080 | | | 4760 |
| 338 | POWAŻYŃSKI TOMASZ | DTS SYSTEM | LUBLIN | 1984 | M30 | | 1266 | 1188 | 1144 | 1142 | | | 4740 |
| 339 | ZIEMOLĄG RAFAŁ | PIĄTKA | LUBLIN | 1983 | M30 | 3288 | | | | 1450 | | | 4738 |
| 340 | BOJANKOWSKI HUBERT | Elpie Team | LUBLIN | 1977 | M30 | | 1734 | 1664 | | 1330 | | | 4728 |
| 341 | WALCZAK MARCIN | | LUBLIN | 1981 | M30 | | 1934 | | | 1818 | 974 | | 4726 |
| 342 | SMIT SEBASTIAN | UMCS Biega | LUBLIN | 1978 | M30 | | 1190 | | 1298 | 1336 | | 890 | 4714 |
| 343 | STOPYRA MICHAŁ | | LUBLIN | 1980 | M30 | | 1354 | 1296 | 1174 | | 880 | | 4704 |
| 344 | FILIPEK ADAM | MOTOINTEGRATOR RUNNING TEAM | KOCK | 1981 | M30 | | 1474 | 1474 | | | 873 | 880 | 4701 |
| 345 | BIELECKI WOJCIECH | | BEŁŻYCE | 1983 | M30 | | 1202 | 1146 | 1142 | 1208 | | | 4698 |
| 346 | KAPER GRZEGORZ | BIEGAM Z ABS | PIASKI | 1977 | M30 | 3280 | 1402 | | | | | | 4682 |
| 347 | MAŁEK MICHAŁ | EVERPROF | LUBLIN | 1979 | M30 | 3408 | | | | 1248 | | | 4656 |
| 348 | PAWELEC MAREK | | LUBLIN | 1979 | M30 | | 1618 | 1556 | | 1474 | | | 4648 |
| 349 | WRONA JAKUB | | LUBLIN | 1980 | M30 | | 1624 | 1548 | 1468 | | | | 4640 |
| 350 | MILANOWSKI RAFAŁ | | LUBLIN | 1983 | M30 | | 1304 | | 1548 | 1772 | | | 4624 |
| 351 | JANOWSKI TOMASZ | CrossFit Lublin | ŁĘCZNA | 1986 | M30 | | 1802 | | 1378 | 1438 | | | 4618 |
| 352 | DOMONIK SEBASTIAN | | LUBLIN | 1982 | M30 | | 1750 | 1606 | | 1256 | | | 4612 |
| 353 | BORÓŚ WOJCIECH | | STASIN | 1981 | M30 | 3308 | | | | 1296 | | | 4604 |
| 354 | WOJTUNIK GRZEGORZ | Apteki PharmaProfit | LUBLIN | 1985 | M30 | | | 1424 | 1464 | 1706 | | | 4594 |
| 355 | GĄSZCZYK PAWEŁ | | LUBLIN | 1986 | M30 | | 1188 | 1234 | 1336 | | 830 | | 4588 |
| 356 | GAJEK GRZEGORZ | wieś tańczy i biega | CZÓŁNA | 1979 | M30 | | | 1902 | | 1710 | 971 | | 4583 |
| 357 | WACH GRZEGORZ | POLSKIE STOWARZYSZENIE BITCOIN | LUBLIN | 1979 | M30 | 3380 | | | 1202 | | | | 4582 |
| 358 | MOŚCICKI ŁUKASZ | KB V-max Adamów/ Biegacz Pomagacze | ŁUKÓW | 1984 | M30 | | 1448 | 1546 | 1564 | | | | 4558 |
| 359 | PROŚCIŃSKI GRZEGORZ | Vege Runners | LUBLIN | 1981 | M30 | | 1262 | 1256 | | 1176 | 856 | | 4550 |
| 360 | WĘGLIŃSKI KRZYSZTOF | Makondo | PIASKI | 1982 | M30 | | | 1374 | 1414 | | 867 | 893 | 4548 |
| 361 | MAZUREK PIOTR | Agram Biega | WOJCIECHÓW | 1983 | M30 | | | 1202 | 1134 | 1272 | | 920 | 4528 |
| 362 | MORYC MACIEJ | Moskwa Biega | LUBLIN | 1979 | M30 | 3596 | | | | | 923 | | 4519 |
| 363 | KUCHARSKI ANDRZEJ | | LUBLIN | 1986 | M30 | | | 1414 | 1542 | 1562 | | | 4518 |
| 364 | JURKOWSKI ŁUKASZ | biegusiem.pl | SZYMANOWO | 1985 | M30 | | 1536 | 1542 | 1432 | | | | 4510 |
| 365 | STOŃ DANIEL | biegusiem.pl | SARNY | 1977 | M30 | | 1228 | 1144 | 1070 | 1028 | | | 4470 |
| 366 | GÓRA ROBERT | | LUBLIN | 1978 | M30 | | 1636 | 1494 | | 1316 | | | 4446 |
| 367 | KOCUR MARCIN | Lubelski Klub Karate Kyokushin | ŚWIDNIK | 1984 | M30 | | | 1194 | 1218 | 1168 | | 858 | 4438 |
| 368 | WIELEBA MARCIN | CROSSFIT Z16 | ŚWIDNIK | 1979 | M30 | | | 1222 | 1156 | 1148 | | 882 | 4408 |
| 369 | DOŁŻYŃSKI KRZYSZTOF | | LUBLIN | 1986 | M30 | | | 1388 | 1460 | 1522 | | | 4370 |
| 370 | KOŁTUNOWICZ TOMASZ | PROMIL RUNNING TEAM | LUBLIN | 1979 | M30 | | 1206 | 1142 | | 1188 | | 826 | 4362 |
| 371 | ZIELIŃSKI PAWEŁ | WARSZTAT PLASTYCZNO TECHNICZNY | LUBLIN | 1983 | M30 | | 1392 | 1378 | 1572 | | | | 4342 |
| 372 | BOROWIEC MICHAŁ | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | | | 1976 | 1112 | 1220 | | | 4308 |
| 373 | KULASIEWICZ KRZYSZTOF | | LUBLIN | 1979 | M30 | | 1210 | 1130 | | 1054 | | 866 | 4260 |
| 374 | WALCZUK ARTUR | CHEŁM BIEGA | CHEŁM | 1978 | M30 | | 1560 | | 1328 | 1348 | | | 4236 |
| 375 | SĄGOL MARCIN | | ŻELECHÓW | 1984 | M30 | | | | 1672 | 1600 | | 930 | 4202 |
| 376 | DZIUBA PIOTR | | NIEMCE | 1984 | M30 | | 1398 | | 1376 | 1398 | | | 4172 |
| 377 | GOŁOFIT KAROL | PKO Bank Polski | LUBLIN | 1985 | M30 | | | 1398 | 1258 | 1498 | | | 4154 |
| 378 | CYBULSKI TOMASZ | provaluer.pl | LUBLIN | 1980 | M30 | | | 1380 | 1348 | 1410 | | | 4138 |
| 379 | KASZYŃSKI BARTŁOMIEJ | 1 bz | CHEŁM | 1986 | M30 | | | | 1550 | 1650 | | 937 | 4137 |
| 380 | BIELSKI BARTŁOMIEJ | LUBELSKA GRUPA TRIATHLONU/WW TEAM | LUBLIN | 1984 | M30 | | 1602 | | 1592 | | | 938 | 4132 |
| 381 | KONOPKA PIOTR | Lubelska Grupa Triathlonu | LUBLIN | 1978 | M30 | | | | 1614 | 1586 | 909 | | 4109 |
| 382 | SIKORA WOJCIECH | Aktywne Borki | BORKI | 1980 | M30 | | 1382 | 1510 | 1206 | | | | 4098 |
| 383 | WALATEK FILIP | Grupa Carbon Łęczna | ŁĘCZNA | 1980 | M30 | | 1300 | 1434 | | 1360 | | | 4094 |
| 384 | KOWALCZYK MARCIN | | LUBLIN | 1986 | M30 | | 1482 | 1280 | 1324 | | | | 4086 |
| 385 | WINKLER KUBA | skarpatians | LUBLIN | 1984 | M30 | | | 1316 | 1296 | 1460 | | | 4072 |
| 386 | KOŁODZIEJ MARCIN | | LEŚNIOWICE | 1981 | M30 | | 1414 | 1308 | 1346 | | | | 4068 |
| 387 | WÓJCIK MICHAŁ | Forrest Gump Running Team | LUBLIN | 1981 | M30 | | 1298 | 1252 | | 1506 | | | 4056 |
| 388 | MAKOSZ MAREK | Aktywne Borki | RADZYŃ PODLASKI | 1982 | M30 | | 1662 | | 1208 | 1180 | | | 4050 |
| 389 | RÓJ PIOTR | | LUBLIN | 1984 | M30 | | | 1624 | 1576 | | 848 | | 4048 |
| 390 | BOROWSKI RAFAŁ | Lubelski Biegacz Team/Biegolaki | LUBLIN | 1978 | M30 | | 1464 | 1384 | 1192 | | | | 4040 |
| 391 | KUBEJKO BOGUMIŁ | Crossfit Lublin | LUBLIN | 1981 | M30 | | 1616 | | | 1496 | | 910 | 4022 |
| 392 | CZARNECKI RAFAŁ | STS Skarżysko-Kam. | BLIZYN | 1979 | M30 | 4000 | | | | | | | 4000 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|---------------------------------------|-----------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 393 | FLEJMER KAROL | Dzikie Życie Run Team | ŁĘCZNA | 1981 | M30 | 3992 | | | | | | | 3992 |
| 394 | CHRUSCIEL JACEK | | MIEDZYRZEC PODLASKI | 1982 | M30 | 3988 | | | | | | | 3988 |
| 395 | ZYCH ROBERT | ENTRE.PL Team | MIŃSK MAZOWIECKI | 1978 | M30 | | 1996 | 1992 | | | | | 3988 |
| 396 | BIGELMAJER DARIUSZ | Run_helpers/lubelskibiegacz.pl Team | LUBLIN | 1983 | M30 | | | | 1574 | 1568 | 844 | | 3986 |
| 397 | GRABDA KAROL | BIEGIEM RADOM | MIRÓW STARY | 1978 | M30 | 3984 | | | | | | | 3984 |
| 398 | CHOROŚ PIOTR | Banda Grudnia | NIEMCE | 1980 | M30 | | | 1986 | 1992 | | | | 3978 |
| 399 | KALASOUSKI YURY | Viktoria | MOHYLEW | 1981 | M30 | 3976 | | | | | | | 3976 |
| 400 | DEJER DOMINIK | Straż Graniczna Włodawa | WŁODAWA | 1986 | M30 | | 1980 | | 1986 | | | | 3966 |
| 401 | SOBKOWICZ JAREK | | BYCHAWKA | 1985 | M30 | | | | 1418 | 1596 | | 943 | 3957 |
| 402 | KRZYSZTOŃ MARCIN | GMP Lasy | LASY | 1983 | M30 | | | | 1976 | 1964 | | | 3940 |
| 403 | KOGUCIUK TOMASZ | CHEŁM BIEGA | CHEŁM | 1981 | M30 | | 1970 | 1968 | | | | | 3938 |
| 404 | CHMIEL PRZEMYSŁAW | Albatrosy | WARSZAWA | 1978 | M30 | 3928 | | | | | | | 3928 |
| 405 | POŁĘTEK TOMASZ | | JANÓW LUBELSKI | 1982 | M30 | | | 1552 | 1478 | | | 898 | 3928 |
| 406 | RZEDZICKI MARIUSZ | | LUBLIN | 1980 | M30 | | 1444 | 1262 | 1222 | | | | 3928 |
| 407 | KOZAK MICHAŁ | Drużyna Jezusa | JAROSŁAW | 1983 | M30 | 3924 | | | | | | | 3924 |
| 408 | GĄWRYLUK RADOSŁAW | JW 3248 DĘBLIN | ŁĘCZNA | 1986 | M30 | 3916 | | | | | | | 3916 |
| 409 | GŁODEK MARCIN | DSS Orlęta Dęblin | STĘŻYCA | 1981 | M30 | | | | 1948 | 1966 | | | 3914 |
| 410 | WALENCIK MARCIN | | WARSZAWA | 1984 | M30 | 3912 | | | | | | | 3912 |
| 411 | SAŁATA RADOSŁAW | Aktywne Borki | BORKI | 1980 | M30 | | 1408 | 1330 | 1172 | | | | 3910 |
| 412 | KWIETNIEWSKI PIOTR | Rainbow of Magnolia Fountains of Life | KRAŚNIK | 1985 | M30 | 3908 | | | | | | | 3908 |
| 413 | MARZEC ZBIGNIEW | DREAM RUN | PIASECZNO | 1985 | M30 | 3904 | | | | | | | 3904 |
| 414 | LESZCZYŃSKI MATEUSZ | BLOGERZYGIEGAJĄ | ŁÓDŹ | 1984 | M30 | 3900 | | | | | | | 3900 |
| 415 | MATACZ PIOTR | Strefa Triathlonu Kraśnik | KRAŚNIK | 1980 | M30 | 3896 | | | | | | | 3896 |
| 416 | KOCHALSKI KRZYSZTOF | | LUBLIN | 1977 | M30 | 3888 | | | | | | | 3888 |
| 417 | MARCINEK KRZYSZTOF | PZU SPORT TEAM | LUBLIN | 1980 | M30 | | | | 1408 | 1564 | 913 | | 3885 |
| 418 | CHMIELNICKI MICHAL | Get Gym | LUBLIN | 1980 | M30 | | 1380 | 1282 | | 1216 | | | 3878 |
| 419 | RYCEK PIOTR | PKO BP | LUBLIN | 1980 | M30 | | | 1480 | 1520 | | 875 | | 3875 |
| 420 | WALESIAK WOJCIECH | REMBERTÓW TEAM | WARSZAWA | 1985 | M30 | 3872 | | | | | | | 3872 |
| 421 | MRÓZ TOMASZ | | ŁUBNO | 1977 | M30 | 3864 | | | | | | | 3864 |
| 422 | KRÓL KRZYSZTOF | | ŚWIDNIK | 1977 | M30 | 3860 | | | | | | | 3860 |
| 423 | OŁOWNIA PIOTR | | PRAWIEDNIKI KOL. | 1980 | M30 | | | 1272 | 1252 | 1334 | | | 3858 |
| 424 | WOLSZCZAK KAROL | | GÓZD | 1982 | M30 | 3840 | | | | | | | 3840 |
| 425 | MARUCHA TOMASZ | Drużyna Ź | KRASNYSTAW | 1985 | M30 | 3836 | | | | | | | 3836 |
| 426 | PIETRYKOWSKI ROBERT | KARINO | SZCZEBRZESZYN | 1979 | M30 | 3832 | | | | | | | 3832 |
| 427 | MYSZKIEWICZ PIOTR | Cisowianka TEAM | NAŁĘCZÓW | 1977 | M30 | | | 1920 | 1910 | | | | 3830 |
| 428 | GUZ RADOSŁAW | | SAMOKLESKI KOLONIA PIERWSZA | 1983 | M30 | 3828 | | | | | | | 3828 |
| 429 | WACHOWICZ KRZYSZTOF | Makondo | PIASKI | 1977 | M30 | | 1406 | 1334 | 1084 | | | | 3824 |
| 430 | PONIEWOZIK IREK | | LUBLIN | 1978 | M30 | 3800 | | | | | | | 3800 |
| 431 | PROŚCIŃSKI KRZYSZTOF | ELPIE TEAM | LUBLIN | 1981 | M30 | | | | 1354 | 1490 | | 942 | 3786 |
| 432 | KOŚCIK JAKUB | | WARSZAWA | 1985 | M30 | 3772 | | | | | | | 3772 |
| 433 | MACIĄG MICHAŁ | biegusiem.pl | DEĘBLIN | 1978 | M30 | | 1904 | 1864 | | | | | 3768 |
| 434 | KORDOWICZ ŁUKASZ | BUT Biłgoraj Ultra Trail | BIŁGORAJ | 1979 | M30 | 3756 | | | | | | | 3756 |
| 435 | KUTYŁA MARIUSZ | | PUŁawy | 1980 | M30 | 3752 | | | | | | | 3752 |
| 436 | MOULD ADAM | | NATALIN, LUBLIN | 1983 | M30 | 3748 | | | | | | | 3748 |
| 437 | PITUCHA JACEK | | LUBLIN | 1978 | M30 | 3740 | | | | | | | 3740 |
| 438 | SKUBIS GRZEGORZ | | TYCHY | 1980 | M30 | 3732 | | | | | | | 3732 |
| 439 | WÓJCICKI MARCIN | | ŁĘCZNA | 1977 | M30 | | 1248 | 1224 | 1246 | | | | 3718 |
| 440 | CZEMERYS ŁUKASZ | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | | | | 1402 | 1414 | | 901 | 3717 |
| 441 | TOMASZEWSKI WOJTEK | | BEŁŻYCE | 1984 | M30 | | | | 1394 | 1420 | | | 3714 |
| 442 | NOWOSAD KACPER | | LUBLIN | 1982 | M30 | 3708 | | | 1838 | 1870 | | | 3708 |
| 443 | TARNOWSKI KRZYSZTOF | KW Lublin | LUBLIN | 1986 | M30 | | | | | | | | 3708 |
| 444 | STEFANIUK MARCIN | | WARSZAWA | 1981 | M30 | 3704 | | | | | | | 3704 |
| 445 | ADASZEK ŁUKASZ | | LUBLIN | 1977 | M30 | 3700 | | | | | | | 3700 |
| 446 | LIPCZYŃSKI OLAF | LUBLIN BIEGA | LUBLIN | 1979 | M30 | | | | 1396 | 1446 | | 857 | 3699 |
| 447 | HARASIMIUK PIOTR | Bank Spółdzielczy Międzyrzec Podlaski | KOMARÓWKA PODLASKA | 1982 | M30 | 3696 | | | | | | | 3696 |
| 448 | BORUCKI KAMIL | Multimedia Runners | PUŁawy | 1986 | M30 | | | | 1814 | 1870 | | | 3684 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|--|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 449 | OBROŚLIŃSKI KRZYSZTOF | lubartówbiega | LUBARTÓW | 1982 | M30 | 3684 | | | | | | | 3684 |
| 450 | TARADYŚ TOMASZ | GUKS Modliborzyce | MODLIBORZYCE | 1979 | M30 | | | 1824 | 1858 | | | | 3682 |
| 451 | BARTOSZEK JAREK | www.kazimierzaktywnie.pl | KAZIMIERZ DOLNY | 1979 | M30 | 3680 | | | | | | | 3680 |
| 452 | BIERNAT ROBERT | KB Biała Biega | RAKOWISKA | 1986 | M30 | | 1860 | | 1802 | | | | 3662 |
| 453 | KUZIOŁA MICHAŁ | | LUBARTÓW | 1985 | M30 | | | 1190 | 1170 | 1300 | | | 3660 |
| 454 | PAWLAK ZBIGNIEW | | SIEDLCE | 1977 | M30 | 3648 | | | | | | | 3648 |
| 455 | KŁOS PAWEŁ | | LUBLIN | 1977 | M30 | 3640 | | | | | | | 3640 |
| 456 | PASIECZYŃSKI GRZEGORZ | | LUBLIN | 1983 | M30 | | 1286 | 1204 | 1150 | | | | 3640 |
| 457 | MIERZICKI MARCEL | Power Training | WARSZAWA | 1982 | M30 | 3632 | | | | | | | 3632 |
| 458 | SEMENOWICZ DAREK | | LUBLIN | 1982 | M30 | 3628 | | | | | | | 3628 |
| 459 | KOZIEŁ KAMIL | | OPOLE LUBECKIE | 1985 | M30 | | | 1196 | 1256 | 1164 | | | 3616 |
| 460 | ŚWIERSZCZ ROBERT | Biegający Świdnik | ŚWIDNIK | 1978 | M30 | 3616 | | | | | | | 3616 |
| 461 | PUŁA WALDEMAR | | LUBLIN | 1977 | M30 | | | 1776 | 1838 | | | | 3614 |
| 462 | IDCZAK MICHAŁ | | GRODZISK MAZOWIECKI | 1982 | M30 | 3612 | | | | | | | 3612 |
| 463 | WOJCIUK ADAM | | LUBLIN | 1981 | M30 | | 1420 | | | 1264 | | 923 | 3607 |
| 464 | JAROCKI PIOTR | | LUBLIN | 1983 | M30 | | 1362 | 1358 | | | 886 | | 3606 |
| 465 | CHLEBOWSKI PIOTR | JW4461 | RYKI | 1978 | M30 | 3600 | | | | | | | 3600 |
| 466 | KOZICKI MARCIN | | SOSNOWICA | 1985 | M30 | | | 1692 | | | 956 | 948 | 3596 |
| 467 | SENDECKI ŁUKASZ | VELOCITY WAWA | WARSZAWA | 1983 | M30 | 3588 | | | | | | | 3588 |
| 468 | KURYŁO TOMASZ | | LUBLIN | 1978 | M30 | 3584 | | | | | | | 3584 |
| 469 | PIĘTA PIOTR | | OSTROWIEC ŚW | 1982 | M30 | | | | 1734 | 1850 | | | 3584 |
| 470 | BEDŁUSZAK TOMASZ | | CHEŁM | 1982 | M30 | 3580 | | | | | | | 3580 |
| 471 | MATUSZKIEWICZ PIOTR | | LUBLIN | 1977 | M30 | 3572 | | | | | | | 3572 |
| 472 | BEREZOWSKI MICHAŁ | Berezowscy Clinic | KRASNYSTAW | 1985 | M30 | 3568 | | | | | | | 3568 |
| 473 | MAKUCH MARCIN | | WARSZAWA | 1986 | M30 | | 1684 | | 1878 | | | | 3562 |
| 474 | KWIATKOWSKI KRZYSZTOF | biegusiem.pl | ZAMOŚĆ | 1985 | M30 | | | | 1726 | 1828 | | | 3554 |
| 475 | WAWRZAK DAMIAN | | LUBLIN | 1982 | M30 | 3552 | | | | | | | 3552 |
| 476 | CABAN WOJCIECH | | TCZEW | 1980 | M30 | 3548 | | | | | | | 3548 |
| 477 | SKOCZ TOMASZ | | BOCHOTNICA | 1986 | M30 | 3544 | | | | | | | 3544 |
| 478 | RUSINEK ŁUKASZ | MORSY LUBARTÓW | LUBARTÓW | 1979 | M30 | | | 1898 | | 1644 | | | 3542 |
| 479 | TKACZYK KRZYSZTOF | 1 BATALION ZMECHANIZOWANY CHEŁM | CHEŁM | 1982 | M30 | 3540 | | | | | | | 3540 |
| 480 | STASZEWSKI KAMIL | | LUBLIN | 1982 | M30 | 3532 | | | | | | | 3532 |
| 481 | WIELGUS PIOTR | PTHW WROCŁAW | WROCŁAW | 1981 | M30 | 3528 | | | | | | | 3528 |
| 482 | MIROSŁAW RAFAŁ | | WOJCIECHÓW | 1981 | M30 | | | | 1780 | 1744 | | | 3524 |
| 483 | KOZAK MARCIN | Sklep Biegacza Lublin Team | LUBLIN | 1978 | M30 | | | | 1762 | 1758 | | | 3520 |
| 484 | MATUSZEWSKI MICHAŁ | Stokrotka Team | GARBÓW | 1980 | M30 | | | | 1696 | 1822 | | | 3518 |
| 485 | GUZOWSKI MICHAŁ | | LUBLIN | 1980 | M30 | 3512 | | | | | | | 3512 |
| 486 | RZEDZICKI ŁUKASZ | biegając świdnik | ŚWIDNIK | 1986 | M30 | | 1254 | 1160 | | 1094 | | | 3508 |
| 487 | CIEPLAK MACIEJ | | LUBLIN | 1979 | M30 | | | | 1736 | 1768 | | | 3504 |
| 488 | DĄBROWSKI RADOSŁAW | | LUBLIN | 1981 | M30 | 3504 | | | | | | | 3504 |
| 489 | DOBROWOLSKI PIOTR | | LUBLIN | 1984 | M30 | 3500 | | | | | | | 3500 |
| 490 | ZMYSŁOWSKI ŁUKASZ | | MOTYCZ | 1982 | M30 | | | 1868 | 1628 | | | | 3496 |
| 491 | SMALEC RAFAŁ | | ODRANO WOLA | 1977 | M30 | 3492 | | | | | | | 3492 |
| 492 | GAWOREK HUBERT | | LUBLIN | 1978 | M30 | | 1278 | 1318 | | | | 892 | 3488 |
| 493 | DANIELCZUK DOMINIK | DOMAN TEAM | LUBLIN | 1984 | M30 | 3480 | | | | | | | 3480 |
| 494 | DRZĄSZCZ MARCIN | 1 z 3 Wspaniałych Synów Ziemi Tczewskiej | TCZEW | 1980 | M30 | 3476 | | | | | | | 3476 |
| 495 | BISKUP MIROSLAW | | LUBLIN | 1985 | M30 | 3468 | | | | | | | 3468 |
| 496 | STUDZIŃSKI MICHAŁ | | LUBLIN | 1982 | M30 | | 1442 | | | 1158 | 860 | | 3460 |
| 497 | PELC AREK | Tarasy Melanżu | LUBLIN | 1978 | M30 | | | 1172 | 1220 | 1058 | | | 3450 |
| 498 | WESOŁOWSKI ROBERT | Fundacja Na Ratunek | DĘBLIN | 1979 | M30 | 3444 | | | | | | | 3444 |
| 499 | KARPIŃSKI MICHAŁ | | MICHÓW | 1978 | M30 | | | 1718 | | 1722 | | | 3440 |
| 500 | CYGAN PIOTR | | DĘBLIN | 1979 | M30 | 1196 | 1148 | 1092 | | | | | 3436 |
| 501 | SMIT MARIUSZ | VIELEGROUP | LUBLIN | 1981 | M30 | 1156 | 1168 | 1104 | | | | | 3428 |
| 502 | GRONDZIK TOMASZ | Aviva Running Team | WARSZAWA | 1981 | M30 | 3420 | | | | | | | 3420 |
| 503 | IWANEK SEBASTIAN | Biegusiem.pl | RYKI | 1983 | M30 | | | 1728 | 1690 | | | | 3418 |
| 504 | KOSAKOWSKI ŁUKASZ | ZP Team | LUBLIN | 1982 | M30 | 3416 | | | | | | | 3416 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|---------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 505 | COJOCARU RUSŁAN | | KISZYNIÓW | 1978 | M30 | 3400 | | | | | | | 3400 |
| 506 | LIPCAN ADRIAN | | KISZYNIÓW | 1978 | M30 | 3396 | | | | | | | 3396 |
| 507 | KALISZEWSKI GRZEGORZ | | LUBLIN | 1984 | M30 | 3384 | | | | | | | 3384 |
| 508 | BOROWSKI MICHAŁ | | LUBLIN | 1979 | M30 | 3376 | | | | | | | 3376 |
| 509 | ŁUCJAN SEBASTIAN | 081 architekci | LUBLIN | 1986 | M30 | | 1730 | 1644 | | | | | 3374 |
| 510 | JASIŃSKI RAFAŁ | Rafał Jasiński | ŻDŻARÓW | 1982 | M30 | 3356 | | | | | | | 3356 |
| 511 | SAŁEK ARKADIUSZ | | 63-100 | 1982 | M30 | | 1164 | 1124 | 1066 | | | | 3354 |
| 512 | JASTRZĄB MARIUSZ | Mobica Runners | LUBLIN | 1977 | M30 | | | 1170 | 1122 | 1052 | | | 3344 |
| 513 | KOZIOŁ TOMASZ | | WÓLKA TANEWSKA | 1986 | M30 | | | 1204 | | 1270 | | 859 | 3333 |
| 514 | DUBINA DAMIAN | | POZNAN | 1986 | M30 | 3332 | | | | | | | 3332 |
| 515 | MILKOWSKI MARCIN | | SOCHACZEW | 1982 | M30 | 3324 | | | | | | | 3324 |
| 516 | GNAŚ PIOTR | | CHEŁM | 1985 | M30 | 3312 | | | | | | | 3312 |
| 517 | CENKIER PIOTR | | LUBLIN | 1986 | M30 | 3300 | | | | | | | 3300 |
| 518 | BARTOSZEK KRZYSZTOF | WWW.BIEGAJKAZIMIERZU.PL | LUBLIN | 1983 | M30 | 3292 | | | | | | | 3292 |
| 519 | RAJEWICZ ŁUKASZ | | LUBLIN | 1980 | M30 | | | 1136 | 1106 | 1032 | | | 3274 |
| 520 | RAJEWSKI ROBERT | Robert Rajewski | ZĄBKИ | 1983 | M30 | 3272 | | | | | | | 3272 |
| 521 | WASILEWSKI MARCIN | WW TEAM | LUBLIN | 1977 | M30 | | 1606 | 1666 | | | | | 3272 |
| 522 | KRÓL ŁUKASZ | | NOWY KREPIEC | 1983 | M30 | | 1244 | 1192 | | | 832 | | 3268 |
| 523 | MARCINIAK WOJCIECH | | LUBLIN | 1982 | M30 | 3268 | | | | | | | 3268 |
| 524 | KIJAK TOMASZ | | OPOLE LUBELSKIE | 1986 | M30 | | 1666 | 1598 | | | | | 3264 |
| 525 | KOTOWSKI WOJCIECH | Mam nawyki mam wyniki | | 1979 | M30 | | | | | 1128 | 1204 | | 3231 |
| 526 | TOPYŁA PIOTR | Wąwozowa | LUBLIN | 1981 | M30 | | 1626 | 1596 | | | | | 3222 |
| 527 | DURCZAK MATEUSZ | | LUBLIN | 1980 | M30 | | | 1650 | 1570 | | | | 3220 |
| 528 | SŁUPSKI JAN | | BIŁGORAJ | 1981 | M30 | | | | 1150 | 1186 | | 874 | 3210 |
| 529 | JĘDRZEJEWSKI MARCIN | 1984 | ZAMOŚĆ | 1984 | M30 | | | | 1616 | 1592 | | | 3208 |
| 530 | KOWAL GRZEGORZ | BSE | LUBLIN | 1978 | M30 | | 1424 | 1784 | | | | | 3208 |
| 531 | MACIĄG BARTŁOMIEJ | KRASNYSTAW BIEGA | KRASNYSTAW | 1982 | M30 | | | 1290 | 1880 | | | | 3170 |
| 532 | OSADOWSKI KONRAD | | LUBLIN | 1982 | M30 | | 1478 | 1682 | | | | | 3160 |
| 533 | KARŁOWICZ ZIEMOWIT | | 123 | 1980 | M30 | | 1678 | 1470 | | | | | 3148 |
| 534 | BOCHENKIEWICZ MARCIN | MULTIMEDIA RUNNERS | PUŁawy | 1979 | M30 | | | | | 1140 | 1152 | | 3143 |
| 535 | GAWROŃSKI JACEK | Biegający Świdnik | ŚWIDNIK | 1979 | M30 | | 1728 | | | 1406 | | | 3134 |
| 536 | WILKOWICZ GRZEGORZ | | LUBLIN | 1982 | M30 | | 1584 | 1550 | | | | | 3134 |
| 537 | WÓLCZYŃSKI KRZYSZTOF | Multimedia Runners | GÓRA PUŁAWSKA | 1980 | M30 | | | | | 1132 | 1146 | | 3127 |
| 538 | PRAŽMO GRZEGORZ | | KRASIENIN | 1977 | M30 | | 1506 | 1574 | | | | | 3080 |
| 539 | GORZEL PIOTR | Biegający Świdnik | ŚWIDNIK | 1983 | M30 | | | | | 1552 | 1514 | | 3066 |
| 540 | GADZAŁA STANISŁAW | Lubartów Biega | LUBARTÓW | 1983 | M30 | | | | | 1404 | 1632 | | 3036 |
| 541 | BOCHRA PAWEŁ | Okszów Biega | OKSZÓW | 1982 | M30 | | 1430 | | | 1598 | | | 3028 |
| 542 | KOZIEJ EMIL | | NIEMCE | 1982 | M30 | | | 1572 | | | 1444 | | 3016 |
| 543 | TROC ADRIAN | | LUBLIN | 1978 | M30 | | | | | 1482 | 1534 | | 3016 |
| 544 | PAWEŁKO MARIUSZ | 1 bz chełm | BIŁGORAJ | 1977 | M30 | | | | | 1428 | 1584 | | 3012 |
| 545 | STASIEWICZ ŁUKASZ | TrinityClub | LUBLIN | 1981 | M30 | | 1808 | | | 1192 | | | 3000 |
| 546 | CZARNECKI KAMIL | KPP Skarżysko Kamienna | SKARŻYSKO KAMIENNA | 1981 | M30 | | | | | 1984 | | 998 | 2982 |
| 547 | SZYDUK MACIEJ | Lubelska Grupa Triathlonu | LUBLIN | 1979 | M30 | | 1572 | 1406 | | | | | 2978 |
| 548 | ŁOWCZAK BARTOSZ | chartee.pl | LUBLIN | 1979 | M30 | | | | | 1970 | | 993 | 2963 |
| 549 | DWORZAŃSKI TOMASZ | Zatkało kakało | LUBLIN | 1980 | M30 | | 1356 | | | 1586 | | | 2942 |
| 550 | STANIUK MICHAŁ | | OBSZA | 1983 | M30 | | | 1294 | | | 1646 | | 2940 |
| 551 | ZAJKO RAFAŁ | TRUST SP Z O.O. | ŚWIDNIK | 1984 | M30 | | 1610 | 1324 | | | | | 2934 |
| 552 | JABŁOŃSKI ŁUKASZ | | KRAŚNIK | 1978 | M30 | | | 1390 | 1540 | | | | 2930 |
| 553 | DROZD GRZEGORZ | | LUBLIN | 1977 | M30 | | | | 1944 | | | 981 | 2925 |
| 554 | SŁOWIK PAWEŁ | | LUBARTÓW | 1984 | M30 | | | 1486 | 1436 | | | | 2922 |
| 555 | FIJOŁEK ARKADIUSZ | | BYCHAWA | 1985 | M30 | | | 1484 | | | 1426 | | 2910 |
| 556 | LITWIŃSKI RAFAŁ | | LUBLIN | 1984 | M30 | | 1472 | 1420 | | | | | 2892 |
| 557 | DESBAS NICO | | ŚWIDNIK | 1983 | M30 | | 1512 | | | 1374 | | | 2886 |
| 558 | ZINCZUK KAMIL | Euro-Konsult | LUBLIN | 1978 | M30 | | 1504 | 1382 | | | | | 2886 |
| 559 | HUSZALUK JACEK | KS TECZA | LUBLIN | 1978 | M30 | | 1902 | | | | 966 | | 2868 |
| 560 | PRZYBYŁA ROBERT | | KRASNYSTAW | 1980 | M30 | | | | 1544 | 1320 | | | 2864 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|-------------------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 561 | KOZIEJ ŁUKASZ | KOZI NIEMCE | NIEMCE | 1981 | M30 | | 1478 | | 1380 | | | | 2858 |
| 562 | LIPA TOMASZ | Klub Wysokogórski Lublin | LUBLIN | 1985 | M30 | 1838 | | | | 975 | | | 2813 |
| 563 | SAWA MICHAŁ | | LUBLIN | 1980 | M30 | 1418 | | | 1372 | | | | 2790 |
| 564 | PĄCZKO MARIUSZ | Biegający Świdnik | ŚWIDNIK | 1981 | M30 | | 1832 | | | 936 | | | 2768 |
| 565 | HIBNER DOMINIK | WOLNO ALE DO PRZODU !! | LUBLIN | 1985 | M30 | 1456 | | | 1306 | | | | 2762 |
| 566 | DANIEL KAMIL | | LUBLIN | 1985 | M30 | 1318 | 1432 | | | | | | 2750 |
| 567 | MICHALUK ALBERT | | LUBLIN | 1978 | M30 | | | 1344 | 1402 | | | | 2746 |
| 568 | DUDA TOMASZ | | WARSZAWA | 1982 | M30 | | | 1786 | | 910 | | | 2696 |
| 569 | KAWALEC ROBERT | Attyla Running Club | ZAMOŚĆ | 1980 | M30 | | | | 1044 | 816 | 817 | | 2677 |
| 570 | KŁEMBOKOWSKI ALEKSANDER | Sklep Biegacza Lublin Team | LUBLIN | 1980 | M30 | 1294 | | 1382 | | | | | 2676 |
| 571 | SKÓRSKI MARCIN | Strefa Triathlonu Kraśnik | KRAŚNIK | 1980 | M30 | | | | 1728 | 928 | | | 2656 |
| 572 | JAKSIM ADAM | Biegam z ABS | LUBLIN | 1981 | M30 | | | | 1692 | | 956 | | 2648 |
| 573 | MUZYKA ROBERT | | LUBARTÓW | 1986 | M30 | 1370 | | 1272 | | | | | 2642 |
| 574 | SIWEK MARCIN | | PYSZNICA | 1986 | M30 | | 1652 | | | | 986 | | 2638 |
| 575 | KLOC MIROSŁAW | | LUBLIN | 1982 | M30 | 1696 | | | | | 932 | | 2628 |
| 576 | KRAWCZYK PRZEMYSŁAW | Baran Cycling Team | KRAŚNIK | 1979 | M30 | | 1696 | | | | 925 | | 2621 |
| 577 | MAJSTEREK ADAM | Grupa Biegowa Orlęta Dęblin | DĘBLIN | 1983 | M30 | 1462 | | 1146 | | | | | 2608 |
| 578 | JEMIELNIAK JAKUB | GetGym Team | LUBLIN | 1983 | M30 | 1312 | 1288 | | | | | | 2600 |
| 579 | PRUS ADAM | III LO Lublin | LUBLIN | 1979 | M30 | 1724 | | | | | | 874 | 2598 |
| 580 | ORŁOWSKI PRZEMEK | | LUBLIN | 1977 | M30 | | | 1244 | 1346 | | | | 2590 |
| 581 | SKWARZYŃSKI ERWIN | | LUBLIN | 1984 | M30 | | | 1302 | 1258 | | | | 2560 |
| 582 | KĘDRA RADOSŁAW | LW Bogdanka | ŁĘCZNA | 1977 | M30 | 1264 | 1284 | | | | | | 2548 |
| 583 | KOSTKA BARTŁOMIEJ | | ŁĘCZNA | 1977 | M30 | | | | 1624 | | | 915 | 2539 |
| 584 | DOBROWOLSKI MICHAŁ | | LUBLIN | 1986 | M30 | 1272 | 1258 | | | | | | 2530 |
| 585 | ZWOLAKIEWICZ PRZEMYSŁAW | Największa Armia Świata | LUBLIN | 1979 | M30 | | | 1224 | 1294 | | | | 2518 |
| 586 | PONIEWAŻ PRZEMYSŁAW | Przemysław Ponieważ | LUBLIN | 1979 | M30 | | | | 1528 | | 922 | | 2450 |
| 587 | MONOLI LODOVICO | Italiako Lehoiak | LUBLIN | 1981 | M30 | | | | 1504 | | 939 | | 2443 |
| 588 | MRÓWCZYŃSKI PAWEŁ | OFF-ROAD Lublin Squad | LUBLIN | 1977 | M30 | | | | 1464 | | 957 | | 2421 |
| 589 | ZAWADZKI MARCIN | megabelzyce.pl / Travel 2 Run | BEŁŻYCE | 1985 | M30 | | 1214 | | 1190 | | | | 2404 |
| 590 | CELEGRAT PAWEŁ | Cezetron | LUBLIN | 1985 | M30 | | | | 1476 | | 908 | | 2384 |
| 591 | GÓRAS ALEKSANDER | | LUBLIN | 1985 | M30 | | | | 1422 | | 949 | | 2371 |
| 592 | BLOCH MACIEJ | | LUBLIN | 1979 | M30 | | | 1186 | 1182 | | | | 2368 |
| 593 | SALUK JAKUB | | LUBLIN | 1986 | M30 | 1286 | | | 1072 | | | | 2358 |
| 594 | BALICKI MICHAŁ | | WARSZAWA | 1982 | M30 | | | | 1470 | 865 | | | 2335 |
| 595 | MAZIK KRZYSZTOF | Ludzka Stonoga | KRAŚNIK | 1982 | M30 | | | 1472 | | 863 | | | 2335 |
| 596 | BABKIEWICZ SZYMON | | LUBLIN | 1982 | M30 | 1192 | 1140 | | | | | | 2332 |
| 597 | ANDRYSKU MARCIN | Run Forest Run | LUBLIN | 1986 | M30 | | | | 1404 | | 921 | | 2325 |
| 598 | KWIATKOWSKI TOMASZ | UMCS BIEGA | JASTKÓW | 1977 | M30 | | 1198 | | 1118 | | | | 2316 |
| 599 | CZECH BOGDAN | | ŁĘCZNA | 1977 | M30 | | | 1102 | 1198 | | | | 2300 |
| 600 | BARTNIK ARTUR | Ruta Runners | WARSZAWA | 1979 | M30 | 1204 | | 1082 | | | | | 2286 |
| 601 | ŚCIPIEŃ JACEK | | LUBLIN | 1978 | M30 | 1374 | | | | | | 911 | 2285 |
| 602 | KRZYSZTOFIK DAMIAN | | LUBLIN | 1982 | M30 | | | | 1162 | 1116 | | | 2278 |
| 603 | KRZYŻANEK PAWEŁ | | CHODEŁ | 1983 | M30 | | 1162 | 1100 | | | | | 2262 |
| 604 | SZACAWA DAMIAN | UMCS Biega | PUŁawy | 1981 | M30 | | | 1130 | 1124 | | | | 2254 |
| 605 | BIEGAJ ROBERT | Lublin Biega | LUBLIN | 1982 | M30 | | | | 1382 | | 864 | | 2246 |
| 606 | MORAWSKI MARCIN | | CYCÓW | 1985 | M30 | 1168 | | 1072 | | | | | 2240 |
| 607 | WRÓBEL MARIUSZ | Albatrosy | LUBLIN | 1984 | M30 | | 1372 | | | 851 | | | 2223 |
| 608 | KRÓLIKOWSKI RADOSŁAW | | LUBLIN | 1982 | M30 | | | | 1282 | | 922 | | 2204 |
| 609 | WRÓBEL MARIUSZ | Hold my beer and watch | LUBLIN | 1984 | M30 | 1308 | | | | | 891 | | 2199 |
| 610 | STERNIK DANIEL | Mobica Runners | LUBLIN | 1981 | M30 | | | | 1268 | | 927 | | 2195 |
| 611 | DZIEWA MICHAŁ | | JASTKÓW | 1981 | M30 | 1160 | | | 1020 | | | | 2180 |
| 612 | SAŁATA JAROSŁAW | | LUBLIN | 1978 | M30 | 1340 | | | | 836 | | | 2176 |
| 613 | KRZYSIAK JAKUB | Agencja Perform | LUBLIN | 1981 | M30 | 1320 | | | | 852 | | | 2172 |
| 614 | KIJEK MACIEJ | BLOK EKIPA | CHEŁM | 1981 | M30 | | 1326 | | | 841 | | | 2167 |
| 615 | BANY PIOTR | Biegusiem.pl | RYKI | 1986 | M30 | | | 1118 | 1030 | | | | 2148 |
| 616 | TĘBIKOWSKI JACEK | | ŚWIDNIK | 1983 | M30 | 1290 | | | | 857 | | | 2147 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|---------------------------------------|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 617 | BIAŁEK DANIEL | | LUBLIN | 1980 | M30 | | | | 1284 | | 836 | 2120 | |
| 618 | URBAŃSKI TOMASZ | Run Mietek Run | WĘGRZCE | 1986 | M30 | | | 1288 | | 821 | 2109 | | |
| 619 | KRZYŻANOWSKI PAWEŁ | UMCS Biega | ŚWIDNIK | 1985 | M30 | | | 1074 | 1024 | | 2098 | | |
| 620 | LIPSKI GRZEGORZ | AZBESTOWY JOGHURT | LUBLIN | 1979 | M30 | | | 1064 | 1012 | | 2076 | | |
| 621 | STEĆ DAREK | Wolność Endorfinom | ŁĘCZNA | 1977 | M30 | | | | 1140 | | 887 | 2027 | |
| 622 | KOŁTUN PAWEŁ | Chełm biega | CHEŁM | 1985 | M30 | | | | 1130 | | 885 | 2015 | |
| 623 | ZDUNEK MICHAŁ | | FRAMPOL | 1977 | M30 | | | | 1996 | | | 1996 | |
| 624 | CHRUŚCIEL JACEK | | MIEDZYRZEC PODLASKI | 1982 | M30 | 1978 | | | | | | 1978 | |
| 625 | KUDEŁKO MICHAŁ | Pompa Team | CHEŁM | 1982 | M30 | | | | 1122 | | 855 | 1977 | |
| 626 | SYCHOWICZ ŁUKASZ | MOJE OWOCE | WARSZAWA | 1977 | M30 | 1974 | | | | | | 1974 | |
| 627 | BOŻEK MARIUSZ | | LUBLIN | 1977 | M30 | | | | 1082 | | 890 | 1972 | |
| 628 | HURKACZ MICHAŁ | | WARSZAWA | 1985 | M30 | 1970 | | | | | | 1970 | |
| 629 | WĄSIK ARKADIUSZ | Biegusiem.pl | KŁOCZEW | 1982 | M30 | 1962 | | | | | | 1962 | |
| 630 | PRÓCHNIAK PRZEMYSŁAW | | ANDRZEJÓW | 1984 | M30 | | | | 1126 | | 833 | 1959 | |
| 631 | PANASIUK MARCIN | | ŚWIDNIK | 1981 | M30 | 1958 | | | | | | 1958 | |
| 632 | PIETRZYK MARIUSZ | Biegający Świdnik | TRZECIAKÓW | 1986 | M30 | | | | 1126 | | 829 | 1955 | |
| 633 | MAZUREK MARCIN | TriAmigos | LUBLIN | 1980 | M30 | 1954 | | | | | | 1954 | |
| 634 | BUTKIEWICZ TOMASZ | | LUBLIN | 1984 | M30 | 1952 | | | | | | 1952 | |
| 635 | KLIMEK MATEUSZ | GetGym | LUBLIN | 1981 | M30 | 1948 | | | | | | 1948 | |
| 636 | OŚWIT BARTŁOMIEJ | BDOW WB | LUBLIN | 1985 | M30 | 1944 | | | | | | 1944 | |
| 637 | MAZUREK ARTUR | | LUBLIN | 1979 | M30 | 1940 | | | | | | 1940 | |
| 638 | FRĄC MARIUSZ | LHR Elizówka, Pogotowie Cateringowe | ŚWIDNIK | 1978 | M30 | | | | 1114 | | 821 | 1935 | |
| 639 | DZIEDZIC WITOLD | Przebiegli jak węże | RZESZÓW | 1977 | M30 | 1930 | | | | | | 1930 | |
| 640 | PAWLAK GRZEGORZ | LW Bogdanka | ŁĘCZNA | 1986 | M30 | | | 1928 | | | | 1928 | |
| 641 | SUGIER PIOTR | GETGYM | LUBIN | 1980 | M30 | 1928 | | | | | | 1928 | |
| 642 | WÓJCIK MICHAŁ | INTROGRAF LUBLIN S.A. | LUBLIN | 1978 | M30 | | | | 1070 | | 856 | 1926 | |
| 643 | CABOŃ PIOTR | Cisowianka Team PL | SADURKI | 1984 | M30 | 1922 | | | | | | 1922 | |
| 644 | STROJEK RAFAŁ | | WILCZOPOLE | 1980 | M30 | | | | 1076 | | 845 | 1921 | |
| 645 | TYMICKI DOMINIK | Klonowa | ŚWIDNIK | 1978 | M30 | 1920 | | | | | | 1920 | |
| 646 | ADYNOWSKI ŁUKASZ | GRUBE KORZENIE | LUBLIN | 1982 | M30 | | | | 1918 | | | 1918 | |
| 647 | WEŁDYCZ KAROL | | LUBLIN | 1984 | M30 | | | | 1050 | | 861 | 1911 | |
| 648 | JAGNIONTKOWSKI JAROSŁAW | KRASNYSTAW BIEGA | KRASNYSTAW | 1984 | M30 | | | | 1910 | | | 1910 | |
| 649 | SINICKI PIOTR | | LUBLIN | 1980 | M30 | 1904 | | | | | | 1904 | |
| 650 | BANAŚKIEWICZ KAMIL | CISOWIANKA TEAM PL | DOMINÓW | 1983 | M30 | | | | 1902 | | | 1902 | |
| 651 | PIKUŁA WOJCIECH | Akademia Sportu Pożarniczego | PISZCZAC | 1981 | M30 | 1896 | | | | | | 1896 | |
| 652 | SZYMAŃSKI PIOTR | | PRUSZKÓW | 1980 | M30 | | | 1890 | | | | 1890 | |
| 653 | STANISŁAW KOSTOWSKI | | CHEŁM | 1977 | M30 | | | | 1888 | | | 1888 | |
| 654 | SPRAWKA MICHAŁ | | NIEMCE | 1982 | M30 | | | | 1018 | | 854 | 1872 | |
| 655 | STPICZYŃSKI MARCIN | | LUBLIN | 1983 | M30 | | | 1872 | | | | 1872 | |
| 656 | BETLEJEWSKI RAFAŁ | | LUBLIN | 1983 | M30 | 1866 | | | | | | 1866 | |
| 657 | MISIAK DAMIAN | GUKS Modliborzyce | MODLIBORZYCE | 1985 | M30 | | | 1856 | | | | 1856 | |
| 658 | KĘDRA ADRIAN | Biegający Świdnik | ŚWIDNIK | 1985 | M30 | 1854 | | | | | | 1854 | |
| 659 | KUŚ PIOTR | | LUBLIN | 1978 | M30 | 1850 | | | | | | 1850 | |
| 660 | KMIECIK ŁUKASZ | Atol Bike | PUŁawy | 1986 | M30 | 1836 | | | | | | 1836 | |
| 661 | KURCZAK ZYGMUNT | | BISZCZA | 1979 | M30 | 1826 | | | | | | 1826 | |
| 662 | WIERZBÍNSKI SEBASTIAN | WYŻSZA SZKOŁA NAUK SPOŁECZNYCH LUBLIN | LUBLIN | 1978 | M30 | | | | 1016 | 810 | | 1826 | |
| 663 | OSIŃSKI PAWEŁ | | STARACHOWICE | 1983 | M30 | | | | 1812 | | | 1812 | |
| 664 | ONISZCZUK MARCIN | | KOZŁÓWKA | 1977 | M30 | 1808 | | | | | | 1808 | |
| 665 | GRUZA PAWEŁ | DSS Orlećta | DĘBLIN | 1985 | M30 | 1800 | | | | | | 1800 | |
| 666 | RYCUNIAK PAWEŁ | | TURKA | 1979 | M30 | | | 1798 | | | | 1798 | |
| 667 | GRECYCHO ADRIAN | Grupa TIPMEDIA | LUBLIN | 1986 | M30 | | | 1794 | | | | 1794 | |
| 668 | KRAWCZAK KAMIL | biegusiem.pl | RADOM | 1984 | M30 | | | | 1792 | | | 1792 | |
| 669 | MAZUR MATEUSZ | Orange Polska | BATORZ | 1986 | M30 | | | 1790 | | | | 1790 | |
| 670 | KOŁODZIEJCZYK MACIEJ | Fizjo-Sport Maciej Kołodziejczyk | ŁĘCZNA | 1978 | M30 | | | | 1784 | | | 1784 | |
| 671 | OLESZCZUK TOMASZ | | KRASNYSTAW | 1985 | M30 | 1782 | | | | | | 1782 | |
| 672 | JANIK PAWEŁ | Pion Garbatka | PONIKWA | 1983 | M30 | | | | 1776 | | | 1776 | |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|--|---------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 673 | KLUGA RADOSŁAW | | CHEŁM | 1977 | M30 | | 1774 | | | | | | 1774 |
| 674 | BISZCZAN RAFAŁ | | WIERZBICA-OSIEDLE | 1977 | M30 | | | 1768 | | | | | 1768 |
| 675 | HOFMAN ARTUR | SKB Kraśnik | KRAŚNIK | 1978 | M30 | | 1764 | | | | | | 1764 |
| 676 | SZMYRGAŁA KONRAD | | KRAŚNIK | 1978 | M30 | | | | 1762 | | | | 1762 |
| 677 | KONDACKI BARTOSZ | IMEDICA | LUBLIN | 1980 | M30 | | 1758 | | | | | | 1758 |
| 678 | KUTER KRZYSZTOF | | ZAMOŚĆ | 1980 | M30 | | | | 1750 | | | | 1750 |
| 679 | MISZCZUK SEBASTIAN | | LUBLIN | 1983 | M30 | | 1742 | | | | | | 1742 |
| 680 | KOZŁOWSKI SOBIESŁAW | | GRODZISK MAZOWIECKI | 1979 | M30 | | 1736 | | | | | | 1736 |
| 681 | WATRAK ŁUKASZ | KW Lublin | LUBLIN | 1986 | M30 | | 1726 | | | | | | 1726 |
| 682 | ADAMCZYK MICHAŁ | CrossFit Z16 | LUBLIN | 1984 | M30 | | | | | | 840 | 881 | 1721 |
| 683 | RADKOWSKI KONRAD | | LUBLIN | 1979 | M30 | | | | 1720 | | | | 1720 |
| 684 | JANKOWSKI RADOSŁAW | | LUBARTÓW | 1985 | M30 | | | | 1712 | | | | 1712 |
| 685 | KALINOWSKI MICHAŁ | | LUBLIN | 1982 | M30 | | | | 1712 | | | | 1712 |
| 686 | LIPNIACKI DANIEL | hels lublin | LUBLIN | 1981 | M30 | | | | 1710 | | | | 1710 |
| 687 | KOSIŃSKI PAWEŁ | | STARACHOWICE | 1983 | M30 | | 1704 | | | | | | 1704 |
| 688 | MITRUS SŁAWOMIR | | MEŁGIEW | 1982 | M30 | | | | 1704 | | | | 1704 |
| 689 | STEPNIAK MICHAŁ | | FAJSŁAWICE | 1978 | M30 | | 1698 | | | | | | 1698 |
| 690 | PLISKA DAREK | KB Biała Biega | BIAŁA PODLASKA | 1984 | M30 | | | | 1678 | | | | 1678 |
| 691 | STĘPNIAK PAWEŁ | | FAJSŁAWICE | 1979 | M30 | | | | 1676 | | | | 1676 |
| 692 | MAJEWSKI JAREK | | TOMASZOWICE | 1979 | M30 | | 1672 | | | | | | 1672 |
| 693 | ŻOŁĘDZIEWSKI DARIUSZ | Chełm | CHEŁM | 1978 | M30 | | 1664 | | | | | | 1664 |
| 694 | KOZŁOWSKI PIOTR | Stowarzyszenie Sędziów Lubelszczyzny | LUBLIN | 1985 | M30 | | 1658 | | | | | | 1658 |
| 695 | DŻOŃ ANDRZEJ | | LUBLIN | 1983 | M30 | | 1656 | | | | | | 1656 |
| 696 | KOŚCIOŁEK KRZYSZTOF | | LUBLIN | 1979 | M30 | | | | | | 828 | 828 | 1656 |
| 697 | MOMOT MICHAŁ | | JANÓW LUBELSKI | 1983 | M30 | | | | 1656 | | | | 1656 |
| 698 | MOSKALUK MIŁOSZ | | NOWODWÓR PIASKI | 1982 | M30 | | 1654 | | | | | | 1654 |
| 699 | GIBADŁO RAFAŁ | Kraśnicki Klub Morsów | KRAŚNIK | 1984 | M30 | | 1650 | | | | | | 1650 |
| 700 | FUSIARA TOMASZ | Bike Club Janów Lubelski | JANÓW LUBELSKI | 1981 | M30 | | | | 1646 | | | | 1646 |
| 701 | REK WOJCIECH | KANCELARIA RADCY PRAWNEGO WOJCIECH REK | LUBLIN | 1980 | M30 | | | | 1644 | | | | 1644 |
| 702 | LASKOWSKI PIOTR | OXY Team | LUBLIN | 1984 | M30 | | | | 1642 | | | | 1642 |
| 703 | NIZIOŁEK-BELOTTI MICHAŁ | | RADOM | 1982 | M30 | | 1642 | | | | | | 1642 |
| 704 | SADURSKI IRENEUSZ | Totalbud | STARO IWICZNA | 1983 | M30 | | | | 1642 | | | | 1642 |
| 705 | SMAGA ARKADIUSZ | drużyna czarnego alibaby | WARSZAWA | 1985 | M30 | | 1640 | | | | | | 1640 |
| 706 | KLEPACZ TOMASZ | | LUBLIN | 1980 | M30 | | | | 1638 | | | | 1638 |
| 707 | FUTYMA TOMASZ | www.wychowawcy.pl | LUBLIN | 1984 | M30 | | 1632 | | | | | | 1632 |
| 708 | ZYWOT JAKUB | | LUBLIN | 1983 | M30 | | | 1632 | | | | | 1632 |
| 709 | SULEJ MICHAŁ | KB Biała biega | BIAŁA PODLASKA | 1982 | M30 | | | | 1624 | | | | 1624 |
| 710 | KISIEL KAMIL | Chełm Biega | LUBLIN | 1985 | M30 | | 1612 | | | | | | 1612 |
| 711 | LEZIAK PIOTR | | KRAŚNIK | 1983 | M30 | | | | 1612 | | | | 1612 |
| 712 | JANOWSKI MARCIN | | LUBLIN | 1980 | M30 | | | | 1610 | | | | 1610 |
| 713 | WALKOSZ GRZEGORZ | Biegam z ABS | LUBLIN | 1982 | M30 | | 1600 | | | | | | 1600 |
| 714 | BOGUTA CEZARY | BIEGAM Z ABS | LUBLIN | 1982 | M30 | | 1592 | | | | | | 1592 |
| 715 | IWANEK DANIEL | Akademia Karate | MARYSIN | 1980 | M30 | | | | 1590 | | | | 1590 |
| 716 | WILK MACIEJ | | LUBLIN | 1986 | M30 | | | | 1588 | | | | 1588 |
| 717 | WROŃSKI ŁUKASZ | | ŁĘCZNA | 1984 | M30 | | | | 1584 | | | | 1584 |
| 718 | WOJCIECHOWSKI DARIUSZ | | LUBLIN | 1985 | M30 | | | | 1578 | | | | 1578 |
| 719 | KOT MICHAŁ | | LUBLIN | 1977 | M30 | | | | 1554 | | | | 1554 |
| 720 | DYLEWSKI PAWEŁ | Fizjo-Sport | ŁĘCZNA | 1978 | M30 | | | | 1550 | | | | 1550 |
| 721 | POLUCHOWICZ PAWEŁ | | ŚWIDNIK | 1979 | M30 | | 1550 | | | | | | 1550 |
| 722 | SMAGA FABIAN | PAZERNI NA SPORT LIPSKO | LIPSKO | 1984 | M30 | | | | 1540 | | | | 1540 |
| 723 | CHUSTECKI GRZEGORZ | NZO Wisznice | WISZNIE | 1980 | M30 | | 1534 | | | | | | 1534 |
| 724 | MISZCZYSZYN KAMIL | | ZAMOŚĆ | 1984 | M30 | | | | 1526 | | | | 1526 |
| 725 | NALEWAJEK ADAM | | LUBLIN | 1982 | M30 | | 1518 | | | | | | 1518 |
| 726 | WÓJCIK PATRYK | www.twojskarbiec.pl | LUBLIN | 1983 | M30 | | | | 1498 | | | | 1498 |
| 727 | NOWOSAD TOMASZ | NOWY | ŁĘCZNA | 1981 | M30 | | | | 1490 | | | | 1490 |
| 728 | KOWALSKI ARTUR | Makondo | SANOK | 1986 | M30 | | | | 1488 | | | | 1488 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|-------------------------|------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 729 | WOLIŃSKI PAWEŁ | | KIJANY | 1979 | M30 | | | | | 1486 | | | 1486 |
| 730 | GRODZICKI PIOTR | | LUBLIN | 1980 | M30 | | | 1484 | | | | | 1484 |
| 731 | MAKOWSKI JAROSŁAW | Banda Grudnia | LUBLIN | 1983 | M30 | | | | 1484 | | | | 1484 |
| 732 | MALENDOWSKI PAWEŁ | Maliniak | LUBLIN | 1983 | M30 | 1484 | | | | | | | 1484 |
| 733 | NESTEROWICZ TOMASZ | Biegusiem.pl | KURÓW | 1981 | M30 | | | | 1480 | | | | 1480 |
| 734 | TOKARSKI PAWEŁ | | ŚWIDNIK | 1982 | M30 | | | | 1478 | | | | 1478 |
| 735 | ZDAŃSKI KAMIL | | PUŁawy | 1982 | M30 | | | 1474 | | | | | 1474 |
| 736 | NIEWIADOMSKI MICHAŁ | Gorszy Sort | ŚWIDNIK | 1984 | M30 | | | 1472 | | | | | 1472 |
| 737 | NALEPA SZYMON | Im-Possible Team | WARSZAWA | 1984 | M30 | | 1470 | | | | | | 1470 |
| 738 | PIWOŃSKI CEZARY | | WŁODAWA | 1982 | M30 | | | 1458 | | | | | 1458 |
| 739 | JASIŃSKI KRZYSZTOF | | LUBLIN | 1978 | M30 | | | 1456 | | | | | 1456 |
| 740 | GRZESIAK JAKUB | | 54 | 1983 | M30 | 1454 | | | | | | | 1454 |
| 741 | SOWA KRZYSZTOF | | LUBLIN | 1984 | M30 | | 1454 | | | | | | 1454 |
| 742 | LENART MARCIN | SPORT-MED ŁĘCZNA | ŁĘCZNA | 1981 | M30 | | 1450 | | | | | | 1450 |
| 743 | SMARŻ EMIL | | LUBLIN | 1980 | M30 | | 1444 | | | | | | 1444 |
| 744 | KARPiŃSKI PAWEŁ | | LUBLIN | 1985 | M30 | 1440 | | | | | | | 1440 |
| 745 | MISCH JERZY | JOBUSKO.PL TEAM | KIELCE | 1983 | M30 | | | 1440 | | | | | 1440 |
| 746 | URBAN MAREK | | LUBLIN | 1984 | M30 | | | | 1428 | | | | 1428 |
| 747 | CHOMICZ ZBIGNIEW | lubartowbiega.pl | LUBARTÓW | 1983 | M30 | | | 1426 | | | | | 1426 |
| 748 | POLAK TOMASZ | | LUBLIN | 1984 | M30 | | | | 1424 | | | | 1424 |
| 749 | BORYS MARCIN | Borix Running | LUBLIN | 1986 | M30 | 1422 | | | | | | | 1422 |
| 750 | MYŚŁOWSKI MICHAŁ | Traktor Volley | LUBLIN | 1986 | M30 | | | | 1416 | | | | 1416 |
| 751 | BOGUTA MARCIN | | LUBLIN | 1980 | M30 | | | | 1412 | | | | 1412 |
| 752 | DUDA MARCIN | | LUBARTÓW | 1978 | M30 | | 1412 | | | | | | 1412 |
| 753 | HANCZYN PAWEŁ | | KROSNO | 1980 | M30 | | | 1410 | | | | | 1410 |
| 754 | BIAŁAS JACEK | | LUBLIN | 1985 | M30 | 1396 | | | | | | | 1396 |
| 755 | KĘPKA ROBERT | Biegusiem.pl | RYKI | 1981 | M30 | | | 1394 | | | | | 1394 |
| 756 | KRASIŃSKI MICHAŁ | PAZERNI NA SPORT LIPSKO | LIPSKO | 1984 | M30 | | | | 1392 | | | | 1392 |
| 757 | PODGAJNY KRZYSZTOF | Kereza Team | LUBLIN | 1982 | M30 | 1390 | | | | | | | 1390 |
| 758 | WAŁECKI TOMASZ | | LUBLIN | 1986 | M30 | 1388 | | | | | | | 1388 |
| 759 | TARAS MARCIN | | KONOPNICA | 1982 | M30 | 1378 | | | | | | | 1378 |
| 760 | FLIS TOMASZ | | LUBLIN | 1983 | M30 | | | | 1376 | | | | 1376 |
| 761 | GUZOWSKI KRZYSZTOF | | LUBLIN | 1986 | M30 | | | 1370 | | | | | 1370 |
| 762 | STRZAŁKOWSKI ALEKSANDER | | LUBLIN | 1979 | M30 | | | | 1370 | | | | 1370 |
| 763 | JAŚKOWSKI JÓZEF | | ŚWIDNIK | 1981 | M30 | 1368 | | | | | | | 1368 |
| 764 | WAPA MAREK | KB Biała Biega | BIAŁA PODLASKA | 1980 | M30 | | | 1368 | | | | | 1368 |
| 765 | MILCZARSKI MICHAŁ | Na Grubej Malinie | BIAŁA PODLASKA | 1982 | M30 | | | 1362 | | | | | 1362 |
| 766 | POŹNIAK KAROL | AktywnyNadgarstek.pl | LUBLIN | 1979 | M30 | | | 1358 | | | | | 1358 |
| 767 | WÓJTOWICZ PRZEMYSŁAW | | LUBARTÓW | 1979 | M30 | | | | 1356 | | | | 1356 |
| 768 | WIECZOREK MARCIN | Marek Wieczorek | MILEJÓW | 1979 | M30 | | | | 1352 | | | | 1352 |
| 769 | WIERZGANOWSKI MARCIN | | KURÓW | 1982 | M30 | | | | 1342 | | | | 1342 |
| 770 | HINZ KONRAD | | STOCZEK ŁUKOWSKI | 1984 | M30 | 1332 | | | | | | | 1332 |
| 771 | NIEDZIAŁEK ROBERT | | | 1977 | M30 | | 1328 | | | | | | 1328 |
| 772 | KAJDASZUK MICHAŁ | | CHEŁM | 1986 | M30 | | | 1326 | | | | | 1326 |
| 773 | KRÓLIK MICHAŁ | | ŚWIDNIK | 1978 | M30 | 1324 | | | | | | | 1324 |
| 774 | KAWKA MAREK | | LUBLIN | 1980 | M30 | | | | 1322 | | | | 1322 |
| 775 | PYTKA KRZYSZTOF | | LUBLIN | 1984 | M30 | 1314 | | | | | | | 1314 |
| 776 | WIADERNY RADEK | Rok | DĘBLIN | 1984 | M30 | 1314 | | | | | | | 1314 |
| 777 | PYTKA KONRAD | Naprzód Młociny | WARSZAWA | 1982 | M30 | | 1312 | | | | | | 1312 |
| 778 | KRYSIAK Rafał | | LUBLIN | 1984 | M30 | | 1298 | | | | | | 1298 |
| 779 | TOMASZEWSKI KRZYSZTOF | JokerStars | LUBLIN | 1985 | M30 | | | | 1298 | | | | 1298 |
| 780 | KRĘCISZ PAWEŁ | Cisowianka Team.pl | NAŁĘCZÓW | 1980 | M30 | 1296 | | | | | | | 1296 |
| 781 | KRETOWICZ MICHAŁ | Makondo | PIASKI | 1985 | M30 | | 1292 | | | | | | 1292 |
| 782 | LEWANDOWSKI BARTOSZ | B3 | LUBLIN | 1986 | M30 | | | | 1290 | | | | 1290 |
| 783 | DOŁŻYŃSKI ALEKSANDER | Parówkowi cichożercy | LUBLIN | 1982 | M30 | | | | 1284 | | | | 1284 |
| 784 | WIERZBA PAWEŁ | | LUBLIN | 1984 | M30 | 1284 | | | | | | | 1284 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|--|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 785 | GIRBA IURII | | LUBLIN | 1981 | M30 | | | | 1278 | | | | 1278 |
| 786 | STEC MARCIN | Pazerni Na Sport Lipsko | PONIATOWA | 1980 | M30 | | | | 1278 | | | | 1278 |
| 787 | PANEK TOMASZ | CENTRUM KETTLEBELL LUBLIN | LUBLIN | 1979 | M30 | 1274 | | | | | | | 1274 |
| 788 | MROZEK PIOTREK | w-250 | ŚWIDNIK | 1979 | M30 | | 1268 | | | | | | 1268 |
| 789 | KASPRZYK ROBERT | | LUBLIN | 1985 | M30 | | | | 1266 | | | | 1266 |
| 790 | SZWAGIERCZAK ANDRZEJ | biegusiem.pl | RUDKI | 1979 | M30 | 1260 | | | | | | | 1260 |
| 791 | PIELOCH SEBASTIAN | Makondo Team | PIASKI | 1986 | M30 | 1250 | | | | | | | 1250 |
| 792 | SAŁATA JAREK | | LUBLIN | 1978 | M30 | 1250 | | | | | | | 1250 |
| 793 | GUNIA WOJCIECH | | LUBLIN | 1985 | M30 | | | | 1242 | | | | 1242 |
| 794 | KOPERWAS ARTUR | Arena Lublin | LUBLIN | 1983 | M30 | | 1242 | | | | | | 1242 |
| 795 | KRUPA MACIEK | | LUBLIN | 1980 | M30 | 1240 | | | | | | | 1240 |
| 796 | ZIEMIŃSKI PIOTR | | LUBLIN | 1986 | M30 | 1240 | | | | | | | 1240 |
| 797 | ANTOŃCZAK KRZYSZTOF | Toyota Team | LUBLIN | 1984 | M30 | 1234 | | | | | | | 1234 |
| 798 | AFTYKA JAKUB | fido83.blogspot.com | LUBLIN | 1983 | M30 | 1232 | | | | | | | 1232 |
| 799 | PAWLIK MICHAŁ | Stay Alive Med Zabezpieczenia Medyczne | RYKI | 1985 | M30 | | | | 1232 | | | | 1232 |
| 800 | PISKORSKI NORBERT | Herkules Łęczna - ZDZ Lublin | ŁĘCZNA | 1979 | M30 | 1226 | | | | | | | 1226 |
| 801 | TYSZKIEWICZ ARKADIUSZ | Aplitt | ROSSOSZ | 1985 | M30 | 1226 | | | | | | | 1226 |
| 802 | LEWANDOWSKI MARCIN | | LUBLIN | 1986 | M30 | 1220 | | | | | | | 1220 |
| 803 | TERLIKOWSKI PAWEŁ | Biegusiem.pl | RADOM | 1981 | M30 | | | | 1218 | | | | 1218 |
| 804 | ŻUŁAWSKI MARCIN | | LUBLIN | 1978 | M30 | 1218 | | | | | | | 1218 |
| 805 | SOCHACKI MATEUSZ | | LUBLIN | 1986 | M30 | 1216 | | | | | | | 1216 |
| 806 | NOWAKOWSKI PAWEŁ | | LUBLIN | 1984 | M30 | 1214 | | | | | | | 1214 |
| 807 | POMORSKI KAMIL | Draco Kowala | PONIATOWA | 1983 | M30 | | | | 1214 | | | | 1214 |
| 808 | ROCZON CEZARY | | LUBLIN | 1978 | M30 | | | | 1212 | | | | 1212 |
| 809 | BOROWIEC ŁUKASZ | Gorszy Sort | ŁĘCZNA | 1985 | M30 | | | | 1210 | | | | 1210 |
| 810 | MICHALUK PRZEMYSŁAW | | PARCZEW | 1985 | M30 | | | | 1202 | | | | 1202 |
| 811 | WÓJCIK MACIEJ | | LUBLIN | 1983 | M30 | 1200 | | | | | | | 1200 |
| 812 | FOKS KONRAD | | LUBLIN | 1979 | M30 | | | | 1198 | | | | 1198 |
| 813 | GASZCZYK PAWEŁ | | LUBLIN | 1986 | M30 | | | | 1196 | | | | 1196 |
| 814 | ŽEBRAKOWSKI ARTUR | Spartan Race Training Group Rzeszów | RZESZÓW | 1978 | M30 | | | | 1196 | | | | 1196 |
| 815 | KINCIEL MICHAŁ | Kereza Team | LUBLIN | 1982 | M30 | 1194 | | | | | | | 1194 |
| 816 | SMOLIŃSKI GRZEGORZ | | ŚWIDNIK | 1980 | M30 | | | | 1184 | | | | 1184 |
| 817 | WANARSKI KAMIL | | LUBLIN | 1985 | M30 | | | | 1184 | | | | 1184 |
| 818 | KULA WOJCIECH | | LUBLIN | 1981 | M30 | 1182 | | | | | | | 1182 |
| 819 | SZYDŁOWSKI MAREK | | LUBLIN | 1984 | M30 | 1182 | | | | | | | 1182 |
| 820 | KOŁKOWSKI JACEK | Szerokie biega | LUBLIN | 1977 | M30 | | | | 1178 | | | | 1178 |
| 821 | ŁOPUSZYŃSKI MARIUSZ | | CHEŁM | 1980 | M30 | | | | 1176 | | | | 1176 |
| 822 | BŁAŻEJOWSKI ŁUKASZ | | RZESZÓW | 1981 | M30 | | | | 1170 | | | | 1170 |
| 823 | GÓRNY KAROL | | LUBLIN | 1984 | M30 | 1166 | | | | | | | 1166 |
| 824 | GOLAN KAMIL | | SNOPKÓW | 1983 | M30 | 1162 | | | | | | | 1162 |
| 825 | WÓJCIK DANIEL | | LUBLIN | 1982 | M30 | | | | 1154 | | | | 1154 |
| 826 | ZARZYCKI WOJCIECH | Perfect Runner | OPOLE LUBELSKIE | 1978 | M30 | 1154 | | | | | | | 1154 |
| 827 | DUBIEL MARCIN | | LUBLIN | 1981 | M30 | | | | 1152 | | | | 1152 |
| 828 | WOŹNIAK SEBASTIAN | | OPOLE LUBELSKIE | 1982 | M30 | 1134 | | | | | | | 1134 |
| 829 | BASAJ ŁUKASZ | Biegający Świdnik | RADOM | 1981 | M30 | 1132 | | | | | | | 1132 |
| 830 | GAWLIŃSKI PAWEŁ | Crossfit Z16 | ŚWIDNIK | 1980 | M30 | | | | 1132 | | | | 1132 |
| 831 | BIAŁEK RYSZARD | | KAMIONKA | 1979 | M30 | | | | 1128 | | | | 1128 |
| 832 | WÓJCIK GRZEGORZ | | RYKI | 1983 | M30 | | | | 1112 | | | | 1112 |
| 833 | WÓJCIK KAMIL | | LUBLIN | 1981 | M30 | | | | 1110 | | | | 1110 |
| 834 | GÓRA MICHAŁ | | LUBLIN | 1984 | M30 | | | | 1108 | | | | 1108 |
| 835 | WCISEŁ WOJCIECH | Wajsel Team | LUBLIN | 1980 | M30 | | | | 1104 | | | | 1104 |
| 836 | BUREK KRISTIAN | | LUBLIN | 1982 | M30 | | | | 1100 | | | | 1100 |
| 837 | ŁOBODA BARTOSZ | The Fellowship of The Drink | LUBLIN | 1984 | M30 | | | | 1098 | | | | 1098 |
| 838 | ARASZKIEWICZ MACIEJ | | LUBLIN | 1983 | M30 | | | | 1090 | | | | 1090 |
| 839 | KLOC MAREK | | LUBLIN | 1983 | M30 | | | | 1088 | | | | 1088 |
| 840 | PYTKA MARCIN | | LUBLIN | 1978 | M30 | 1078 | | | | | | | 1078 |

Grand Prix Lublina 2016/2017 – Kategoria M30

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------------|---------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 841 | LIPKO ADAM | Dzik Sławatycke | SŁAWATYCZE | 1977 | M30 | | | | | | 1062 | | 1062 |
| 842 | GONTARZ WOJCIECH | PKO BANK POLSKI | LUBLIN | 1980 | M30 | | | | | | 1060 | | 1060 |
| 843 | SYROKA RADOSŁAW | | LUBLIN | 1986 | M30 | | | | | | 1048 | | 1048 |
| 844 | ŁUKA ARTUR | | ŚWIDNIK | 1978 | M30 | | | | | | 1042 | | 1042 |
| 845 | STELMASZCZUK KAROL | Chełm Biega | CHEŁM | 1982 | M30 | | | | | | 1040 | | 1040 |
| 846 | IWAN TOMASZ | | LIPNIAK | 1977 | M30 | | | | | | 1038 | | 1038 |
| 847 | ZAJĄCZKOWSKI BARTEK | Przemyski Klub Biegacza | PRZEMYŚL | 1979 | M30 | | | | | | 1022 | | 1022 |
| 848 | MACZEWSKI PRZEMYSŁAW | mobileMarkup.com | ŁOPUSZNA | 1982 | M30 | | | | | | 985 | | 985 |
| 849 | KASPEREK PIOTR | | LUBLIN | 1983 | M30 | | | | | | 980 | | 980 |
| 850 | NAGALIK-FUKUDA PRZEMYSŁAW | | | 1984 | M30 | | | | | | 978 | | 978 |
| 851 | KOSTOWSKI STANISŁAW | | CHEŁM | 1977 | M30 | | | | | | 969 | | 969 |
| 852 | MICHALAK TOMASZ | Insane Runners | LUBLIN | 1979 | M30 | | | | | | 966 | | 966 |
| 853 | KOT DARIUSZ | | RADZYŃ PODLASKI | 1978 | M30 | | | | | | 961 | | 961 |
| 854 | PASZCZYK DAREK | Baran Cycling Team | LUBLIN | 1977 | M30 | | | | | | 960 | | 960 |
| 855 | BURAK LUKASZ | GetGym | KRAŚNIK | 1982 | M30 | | | | | | 951 | | 951 |
| 856 | SZUKAŁA MACIEJ | Mięsny Jeż | LUBLIN | 1984 | M30 | | | | | | 950 | | 950 |
| 857 | PIETRZYK RADOSŁAW | | BISKUPICE | 1983 | M30 | | | | | | 948 | | 948 |
| 858 | FUS MARCIN | | LUBLIN | 1985 | M30 | | | | | | 936 | | 936 |
| 859 | SZYMAŃSKI MARCIN | The Pallotti Team | LUBLIN | 1978 | M30 | | | | | | 933 | | 933 |
| 860 | CIEŚLIK MARIUSZ | Feel the Freedom | LUBLIN | 1985 | M30 | | | | | | 929 | | 929 |
| 861 | TERESZCZUK JAKUB | | LUBLIN | 1986 | M30 | | | | | | 925 | | 925 |
| 862 | KISIEL TOMASZ | | LUBLIN | 1982 | M30 | | | | | | 917 | | 917 |
| 863 | KOTOWODA KACPER | Fundacja Rozwoju Sportu | LUBLIN | 1986 | M30 | | | | | | 916 | | 916 |
| 864 | BRZEZIAŃSKI MARCIN | | TURKA | 1984 | M30 | | | | | | 913 | | 913 |
| 865 | CZUPRYNA KRYSTIAN | Get Gym Kraśnik | KRAŚNIK | 1985 | M30 | | | | | | 912 | | 912 |
| 866 | GAP TOMASZ | | LUBLIN | 1979 | M30 | | | | | | 906 | | 906 |
| 867 | MAGDZIARZ KRZYSZTOF | Akademia Holistyczna | SKARZYSKO-KAMIENNA | 1982 | M30 | | | | | | 906 | | 906 |
| 868 | KUREK AREK | | LUBLIN | 1984 | M30 | | | | | | 905 | | 905 |
| 869 | BIS MARCIN | | LUBLIN | 1985 | M30 | | | | | | 904 | | 904 |
| 870 | KOCYŁA WALDEMAR | | LUBLIN | 1982 | M30 | | | | | | 903 | | 903 |
| 871 | TATARCZAK PAWEŁ | | LUBLIN | 1984 | M30 | | | | | | 902 | | 902 |
| 872 | GINALSKI ROBERT | | LUBLIN | 1983 | M30 | | | | | | 901 | | 901 |
| 873 | ADAMEK ADAM | | LUBLIN | 1982 | M30 | | | | | | 900 | | 900 |
| 874 | WIECZOREK PATRYK | | | 1980 | M30 | | | | | | 897 | | 897 |
| 875 | MATYASZEWSKI FILIP | | LUBLIN | 1985 | M30 | | | | | | 896 | | 896 |
| 876 | ADAMSKI MATEUSZ | | LUBLIN | 1981 | M30 | | | | | | 892 | | 892 |
| 877 | CELOCH MARCIN | | MOTYCZ | 1977 | M30 | | | | | | 889 | | 889 |
| 878 | MADEJSKI ŁUKASZ | Makondo | MAJDAN KOZIC DOLNYCH | 1986 | M30 | | | | | | 889 | | 889 |
| 879 | JASTRZĘBSKI ŁUKASZ | | LUBLIN | 1980 | M30 | | | | | | 884 | | 884 |
| 880 | ŁAPIŃSKI GRZEGORZ | Łapinski Marathon Team | BYCHAWA | 1977 | M30 | | | | | | 883 | | 883 |
| 881 | GUNIA PIOTR | | 35 | 1983 | M30 | | | | | | 879 | | 879 |
| 882 | KACZMARSKI ŁUKASZ | | LUBLIN | 1983 | M30 | | | | | | 877 | | 877 |
| 883 | SZCZEŚNIAK MICHAŁ | SII POWER PEOPLE | LUBLIN | 1979 | M30 | | | | | | 877 | | 877 |
| 884 | DĄBROWSKI ARKADIUSZ | | LUBLIN 6 | 1977 | M30 | | | | | | 876 | | 876 |
| 885 | PROKOP ROMUALD | FC ZMUSZONY PRZEZ WSPÓŁOKATORÓW | LUBLIN | 1981 | M30 | | | | | | 872 | | 872 |
| 886 | BUGAŁA MACIEJ | | KONOPNICA | 1986 | M30 | | | | | | 871 | | 871 |
| 887 | MICHałEK TOMASZ | ELTO TEAM | BATORZ | 1985 | M30 | | | | | | 870 | | 870 |
| 888 | SAWICKI RADOSŁAW | ELTO TEAM | LUBLIN | 1979 | M30 | | | | | | 869 | | 869 |
| 889 | DANELCZYK RAFAŁ | | LUBLIN | 1982 | M30 | | | | | | 868 | | 868 |
| 890 | GRABOWIECKI MICHAŁ | | LUBLIN | 1977 | M30 | | | | | | 867 | | 867 |
| 891 | PROSCIŃSKI GRZEGORZ | vege runners | LUBLIN | 1981 | M30 | | | | | | 866 | | 866 |
| 892 | NIEDZIELA PAWEŁ | | LUBLIN | 1985 | M30 | | | | | | 865 | | 865 |
| 893 | SZURAN ŁUKASZ | | CHEŁM | 1985 | M30 | | | | | | 865 | | 865 |
| 894 | MARCZAK RAFAŁ | | MOTYCZ | 1985 | M30 | | | | | | 864 | | 864 |
| 895 | WINIARCZYK ŁUKASZ | | LUBLIN | 1980 | M30 | | | | | | 862 | | 862 |
| 896 | FLIS PIOTR | | LUBLIN | 1979 | M30 | | | | | | 860 | | 860 |

Grand Prix Lublina 2016/2017 – Kategoria M30

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------------|---|---------------------|---------|-------|-------|---------|----------|-----------|----------|--------|---------|--------------|
| 1 | MOTYL ARTUR | Biegający Świdnik | ŚWIDNIK | 1976 | M40 | 3996 | 1986 | 1990 | 1994 | 1988 | 996 | 998 | 13948 |
| 2 | CAR JACEK | Perfect Runner Team Lublin | UNISZOWICE | 1976 | M40 | 3928 | 1988 | 1992 | 1992 | 1992 | 998 | 999 | 13889 |
| 3 | CHUDZIK PIOTR | | WOJCIECHÓW | 1973 | M40 | 3956 | 1964 | 1970 | 1982 | 1976 | 989 | 997 | 13834 |
| 4 | ZIMNICKI DANIEL | Stalowe Łosie | LUBLIN | 1975 | M40 | 3984 | 1972 | 1956 | 1958 | 1970 | 986 | 998 | 13824 |
| 5 | MAZUREK ROBERT | Mam nawyki, mam wyniki | LUBLIN | 1976 | M40 | 3968 | 1928 | 1910 | 1944 | 1940 | 982 | 986 | 13658 |
| 6 | DELEŽUCH WOJCIECH | OSP Niemce | NIEMCE | 1976 | M40 | 3820 | 1908 | 1894 | 1922 | 1920 | 960 | 990 | 13414 |
| 7 | WEGIERA ANDRZEJ | Lubelska Grupa Triathlonu | ABRAMOWICE PRYWATNE | 1974 | M40 | 3700 | 1906 | 1904 | 1908 | 1948 | 979 | 982 | 13327 |
| 8 | ADAMCZYK MARIUSZ | | BORZECHOW KOLONIA | 1971 | M40 | 3836 | 1918 | 1890 | 1840 | 1850 | 977 | 989 | 13300 |
| 9 | JARZYNKA KRZYSZTOF | | LUBLIN | 1968 | M40 | 3756 | 1840 | 1880 | 1870 | 1876 | 972 | 976 | 13170 |
| 10 | JĘDRYS ANDRZEJ | | PUŁAWY | 1967 | M40 | 3776 | 1772 | 1874 | 1858 | 1906 | 952 | 974 | 13112 |
| 11 | WYSMULSKI TOMASZ | | LUBLIN | 1973 | M40 | 3772 | 1798 | 1846 | 1880 | 1854 | 970 | 982 | 13102 |
| 12 | WIŚNIEWSKI MARCIN | Aktywnie Bardzo | LUBLIN | 1976 | M40 | 3668 | 1870 | 1850 | 1824 | 1874 | 958 | 979 | 13023 |
| 13 | GAŁAN TOMASZ | RUN_HELPERSI/LSB | LUBLIN | 1974 | M40 | 3800 | 1834 | 1812 | 1784 | 1652 | 956 | 974 | 12812 |
| 14 | KUCZMOWSKI TOMASZ | | LUBLIN | 1976 | M40 | 3520 | 1826 | 1848 | 1834 | 1834 | 957 | 976 | 12795 |
| 15 | KRÓLIKOWSKI ANDRZEJ | CENTRUM MEDYCZNE ORTO-OPTYMIST | LUBLIN | 1969 | M40 | 3680 | 1820 | 1798 | 1802 | 1784 | 945 | 959 | 12788 |
| 16 | KUZIOŁA GRZEGORZ | | LUBLIN | 1976 | M40 | 3556 | 1796 | 1814 | 1808 | 1836 | 959 | 944 | 12713 |
| 17 | STACHYRA ANDRZEJ | LSB | LUBLIN | 1968 | M40 | 3684 | 1792 | 1770 | 1780 | 1748 | 936 | 965 | 12675 |
| 18 | FRĄK JAKUB | | LUBLIN | 1975 | M40 | 3752 | 1814 | 1802 | 1704 | 1712 | 920 | 970 | 12674 |
| 19 | MICHALAK PAWEŁ | | LUBLIN | 1971 | M40 | 3952 | 1922 | 1900 | 1912 | 1946 | 987 | 12619 | |
| 20 | MIROSŁAW MAREK | Stowarzyszenie Sędziów Piłki Nożnej Lubl | LUBLIN | 1975 | M40 | 3460 | 1800 | 1714 | 1856 | 1778 | 951 | 980 | 12539 |
| 21 | PACEK ANDRZEJ | | LUBLIN | 1969 | M40 | 3640 | 1722 | 1674 | 1754 | 1772 | 925 | 977 | 12464 |
| 22 | MALESA ARTUR | | PAŁECZNICA KOLONIA | 1976 | M40 | 3552 | 1710 | 1724 | 1752 | 1732 | 935 | 960 | 12365 |
| 23 | ŚLIWA GRZEGORZ | Biegający Świdnik | ŚWIDNIK | 1970 | M40 | 3676 | 1646 | 1716 | 1700 | 1728 | 906 | 968 | 12340 |
| 24 | MAZUR ANDRZEJ | KW Kotłownia | LUBLIN | 1973 | M40 | 3548 | 1736 | 1710 | 1692 | 1682 | 930 | 961 | 12259 |
| 25 | NOWAKOWSKI ROBERT | Nowakowscy | LUBLIN | 1975 | M40 | 3424 | 1672 | 1632 | 1728 | 1766 | 946 | 963 | 12131 |
| 26 | MITRUCZUK SŁAWEK | | LUBLIN | 1974 | M40 | 3940 | | 1944 | 1940 | 1944 | 981 | 995 | 11744 |
| 27 | KAŹMIERCZAK KRZYSZTOF | | RYKI | 1972 | M40 | 3908 | 1968 | 1914 | 1966 | 1954 | | | 11710 |
| 28 | ZAKOŚCIELNY MARCIN | wieś tańczy i biega | LUBLIN | 1970 | M40 | 3920 | | 1962 | 1950 | 1804 | 988 | 994 | 11618 |
| 29 | BALAWENDER PAWEŁ | Morsy Krasnik | KRAŚNIK | 1970 | M40 | 3924 | 1904 | 1856 | 1938 | 1938 | | | 11560 |
| 30 | ZASIADKO MIKOŁAJ | LW Bogdanka | ŁĘCZNA | 1970 | M40 | 3864 | 1912 | 1902 | 1892 | 1904 | | | 11474 |
| 31 | KURKIEWICZ ANDRZEJ | Świdnik Triathlon Team | FRANCISZKÓW | 1972 | M40 | 3852 | 1900 | 1908 | 1924 | 1860 | | | 11444 |
| 32 | JASINSKI PAWEŁ | victus rębków | ŁASKARZEW | 1968 | M40 | 3748 | 1886 | 1898 | 1882 | 1900 | | | 11314 |
| 33 | CZERWIŃSKI SEBASTIAN | Biegający Świdnik | ŚWIDNIK | 1973 | M40 | 3732 | 1896 | 1884 | 1862 | 1864 | | | 11238 |
| 34 | KRUK TOMASZ | LSB/Run Helpers | LUBLIN | 1974 | M40 | 3448 | 1744 | 1662 | 1724 | 1684 | | 947 | 11209 |
| 35 | KUCZMARA PIOTR | KP7 Lublin | LUBLIN | 1969 | M40 | 3452 | 1768 | 1678 | 1706 | 1718 | 880 | | 11202 |
| 36 | WOŁOSIUK PRZEMYSŁAW | | BIAŁA PODLASKA | 1975 | M40 | 3628 | 1880 | 1854 | 1872 | 1852 | | | 11086 |
| 37 | MISZTAL WOJCIECH | | PIOTRKÓW PIERWSZY | 1974 | M40 | 3696 | 1830 | 1794 | 1778 | 1792 | | | 10890 |
| 38 | BURDACH BOGDAN | | LUBLIN | 1970 | M40 | 3804 | 1730 | 1706 | 1810 | 1832 | | | 10882 |
| 39 | SPRAWKA PAWEŁ | Miedzy Nami Spraweczkami Team | LUBLIN | 1972 | M40 | 3568 | 1776 | 1842 | 1848 | 1842 | | | 10876 |
| 40 | SZARKOWICZ ROMUALD | | NAŁĘCZÓW | 1970 | M40 | 3392 | 1664 | 1554 | 1562 | 1614 | | 931 | 10717 |
| 41 | KORULCZYK ŁUKASZ | Zawisza Garbów | LUBLIN | 1976 | M40 | 3964 | 1890 | | 1928 | 1928 | | 990 | 10700 |
| 42 | TRUK ARTUR | | MILEJÓW | 1976 | M40 | 3572 | 1808 | 1698 | 1842 | 1776 | | | 10696 |
| 43 | JONIK MARCIN | http://marcinjonik.prv.pl | LUBLIN | 1974 | M40 | 3584 | 1962 | 1954 | 1942 | | 987 | | 10429 |
| 44 | CHWIL MIROSŁAW | | FAJSŁAWICE | 1974 | M40 | 3524 | 1746 | 1622 | | 1664 | 917 | 952 | 10425 |
| 45 | RYCAK KRZYSZTOF | | MAŁKÓW | 1972 | M40 | 3740 | | 1754 | 1894 | 1856 | | 980 | 10224 |
| 46 | NOSALEWICZ ARTUR | LSB | LUBLIN | 1972 | M40 | 3688 | 1822 | | 1828 | 1882 | | 985 | 10205 |
| 47 | BOJARSKI PAWEŁ | | LUBLIN | 1974 | M40 | 3496 | 1720 | 1580 | 1696 | 1706 | | | 10198 |
| 48 | CHOJEŁTA DARIUSZ | | ŁĘCZNA | 1970 | M40 | 3384 | 1690 | 1660 | 1686 | 1644 | | | 10064 |
| 49 | CHOJECKI DARIUSZ | TRINITY LUBLIN | LUBLIN | 1972 | M40 | 3608 | 1520 | 1466 | 1474 | 1922 | | | 9990 |
| 50 | KWIETNIEWSKI Rafał | FIRSTSTOP | LUBLIN | 1976 | M40 | 3508 | 1626 | 1638 | 1628 | 1584 | | | 9984 |
| 51 | BLICHARZ STANISŁAW | KEJM | NIEMCE | 1967 | M40 | 3380 | 1612 | 1634 | 1666 | 1676 | | | 9968 |
| 52 | PRÓSZYŃSKI ROMUALD | PUŁAWIANIN PUŁAWY | PUŁAWY | 1969 | M40 | 4000 | | 1978 | 1988 | 1986 | | | 9952 |
| 53 | BUJAK MACIEJ | TRAINING ROOM MMBUJAK CENTRUM LECZENIA | LUBLIN | 1973 | M40 | | 1992 | 1982 | 1980 | 1984 | 995 | 997 | 9930 |
| 54 | GOLAS DARIUSZ | Góły Biega | DĄBROWICA | 1973 | M40 | 3412 | 1584 | 1506 | 1516 | 1516 | 893 | 947 | 9858 |
| 55 | PODLECKI ROBERT | Z S nr 1 PODWALE Szkolny klub biegowy | LUBLIN | 1975 | M40 | 3360 | 1558 | 1582 | 1516 | 1694 | | | 9710 |
| 56 | ZUBIK MICHAŁ | | BIRMINGHAM | 1976 | M40</ | | | | | | | | |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------|---------------------------------|-------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | PIETRZYK ZBIGNIEW | | KĘPA BORZECHOWSKA | 1969 | M40 | | 1942 | 1920 | 1906 | 1902 | 975 | 988 | 9633 |
| 58 | ŻMIJSKI DARIUSZ | | CHEŁM | 1967 | M40 | 3364 | 1602 | 1560 | 1524 | 1476 | | | 9526 |
| 59 | LISTOPAD DARIUSZ | NFZ Lublin / Chemik Noxy Puławy | LUBLIN | 1971 | M40 | | 2000 | 2000 | 2000 | 1478 | 1000 | 1000 | 9478 |
| 60 | SACHARUK ROBERT | | TERESPOL | 1975 | M40 | 3844 | 1878 | 1834 | 1918 | | | | 9474 |
| 61 | OSIŃSKI DANIEL | Lubella/Sędzia | LUBLIN | 1976 | M40 | | 1910 | 1878 | 1852 | 1848 | 974 | 991 | 9453 |
| 62 | KANTOR DAREK | RUN_HELPERSI | BODUSZYN | 1968 | M40 | 3476 | 1780 | | 1670 | 1512 | | 962 | 9400 |
| 63 | BIL MARCIN | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1975 | M40 | | 1960 | 1932 | 1968 | 1540 | 984 | 996 | 9380 |
| 64 | WARYSZAK MARIUSZ | BIEGAM z ABS | LUBLIN | 1973 | M40 | | 1876 | 1866 | 1822 | 1816 | 969 | 981 | 9330 |
| 65 | STYŻEJ JAROSŁAW | | LUBLIN | 1974 | M40 | | 1778 | 1876 | 1756 | 1868 | 983 | 985 | 9246 |
| 66 | PIETRAS RYSZARD | Biegam z ABS | LUBLIN | 1972 | M40 | | 1812 | 1820 | 1830 | 1828 | 961 | 966 | 9217 |
| 67 | STARZYŃSKI STEFAN | Perfect Runner Lublin | LUBLIN | 1968 | M40 | | 1694 | 1838 | 1838 | 1844 | 965 | 971 | 9150 |
| 68 | LECH ANDRZEJ | pizza capri biega lublin | LUBLIN | 1969 | M40 | 3432 | 1622 | 1546 | 1650 | | 899 | | 9149 |
| 69 | WALICKI WOJCIECH | | LUBLIN | 1970 | M40 | | 1806 | 1824 | 1776 | 1790 | 955 | 961 | 9112 |
| 70 | SARNA MAREK | | LUBLIN | 1972 | M40 | | 1734 | 1768 | 1794 | 1788 | 950 | 972 | 9006 |
| 71 | ZIOŁO MIROSŁAW | Kraśnik biega | KRAŚNIK | 1973 | M40 | | 1994 | 1996 | 1996 | 1996 | 997 | | 8979 |
| 72 | KARASEK MARIUSZ | | LUBLIN | 1972 | M40 | | 1774 | 1748 | 1748 | 1762 | 943 | 969 | 8944 |
| 73 | BUKOŃ JANUSZ | STREFATRIATHLONU KRAŚNIK | KRAŚNIK | 1973 | M40 | | 1982 | 1980 | 1984 | 1964 | 994 | | 8904 |
| 74 | CHODUN MAREK | | LUBLIN | 1973 | M40 | | 1770 | 1618 | 1812 | 1806 | 883 | 984 | 8873 |
| 75 | WÓJCIK JÓZEF | Chełm Biega | CHEŁM | 1969 | M40 | | 1948 | 1906 | 1952 | 1926 | | 987 | 8719 |
| 76 | FRĘCHOWICZ JACEK | | LUBLIN | 1974 | M40 | | 1944 | 1926 | 1930 | 1918 | | 986 | 8704 |
| 77 | IRZYK TOMASZ | LUBELSKA GRUPA TRIATHLONU | LUBLIN | 1969 | M40 | | 1708 | 1652 | 1714 | 1714 | 922 | 975 | 8685 |
| 78 | SOSNÓWKA JACEK | Kraśnik Biega | KRAŚNIK | 1976 | M40 | | 1588 | 1702 | 1722 | 1730 | 923 | 967 | 8632 |
| 79 | PIETRZYK DARIUSZ | Biegający Świdnik | MEŁGIEW | 1974 | M40 | 3848 | 1856 | | 1898 | | 962 | | 8564 |
| 80 | LEWANDOWSKI MACIEJ | | TURKA | 1972 | M40 | | 1680 | 1606 | 1662 | 1578 | 912 | 949 | 8387 |
| 81 | KOZŁOWSKI GRZEGORZ | | LEŚCE | 1970 | M40 | | 1884 | 1912 | 1868 | 1704 | 971 | | 8339 |
| 82 | PRZYSIADŁY MICHał | PERFECT RUNNER LUBLIN | WÓLKA ROKICKA | 1976 | M40 | | 1892 | 1862 | 1846 | 1752 | | 965 | 8317 |
| 83 | BIEGAJ JACEK | Biegam z ABS | LUBLIN | 1971 | M40 | | 1616 | 1790 | 1616 | 1422 | 940 | 924 | 8308 |
| 84 | BIRSKI PAWEŁ | ZEMBO | LUBLIN | 1976 | M40 | | 1854 | 1788 | 1818 | 1796 | 964 | | 8220 |
| 85 | ŻUKOWSKI ARKADIUSZ | Świdnik Triathlon Team | ŚWIDNIK | 1976 | M40 | | 1860 | 1780 | 1790 | 1820 | 954 | | 8204 |
| 86 | KOTARSKI ROMAN | UKS 15 Lublin | LUBLIN | 1972 | M40 | | 1534 | 1626 | 1538 | 1544 | 898 | 941 | 8081 |
| 87 | KOWALCZYK GRZEGORZ | | LUBLIN | 1975 | M40 | | 1832 | 1738 | 1772 | 1750 | | 966 | 8058 |
| 88 | SENDER ANDRZEJ | | JASTKÓW | 1970 | M40 | | 1564 | 1534 | 1604 | 1508 | 895 | 943 | 8048 |
| 89 | REDŽKO MICHAŁ | Cool Runnings LBN team | LUBLIN | 1971 | M40 | | 1604 | 1536 | 1602 | 1448 | 900 | 926 | 8016 |
| 90 | ŚWIDER KRZYSZTOF | | LUBLIN | 1974 | M40 | | 1536 | 1498 | 1578 | 1562 | 884 | 942 | 8000 |
| 91 | KOWALCZYK RAFAŁ | | LUBLIN | 1975 | M40 | 3972 | | 1968 | | 1982 | | | 7922 |
| 92 | BUDZYŃSKI BOGDAN | Lubelska Grupa Triathlonu | LUBLIN | 1976 | M40 | | 1976 | 1966 | 1956 | 1978 | | | 7876 |
| 93 | TKACZYK PRZEMYSŁAW | Sklep Biegacza Lublin Team | LUBLIN | 1972 | M40 | | 1766 | 1692 | 1730 | 1700 | | 954 | 7842 |
| 94 | WALASEK GRZEGORZ | biegusiem.pl | RYKI | 1970 | M40 | | 1970 | 1976 | 1946 | 1950 | | | 7842 |
| 95 | CZYŻEWSKI IRENEUSZ | | BEZEK | 1976 | M40 | 3896 | | | 1970 | 1972 | | | 7838 |
| 96 | SUSKI RADOSŁAW | ROAD RUNNER TEAM | LUBLIN | 1967 | M40 | | 1750 | 1704 | 1718 | 1702 | | 953 | 7827 |
| 97 | CHATAŁA MAREK | SZEROKIE BIEGA | LUBLIN | 1972 | M40 | | 1850 | 1832 | 1680 | 1506 | 949 | | 7817 |
| 98 | OBEL MARCIN | Dwa Misie | LUBLIN | 1968 | M40 | | 1532 | 1482 | 1510 | 1452 | 886 | 937 | 7799 |
| 99 | WÓJCIK PAWEŁ | Lubella | NOWA WÓLKA | 1974 | M40 | | 1958 | 1964 | 1962 | 1914 | | | 7798 |
| 100 | ŚMIECHOWICZ FILIP | | LUBLIN | 1970 | M40 | | 1698 | 1690 | 1716 | 1690 | | 960 | 7754 |
| 101 | FIGIEL DARIUSZ | Ja | LUBLIN | 1971 | M40 | | 1546 | 1478 | 1476 | 1436 | 887 | 913 | 7736 |
| 102 | PROKOP MAREK | LRH S.A. | NIEMCE | 1971 | M40 | | | 1924 | 1900 | 1886 | 978 | 983 | 7671 |
| 103 | MAJ ROBERT | TVP Lublin | LUBLIN | 1973 | M40 | 3900 | 1926 | | 1804 | | | | 7630 |
| 104 | WOŁOS JACEK | | HRUBIESZÓW | 1968 | M40 | | 1920 | 1922 | 1896 | 1892 | | | 7630 |
| 105 | RYCYK GRZEGORZ | Krasnystaw Biega | KRASNYSTAW | 1975 | M40 | 3604 | | | 1998 | 1994 | | | 7596 |
| 106 | GOŁĘBIOWSKI KRZYSZTOF | CHEŁM BIEGA | CHEŁM | 1974 | M40 | | 1938 | 1852 | 1902 | 1890 | | | 7582 |
| 107 | STEPANIUK ADAM | CHEŁM BIEGA | WIERZBICA-OSIEDLE | 1973 | M40 | | 1894 | 1870 | 1854 | 1888 | | | 7506 |
| 108 | CEGIEŁKO PAWEŁ | | LUBLIN | 1972 | M40 | 3860 | | | 1764 | 1880 | | | 7504 |
| 109 | CZERNIAKIEWICZ DARIUSZ | | JASTKÓW | 1976 | M40 | | 1898 | 1872 | 1876 | 1858 | | | 7504 |
| 110 | KOZŁOWSKI MAREK | PGB Szybka Paczka | LUBLIN | 1975 | M40 | | 1810 | 1816 | 1914 | | 967 | 992 | 7499 |
| 111 | MYSŁOWSKI ANDRZEJ | S7 KLUB SPORTOWY | LUBLIN | 1973 | M40 | | 1956 | 1948 | 1694 | 1866 | | | 7464 |
| 112 | TWARDZIAK JACEK | | LUBLIN | 1969 | M40 | | 1714 | 1564 | 1640 | 1590 | | 956 | 7464 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|---------------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | KOŁTUNIEWICZ ANDRZEJ | wieś tańczy i biega | LUBLIN | 1976 | M40 | 3728 | | | 1934 | 1800 | | | 7462 |
| 114 | ZYGMUNT JACEK | | LUBLIN | 1970 | M40 | 3840 | | 1844 | 1770 | | | | 7454 |
| 115 | PIASECKI TOMASZ | PROMIL RUNNING TEAM | LUBLIN | 1972 | M40 | | 1606 | 1576 | 1796 | 1560 | 913 | | 7451 |
| 116 | MIANOWSKI MARCIN | | LUBLIN | 1974 | M40 | | 1700 | 1586 | 1596 | 1656 | 901 | | 7439 |
| 117 | BOCIARN RADOSLAW | Największa Armia Świata | LUBLIN | 1975 | M40 | | 1676 | 1686 | 1548 | 1618 | 909 | | 7437 |
| 118 | ZYCH ZBIGNIEW | Lubelska Grupa Triathlonu | LUBLIN | 1972 | M40 | 3620 | | | | 1870 | 973 | 973 | 7436 |
| 119 | FILIPEK MARIUSZ | WWW.RowerowyLublin.org | NIEDRZWICA DUŻA | 1973 | M40 | | 1692 | 1728 | 1558 | 1530 | 908 | | 7416 |
| 120 | BĄK WACŁAW | | DOMINÓW | 1974 | M40 | | 1648 | 1588 | 1676 | 1588 | 907 | | 7407 |
| 121 | MIERZWA ADAM | | ZABRZE | 1969 | M40 | | 1874 | 1826 | 1884 | 1794 | | | 7378 |
| 122 | JAREMEK PAWEŁ | Start In Smart | LUBLIN | 1975 | M40 | | 1656 | 1572 | 1622 | 1576 | | 951 | 7377 |
| 123 | DANIELAK DOMINIK | | LUBLIN | 1971 | M40 | | 1610 | 1568 | 1636 | 1624 | | 934 | 7372 |
| 124 | KUBICKI MAREK | | PLISZCZYN | 1968 | M40 | | 1632 | 1574 | 1632 | 1600 | | 930 | 7368 |
| 125 | FRĄK MIROSŁAW | BIEGAM DO MINUS SZEŚCIU | LUBLIN | 1969 | M40 | | 1608 | 1566 | 1598 | 1610 | | 933 | 7315 |
| 126 | RZĄDKOWSKI KRZYSZTOF | KW Lublin | LUBLIN | 1974 | M40 | 3712 | | 1810 | | | 1774 | | 7296 |
| 127 | BUKOWSKI ARTUR | | ŁASKARZEW | 1973 | M40 | | 1882 | 1596 | 1886 | 1908 | | | 7272 |
| 128 | JASKOWSKI MIROSŁAW | | LUBLIN | 1973 | M40 | | 1848 | 1800 | 1792 | 1818 | | | 7258 |
| 129 | BORUCH ZBIGNIEW | Biegający Świdnik | ŚWIDNIK | 1968 | M40 | | 1818 | 1830 | 1766 | 1840 | | | 7254 |
| 130 | CYRANKA JAROSŁAW | | LUBLIN | 1975 | M40 | | 1638 | 1538 | 1574 | 1534 | 897 | | 7181 |
| 131 | KONOWAŁEK PAWEŁ | | ŚWIDNIK | 1976 | M40 | 3600 | | | 1774 | 1802 | | | 7176 |
| 132 | WIĘSEK ANDRZEJ | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | 1971 | M40 | | 1782 | 1776 | 1836 | 1780 | | | 7174 |
| 133 | KUZIUK SYLWESTER | Kuziuk Team | LUBLIN | 1975 | M40 | | 1634 | 1540 | 1570 | 1494 | | 935 | 7173 |
| 134 | BISKUP PAWEŁ | Kraśnik Biega | KRAŚNIK | 1972 | M40 | | 1764 | 1796 | 1744 | 1782 | | | 7086 |
| 135 | MROCZEK PRZEMYSLAW | UMCS biega | LUBLIN | 1974 | M40 | | | 1732 | 1800 | 1646 | 929 | 971 | 7078 |
| 136 | GROCHAL NORBERT | | PUŁawy | 1975 | M40 | | 1702 | 1774 | 1820 | 1746 | | | 7042 |
| 137 | UZAREK MARIUSZ | SIPBUD - REMONTY | LUBLIN | 1971 | M40 | | 1794 | 1752 | 1798 | 1688 | | | 7032 |
| 138 | SAWCZUK JACEK | | SPICZYN | 1974 | M40 | 3540 | | 1696 | | 1756 | | | 6992 |
| 139 | STEFANIAK JAROSŁAW | | PODWIERZBIE | 1975 | M40 | | 1786 | 1740 | 1746 | 1720 | | | 6992 |
| 140 | DMITRUK MAREK | MDirect | LUBLIN | 1974 | M40 | 3544 | 1752 | | | 1650 | | | 6946 |
| 141 | MICHALAK WITOŁD | lubelskibiegacz.pl team/ RUN_HELPERSI | LUBLIN | 1972 | M40 | | 1828 | 1804 | | 1420 | 938 | 950 | 6940 |
| 142 | KULIK MARIUSZ | | RYKI | 1972 | M40 | | 1572 | 1500 | 1518 | 1458 | 890 | | 6938 |
| 143 | LESIEWICZ ARTUR | | KURÓW | 1972 | M40 | | 1552 | 1486 | 1508 | 1468 | | 917 | 6931 |
| 144 | GARDZIEL JERZY | Lubelska Grupa Triathlonu | LUBLIN | 1973 | M40 | | 1978 | | 1978 | 1980 | 992 | | 6928 |
| 145 | GALIŃSKI MACIEJ | TIRBUSZON | LUBLIN | 1974 | M40 | 3588 | 1754 | | | 1518 | | | 6860 |
| 146 | FOLTYN ANDRZEJ | Ruch na rzecz uwolnienia endorfin | LUDWIN | 1971 | M40 | | 1518 | 1468 | 1490 | 1446 | | 933 | 6855 |
| 147 | BUGAŁA ROBERT | SOLID HOUSE | LUBLIN | 1968 | M40 | | 1762 | 1708 | 1712 | 1672 | | | 6854 |
| 148 | RAPA MARIUSZ | SPORT CLUB | LUBLIN | 1976 | M40 | | | 1918 | 1972 | 1968 | | 996 | 6854 |
| 149 | KAMIŃSKI ZBIGNIEW | 1313 | LUBLIN | 1972 | M40 | 3472 | | 1648 | 1726 | | | | 6846 |
| 150 | KLUCH JACEK | ELPIE TEAM | JAKUBOWICE KONIŃSKIE | 1969 | M40 | 3444 | 1790 | | | 1612 | | | 6846 |
| 151 | BOBER WOJCIECH | | LUBLIN | 1967 | M40 | | 1788 | 1676 | 1708 | 1658 | | | 6830 |
| 152 | WÓJTOWICZ MAREK | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1972 | M40 | | 1974 | 1972 | | 1884 | 991 | | 6821 |
| 153 | JANUSZ GRZEGORZ | UMCS biega | LUBLIN | 1976 | M40 | | | 1684 | 1682 | 1592 | 915 | 937 | 6810 |
| 154 | BOROCZ JAROSŁAW | | LUBLIN | 1973 | M40 | | | 1642 | 1610 | 1648 | 927 | 953 | 6780 |
| 155 | KAMIENIECKI KRZYSZTOF | Szachy Królewskie | LUBLIN | 1976 | M40 | | 1718 | 1744 | 1674 | 1638 | | | 6774 |
| 156 | KOT MAREK | | SUŁOW | 1971 | M40 | | 1852 | 1762 | 1530 | 1520 | | | 6664 |
| 157 | WALAS PIOTR | | ZAMOŚĆ | 1970 | M40 | 3368 | 1660 | | | 1574 | | | 6602 |
| 158 | BOCIAN PIOTR | | LUBLIN | 1970 | M40 | 3388 | | | 1584 | 1602 | | | 6574 |
| 159 | JANOWSKI GRZEGORZ | | LUBLIN | 1970 | M40 | | 1614 | 1556 | 1664 | 1708 | | | 6542 |
| 160 | SZYSZKO PAWEŁ | | LUBLIN | 1974 | M40 | | 1596 | 1640 | 1642 | 1662 | | | 6540 |
| 161 | PIERZCHAŁA RAFAŁ | | LUBLIN | 1971 | M40 | | 1686 | 1644 | 1586 | 1608 | | | 6524 |
| 162 | PAJAK ANDRZEJ | BIEGAM Z ABS | PRZYBYŚLAWECKIE | 1974 | M40 | | 1858 | 1860 | 1806 | | 966 | | 6490 |
| 163 | DAJAS SŁAWEK | oddychaj.pl | LUBLIN | 1975 | M40 | | | 1520 | 1566 | 1546 | 902 | 922 | 6456 |
| 164 | JANICKI LESZEK | | LUBLIN | 1972 | M40 | 3400 | | | 1486 | 1498 | | | 6384 |
| 165 | CIUPA WOJCIECH | Multimedia Runners | PUŁawy | 1976 | M40 | | 1582 | 1570 | 1560 | 1628 | | | 6340 |
| 166 | MICIUK PAWEŁ | | LUBLIN | 1974 | M40 | | 1628 | 1528 | 1580 | 1550 | | | 6286 |
| 167 | ALBINIAK MARCIN | | LUBLIN | 1972 | M40 | | 1528 | 1470 | 1472 | | 882 | 930 | 6282 |
| 168 | WOĆ KRZYSZTOF | | LUBLIN | 1976 | M40 | | 1592 | 1516 | 1606 | 1542 | | | 6256 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|----------------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | GUMIELA MARIUSZ | GUMI RUNNER | LUBLIN | 1974 | M40 | | 1494 | 1480 | 1474 | 885 | 920 | 6253 | |
| 170 | REJAK ADAM | niezrzeszony | LUBLIN | 1974 | M40 | 1784 | 1784 | 1716 | 963 | 6247 | | | |
| 171 | SAŁBUT GRZEGORZ | | LUBLIN | 1975 | M40 | 1642 | 1532 | 1522 | 1538 | 6234 | | | |
| 172 | LATAŁA ANDRZEJ | Biegający Świdnik | ŚWIDNIK | 1973 | M40 | 1560 | 1508 | 1554 | 1548 | 6170 | | | |
| 173 | PIETRYNKO SYLWESTER | | LUBLIN | 1975 | M40 | 1590 | 1490 | 1550 | 1524 | 6154 | | | |
| 174 | WOŹNIACKI ADAM | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1974 | M40 | | 1734 | 1638 | 1734 | 948 | 6054 | | |
| 175 | SZCZERBATKO KONRAD | Team Hejże | LUBLIN | 1976 | M40 | | 1664 | 1768 | 1668 | 934 | 6034 | | |
| 176 | STUBIŃSKI LESZEK | AKADEMIA SPORTU POŻARNICZEGO | PISZCZAC | 1976 | M40 | 1998 | 1994 | | 1998 | 5990 | | | |
| 177 | KRAWCZYK GRZEGORZ | Biegiem Radom! | RADOM | 1975 | M40 | 3980 | | | 1964 | 5944 | | | |
| 178 | SKOWRONEK PIOTR | Mam nawyki mam wyniki | LUBLIN | 1975 | M40 | 1526 | 1472 | 1500 | 1442 | 5940 | | | |
| 179 | GNIECIAK MARCIN | | LUBLIN | 1971 | M40 | 1740 | 1628 | | 1598 | 937 | 5903 | | |
| 180 | HAWRYLUK IRENEUSZ | Krasnystaw Birga | KRASNYSTAW | 1969 | M40 | | 1934 | 1976 | 1974 | 5884 | | | |
| 181 | GOLIŃSKI MARIUSZ | KRAŚNIK BIEGA | KRAŚNIK | 1972 | M40 | 1598 | 1636 | 1720 | | 928 | 5882 | | |
| 182 | BRANICKI TOMASZ | VEGE RUNNERS | MEŁGIEW | 1972 | M40 | | 1940 | | 1958 | 985 | 995 | 5878 | |
| 183 | GORCZYCA JACEK | lubelskibiegacz.pl TEAM | LUBLIN | 1969 | M40 | 1950 | | 1948 | 1956 | 5854 | | | |
| 184 | WOŹNIACKI ANDRZEJ | | LUBLIN | 1972 | M40 | 1516 | 1464 | 1468 | 1404 | 5852 | | | |
| 185 | WAŚKOWICZ WALDEMAR | | LUBLIN | 1969 | M40 | 1674 | 1600 | 1660 | | 916 | 5850 | | |
| 186 | MACHLARZ MARIUSZ | Trybunalska City Pub Run Team | MOTYCZ | 1972 | M40 | 1934 | 1942 | | 1962 | 5838 | | | |
| 187 | FILIP PAWEŁ | | LUBLIN | 1971 | M40 | | 1946 | 1904 | 1934 | 5784 | | | |
| 188 | DOBROWOLSKI PIOTR | | LUBLIN | 1973 | M40 | 1946 | 1960 | 1864 | | 5770 | | | |
| 189 | KUPIEC STANISŁAW | DSS ORŁĘTA | DEBLIN | 1967 | M40 | | 1858 | 1954 | 1930 | 5742 | | | |
| 190 | PAPROTA JACEK | lubelskibiegacz.pl TEAM | MIŁOCIN | 1970 | M40 | | 1864 | 1916 | | 968 | 993 | 5741 | |
| 191 | SZYMĀNSKI IRENEUSZ | Stokrotka | | 1971 | M40 | 1620 | 1590 | | 1604 | 926 | 5740 | | |
| 192 | LEZIAK WOJCIECH | FŁT Kraśnik | WILKOŁAZ | 1968 | M40 | 1952 | 1916 | 1866 | | 5734 | | | |
| 193 | DUDEK MARIUSZ | | LUBLIN | 1976 | M40 | 3832 | | | 1896 | 5728 | | | |
| 194 | KURZYNA KRZYSZTOF | SKB Kraśnik | DZIERZKOWICE | 1972 | M40 | 1932 | 1892 | 1874 | | 5698 | | | |
| 195 | KUTNIK MIROSŁAW | KB Biała Biega | BIAŁA PODLASKA | 1975 | M40 | 3912 | | | 1786 | 5698 | | | |
| 196 | AFTYKA ARTUR | | LUBLIN | 1975 | M40 | 3796 | 1864 | | | 5660 | | | |
| 197 | NAZARUK SŁAWOMIR | UKS 15 Lublin | LUBLIN | 1976 | M40 | 1644 | | 1590 | 1480 | 928 | 5642 | | |
| 198 | MACH TOMASZ | LUBELSKA GRUPA TRIATHLONU | LUBLIN | 1976 | M40 | | 1750 | 1974 | | 944 | 969 | 5637 | |
| 199 | TRUS MARIUSZ | Lekarska Grupa Kolarska | LUBLIN | 1974 | M40 | | 1868 | 1850 | 1872 | 5590 | | | |
| 200 | GRĄDEK DARIUSZ | strefatriathlonu | KRAŚNIK | 1967 | M40 | 3652 | 1914 | | | 5566 | | | |
| 201 | CICHOSZ KRZYSZTOF | Krasnystaw Biega | KRASNYSTAW | 1976 | M40 | 3636 | | | 1910 | 5546 | | | |
| 202 | TOŁYSZ SŁAWOMIR | ELTO TEAM | CHEŁM | 1976 | M40 | 3644 | | | 1894 | 5538 | | | |
| 203 | BANACH PIOTR | | LUBLIN | 1970 | M40 | 3744 | | 1762 | | 5506 | | | |
| 204 | MRÓZ WOJCIECH | Chełmska Grupa Triathlonu | CHEŁM | 1973 | M40 | 1916 | 1806 | | 1764 | 5486 | | | |
| 205 | ŚLIWA KONRAD | Jabłonna Winners | JABŁONNA | 1976 | M40 | | 1766 | 1860 | 1822 | 5448 | | | |
| 206 | ORDYK KUBA | Biegam do minus 6 :) | LUBLIN | 1974 | M40 | 1542 | 1476 | 1504 | | 912 | 5434 | | |
| 207 | KRAWCZUK TOMASZ | | KRASNYSTAW | 1970 | M40 | 1804 | 1818 | | 1786 | 5408 | | | |
| 208 | SOLPA TOMASZ | w-250 | ŚWIDNIK | 1970 | M40 | 1954 | 1512 | | 1942 | 5408 | | | |
| 209 | CYRANKIEWICZ PAWEŁ | | LUBLIN | 1969 | M40 | | 1742 | 1788 | 1838 | 5368 | | | |
| 210 | GŁOWACKI PAWEŁ | Lubella | LUBLIN | 1975 | M40 | 1838 | 1772 | 1758 | | 5368 | | | |
| 211 | CHARKOT SŁAWOMIR | BIEGUSIEM.PL | KRASNYSTAW | 1975 | M40 | 1936 | 1886 | 1470 | | 5292 | | | |
| 212 | CHAŁADA PAWEŁ | | LUBLIN | 1974 | M40 | 1742 | 1612 | | | 939 | 973 | 5266 | |
| 213 | NADULSKI PAWEŁ | Stokrotka Team | LUBLIN | 1971 | M40 | | 1786 | 1736 | 1722 | 5244 | | | |
| 214 | MIRON TOMASZ | Miron Man | DĄBROWICA | 1975 | M40 | 3592 | | | 1634 | 5226 | | | |
| 215 | SZYMČYK ARTUR | | DEĘBLIN | 1976 | M40 | 1758 | 1720 | | 1670 | 5148 | | | |
| 216 | KOWALSKI SŁAWOMIR | CHEŁM BIEGA | REJOWIEC FABRYCZNY | 1975 | M40 | | 1650 | 1710 | 1768 | 5128 | | | |
| 217 | ZYCH GRZEGORZ | Kraśnik Biega | KRAŚNIK | 1971 | M40 | 3500 | | | 1626 | 5126 | | | |
| 218 | WÓJTOWICZ TOMASZ | Chełm Biega | CHEŁM | 1967 | M40 | | 1746 | 1678 | 1680 | 5104 | | | |
| 219 | PRUSZKOWSKI MARIUSZ | Chełm Biega | CHEŁM | 1972 | M40 | 3396 | | | 1698 | 5094 | | | |
| 220 | BRAKOWIECKI WOJCIECH | | LUBLIN | 1973 | M40 | 1712 | 1712 | 1668 | | 5092 | | | |
| 221 | GRZYBEK PIOTR | kereza team | LUBLIN | 1972 | M40 | 3484 | | | 1582 | 5066 | | | |
| 222 | MARCZEWSKI MARIUSZ | VW | MARYSIN | 1975 | M40 | 1816 | 1760 | 1466 | | 5042 | | | |
| 223 | RENC PIOTR | bdowWB | LUBLIN | 1975 | M40 | 1738 | 1682 | 1618 | | 5038 | | | |
| 224 | BUKOWSKI Rafał | | LUBLIN | 1974 | M40 | 1658 | 1668 | 1702 | | 5028 | | | |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-------------------------|---------------------------------|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 225 | ZELEK ANDRZEJ | All Saints | LUBLIN | 1973 | M40 | | | | 1526 | 1640 | 896 | 963 | 5025 |
| 226 | BOREŃSKI KRZYSZTOF | | LUBLIN | 1972 | M40 | 1824 | 1726 | | | 1472 | | | 5022 |
| 227 | BORKOWSKI RADOSŁAW | Trans Kampania | BIAŁA PODLASKA | 1975 | M40 | | | 1624 | 1688 | 1692 | | | 5004 |
| 228 | BĄKOWSKI PIOTR | | LUBLIN | 1969 | M40 | | | | 1592 | 1554 | 904 | 950 | 5000 |
| 229 | WRONIKOWSKI SALWADOR | | LUBLIN | 1976 | M40 | 1996 | 1998 | | | | 999 | | 4993 |
| 230 | BUCOŃ ROBERT | | KRAŚNIK | 1975 | M40 | 3408 | 1984 | 1988 | | | 993 | | 4965 |
| 231 | GOŁDZICKI KRZYSZTOF | biegam do minus sześciu | LUBLIN | 1969 | M40 | | | | 1540 | | | | 4948 |
| 232 | PRZYCZYNIA MAREK | | ROGÓZNO | 1973 | M40 | | | 1630 | 1646 | 1660 | | | 4936 |
| 233 | PIOTROWSKI PIOTR | FILMIC TEAM | LUBLIN | 1968 | M40 | | 1684 | 1592 | 1658 | | | | 4934 |
| 234 | CHLEBIO JAROSŁAW | | LUBLIN | 1975 | M40 | | | 1552 | 1656 | 1710 | | | 4918 |
| 235 | SOLPA ROBERT | | ŚWIDNIK | 1968 | M40 | | | 1938 | 1960 | | | 991 | 4889 |
| 236 | MIKA ANDRZEJ | | LUBARTÓW | 1973 | M40 | 1666 | 1578 | 1582 | | | | | 4826 |
| 237 | KUNCEWICZ DARIUSZ | Banda Grudnia | LUBLIN | 1970 | M40 | | | 1888 | 1936 | | 976 | | 4800 |
| 238 | ZABIELSKI GRZEGORZ | lublin biega/wolność endorfinom | LUBLIN | 1975 | M40 | | | | 1502 | 1466 | 881 | 943 | 4792 |
| 239 | MAZUREK MIROSŁAW | bdomWB | KRAŚNIK | 1975 | M40 | 1640 | 1594 | | 1536 | | | | 4770 |
| 240 | OBRUSIEWICZ HUBERT | nie dotyczy | LUBLIN | 1973 | M40 | | 1544 | 1544 | | | 1678 | | 4766 |
| 241 | ŚWIĘTOWSKI SŁAWOMIR | | PRAWIEDNIKI | 1969 | M40 | 1586 | 1562 | 1594 | | | | | 4742 |
| 242 | PODLIPNY MAREK | LW Bogdanka | WESOŁÓWKA | 1974 | M40 | | | 1730 | | 1936 | 990 | | 4656 |
| 243 | SOCHACKI DANIEL | LUBELSKA GRUPA TRIATHLONU | LUBLIN | 1975 | M40 | 1844 | 1840 | | | | 953 | | 4637 |
| 244 | PŁECHA GRZEGORZ | | STRZESZKOWICE | 1971 | M40 | | | 1792 | | 1846 | 980 | | 4618 |
| 245 | WOJNOWSKI PAWEŁ | Klub Suchej Łydki | MARYSIN | 1976 | M40 | 1550 | 1530 | 1534 | | | | | 4614 |
| 246 | LISZCZ ARKADIUSZ | | LUBLIN | 1972 | M40 | 1594 | 1492 | | | 1514 | | | 4600 |
| 247 | FILIN ŁUKASZ | | LUBLIN | 1975 | M40 | 1540 | 1542 | | | 1504 | | | 4586 |
| 248 | KOŻUCH REMIGIUSZ | | DOMINÓW | 1970 | M40 | 1556 | | | 1532 | 1490 | | | 4578 |
| 249 | MATYSIK JAN | Cumulus Agencja Reklamowa | LUBLIN | 1973 | M40 | 1842 | 1782 | | | | 941 | | 4565 |
| 250 | WIECZOREK WIESŁAW | | WŁODAWA | 1972 | M40 | 1576 | 1484 | 1478 | | | | | 4538 |
| 251 | JAGUŚ KRZYSZTOF | | JASTKÓW | 1972 | M40 | 1846 | 1764 | | | | | 922 | 4532 |
| 252 | TOKARSKI PIOTR | Extreme Divers | LUBLIN | 1973 | M40 | | 1504 | 1512 | 1496 | | | | 4512 |
| 253 | NIEZGODA MARIUSZ | | LUBLIN | 1975 | M40 | 1726 | 1688 | | | | | 957 | 4371 |
| 254 | KRAWCZYK JAREK | | LUBLIN | 1976 | M40 | 1696 | 1672 | | | | 932 | | 4300 |
| 255 | MIKULSKI TOMASZ | | LUBLIN | 1968 | M40 | 1716 | 1658 | | | | 905 | | 4279 |
| 256 | PLISZKO STASZEK | www.RozbiegamyBiznes.eu | LUBLIN | 1975 | M40 | 1600 | | | 1742 | | 910 | | 4252 |
| 257 | MAKOWSKI MARIUSZ | artmar | LUBLIN | 1970 | M40 | | | 1666 | | 1620 | 919 | | 4205 |
| 258 | ROMANISZYN RAFAŁ | Chełm biega | CHEŁM | 1976 | M40 | | | | 1608 | 1632 | | 957 | 4197 |
| 259 | CYBULSKI GRZEGORZ | | LUBLIN | 1975 | M40 | | 1602 | | 1580 | 903 | | | 4085 |
| 260 | LASKOWSKI ANDRZEJ | PROMIL RUNNING TEAM | LUBLIN | 1968 | M40 | | 1608 | | 1510 | 921 | | | 4039 |
| 261 | WAWRZYKOWSKI JAROSŁAW | Sklep Biegacza Lublin Team | LUBLIN | 1972 | M40 | | 1526 | 1576 | | | | 929 | 4031 |
| 262 | JAKÓBCZYK AREK | ALBATROSY | LUBLIN | 1970 | M40 | | 1514 | | | 1532 | | 948 | 3994 |
| 263 | ZAJĄC JACEK | | KRAŚNIK | 1968 | M40 | 3992 | | | | | | | 3992 |
| 264 | WIDŁAK JANUSZ | | WARSZAWA | 1973 | M40 | 3988 | | | | | | | 3988 |
| 265 | WIŚNIEWSKI TOMASZ | LubelskiBiegacz.pl | LUBLIN | 1969 | M40 | 1990 | | | | 1990 | | | 3980 |
| 266 | BRZEZIŃSKI WALDEMAR | NOWE KUPISKI | ŁOMŻA | 1969 | M40 | 3976 | | | | | | | 3976 |
| 267 | OLEK ARTUR | biegusiem.pl | RYKI | 1975 | M40 | | | 1974 | 1990 | | | | 3964 |
| 268 | ŁASKARZEWSKI JAROSŁAW | | OLSZTYN | 1967 | M40 | 3948 | | | | | | | 3948 |
| 269 | LIS JAKUB | CHOOLIGANI JEZUSA RUNNING TEAM | LUBLIN | 1975 | M40 | 3944 | | | | | | | 3944 |
| 270 | MAŁYNSKA TOMASZ | | LUBARTÓW | 1971 | M40 | 3936 | | | | | | | 3936 |
| 271 | JAGIEŁŁO MARIUSZ | | LUBLIN | 1975 | M40 | 1578 | | | | 1434 | | 921 | 3933 |
| 272 | SMOLUCH RYSZARD | | ZAMOŚĆ | 1970 | M40 | 3932 | | | | | | | 3932 |
| 273 | ZARĘBA MATEUSZ | | WARSZAWA | 1976 | M40 | 3916 | | | | | | | 3916 |
| 274 | SZWAJ MARIUSZ | | WŁODAWA | 1968 | M40 | 3904 | | | | | | | 3904 |
| 275 | SPYTEK WITOLD | | LUBLIN | 1970 | M40 | | | 1510 | 1496 | | | 892 | 3898 |
| 276 | MEJSNER BARTOSZ | | LUBLIN | 1974 | M40 | 3892 | | | | | | | 3892 |
| 277 | WOJCIECHOWSKI KRZYSZTOF | RADLINIOKI W BIEGU | RADLIN | 1974 | M40 | 3888 | | | | | | | 3888 |
| 278 | TUZIMEK PIOTR | KM PSP Szczecin | SZCZECIN | 1973 | M40 | 3884 | | | | | | | 3884 |
| 279 | WOSIEK PAWEŁ | BBL Ostrowiec | OSTROWIEC ŚWIĘTOKRZYSKI | 1976 | M40 | | 1950 | | | 1932 | | | 3882 |
| 280 | KUNCEWICZ SLAWOMIR | | GDANSK | 1976 | M40 | 3880 | | | | | | | 3880 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|------------------------|--|-----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 281 | KRASIŃSKI TOMASZ | | JÓZEFÓW NAD WISŁĄ | 1975 | M40 | 3876 | | | | | | | 3876 |
| 282 | GRUDNIAK PAWEŁ | | ŚWIDNIK | 1974 | M40 | 3872 | | | | | | | 3872 |
| 283 | PŁAZA DARIUSZ | KKB MOSiR Krosno | KROSNO | 1970 | M40 | 3868 | | | | | | | 3868 |
| 284 | BAŃBURA ŚLAWEK | KB Biala Biega | RAKOWISKA | 1970 | M40 | | | | 1910 | 1952 | | | 3862 |
| 285 | OLESZCZUK ZBIGNIEW | Krasnystaw Biega | KRASNYSTAW | 1973 | M40 | | 1924 | 1936 | | | | | 3860 |
| 286 | MASAJADA TOMASZ | | WĄWOLNICA | 1971 | M40 | 3856 | | | | | | | 3856 |
| 287 | PAKUŁA TOMASZ | Rozbiegany Zamość | ZAMOŚĆ | 1973 | M40 | | 1930 | | | 1924 | | | 3854 |
| 288 | JÓZWIK PIOTR | | LUBLIN | 1971 | M40 | | 1940 | | | 1912 | | | 3852 |
| 289 | DZYNDRA DANIEL | | LUBLIN | 1973 | M40 | 3828 | | | | | | | 3828 |
| 290 | WOJCIECHOWSKI IRENEUSZ | TRI Signovum | GRÓJEC | 1968 | M40 | 3824 | | | | | | | 3824 |
| 291 | WYPYCH RADOSŁAW | maratonczyk.pl | WARSZAWA | 1969 | M40 | 3816 | | | | | | | 3816 |
| 292 | SZPYT RYSZARD | BUT Biłgoraj Ultra Trail | BIŁGORAJ | 1970 | M40 | 3812 | | | | | | | 3812 |
| 293 | GMITEREK TOMASZ | | LUBLIN | 1972 | M40 | 3808 | | | | | | | 3808 |
| 294 | DRAGAN GRZEGORZ | AKTYWNYNADGARSTEK.PL | LUBLIN | 1975 | M40 | | | | 1890 | 1916 | | | 3806 |
| 295 | BRZOZOWSKI DANIEL | | PARCZEW | 1976 | M40 | 3792 | | | | | | | 3792 |
| 296 | CISEK MIROŚLAW TOMASZ | KONDYCJA | PIASECZNO | 1972 | M40 | 3788 | | | | | | | 3788 |
| 297 | KULIKOWSKI TADEUSZ | | RADZYMIN | 1971 | M40 | | | | 1888 | 1898 | | | 3786 |
| 298 | CZECHOLIŃSKI PIOTR | LeszNOLimits Runners | LESZNO | 1968 | M40 | 3784 | | | | | | | 3784 |
| 299 | ZIĘTEK MARIUSZ | | LUBLIN | 1969 | M40 | | 1888 | 1896 | | | | | 3784 |
| 300 | PUPININKAS GINTARAS | Running club Vilnius | VILNIUS | 1970 | M40 | 3780 | | | | | | | 3780 |
| 301 | WASIOŁKA ADAM | | KATOWICE | 1972 | M40 | 3768 | | | | | | | 3768 |
| 302 | KRASKA TOMASZ | | NOWE MIASTO N. PILICĄ | 1968 | M40 | 3764 | | | | | | | 3764 |
| 303 | KLABIK MACIEJ | El Rapido | WROCŁAW | 1972 | M40 | 3760 | | | | | | | 3760 |
| 304 | DYSZCZAK TOMEK | | ŚWIDNIK | 1973 | M40 | 3736 | | | | | | | 3736 |
| 305 | ŁAJTAR KRZYSZTOF | | KOMARÓWKA PODLASKA | 1970 | M40 | 3724 | | | | | | | 3724 |
| 306 | STRZELECKI MACIEJ | | WARSZAWA-WESOLA | 1969 | M40 | 3720 | | | | | | | 3720 |
| 307 | MAREK JAN | FreeMan | CHEŁM | 1969 | M40 | 3716 | | | | | | | 3716 |
| 308 | PIĘTAS TOMASZ | | KALINÓWKA | 1975 | M40 | 3708 | | | | | | | 3708 |
| 309 | RUDNIK MARIUSZ | | WARSZAWA | 1975 | M40 | 3704 | | | | | | | 3704 |
| 310 | ZAWIŚLAK TOMASZ | | LUBLIN | 1969 | M40 | | 1866 | 1836 | | | | | 3702 |
| 311 | OLECH ŚLAWOMIR | | RADECZNICA | 1969 | M40 | 3692 | | | | | | | 3692 |
| 312 | KARWAT DARIUSZ | | LUBLIN | 1974 | M40 | 3672 | | | | | | | 3672 |
| 313 | DĘBNIAK LESZEK | | KRAŚNIK | 1968 | M40 | 3664 | | | | | | | 3664 |
| 314 | DUDA KRZYSZTOF | SILESIA RUNING TEAM | MIKOŁÓW | 1975 | M40 | 3660 | | | | | | | 3660 |
| 315 | BIERNACKI PAWEŁ | | BIŁGORAJ | 1974 | M40 | 3656 | | | | | | | 3656 |
| 316 | JEDLIŃSKI BARTOSZ | Maratończyk Dębica | BRZEŻNICA | 1976 | M40 | 3648 | | | | | | | 3648 |
| 317 | DOBROMILSKI ROBERT | AK-47 | ZAMOŚĆ | 1976 | M40 | | | | 1814 | 1830 | | | 3644 |
| 318 | JANIK TOMASZ | Orange Polska | HRUBIESZÓW | 1970 | M40 | | 1862 | 1778 | | | | | 3640 |
| 319 | TARGOŃSKI AMADEUSZ | | LUBLIN | 1975 | M40 | | | | 1816 | 1824 | | | 3640 |
| 320 | TOMASZEWSKI WOJTEK | braciaT | WARSZAWA | 1975 | M40 | 3632 | | | | | | | 3632 |
| 321 | CHWEDYNA TOMASZ | LKS MILANÓW | RADZYN PODLASKI | 1973 | M40 | | 1802 | | | 1826 | | | 3628 |
| 322 | KRÓLIKOWSKI PIOTR | Instytut Leksykografii KUL | LUBLIN | 1976 | M40 | 3624 | | | | | | | 3624 |
| 323 | KAŹMIERCZAK PIOTR | EULEO BIEGA | OWCZARY | 1970 | M40 | 3616 | | | | | | | 3616 |
| 324 | GÓŹDŹ IRENEUSZ | www.lubartowbiega.pl | LUBARTÓW | 1971 | M40 | 3612 | | | | | | | 3612 |
| 325 | MASŁOWSKI MARCIN | Triclus | TOMASZOWICE | 1976 | M40 | | | | 1620 | 1986 | | | 3606 |
| 326 | CHMIELEWSKI PIOTR | Verva ActiveJet | LUBLIN | 1970 | M40 | | | | 1756 | 1844 | | | 3600 |
| 327 | MICHALCZUK DOMINIK | | LUBLIN | 1975 | M40 | 3596 | | | | | | | 3596 |
| 328 | ŚLIFIRCZYK WOJCIECH | KP PSP Lubartów | LUBARTÓW | 1973 | M40 | | | | 1832 | 1758 | | | 3590 |
| 329 | TOMASZEWSKI ARTUR | | LUBLIN | 1975 | M40 | 3580 | | | | | | | 3580 |
| 330 | JACKOWSKI PIOTR | Biegający Świdnik / Pocztowa Grupa Biegowa | ŚWIDNIK | 1975 | M40 | 3576 | | | | | | | 3576 |
| 331 | GAŁĘZOWSKI TOMASZ | | LUBLIN | 1969 | M40 | 3564 | | | | | | | 3564 |
| 332 | GOZDÓR GRZEGORZ | | LUBLIN | 1974 | M40 | 3560 | | | | | | | 3560 |
| 333 | GRABOWSKI WOJCIECH | | LUBLIN | 1974 | M40 | 3536 | | | | | | | 3536 |
| 334 | NAWROCKI MARCIN | Crossfit Z16 | LUBLIN | 1975 | M40 | | | | 1636 | 933 | 964 | | 3533 |
| 335 | MATCZUK KRZYSZTOF | | HANNA | 1967 | M40 | 3532 | | | | | | | 3532 |
| 336 | MIŁKOWSKI SZYMON | Promil Running Team | LUBLIN | 1976 | M40 | | 1682 | | | | 914 | 932 | 3528 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|---|-------------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 337 | PADZIŃSKI MARIUSZ | Rowerowy Lublin | LUBLIN | 1970 | M40 | 3528 | | | | | | | 3528 |
| 338 | SULKI PAWEŁ | AZAGO | KATOWICE | 1974 | M40 | 3516 | | | | | | | 3516 |
| 339 | HADUCH PIOTR | VET-RUNNERS | LUBLIN | 1972 | M40 | 3512 | | | | | | | 3512 |
| 340 | LISOWSKI JACEK | Banda Grudnia | DABROWICA | 1970 | M40 | | | | 1634 | 1878 | | | 3512 |
| 341 | BĘBEN ROBERT | Bbl Ostrowiec Świętokrzyski | OSTROWIEC ŚWIĘTOKRZYSKI | 1971 | M40 | | | | 1734 | 1770 | | | 3504 |
| 342 | JASTRZEMBSKI EDMUND | SILESIA MARATHON TEAM | BYDGOSZCZ | 1972 | M40 | 3504 | | | | | | | 3504 |
| 343 | GRZYWNA PAWEŁ | | LUBLIN | 1970 | M40 | | 1868 | | | 1630 | | | 3498 |
| 344 | DRĄŻEK SŁAWOMIR | | FAJSŁAWICE | 1971 | M40 | | | | 1738 | 1754 | | | 3492 |
| 345 | ELLIOTT CHRIS | Arbroath Footers | ARBROATH | 1969 | M40 | 3492 | | | | | | | 3492 |
| 346 | DROZD PAWEŁ | Kereza Team | LUBLIN | 1973 | M40 | | | | 1750 | 1738 | | | 3488 |
| 347 | ZALEWSKI MIROSŁAW | Firma Handlowa Zalmir Mirosław Zalewski | WĄBRZEŻNO | 1968 | M40 | 3488 | | | | | | | 3488 |
| 348 | SZEWCZYK ARTUR | Dokąd tak ciągle biegne? | CIEPIEŁÓW | 1972 | M40 | 3480 | | | | | | | 3480 |
| 349 | RACZKIEWICZ MARIUSZ | RCT | TOMASZÓW LUBELSKI | 1975 | M40 | | | | 1740 | 1736 | | | 3476 |
| 350 | KACZAN PIOTR | | ŚWIDNIK | 1975 | M40 | 3468 | | | | | | | 3468 |
| 351 | CHLEWICZ DARIUSZ | | NOWY KRĘPIEC | 1976 | M40 | 3464 | | | | | | | 3464 |
| 352 | OPOLSKI PIOTR | LUKS Lubartów - Sekcja Szachowa | LUBARTÓW | 1975 | M40 | | | | 1698 | 1760 | | | 3458 |
| 353 | PIEKARSKI JAROSŁAW | Biegacze Pomagacze | ŁUKÓW | 1973 | M40 | 3456 | | | | | | | 3456 |
| 354 | ZWIERZCHOWSKI JACEK | | LUBLIN | 1970 | M40 | | 1760 | 1694 | | | | | 3454 |
| 355 | NIEMCZYK PAWEŁ | | ZAMOŚĆ | 1974 | M40 | 3440 | | | | | | | 3440 |
| 356 | MIŁO ZBIGNIEW | Niemirowska | LUBACZÓW | 1974 | M40 | 3436 | | | | | | | 3436 |
| 357 | ŁUKASIK ZBYSZEK | RAPY MASTERS | BIŁGORAJ | 1967 | M40 | 3428 | | | | | | | 3428 |
| 358 | RYKAŁA KRZYSZTOF | | SOPOT | 1974 | M40 | 3420 | | | | | | | 3420 |
| 359 | JÓŹWIAK ARTUR | ORANGE | LUBLIN | 1969 | M40 | 3416 | | | | | | | 3416 |
| 360 | DRAPAŁA JAREK | Jarek Drapała | KOZIENICE | 1972 | M40 | 3404 | | | | | | | 3404 |
| 361 | KIJEK ROBERT | | TURKA | 1969 | M40 | | | | 1672 | 1726 | | | 3398 |
| 362 | SOKALSKI SŁAWOMIR | Rozbiegany Zamość | ZAMOŚĆ | 1972 | M40 | | | 1670 | | 1724 | | | 3394 |
| 363 | ŻELAZNY MARIUSZ | | LUBLIN | 1975 | M40 | | 1704 | | | | | | 3378 |
| 364 | KACZMARSKI JAROSŁAW | | TOMASZÓW MAZ. | 1974 | M40 | 3376 | | | | | | | 3376 |
| 365 | MIŚKIEWICZ MAREK | | LUBLIN | 1976 | M40 | 3372 | | | | | | | 3372 |
| 366 | MIERZWA ZBIGNIEW | BdowWB | LUBLIN | 1976 | M40 | | | | 1620 | 1742 | | | 3362 |
| 367 | UŁANOWSKI ROMAN | | LUBLIN | 1975 | M40 | 3356 | | | | | | | 3356 |
| 368 | MAZUR DANIEL | | LUBLIN | 1976 | M40 | | | | 1652 | 1696 | | | 3348 |
| 369 | RAKOWSKI TOMASZ | | NOWY GAJ | 1969 | M40 | | 1706 | | | 1626 | | | 3332 |
| 370 | SZCZUKA JAROSŁAW | LSB | LUBLIN | 1973 | M40 | 1662 | | | | 1654 | | | 3316 |
| 371 | KARBOWNICZEK ANDRZEJ | | WOJCIECHÓW | 1974 | M40 | | | | 1568 | 1740 | | | 3308 |
| 372 | PISZCZEK MAREK | Fun Sport | LUBLIN | 1973 | M40 | 1724 | 1584 | | | | | | 3308 |
| 373 | LIPCUK PIOTR | Chełm Biega.pl | CHEŁM | 1967 | M40 | | 1654 | | | | | | 3296 |
| 374 | CIEĆKO ARTUR | Zatkało Kakalo | PRZEMYŚL | 1976 | M40 | | 1728 | | | 1544 | | | 3272 |
| 375 | KOMOTAJTIS PAWEŁ | | LUBLIN | 1976 | M40 | | | | 1624 | 1630 | | | 3254 |
| 376 | PIKOR JACEK | Ponure Glizdy | ZAMOŚĆ | 1973 | M40 | | | | 1506 | 1744 | | | 3250 |
| 377 | BORCOŃ DARIUSZ | GUTEK | ŁĘCZNA | 1971 | M40 | 1630 | 1598 | | | | | | 3228 |
| 378 | FRĄCZEK GRZEGORZ | Co polatam , to moje | LUBLIN | 1971 | M40 | 1670 | 1558 | | | | | | 3228 |
| 379 | SIERPIŃSKI RADOSŁAW | WOLNO ALE DO PRZODU !! | LUBLIN | 1970 | M40 | 1668 | | | 1552 | | | | 3220 |
| 380 | GÓŹDŹ PIOTR | AKTYWNYNADGARSTEK.PL / METODABUTEYKO.PL | LUBLIN | 1971 | M40 | 1652 | | | 1564 | | | | 3216 |
| 381 | PANEK DANIEL | GEMBA | LUBLIN | 1975 | M40 | 1624 | | | | 1568 | | | 3192 |
| 382 | SAWA WAWRZYNIEC | BIEGAM DO MINUS SZEŚCIU | LUBLIN | 1973 | M40 | 1580 | | | | 1594 | | | 3174 |
| 383 | CHĘĆ MARCIN | | LUBLIN | 1975 | M40 | 1650 | | | | 1522 | | | 3172 |
| 384 | ZABOREK TOMASZ | | LUBLIN | 1976 | M40 | | 1550 | | | 1616 | | | 3166 |
| 385 | BARTOCHA GRZEGORZ | | CHEŁM | 1973 | M40 | | | 1494 | 1622 | | | | 3116 |
| 386 | CHMIELEWSKI TOMASZ | Centrum Medyczne Orto-Optymist | LUBLIN | 1976 | M40 | | | 1542 | 1528 | | | | 3070 |
| 387 | PODLECKI MAREK | | ĆMIŁÓW | 1968 | M40 | | | 1514 | 1552 | | | | 3066 |
| 388 | LITWIŃSKI KRZYSZTOF | | LUBLIN | 1973 | M40 | 1554 | 1502 | | | | | | 3056 |
| 389 | KOZAK JAROSŁAW | KOZAK | LUBLIN | 1968 | M40 | 1570 | 1474 | | | | | | 3044 |
| 390 | WRÓBLEWSKI GRZEGORZ | klub Igor i Wiktor | LUBLIN | 1974 | M40 | 1548 | 1496 | | | | | | 3044 |
| 391 | CIOCZEK ROBERT | | LUBLIN | 1972 | M40 | | | 1528 | 1500 | | | | 3028 |
| 392 | FALCZYNSKI MACIEJ | lublin | LUBLIN | 1975 | M40 | | | | 2000 | | | 1000 | 3000 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|---|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 393 | KOJDER MARCIN | RowerowyLublin.org | LUBLIN | 1975 | M40 | | 1538 | | | | 1440 | | 2978 |
| 394 | PIOTROWSKI ROBERT | INTROGRAF LUBLIN S.A. | PUŁAWY | 1969 | M40 | | | 1488 | | | 1462 | | 2950 |
| 395 | CALKA MARCIN | Bialka Triathlon 2017 | LUBLIN | 1972 | M40 | | | 1480 | | | 1464 | | 2944 |
| 396 | ŚWISZCZ GRZEGORZ | Perfect Runner Lublin/Rozbiegany Zamość | ZAMOŚĆ | 1972 | M40 | | | | 1488 | 1426 | | | 2914 |
| 397 | WŁODARCZYK MIROSŁAW | I LO UKS Kościuszko | WŁODAWA | 1976 | M40 | | | | 1492 | 1406 | | | 2898 |
| 398 | JÓZWIK MAREK | KB V-Max Adamów | LUBLIN | 1976 | M40 | | | | | 1808 | | 983 | 2791 |
| 399 | POGODA MARCIN | | LUBLIN | 1973 | M40 | | 1822 | | | | 948 | | 2770 |
| 400 | ULICZNY ADAM | Lubelska Grupa Triathlonu | LUBLIN | 1969 | M40 | | 1808 | | | | 947 | | 2755 |
| 401 | KAŁAKUCKI JAROSŁAW | LUBELSKIBIEGACZ.PL TEAM | LUBLIN | 1973 | M40 | | | 1758 | | | | 923 | 2681 |
| 402 | ŁUKASZCZYK MARCIN | | KRASNYSTAW | 1976 | M40 | | 1732 | | | | 924 | | 2656 |
| 403 | KAWALEC BARTŁOMIEJ | www.wedki.pl | LUBLIN | 1976 | M40 | | | | 1644 | | | 958 | 2602 |
| 404 | RUMIŃSKI JACEK | Bełżyce i okolice biegają | BEŁŻYCE | 1973 | M40 | | | | 1654 | | 946 | | 2600 |
| 405 | TUSZKIEWICZ RADEK | WOLNOŚĆ ENDORFINOM | TOMASZOWICE | 1975 | M40 | | | | 1586 | | 959 | | 2545 |
| 406 | MAJCHERSKI PIOTR | | ZEMBORZYCE PODLEŚNE | 1973 | M40 | | | 1572 | | | | 932 | 2504 |
| 407 | BIELECKI MIRMIŁ | oby dobiec | GARBÓW | 1975 | M40 | | | | 1482 | | 945 | | 2427 |
| 408 | DZIEWULSKI ANDRZEJ | | LUBLIN | 1976 | M40 | | 1524 | | | | 888 | | 2412 |
| 409 | ŻUROWSKI JACEK | | LUBLIN | 1969 | M40 | | | | 1486 | | 923 | | 2409 |
| 410 | MIECZAN TOMASZ | | LUBLIN | 1974 | M40 | | | 1498 | | | 891 | | 2389 |
| 411 | SZYMANEK JAROSŁAW | | LUBLIN | 1970 | M40 | | | | 1456 | | 931 | | 2387 |
| 412 | LASKOWSKI ANDRZEJ | Pompa Team | CHEŁM | 1973 | M40 | | | | 1470 | | 911 | | 2381 |
| 413 | UNIOWSKI ADAM | Na spokojnie :) | LUBLIN | 1974 | M40 | | | | 1450 | | 926 | | 2376 |
| 414 | JUSIAK TOMASZ | | LUBLIN | 1975 | M40 | | | | 1430 | | 914 | | 2344 |
| 415 | BORYS JANUSZ | | LUBLIN | 1968 | M40 | | | | 1410 | | 925 | | 2335 |
| 416 | GÓŹDŹ DARIUSZ | Największa Armia Świata | LUBLIN | 1974 | M40 | | | | 1414 | | 909 | | 2323 |
| 417 | SOŁOWIEJ STANISŁAW | | LUBLIN | 1975 | M40 | | 1986 | | | | | | 1986 |
| 418 | MAKARYCZEW ANDRZEJ | CHEŁMBIEGA | CHEŁM | 1967 | M40 | | 1984 | | | | | | 1984 |
| 419 | SAWICKI DARIUSZ | | WARSZAWA | 1976 | M40 | | 1980 | | | | | | 1980 |
| 420 | OZOG GREG | AZS Lublin | MOTYCZ | 1975 | M40 | | 1966 | | | | | | 1966 |
| 421 | POŻAK ANDRZEJ | | LUBLIN | 1967 | M40 | | | | 1960 | | | | 1960 |
| 422 | SZEREMETA PAWEŁ | lubelski biegacz.pl team | WARSZAWA | 1972 | M40 | | 1958 | | | | | | 1958 |
| 423 | PROKOPIUK ROBERT | | JESIONKA | 1975 | M40 | | | 1952 | | | | | 1952 |
| 424 | BIAŁAS DARIUSZ | Miód Kozacki Biłgoraj | FRAMPOL | 1968 | M40 | | | | 1932 | | | | 1932 |
| 425 | JANZER JANUSZ | Przemyski Klub Biegacza | PRZEMYSŁ | 1967 | M40 | | | 1930 | | | | | 1930 |
| 426 | LEWANDOWSKI PIOTR | | LUBLIN | 1972 | M40 | | 1928 | | | | | | 1928 |
| 427 | PRZYPOLSKI PAWEŁ | Im-Possible Team | WARSZAWA | 1976 | M40 | | | 1926 | | | | | 1926 |
| 428 | KARDYKA GRZEGORZ | | ŚWIDNIK | 1976 | M40 | | 1902 | | | | | | 1902 |
| 429 | WIECHNIK ANDRZEJ | SAM Malinówka | CYCÓW | 1974 | M40 | | | 1882 | | | | | 1882 |
| 430 | TUSZEWSKI MICHAŁ | MT-GEO/Biegający Świdnik | NOWY KRĘPIEC | 1976 | M40 | | | | 1878 | | | | 1878 |
| 431 | KRZYSZTOF RYCAK | | MAŁKÓW | 1972 | M40 | | 1872 | | | | | | 1872 |
| 432 | NAMIĘTA PIOTR | Lexus Street Runners | LUBLIN | 1973 | M40 | | | | | 1862 | | | 1862 |
| 433 | JABŁONSKI ANDRZEJ | Straż Graniczna | CHEŁM | 1968 | M40 | | 1836 | | | | | | 1836 |
| 434 | MIKOS IRENEUSZ | | LUBARTÓW | 1969 | M40 | | | 1826 | | | | | 1826 |
| 435 | KOTYŁA ADAM | | LUBLIN | 1970 | M40 | | | | 1814 | | | | 1814 |
| 436 | BERNAT PIOTR | Biegam z ABS | LUBLIN | 1970 | M40 | | | | 1812 | | | | 1812 |
| 437 | POLETKO JAROSŁAW | ZZG LW BOGDANKA | PUCHACZÓW | 1976 | M40 | | | | 1810 | | | | 1810 |
| 438 | NALEPA GRZEGORZ | | JAKUBOWICE KONIŃSKIE | 1974 | M40 | | | | 1798 | | | | 1798 |
| 439 | ZYGO GRZEGORZ | Uwolnić ślimaka | BORZECZÓW | 1976 | M40 | | | 1782 | | | | | 1782 |
| 440 | MACKIEWICZ DARIUSZ | KODEŃ BIEGA | KODEŃ | 1975 | M40 | | | 1760 | | | | | 1760 |
| 441 | GNACIŃSKI PIOTR | BDOWWB | STRZYŻEWICE | 1976 | M40 | | 1756 | | | | | | 1756 |
| 442 | BERNECKI ARTUR | | LUBLIN | 1969 | M40 | | 1748 | | | | | | 1748 |
| 443 | BOROWIEC MARIUSZ | | LUBLIN | 1973 | M40 | | | 1736 | | | | | 1736 |
| 444 | WIECZOREK PAWEŁ | | CHEŁM | 1975 | M40 | | | 1732 | | | | | 1732 |
| 445 | KUBAK KRZYSZTOF | biegusiem.pl | RYKI | 1973 | M40 | | | 1722 | | | | | 1722 |
| 446 | NADOLSKI MICHAŁ | Chemik Noxy Puławy | PUŁAWY | 1975 | M40 | | | 1718 | | | | | 1718 |
| 447 | ADAMECZEK MARIUSZ | | | 1970 | M40 | | | 1700 | | | | | 1700 |
| 448 | JANIUK PIOTR | Chełm Biega | CHEŁM | 1974 | M40 | | | | 1690 | | | | 1690 |

Grand Prix Lublina 2016/2017 – Kategoria M40

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|----------------------|---------------------------------|----------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 449 | PORTKA MARCIN | LUBELLA | LUBLIN | 1976 | M40 | | 1688 | | | | | | 1688 |
| 450 | ŁOPUSZYŃSKI ROBERT | | PUŁawy | 1969 | M40 | | | | | | 1686 | | 1686 |
| 451 | TRĘBICKI DARIUSZ | KLUB BIEGACZA BIAŁA BIEGA | BIAŁA PODLASKA | 1970 | M40 | | | | 1684 | | | | 1684 |
| 452 | KRÓL RYSZARD | KB V-max ADAMÓW | RADZYN PODLASKI | 1976 | M40 | | | 1680 | | | | | 1680 |
| 453 | WÓJCIK ANDRZEJ | | WARSZAWA | 1973 | M40 | | 1678 | | | | | | 1678 |
| 454 | PIOTR RENC | bdowWb | LUBLIN | 1975 | M40 | | | | | 1666 | | | 1666 |
| 455 | PIĘTA BOGDAN | Zabiegani Mielec | MIELEC | 1968 | M40 | | 1656 | | | | | | 1656 |
| 456 | KRASNOWSKI JACEK | ELPIE Team | ŚWIDNIK | 1967 | M40 | | 1654 | | | | | | 1654 |
| 457 | BORKOWSKI ŁUKASZ | Husaria race Team | LUBLIN | 1974 | M40 | | | 1648 | | | | | 1648 |
| 458 | OLENDER GRZEGORZ | 41 BLSz | DĘBLIN | 1976 | M40 | | 1646 | | | | | | 1646 |
| 459 | MARCEWICZ MARCIN | | LUBLIN | 1972 | M40 | | 1636 | | | | | | 1636 |
| 460 | MŁYNARCZYK ARTUR | | JAKUBOWICE KON.-KOL. | 1973 | M40 | | 1618 | | | | | | 1618 |
| 461 | SZTYMELSKI MARCIN | | KALINÓWKA | 1976 | M40 | | | 1616 | | | | | 1616 |
| 462 | ILLEK ARKADIUSZ | Świdnik Triathlon Team | ŚWIDNIK | 1967 | M40 | | 1614 | | | | | | 1614 |
| 463 | MACIEJ LORENC | Biegusiem.pl | RYKI | 1975 | M40 | | | 1614 | | | | | 1614 |
| 464 | STĘPIEŃ GRZEGORZ | | LUBLIN | 1974 | M40 | | | 1612 | | | | | 1612 |
| 465 | DRZYZGA TOMASZ | | MIELEC | 1974 | M40 | | 1610 | | | | | | 1610 |
| 466 | SKRZYPCKA MIROSŁAW | | MILEJÓW | 1968 | M40 | | | 1606 | | | | | 1606 |
| 467 | MALESZYK ADAM | | ŁĘCZNA | 1976 | M40 | | 1604 | | | | | | 1604 |
| 468 | SMAGA KRZYSZTOF | | BORZECHÓW | 1970 | M40 | | | 1600 | | | | | 1600 |
| 469 | PRACH ARKADIUSZ | Lubartówbiega | LUBARTÓW | 1971 | M40 | | | | | 1596 | | | 1596 |
| 470 | LATOSEK RAFAŁ | | WARSZAWA | 1969 | M40 | | | 1588 | | | | | 1588 |
| 471 | PRENDECKI MARIUSZ | KS Czechów | LUBLIN | 1971 | M40 | | 1574 | | | | | | 1574 |
| 472 | KOSIOR BOGDAN | | ŚWIDNIK | 1972 | M40 | | | | | 1572 | | | 1572 |
| 473 | FURGAŁA ARTUR | | LUBLIN | 1974 | M40 | | | 1570 | | | | | 1570 |
| 474 | GRUDZIEŃ SŁAWOMIR | | LUBLIN | 1972 | M40 | | 1568 | | | | | | 1568 |
| 475 | LIPKA JACEK | BIEGAM Z ABS | LUBLIN | 1972 | M40 | | | | | 1566 | | | 1566 |
| 476 | WYGANOWSKI JACEK | BIEGAM Z ABS | LUBLIN | 1971 | M40 | | 1566 | | | | | | 1566 |
| 477 | KACZOROWSKI ZBIGNIEW | Chem | CHEŁM | 1974 | M40 | | | | | 1564 | | | 1564 |
| 478 | KOPIEL GRZEGORZ | | LUBLIN | 1969 | M40 | | 1562 | | | | | | 1562 |
| 479 | LITWIN DARIUSZ | Dariogarage Zamość | ZAMOŚĆ | 1976 | M40 | | | | | 1558 | | | 1558 |
| 480 | CHACHAJ TOMASZ | | LUBLIN | 1968 | M40 | | | | | 1556 | | | 1556 |
| 481 | DANIŁ MAREK | | LUBARTÓW | 1969 | M40 | | | 1556 | | | | | 1556 |
| 482 | TKACZYK MARIUSZ | | LUBARTÓW | 1976 | M40 | | 1548 | | | | | | 1548 |
| 483 | ZALEWSKI IGOR | | 13 | 1975 | M40 | | | 1546 | | | | | 1546 |
| 484 | KOT KRZYSZTOF | | LUBLIN | 1971 | M40 | | | | | 1536 | | | 1536 |
| 485 | KUCHARSKI ROBERT | Biegam żeby Maciek mógł biegać! | LUBLIN | 1974 | M40 | | 1530 | | | | | | 1530 |
| 486 | BOREK PIOTR | | JASTKÓW | 1973 | M40 | | | | | 1526 | | | 1526 |
| 487 | KOSIELSKI MACIEJ | | SZCZECIN | 1971 | M40 | | 1524 | | | | | | 1524 |
| 488 | RYCERZ TOMASZ | | ZAMOŚĆ | 1974 | M40 | | 1522 | | | | | | 1522 |
| 489 | WELMAN PIOTR | | LUBLIN | 1971 | M40 | | 1522 | | | | | | 1522 |
| 490 | ŁUKASIAK TOMASZ | iegusiem.pl | KŁOCZEW | 1967 | M40 | | | | | 1520 | | | 1520 |
| 491 | ZIELIŃSKI PAWEŁ | Wieś tańczy i biega | LUBLIN | 1971 | M40 | | 1518 | | | | | | 1518 |
| 492 | POLAK GRZEGORZ | BIAŁKA TRIATHLON 2017 | LUBLIN | 1973 | M40 | | | | | 1502 | | | 1502 |
| 493 | WRÓBLEWSKI BARTOSZ | | LUBLIN | 1975 | M40 | | | | | 1492 | | | 1492 |
| 494 | ZAJĄC MIROSŁAW | | TURKA | 1975 | M40 | | | | | 1488 | | | 1488 |
| 495 | CZERNECKI MAREK | Drużyna Jezusa | LUBLIN | 1975 | M40 | | | | | 1484 | | | 1484 |
| 496 | FIUTKA WITOLD | KP PSP Lubartów | LUBARTÓW | 1975 | M40 | | | | | 1484 | | | 1484 |
| 497 | RYNIEWSKI TOMASZ | | LUBLIN | 1975 | M40 | | | 1482 | | | | | 1482 |
| 498 | SOŁDEK KAROL | | KOWALA PIERWSZA | 1967 | M40 | | | | | 1460 | | | 1460 |
| 499 | SZYSZKO STANISŁAW | | LUBLIN | 1974 | M40 | | | | | 1454 | | | 1454 |
| 500 | HUSIŃSKI ZBIGNIEW | | LEŚNA PODLASKA | 1971 | M40 | | | | | 1444 | | | 1444 |
| 501 | CIEŚLAK MAREK | Skorpion | LUBLIN | 1969 | M40 | | | | | 1438 | | | 1438 |
| 502 | WOJNOWSKI PAWEŁ | Klub Suchej Łydkii | MARYSIN | 1976 | M40 | | | | | 1432 | | | 1432 |
| 503 | ŁUKASZEK ARTUR | Lukaszek.Team | LUBARTÓW | 1972 | M40 | | | | | 1428 | | | 1428 |
| 504 | SIEKERSKI KRZYSZTOF | KEREZA | MOTYCZ | 1972 | M40 | | | | | 1424 | | | 1424 |

Grand Prix Lublina 2016/2017 – Kategoria M40

Grand Prix Lublina 2016/2017 – Kategoria M50

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|----------------------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | WĄSOWSKI KRZYSZTOF | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1966 | M50 | 3992 | 1996 | 1990 | 1986 | 1994 | 996 | 999 | 13953 |
| 2 | STEĆ STANISŁAW | KU PAMIĘCI BRONKA MALINOWSKIEGO | LISZNO | 1965 | M50 | 3960 | 1998 | 1994 | 2000 | 1998 | 1000 | 1000 | 13950 |
| 3 | STELMACH ZBIGNIEW | LW Bogdanka | ĆMIŁÓW | 1960 | M50 | 3984 | 1990 | 1992 | 1990 | 1978 | 994 | 997 | 13925 |
| 4 | BISEK MAREK | LW Bogdanka | LUBLIN | 1962 | M50 | 3972 | 1988 | 1984 | 1976 | 1980 | 992 | 992 | 13884 |
| 5 | KANIA KRZYSZTOF | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1966 | M50 | 3848 | 1992 | 1980 | 1978 | 1990 | 997 | 996 | 13781 |
| 6 | PYTKA HENRYK | LW Bogdanka | ŁĘCZNA | 1965 | M50 | 3920 | 1950 | 1954 | 1954 | 1954 | 984 | 994 | 13710 |
| 7 | IWANICKI WŁADYSŁAW | LW.Bogdanka | ŁĘCZNA | 1959 | M50 | 3772 | 1948 | 1946 | 1958 | 1956 | 982 | 993 | 13555 |
| 8 | ŚLIWA ANDRZEJ | LW Bogdanka | ŁĘCZNA | 1966 | M50 | 3828 | 1944 | 1926 | 1936 | 1920 | 986 | 991 | 13531 |
| 9 | PECIAK ROBERT | WW Team | LUBLIN | 1964 | M50 | 3904 | 1884 | 1844 | 1944 | 1932 | 976 | 973 | 13457 |
| 10 | LECH ZBIGNIEW | Nie | LUBLIN | 1957 | M50 | 3804 | 1932 | 1892 | 1900 | 1918 | 980 | 989 | 13415 |
| 11 | BOGDANOW ANDRZEJ | ORANGE POLSKA | LUBLIN | 1960 | M50 | 3856 | 1974 | 1962 | 1966 | 1968 | 989 | | 12715 |
| 12 | POLSKI DARIUSZ | Lublin Biega | LUBLIN | 1966 | M50 | 3788 | 1890 | 1916 | 1918 | 1896 | | 986 | 12394 |
| 13 | OLCZAK WITOLD | UMCS Biega | LUBLIN | 1961 | M50 | 3768 | 1904 | 1858 | 1880 | 1858 | | 983 | 12251 |
| 14 | ŁUKASZCZYK HENRYK | | HRUBIESZÓW | 1960 | M50 | 3968 | 1994 | 1986 | 1994 | 1984 | | | 11926 |
| 15 | MAMEJ PIOTR | Sklep Biegacza Lublin | LUBLIN | 1964 | M50 | 3876 | 1986 | 1976 | 1982 | 1976 | | | 11796 |
| 16 | KARWAN ZBIGNIEW | SAM | LUBLIN | 1960 | M50 | 3860 | 1968 | 1948 | 1940 | 1950 | | | 11666 |
| 17 | NAUMIUK MAREK | Bento | LUBLIN | 1966 | M50 | 3780 | 1922 | 1886 | 1896 | 1888 | | | 11372 |
| 18 | CIECHAŃSKI ZENON | | LUBLIN | 1962 | M50 | 3740 | 1928 | 1888 | 1890 | 1880 | | | 11326 |
| 19 | PRILL WITOLD | Pozytywnie Aktywni | URSZULIN | 1966 | M50 | 3948 | 1976 | | 1928 | 1938 | 990 | | 10780 |
| 20 | LIK MAREK | CHEŁM BIEGA | CHEŁM | 1966 | M50 | 3896 | 1910 | | 1946 | 1946 | 985 | | 10683 |
| 21 | MIROSŁAW JERZY | | STRZYŻEWICE | 1964 | M50 | 3980 | | 1974 | 1988 | 1992 | | | 9934 |
| 22 | ODZIEMCZYK SYLWESTER | Lubelskie Towarzystwo Biegowe | LUBLIN | 1965 | M50 | | 1978 | 1972 | 1980 | 1982 | 988 | 995 | 9895 |
| 23 | GRYMUZA ZBIGNIEW | SKPB Lublin | LUBLIN | 1965 | M50 | 3956 | | 1956 | 1964 | 1960 | | | 9836 |
| 24 | FILIPOWICZ ZENEK | lubelskibiegacz.pl Team | LUBLIN | 1962 | M50 | | 1984 | 1978 | 1974 | 1874 | 991 | 995 | 9796 |
| 25 | BRYGOŁA ANDRZEJ | | LUBLIN | 1959 | M50 | 3912 | 1966 | | 1926 | 1926 | | | 9730 |
| 26 | WRONA ANDRZEJ | TRICLUB LUBLIN | LUBLIN | 1959 | M50 | | 1882 | 1842 | 1870 | 1832 | 975 | 969 | 9370 |
| 27 | GAWDA PIOTR | CENTRUM MEDYCZNE ORTO-OPTYMIST | LUBLIN | 1966 | M50 | | 1982 | 1966 | 1970 | 1972 | 993 | | 8883 |
| 28 | ZIÓŁEK MIROSŁAW | Banda Grudnia | MEŁGIEW | 1963 | M50 | | 1958 | 1960 | 1984 | 1966 | 987 | | 8855 |
| 29 | CZORNIK HENRYK | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1965 | M50 | | 1892 | 1942 | 1904 | 1910 | 977 | | 8625 |
| 30 | DUMA DARIUSZ | | LUBLIN | 1966 | M50 | | 1912 | 1872 | 1884 | 1894 | | 985 | 8547 |
| 31 | TERENTOWICZ STANISŁAW | Lubelskie Stowarzyszenie Biegowe | | 1966 | M50 | | | 1996 | 1996 | 1988 | 999 | 998 | 7977 |
| 32 | LASKOWSKI ANDRZEJ | OSP Dragany | DRAGANY | 1957 | M50 | 3964 | | 1982 | | 1974 | | | 7920 |
| 33 | GRZELAK TOMASZ | | PUŁawy | 1962 | M50 | | 1970 | 1944 | 1960 | 1952 | | | 7826 |
| 34 | SAŁATA IRENEUSZ | Home Trader | LUBLIN | 1965 | M50 | | 1962 | 1934 | 1962 | 1940 | | | 7798 |
| 35 | PIĄTKOWSKI DARIUSZ | Chełm Biega | NOWINY | 1962 | M50 | | 1946 | 1938 | 1934 | 1944 | | | 7762 |
| 36 | REDESTOWICZ PAWEŁ | Szerokie | LUBLIN | 1963 | M50 | | 1952 | 1932 | 1942 | 1922 | | | 7748 |
| 37 | GNATIUK KRZYSZTOF | Lubelska Grupa Triathlonu | LUBLIN | 1965 | M50 | | 1942 | 1894 | 1924 | 1914 | | | 7674 |
| 38 | MAKOWSKI SŁAWOMIR | | LUBLIN | 1961 | M50 | | 1930 | 1880 | 1898 | 1916 | | | 7624 |
| 39 | MILCZAREK SŁAWOMIR | | TURKA | 1961 | M50 | | 1924 | 1904 | 1902 | 1886 | | | 7616 |
| 40 | KĘSKA PAWEŁ | | LUBLIN | 1958 | M50 | 3816 | | 1876 | | 1876 | | | 7568 |
| 41 | KAWALEC BOGDAN | | LUBLIN | 1963 | M50 | | 1900 | 1870 | 1888 | 1872 | | | 7530 |
| 42 | BARTNIK WOJCIECH | Hrubieszów | HRUBIESZÓW | 1960 | M50 | | 1898 | 1862 | 1878 | 1866 | | | 7504 |
| 43 | ZBICIAK ADAM | | LUBARTÓW | 1966 | M50 | | 1964 | | 1992 | 1930 | | 992 | 6878 |
| 44 | MATUŁA PRzemysław | UMCS Biega | LUBLIN | 1966 | M50 | | | 1920 | 1922 | 1934 | | 993 | 6769 |
| 45 | GODULA RYSZARD | BIEGNIJ FORREST BIEGNIJ | LUBLIN | 1959 | M50 | | 1938 | 1902 | | 1908 | | 988 | 6736 |
| 46 | SIEDLACZEK ZBIGNIEW | Sklep Biegacza Lublin Team | LUBLIN | 1957 | M50 | | | 1908 | 1910 | 1904 | | 990 | 6712 |
| 47 | KLUKOW JERZY | | LUBLIN | 1965 | M50 | 3800 | | | | 1898 | | 988 | 6686 |
| 48 | MAJCHER PIOTR | Lubelski Klub Morsa | LUBLIN | 1962 | M50 | | | 1864 | 1872 | 1840 | | 976 | 6552 |
| 49 | KARSKI JACEK | | LUBLIN | 1963 | M50 | | 1886 | 1848 | | 1836 | | 974 | 6544 |
| 50 | SWORCZUK IRENEUSZ | | SZACHY | 1960 | M50 | 3988 | | 1988 | | | | | 5976 |
| 51 | GŁODEK TOMASZ | biegusiem.pl | RYKI | 1966 | M50 | | 1980 | 1970 | | 1942 | | | 5892 |
| 52 | CZEKIERDA IRENEUSZ | BOREK CHEŁM BIEGA | CHEŁM | 1966 | M50 | 3928 | | | | 1948 | | | 5876 |
| 53 | PAWŁAT WALDEMAR | | KRZCZONÓW | 1964 | M50 | | 1936 | 1940 | | 1936 | | | 5812 |
| 54 | MACIEJEWICZ KRZYSZTOF | | TERESPOL | 1963 | M50 | 3836 | | 1968 | | | | | 5804 |
| 55 | RACZYŃSKI MIROSŁAW | | CHEŁM | 1960 | M50 | | | 1914 | 1912 | 1906 | | | 5732 |
| 56 | GUSTAW KRZYSZTOF | Banda Grudnia | LUBLIN | 1959 | M50 | | 1914 | 1900 | | 1892 | | | 5706 |

Grand Prix Lublina 2016/2017 – Kategoria M50

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|-----------------------|------------------------------|--------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 57 | BARTOSZEK ANDRZEJ | WWW.AGAT.EU | KRAŚNIK | 1966 | M50 | | 1920 | | 1894 | 1882 | | | 5696 |
| 58 | KRZYWANOWSKI WOJCIECH | | ŻÓŁTAŃCE | 1966 | M50 | | | 1860 | | 1848 | 978 | 980 | 5666 |
| 59 | ILOWIECKI MARIUSZ | Krasnystaw biega | KRASNYSTAW | 1962 | M50 | 3736 | | | 1892 | | | | 5628 |
| 60 | STOLA PIOTR | | KRAŚNIK | 1966 | M50 | | | 1868 | 1882 | 1870 | | | 5620 |
| 61 | OLESZEK MARIAN | | JANÓW LUBELSKI | 1964 | M50 | | 1888 | 1854 | 1876 | | | | 5618 |
| 62 | MARZEC STANISŁAW | Agro-Natura Nałęczów | | 1962 | M50 | | 2000 | | | 2000 | | 1000 | 5000 |
| 63 | BARANOWSKI PIOTR | Lubelskibiegacz.pl Tteam | LUBLIN | 1959 | M50 | | 1940 | 1906 | | | 981 | | 4827 |
| 64 | MIŁOSZ ANDRZEJ | | LUBLIN | 1966 | M50 | | | 1846 | | 1844 | | 977 | 4667 |
| 65 | POŁOŃSKI ANDRZEJ | BIEGIEM RADOM! | RADOM | 1966 | M50 | 4000 | | | | | | | 4000 |
| 66 | GAWRYSIAK MARIUSZ | | BYDGOSZCZ | 1964 | M50 | 3996 | | | | | | | 3996 |
| 67 | MAJEWSKI ANDRZEJ | K.B. Biała Biega | BIAŁA PODLASKA | 1962 | M50 | | | | 1998 | 1996 | | | 3994 |
| 68 | KAMIŃSKI MAREK MACIEJ | ZSP Szczerców | SZCZERCÓW | 1964 | M50 | 3976 | | | | | | | 3976 |
| 69 | JUREK ZBIGNIEW | ZWOLEŃ BIEGA | ZWOLEŃ | 1960 | M50 | 3952 | | | | | | | 3952 |
| 70 | JAREMEK WITOLD | | LUBLIN | 1966 | M50 | 3944 | | | | | | | 3944 |
| 71 | BLICHARZ JACEK | | BIŁGORAJ | 1966 | M50 | | | | 1972 | 1970 | | | 3942 |
| 72 | CIEŚLAK JÓZEF | Świderki | ŚWIDERKI | 1961 | M50 | 3940 | | | | | | | 3940 |
| 73 | KULBACZYŃSKI JAN | LKS KODEŃ | KODEŃ | 1962 | M50 | 3936 | | | | | | | 3936 |
| 74 | RYZNER KRZYSZTOF | JAROSŁAW | JAROSŁAW | 1960 | M50 | 3932 | | | | | | | 3932 |
| 75 | CHADAJ MAREK | KB V-MAX Admmów | ADAMÓW | 1962 | M50 | | 1972 | | | | 1958 | | 3930 |
| 76 | DŁUGOSZ RYSZARD | | LUBLIN | 1963 | M50 | 3924 | | | | | | | 3924 |
| 77 | TKACZUK EUGENIUSZ | | BIEŁSK PODLASKI | 1959 | M50 | | | 1950 | 1968 | | | | 3918 |
| 78 | DOMANSKI JERZY | | OTWOCK | 1960 | M50 | 3916 | | | | | | | 3916 |
| 79 | STRACHOWSKI ADAM | | NOWA WOLA | 1966 | M50 | | | 1952 | 1956 | | | | 3908 |
| 80 | WYSOKIŃSKI JERZY | Orange Polska/KB Biała Biega | BIAŁA PODLASKA | 1963 | M50 | 3908 | | | | | | | 3908 |
| 81 | ABUCEWICZ WALDEMAR | MKS Włodzisławowo | WŁADYSŁAWOWO | 1959 | M50 | 3900 | | | | | | | 3900 |
| 82 | POTYRA KRZYSZTOF | Grupa Biegowa Orlęta Dęblin | DĘBLIN | 1966 | M50 | | 1956 | | 1938 | | | | 3894 |
| 83 | MACHULAK MIREK | UNTS Warszawa | WARSZAWA | 1963 | M50 | 3892 | | | | | | | 3892 |
| 84 | MIELNICZUK STANISŁAW | Perfect Runner Team Lublin | HRUBIESZÓW | 1958 | M50 | | 1926 | | | | 979 | 987 | 3892 |
| 85 | SZESZKO MAREK | krs.tkkf.Jastrząb Ruda Śl. | BYTOM | 1964 | M50 | 3888 | | | | | | | 3888 |
| 86 | OLESZEK BOLESŁAW | | GORAJ | 1965 | M50 | 3884 | | | | | | | 3884 |
| 87 | ASAYEVICH RAMAN | Amatar | MINSK | 1964 | M50 | 3880 | | | | | | | 3880 |
| 88 | BUŁAWSKI KRZYSZTOF | | PUCHACZÓW | 1962 | M50 | 3872 | | | | | | | 3872 |
| 89 | GUZEK TADEUSZ | Biegacze Pomagacze | ŁUKÓW | 1962 | M50 | 3868 | | | | | | | 3868 |
| 90 | BRZEŽIŃSKI WALDEMAR | BIEGIEM RADOM | NOWE MIASTO | 1965 | M50 | 3864 | | | | | | | 3864 |
| 91 | DOMARADZKI GRZEGORZ | BT WAGABUNDA | RZESZÓW | 1964 | M50 | | | 1930 | 1932 | | | | 3862 |
| 92 | PUCHALSKI ANDRZEJ | | LUBLIN | 1966 | M50 | 3852 | | | | | | | 3852 |
| 93 | KRAŚNIEWSKI KRZYSZTOF | | BRANIEWO | 1961 | M50 | 3844 | | | | | | | 3844 |
| 94 | ROBERSTON PAUL | | CAPE TOWN | 1966 | M50 | 3840 | | | | | | | 3840 |
| 95 | GIGILEWICZ EDWARD | | ŚWIDNIK | 1965 | M50 | 3832 | | | | | | | 3832 |
| 96 | ŻYLIŃSKI WŁODZIMIERZ | | PIONKI | 1964 | M50 | 3824 | | | | | | | 3824 |
| 97 | JASZKOWIAK MACIEJ | | LUBLIN | 1959 | M50 | 3820 | | | | | | | 3820 |
| 98 | ŁUKASIK ANDRZEJ | | LUBLIN | 1965 | M50 | | | 1912 | 1906 | | | | 3818 |
| 99 | CZORNAK WOJCIECH | | PARCZEW | 1966 | M50 | 3812 | | | | | | | 3812 |
| 100 | LEWCZYŃSKI PIOTR | | LUBLIN | 1959 | M50 | | | 1898 | 1914 | | | | 3812 |
| 101 | WOSK JACEK | biegusiem.pl | RYKI | 1962 | M50 | | | 1890 | 1920 | | | | 3810 |
| 102 | KOWALECZKO MAREK | | LUBLIN | 1965 | M50 | 3808 | | | | | | | 3808 |
| 103 | OSOBA ANDRZEJ | | LUBLIN | 1962 | M50 | | | | 1908 | 1890 | | | 3798 |
| 104 | BARTNIK ANDRZEJ | Lublin | LUBLIN | 1966 | M50 | 3796 | | | | | | | 3796 |
| 105 | STELMACH HENRYK | | DĘBICA | 1961 | M50 | 3792 | | | | | | | 3792 |
| 106 | KRZYSZTOF GUSTAW | Banda Grudnia | LUBLIN | 1959 | M50 | 3784 | | | | | | | 3784 |
| 107 | STOLARZ SŁAWOMIR | | LUBLIN | 1966 | M50 | | 1916 | | | 1864 | | | 3780 |
| 108 | GŁODEK ANDRZEJ | | KĄTY | 1960 | M50 | | 1918 | | | 1860 | | | 3778 |
| 109 | BUCZEK KAZIMIERZ | Kazik Team | CHEŁM | 1965 | M50 | 3776 | | | | | | | 3776 |
| 110 | KOSSAKOWSKI PIOTR | ... | WOLA WERESZCZYŃSKA | 1963 | M50 | | 1902 | | | 1874 | | | 3776 |
| 111 | BALUK MAREK | Borek-Chełm | CHEŁM | 1962 | M50 | 3764 | | | | | | | 3764 |
| 112 | BURZYKOWSKI STANISŁAW | | LUBLIN | 1959 | M50 | | | | 1886 | 1878 | | | 3764 |

Grand Prix Lublina 2016/2017 – Kategoria M50

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------------|----------------------------|-----------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 113 | KUPCZAK ZBIGNIEW | | BIŁGORAJ | 1964 | M50 | 3760 | | | | | | | 3760 |
| 114 | STASIEWICZ KRZYSZTOF | TrinityClub | DYS | 1958 | M50 | | 1896 | | | 1862 | | | 3758 |
| 115 | CZUBAKOWSKI SŁAWOMIR | | WARSZAWA | 1964 | M50 | 3756 | | | | | | | 3756 |
| 116 | BEDNARZAK TADEUSZ | | SIEDLCE | 1958 | M50 | 3752 | | | | | | | 3752 |
| 117 | KMIT ANDRZEJ | | LUBLIN | 1966 | M50 | | | 1884 | | 1868 | | | 3752 |
| 118 | KRÓL MIECZYSŁAW | Krzczonów | KRZCZONÓW | 1957 | M50 | | | 1896 | | 1854 | | | 3750 |
| 119 | KARKUT KRZYSZTOF | RitkiKitkiZojkiSzarlotki | PUŁawy | 1959 | M50 | 3748 | | | | | | | 3748 |
| 120 | STĘPIEŃ JAROSŁAW | | DĄBROWICA | 1966 | M50 | | 1894 | 1852 | | | | | 3746 |
| 121 | ZBIGNIEW DUBANIK ZBIGNIEW | | DĘBICA | 1957 | M50 | 3744 | | | | | | | 3744 |
| 122 | BŁASZCZAK ANDRZEJ | | LUBLIN | 1962 | M50 | | | 1856 | | 1856 | | | 3712 |
| 123 | KAMOLA KAZIMIERZ | Chemik Noxy Puławy | PUŁawy | 1960 | M50 | | | 1998 | | | 998 | | 2996 |
| 124 | SZABAT WIESŁAW | | ANNOPOL | 1960 | M50 | | | | | 1986 | 995 | | 2981 |
| 125 | RZĄD KRZYSZTOF | | JANÓW LUBELSKI | 1961 | M50 | | | 1924 | | | 983 | | 2907 |
| 126 | SURDACKI PAWEŁ | | LUBLIN | 1957 | M50 | | | 1878 | | | 974 | | 2852 |
| 127 | KNAP KRZYSZTOF | | LUBLIN | 1961 | M50 | | | | | 1842 | | 979 | 2821 |
| 128 | KRÓL RYSZARD | | LUBLIN | 1966 | M50 | | | | | 1838 | | 975 | 2813 |
| 129 | MARCHEWKA JAROSŁAW | | WARSZAWA | 1966 | M50 | | | 2000 | | | | | 2000 |
| 130 | KOWALCZYK MARIUSZ | | LUBARTÓW | 1965 | M50 | | | 1964 | | | | | 1964 |
| 131 | TERLECKI KRZYSZTOF | Chełm Biega | CHEŁM | 1964 | M50 | | | | | 1964 | | | 1964 |
| 132 | KULIŃSKI BOGDAN | GŁOGÓW DRUŻYNA SZPIKU KGHM | GŁOGÓW | 1959 | M50 | | | | | 1962 | | | 1962 |
| 133 | CHĘĆ ROBERT | Lubelski Biegacz Team | LUBLIN | 1966 | M50 | | 1960 | | | | | | 1960 |
| 134 | BABICZ IRENEUSZ | | HORODYSZCZE | 1962 | M50 | | | 1958 | | | | | 1958 |
| 135 | DRATH ADAM | | LUBLIN | 1966 | M50 | | 1954 | | | | | | 1954 |
| 136 | KUŚMIERZ JERZY | | SKIERNIEWICE | 1963 | M50 | | | | | 1952 | | | 1952 |
| 137 | RYSZARD GODULA | BIEGNIJ FORREST BIEGNIJ | LUBLIN | 1959 | M50 | | | | | 1950 | | | 1950 |
| 138 | KIEŁBASA MIECZYSŁAW | Szkoła Pływania Wodnik | ŚWIDNIK | 1962 | M50 | | | | | 1948 | | | 1948 |
| 139 | LIBIONKA DARIUSZ | | LUBLIN | 1963 | M50 | | | 1936 | | | | | 1936 |
| 140 | ZGIET MICHAŁ | Teatr w Remizie | BORZECHÓW | 1960 | M50 | | 1934 | | | | | | 1934 |
| 141 | SKIBA WITOLD | Biegomania Lubaczów | LUBACZÓW | 1962 | M50 | | | | | 1930 | | | 1930 |
| 142 | BIERNACKI ARTUR | | LUBARTÓW | 1963 | M50 | | | 1928 | | | | | 1928 |
| 143 | MIŚKIEWICZ MAREK | TriAmigos | LUBLIN | 1965 | M50 | | | | | 1928 | | | 1928 |
| 144 | KRASKA ZBIGNIEW | | 22-100 | 1964 | M50 | | | | | 1924 | | | 1924 |
| 145 | FARON KRZYSZTOF | RUN FOR FUN | LUBLIN | 1963 | M50 | | | 1922 | | | | | 1922 |
| 146 | DZIEDZIAK MAREK | Gorlice Grupa Biegowa | GORLICE | 1965 | M50 | | | 1918 | | | | | 1918 |
| 147 | WĄSIK JACEK | cbs | LUBLIN | 1959 | M50 | | | | | 1916 | | | 1916 |
| 148 | KOWALSKI ADAM | | BIAŁA PODLASKA | 1957 | M50 | | | | | 1912 | | | 1912 |
| 149 | NIEWĘGŁOWSKI GRZEGORZ | | LUBARTÓW | 1962 | M50 | | | 1910 | | | | | 1910 |
| 150 | MADZIARZ DARIUSZ | Sport.sanea.pl | LUBLIN | 1962 | M50 | | 1908 | | | | | | 1908 |
| 151 | GĄSZCZYK MAREK | | LUBLIN | 1958 | M50 | | 1906 | | | | | | 1906 |
| 152 | WROCŁAWSKI STANISŁAW | LW Bogdanka | CHODEŁ | 1957 | M50 | | | | | 1902 | | | 1902 |
| 153 | MŁODZIKOWSKI JERZY | KB V-MAX ADAMÓW | ADAMÓW | 1962 | M50 | | | | | 1900 | | | 1900 |
| 154 | WRÓBEL ANDRZEJ | Lublin | LUBLIN | 1957 | M50 | | | | | 1884 | | | 1884 |
| 155 | KORZENIOWSKI DARIUSZ | | RADZYŃ PODLASKI | 1963 | M50 | | | 1882 | | | | | 1882 |
| 156 | MARCINIAK TOMASZ | | DYS | 1958 | M50 | | | 1874 | | | | | 1874 |
| 157 | BRZOSTOWSKI WIESŁAW | | LUBARTOW | 1960 | M50 | | | 1866 | | | | | 1866 |
| 158 | MRZYGŁOCKI ANDRZEJ | | LUBLIN | 1964 | M50 | | | | | 1852 | | | 1852 |
| 159 | GÓRECKI ANDRZEJ | | KAZIMIERZ DOLNY | 1958 | M50 | | 1850 | | | | | | 1850 |
| 160 | ZMYSŁOWSKI JACEK | Białka Triathlon 2017 | LUBLIN | 1957 | M50 | | | | | 1850 | | | 1850 |
| 161 | STEPIEN JAREK | | DĄBROWICA | 1966 | M50 | | | | | 1846 | | | 1846 |
| 162 | MOLENDA ZBIGNIEW | | LUBLIN | 1957 | M50 | | | | | 1834 | | | 1834 |
| 163 | CHAMERA WIESŁAW | HSW Running Team | LIPA | 1957 | M50 | | | | | | 990 | | 990 |
| 164 | MISKIEWICZ MAREK | | LUBLUN | 1965 | M50 | | | | | | 989 | | 989 |
| 165 | MRZYGŁOCKI ANDRZEJ | | LUBLIN | 1962 | M50 | | | | | | 984 | | 984 |
| 166 | TECZA TOMEK | Zmorsowani Częstochowa | CZĘSTOCHOWA | 1959 | M50 | | | | | | 982 | | 982 |
| 167 | PAZUR MAREK | | LUBLIN | 1959 | M50 | | | | | | 981 | | 981 |
| 168 | SOLARSKI MIKOŁAJ | | ŽABIA WOLA | 1966 | M50 | | | | | | 981 | | 981 |

Grand Prix Lublina 2016/2017 – Kategoria M50

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------------|-----------------------|-------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|------|
| 169 | GRZYWACZ DARIUSZ | | LUBLIN | 1965 | M50 | | | | | | 980 | 980 | |
| 170 | ZAGAJSKI ROBERT | | LUBLIN | 1964 | M50 | | | | | | 979 | 979 | |
| 171 | WILCZYNSKI ANDZEJ | | ĆMIŁÓW | 1963 | M50 | | | | | | 978 | 978 | |
| 172 | KAWALEC ANDRZEJ | Hobby Sport Łęczna | ŁĘCZNA | 1957 | M50 | | | | | | 976 | 976 | |
| 173 | KUŚPIT JERZY | | LUBLIN | 1961 | M50 | | | | | | 974 | 974 | |
| 174 | SABA LEON | LSB | LUBLIN | 1959 | M50 | | | | | | 972 | 972 | |
| 175 | DOMONIK ZBIGNIEW | | NASUTÓW | 1962 | M50 | | | | | | 971 | 971 | |
| 176 | PIEKNIAK KRZYSZTOF | INTROGRAF LUBLIN S.A. | LUBLIN | 1966 | M50 | | | | | | 970 | 970 | |

Grand Prix Lublina 2016/2017 – Kategoria M60

| Msce | Zawodnik | Klub | Miejscowość | Rocznik | Kat. | 5. ML | I Dycha | II Dycha | III Dycha | IV Dycha | CHn5 I | CHn5 II | Suma |
|------|---------------------|----------------------------------|-------------------|---------|------|-------|---------|----------|-----------|----------|--------|---------|-------|
| 1 | BRODACKI WALDEMAR | OGNISKO TKKF CHEMIK w Puławach | PUŁAWY | 1955 | M60 | 4000 | 2000 | 2000 | 2000 | 2000 | 1000 | 1000 | 14000 |
| 2 | DROZD JERZY | | LUBLIN | 1955 | M60 | 3948 | 1990 | 1992 | 1986 | 1978 | 996 | 997 | 13887 |
| 3 | KOWALSKI HENRYK | SKOK Chmielewskiego/LSB | LUBLIN | 1950 | M60 | 3952 | 1962 | 1984 | 1980 | 1976 | 992 | 991 | 13837 |
| 4 | MELANIUK MIROSŁAW | | LUBLIN | 1955 | M60 | 3960 | 1974 | 1970 | 1982 | 1972 | | 994 | 12852 |
| 5 | SUROWIEC MARIAN | LKS MILANÓW | MILANÓW | 1950 | M60 | 3928 | 1978 | 1966 | 1968 | 1962 | | 995 | 12797 |
| 6 | KOT LESZEK | LW Bogdanka | ŁĘCZNA | 1951 | M60 | 3980 | | 1982 | 1994 | 1984 | 995 | 996 | 11931 |
| 7 | BELOWSKI LESZEK | 1953 | PUŁAWY | 1953 | M60 | 3976 | 1986 | 1988 | 1978 | 1986 | | | 11914 |
| 8 | KWAŚNY STANISŁAW | | LUBLIN | 1955 | M60 | 3972 | 1982 | 1986 | 1964 | 1990 | | | 11894 |
| 9 | GONTARCZYK MAREK | | LUBLIN | 1953 | M60 | 3936 | 1972 | 1978 | | 1982 | 991 | 995 | 11854 |
| 10 | ROSŁOWICZ JERZY | Lub. stow. biegowe | LUBLIN | 1952 | M60 | | 1998 | 1998 | 1998 | 1998 | 999 | 999 | 9990 |
| 11 | GŁOWACKI LESZEK | | LUBLIN | 1955 | M60 | | 1980 | 1980 | 1972 | 1966 | | 996 | 8894 |
| 12 | SYSZA KAZIMIERZ | Krasnystaw Biega | KRASNYSZTAW | 1956 | M60 | | | 1990 | 1990 | 1988 | 997 | 997 | 7962 |
| 13 | WEPA WIESŁAW | Chełmska Grupa Triathlonu | CHEŁM | 1956 | M60 | | 1976 | 1960 | 1976 | 1958 | | | 7870 |
| 14 | WENERSKI WOJCIECH | Lubelskie Stowarzyszenie Biegowe | LUBLIN | 1950 | M60 | | 1994 | 1994 | | | 998 | 998 | 5984 |
| 15 | CZERNECKI MAREK | KB Łuków Biegacze Pomagacze | ŁUKÓW | 1954 | M60 | 3988 | | | | | 1994 | | 5982 |
| 16 | JANKOWSKI EUGENIUSZ | OPEC PUŁAWY | PULAWY | 1954 | M60 | | | 1996 | 1992 | 1992 | | | 5980 |
| 17 | KOWALSKI RYSZARD | | PONIATOWA | 1954 | M60 | | 1988 | 1968 | | 1970 | | | 5926 |
| 18 | HILLER JERZY | Lubelska Grupa Triathlonu | LUBLIN | 1947 | M60 | | 1958 | | | 1956 | 990 | 993 | 5897 |
| 19 | OLESIEJUK ANTONI | MORSY LUBARTOW | LUBARTOW | 1954 | M60 | | 1968 | 1962 | | 1960 | | | 5890 |
| 20 | MIENKO JERZY | LUBELSKI KLUB MORSÓW | LUBLIN | 1953 | M60 | | 1966 | 1958 | 1962 | | | | 5886 |
| 21 | JASIŃSKI JERZY | grube korzenie | LUBLIN | 1954 | M60 | | 1960 | | 1960 | | | 994 | 4914 |
| 22 | NOWOSIELSKI MAREK | biegam dla Marcinka | SANOK | 1955 | M60 | 3996 | | | | | | | 3996 |
| 23 | BORKOWSKI JERZY | Biegam Radom! | RADOM | 1951 | M60 | 3992 | | | | | | | 3992 |
| 24 | PAWŁOWSKI ZBIGNIEW | Senior51Team | PUŁAWY | 1951 | M60 | | 1992 | | 1996 | | | | 3988 |
| 25 | CHAMERA WIESŁAW | HSW Running team | LIPA | 1956 | M60 | 3984 | | | | | | | 3984 |
| 26 | WACH ZDZISŁAW | ATP Augustów | AUGUSTÓW | 1953 | M60 | 3968 | | | | | | | 3968 |
| 27 | SZAŁOWSKI ANDRZEJ | | LUBLIN | 1953 | M60 | 3964 | | | | | | | 3964 |
| 28 | KARŁOWICZ LEON | | LUBLIN | 1950 | M60 | | 1984 | 1974 | | | | | 3958 |
| 29 | KACEJKO PIOTR | Politechnika Lubelska | LUBLIN | 1955 | M60 | 3956 | | | | | | | 3956 |
| 30 | WŁAZ TADEUSZ | | LUBLIN | 1949 | M60 | | | | 1974 | 1980 | | | 3954 |
| 31 | BOROJA DRAGO | ELMAX 40latek | TYCHY | 1953 | M60 | 3944 | | | | | | | 3944 |
| 32 | PRAŻMO ROMAN | | SAMOKŁESKI | 1956 | M60 | | | | 1970 | 1974 | | | 3944 |
| 33 | REMBOWSKI JACEK | | ŁÓWICZ | 1946 | M60 | 3940 | | | | | | | 3940 |
| 34 | KORNILUK BOGDAN | Biała Biega | BIAŁA PODLASKA | 1954 | M60 | | | | 1966 | 1968 | | | 3934 |
| 35 | SZEWC MARIAN | | BILGORAJ | 1954 | M60 | 3932 | | | | | | | 3932 |
| 36 | KUCHARSKI ROMAN | biegusiem.pl | RYKI | 1950 | M60 | | 1964 | 1964 | | | | | 3928 |
| 37 | BERLIŃSKI TADEUSZ | | PUŁAWY | 1951 | M60 | 3924 | | | | | | | 3924 |
| 38 | TOMASZEWSKI LEON | LW Bogdanka | CYCÓW | 1954 | M60 | | | 1976 | | | 994 | | 2970 |
| 39 | STOMA JANUSZ | | LUBLIN | 1953 | M60 | | | 1972 | | | 993 | | 2965 |
| 40 | BIAŁY ZBIGNIEW | SKB Kraśnik | KRAŚNIK | 1956 | M60 | 1996 | | | | | | | 1996 |
| 41 | OSTRYKIEWICZ HENRYK | - | TOMASZÓW LUBELSKI | 1949 | M60 | | | | | 1996 | | | 1996 |
| 42 | CWIK JANUSZ | Wiatr We Włosach | MIELEC | 1955 | M60 | | | | 1988 | | | | 1988 |
| 43 | SAMOLEWICZ JANUSZ | Handloplex | RZESZÓW | 1955 | M60 | | | | 1984 | | | | 1984 |
| 44 | BORDZOŁ JAN | | LUBARTÓW | 1951 | M60 | 1970 | | | | | | | 1970 |
| 45 | OŠKA ROMAN | SKB Kraśnik | KRAŚNIK | 1945 | M60 | | | | | 1964 | | | 1964 |
| 46 | BARAŃSKI RYSZARD | | LUBLIN | 1955 | M60 | | | | | | | 989 | 989 |
| 47 | BYĆ JAN | | LUBLIN | 1949 | M60 | | | | | | 989 | | 989 |